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भारतीया शिक्षा

Stands for

1. Bharatiya Shiksha must ensure that no promising young Indian of character having faith in Bharata and her culture Bharatiya Vidya should be left without modern educational equipment by reason merely of want of funds.

2. Bharatiya Shiksha must be formative more than informative, and cannot have for its end mere acquisition of knowledge. Its legitimate sphere is not only to develop natural talents but so to shape them as to enable them to absorb and express the permanent values of Bharatiya Vidya.

3. Bharatiya Shiksha must take into account not only the full growth of a student's personality but the totality of his relations and lead him to the highest self-fulfilment of which he is capable.

4. Bharatiya Shiksha must involve at some stage or other an intensive study of Sanskrit or Sanskritic languages and their literature, without excluding, if so desired, the study of other languages and literature, ancient and modern.

5. The re-integration of Bharatiya Vidya, which is the primary object of Bharatiya Shiksha, can only be attained through a study of forces, movements, motives, ideas, forms and art of creative life-energy through which it has expressed itself in different ages as a single continuous process.

6. Bharatiya Shiksha must stimulate the student's power of expression, both written and oral, at every stage in accordance with the highest ideals attained by the great literary masters in the intellectual and moral spheres.

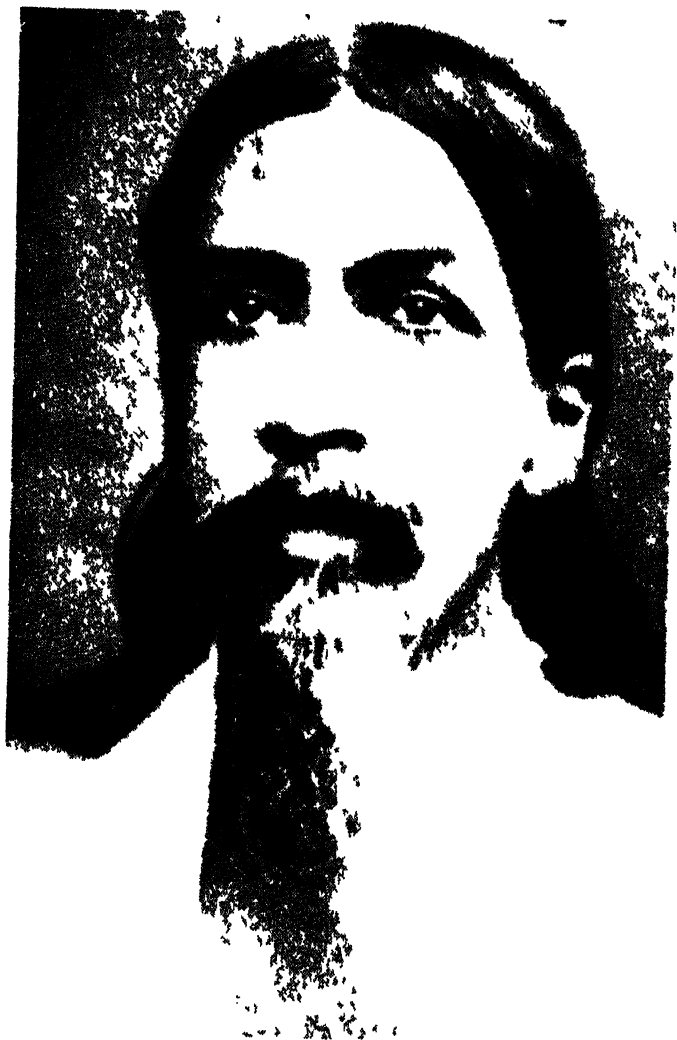
7. The technique of Bharatiya Shiksha must involve—

- (a) the adoption by the teacher of the *Guru* attitude which consists in taking a personal interest in the student; inspiring and encouraging him to achieve distinction in his studies; entering into his life with a view to form ideals and remove psychological obstacles; and creating in him a spirit of consecration; and
- (b) the adoption by the student of the *Shishya* attitude by the development of—
 - (i) respect for the teacher,
 - (ii) a spirit of inquiry,
 - (iii) a spirit of service towards the teacher, the institution, Bharata and Bharatiya Vidya.

8. The ultimate aim of Bharatiya Shiksha is to teach the younger generation to appreciate and live up to the permanent values of Bharatiya Vidya which flowing from the supreme art of creative life-energy as represented by Shri Ramachandra, Shri Krishna, Vyasa, Buddha, and Mahavira have expressed themselves in modern times in the life of Shri Ramakrishna Paramahansa, Swami Dayananda Saraswati, and Swami Vivekananda, Shri Aurobindo and Mahatma Gandhi.

9. Bharatiya Shiksha while equipping the student with every kind of scientific and technical training must teach the student, not to sacrifice an ancient form or attitude to an unreasoning passion for change; not to retain a form or attitude which in the light of modern times can be replaced by another form or attitude which is a truer and more effective expression of the spirit of Bharatiya Vidya; and to capture the spirit afresh for each generation to present it to the world.





A halo surrounds his face

आ नो भद्राः क्रतवो यन्तु विश्वतः।

Let noble thoughts come to us from every side

—*Rigveda, I-89-i*

BHAVAN'S BOOK UNIVERSITY

General Editors

K. M. MUNSHI

N. CHANDRASEKHARA AIYER

15

MAHAYOGI

BY R. R. DIWAKAR

BHAVAN'S BOOK UNIVERSITY

MAHAYOGI

(Life, Sadhana and Teachings of Aurobindo)

BY

R. R. DIWAKAR

Foreword By

K. M. MUNSHI



1958

BHARATIYA VIDYA BHAVAN

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GENERAL EDITOR'S PREFACE

THE Bharatiya Vidya Bhavan—that Institute of Indian Culture in Bombay—needed a Book University, a series of books which, if read, would serve the purpose of providing higher education. Particular emphasis, however, was to be put on such literature as revealed the deeper impulses of India. As a first step, it was decided to bring out in English 100 books, 50 of which were to be taken in hand almost at once. Each book was to contain from 200 to 250 pages and was to be priced at Rs. 1-12-0.

It is our intention to publish the books we select, not only in English, but also in the following Indian languages: Hindi, Bengali, Gujarati, Marathi, Tamil, Telugu, Kannada and Malayalam.

This scheme, involving the publication of 900 volumes, requires ample funds and an all-India organisation. The Bhavan is exerting its utmost to supply them.

The objectives for which the Bhavan stands are the reintegration of the Indian culture in the light of modern knowledge and to suit our present-day needs and the resuscitation of its fundamental values in their pristine vigour.

Let me make our goal more explicit:

We seek the dignity of man, which necessarily implies the creation of social conditions which would allow him freedom to evolve along the lines of his own temperament and capacities; we seek the harmony of individual efforts and social relations, not in any makeshift way, but within the frame-work of the Moral Order; we seek the creative art of life, by the alchemy of which human limitations are progressively transmuted, so that man may become the instrument of God, and is able to see Him in all and all in Him.

The world, we feel, is too much with us. Nothing would

uplift or inspire us so much as the beauty and aspiration which such books can teach.

In this series, therefore, the literature of India, ancient and modern, will be published in a form easily accessible to all. Books in other literatures of the world, if they illustrate the principles we stand for, will also be included.

This common pool of literature, it is hoped, will enable the reader, eastern or western, to understand and appreciate currents of world thought, as also the movements of the mind in India, which, though they flow through different linguistic channels, have a common urge and aspiration.

Fittingly, the Book University's first venture is the *Mahabharata*, summarised by one of the greatest living Indians, C. Rajagopalachari; the second work is on a section of it; the *Gita* by H. V. Divatia, an eminent jurist and a student of philosophy. Centuries ago, it was proclaimed of the *Mahabharata*: 'What is not in it, is nowhere'. After twenty-five centuries, we can use the same words about it. He who knows it not, knows not the heights and depths of the soul; he misses the trials and tragedy and the beauty and grandeur of life.

The *Mahabharata* is not a mere epic; it is a romance, telling the tale of heroic men and women and of some who were divine; it is a whole literature in itself, containing a code of life, a philosophy of social and ethical relations, and speculative thought on human problems that is hard to rival; but, above all, it has for its core the *Gita*, which is, as the world is beginning to find out, the noblest of scriptures and the grandest of sagas in which the climax is reached in the wondrous Apocalypse in the Eleventh Canto.

Through such books alone the harmonies underlying

true culture, I am convinced, will one day reconcile the discords of modern life.

I thank all those who have helped to make this new branch of the Bhavan's activity successful.

*1, Queen Victoria Road,
New Delhi,
3rd October, 1951.*

K. M. MUNSHI

FOREWORD

THE Bharatiya Vidya Bhavan is much indebted to my friend, Sri R. R. Diwakar, Governor of Bihar, for writing this valuable contribution to the Book University.

My own contact with Sri Aurobindo dates back to 1902 when, after passing the Matriculation examination, I joined the Baroda College. Though previously I had, only on occasions, the privilege of being in personal contact with him, the Aurobindonian legend in the College filled me with reverence, and it was with awe that I hung upon his words whenever he came to College as Professor of English. Later we were inspired by the stories of his *yogic* development. The *Bande Mataram* which he edited, was our inspiration for several years and in 1907 at the Surat Congress we were volunteers in the camp of the leaders, then called "Extremists", of whom he was one of the most inspiring.

I closely followed his career during those stormy years, particularly when he was tried in the Alipore Bomb Case. His Uttarpara speech, delivered on his acquittal, was a perennial source of inspiration to me. After he had retired to Pondicherry, I was for some years a constant reader of the *Arya*. It has not been possible for me to read all his published works; but whatever I have read has considerably influenced me.

My contact with Sri Aurobindo was resumed about 1945 through Dilip Kumar Roy and Sri Purani and I was privileged to receive his guidance on more than one occasion. A few months before he died, he accorded to me the very rare privilege of a long interview at the Ashram.

Sri Aurobindo's life and philosophy have many facets and it is impossible to do justice to his wondrous life, his profound and many-sided wisdom and achievements, not

only in the field of politics, philosophy and religion, but in the higher world of the Spirit.

He was the son of an anglicised Bengali. He received his education in a residential European school in Darjeeling. He was sent to England at the age of seven for a "thorough English education". It was this young man who, in the nineties of the last century, when leading Indians looked upon British Rule as a gift of Providence, not only conceived the idea of Indian Independence, but took steps to achieve it. In spite of his being entirely foreign-bred, the Mother—for, to him, India was the Mother—claimed him as her own and he became the prophet of our militant nationalism, spreading the cult of the 'Eternal and Timeless India' among aspiring young men; founding revolutionary societies; leading an outspoken national wing to new ventures. Apart from secret societies founded and inspired by him, he attempted though unsuccessfully, to convert the Congress into an instrument of revolutionary action. He gave to the country the programme of non-cooperation, boycott of British goods, national schools as a substitute for Government institutions, arbitration courts in place of the ordinary courts of law and volunteer organizations to prepare for mass action—a programme so successfully adopted by Gandhiji in succeeding decades.

As far back as 1906, he wrote:

"A divine Power is behind the movement; the *Zeit-Geist*, the Time-Spirit, is at work to bring about a mighty movement of which the world at the present juncture has need. That movement is the resurgence of Asia and the resurgence of India is not only a necessary part of the larger movement but its central need. India is the key-stone of the arch, the chief inheritor of the common Asiatic destiny... The idea of a free and united India

has been born and arrived at full stature in the land of the Rishis, and the spiritual force of a great civilization of which the world has need, is gathering at its back."

We can all see that this prophecy is today being realised.

His call to sacrifice was a new gospel; it thrilled us in the first decade of this century as nothing else did:

"Political freedom is the life-breath of a nation. Without it a nation cannot grow, cannot expand... The work of national emancipation is a great and holy *yajna* of which boycott, Swadeshi, national education and every other activity, great and small, are only major and minor parts. Liberty is the fruit we seek from the sacrifice, and Motherland, the goddess to whom we offer it; into the seven leaping tongues of the fire of the *yajna* we must offer all that we are and all that we have, feeding the fire even with our blood and lives and happiness of our nearest and dearest; for the Motherland is the goddess who loves not a maimed and imperfect sacrifice, and freedom was never won from the gods by a grudging giver."

"Nationalism", he said, "is an *Avatar* and cannot be slain".

Then came the Alipore trial and no estimate of what the country thought of Sri Aurobindo can be better expressed than in the eloquent words which Deshbandhu Chittaranjan Das addressed to the court:

"Long after this controversy is hushed in silence, long after this turmoil, this agitation ceases, long after he is dead and gone, Aurobindo will be looked upon as the poet of patriotism, as the prophet of nationalism and as the lover of humanity...his words will be echoed and re-echoed not only in India, but across distant seas and lands."

During the solitude of his jail life, he received the

Mandate to be the instrument of the Divine Will and his Uttarpada Speech is one of the finest expressions of a spirit which had outstripped the limitations of the ordinary mind. His new message can best be summarised in his own words:

“First therefore become Indians. Recover the patrimony of your forefathers. Recover the Aryan thought, the Aryan discipline, the Aryan character, the Aryan life. Recover the Vedanta, the Gita, the Yoga. Recover them not only in intellect or sentiment but in your lives.”

From being an advocate of militant nationalism, Sri Aurobindo emerged as an apostle of Aryan culture, as one of the last of a series of Masters which began with Vasishtha and Vyas.

On the eve of his retirement to Pondicherry in 1910, Sri Aurobindo predicted that after a long period of war, world-wide upheaval and revolution, to begin in about four years, India would achieve her freedom.

At Pondicherry, the problem he set himself was how Divine Consciousness could be brought down, mobilized, organized and turned upon life.

At the same time, Sri Aurobindo became the greatest exponent of the Modern Indian Renaissance. He wrote on poetry, on art, on social life, on the progress of humanity. And on every subject he threw new light.

It is difficult to trace the life of the *Yogi*, but in his message to the country on the dawn of Freedom on August 15, 1947, Sri Aurobindo made a personal declaration of the aims and ideals he had conceived in his childhood and the fulfilment of which he had seen beginning:

“Those aims and ideals were, in their natural order, these: a revolution which would achieve India’s freedom and her unity; the resurgence and liberation of Asia and her return to the great role which she had played in the

progress of human civilisation; the rise of a new, a greater, brighter and nobler life for mankind which for its entire realisation would rest outwardly on an international unification of the separate existence of the peoples, preserving and securing their national life but drawing them together into an overriding and consummating oneness; the gift by India of her means for the spiritualisation of life to the whole race; finally, a new step in the evolution which, by uplifting the consciousness to a higher level, would begin the solution of the many problems of existence which have perplexed and vexed humanity, since men began to think and to dream of individual perfection and a perfect society."

These aims and ideals he followed throughout his life with unwavering steadfastness, universalising his mind, and attempting to secure the Descent of the Supermind, to uplift the world. It would be presumptuous for me to attempt to describe this great adventure in spiritual thought and experience.

Suffice it to say that during the last century, there has not been another thinker of Sri Aurobindo's profundity or another *yogi* to fathom so scrupulously the mysteries of life.

Sri Aurobindo summarised the crisis through which humanity is passing in clear terms:

"At present mankind is undergoing an evolutionary crisis in which is concealed a choice of its destiny; for a stage has been reached in which the human mind has achieved in certain directions an enormous development, while in others it stands arrested and bewildered and can no longer find its way. A structure of the external life has been raised up by man's ever-active mind and life-will, a structure of an unmanageable hugeness and complexity, for the service of his mental, vital, physical claims and

urges, a complex political, social, administrative, economic, cultural machinery, an organized collective means for his intellectual, sensational, aesthetic and material satisfaction. Man has created a system of civilization which has become too big for his limited mental capacity and understanding and his still more limited spiritual and moral capacity to utilize and manage, a too dangerous servant of his blundering ego and its appetites. For no greater seeing mind, no intuitive soul of knowledge has yet come to his surface of consciousness which could make this basic fullness of life a condition for the free growth of something that exceeded it....At the same time Science has put at his disposal many potencies of the universal Force and has made the life of humanity materially one; but what uses this universal Force is a little human individual or communal ego with nothing universal in its light of knowledge or its movements, no inner sense or power which would create in this physical drawing together of the human world a true life unity, a mental unity or a spiritual oneness."

And he provided a solution. He has rightly stressed that a perfected human world cannot be created by men who are themselves imperfect, and with equal emphasis he has discarded the egocentric gospel of individual liberation.

What he sought to achieve was the emergence of divine life on earth, not the isolated self-realization of a few individuals, and if he sought divinization of the inner being, he also placed in the forefront the transformation of our whole environment. In his words—"To become ourselves is the one thing to be done; but the true ourselves is that which is within us, and to exceed our outer self of body, life and mind is the condition for this highest being, which is our true and divine being, to become self-revealed

and active." In the *Human Cycle* he prophesies the advent of a new age, when the world will be one and social conflicts and the bitterness of life will be no more—a future to which man can look forward with hope and faith.

Sri Aurobindo presented mankind with a new hope and a new mission. He was the leader of the great revolt against scientific materialism which seeks to reduce man to the position of an insect. He gave a new direction to the destiny of man.

K. M. MUNSHI

*Raj Bhavan,
Lucknow,
12th August, 1953.*

INTRODUCTION

THIS would be, I thought, a task beyond both my ken and my capacity. But one cannot anticipate how circumstances conspire to force one into a situation in which he will act and do what is allotted to him as his rightful share of work in this strange world.

I must confess, however, that once I began this work, it grew upon me day by day. As I went on, I realized the magnitude of the task, but at the same time, felt more and more fascinated. However indifferent might be the performance, I now feel gratified that I was called to give it. The details of the lives of great men have always attracted me, and especially has it been so in the case of lives of saints and spiritual guides of humanity.

I have been an admirer and humble student of Aurobindo since my school days. His inspiring writings in "Yugantar", "Bande Mataram", and "Karmayogin", either in the original or in translation, were read by us with great avidity, though, I am sure, our minds were not mature enough to understand their full significance. But I am equally sure that it was the higher, nobler, and more spiritual strain in these writings that drew us towards them. Not merely his politics but his philosophy also was like Soma to us.

I was hardly sixteen when Aurobindo retired from politics, but whatever he has written or said since has continued to hold my attention. I am happy to be the author of this brief study of his life, his Sadhana, and his teachings, and that I am able to give my work into the hands of those who knew him, as well as of those who have yet to know him.

I am fully aware that this attempt is neither an exhaustive biography nor a full picture of his inner life.

Perhaps it might be said that it is not meant to be so. How can I claim to capture the glory of the Himalayas or to probe into the mysteries of its unapproachable paths? I can only humbly say that these few pages are indicative rather than exhaustive, stimulative more than narrative, suggestive instead of being extensive. They are in the nature of a door to the great heritage that Aurobindo has left to posterity. This heritage is at once vast, rich and varied. What he wrote and said is suffused with his unique experiences. The literature that he has left, therefore, is full of high inspiration, divine intuition, and prophetic vision.

I have no doubt that he was one of those giant spirits that on occasion stride across this world of pygmies, shedding fresh light, giving new life, and expanding the frontiers of human vision and consciousness. His has been the greatest spiritual adventure in modern times.

Man is busy expanding his knowledge of the physical world and is trying to extend his control over things external to himself. There is boldness, ambition and an element of engaging romance in it. All this is enchanting. Who can say that the splitting of the atom or the conquest of Everest are dull and dry tasks when even a casual account of them is thrilling in the extreme to the common reader? How exciting and intoxicating must be the adventure itself!

The tragedy of the present age, however, lies elsewhere. It is in the partial yet fatal neglect of our inner selves. The research of modern science in that direction has been too recent and too inadequate. A far greater effort and spirit of adventure is necessary for utilizing the spiritual knowledge already there and to explore further avenues for the control and the conquest of the inner

consciousness. Our Everest now is not perched on the bright snow-capped tops of the majestic Himavat but in the dimly lighted chambers of our hearts. So long as man has not established his Swaraj within himself, and so long as his mind is swayed by passion and blind vital urges, we seek in vain the peace that should be ours, the harmony that should reign in our affairs, and the joy that should fill our being.

Aurobindo is the explorer *par excellence* in this century, of that inner realm and I deem it a privilege to give here a glimpse into his life, his eventful struggle and ultimate triumph.

It is true that it would be very difficult, nay impossible, for anybody other than himself to write the whole story of his inner life, because "it did not lie on the surface". In connection with his own biography he once made (19-11-'25, p. 113, "Dakshina" Aug. 1951) the following remark: "It is impossible to write my biography. Moreover, there is no meaning in the writing of biographies of poets, philosophers, and Yogis. The reason is they do not live in their outer actions which are visible to the people. It is quite different in the case of heroes like Napoleon, Julius Caesar and others who seek their development through action." But now that he has passed into unseen and unknown regions, and since he did not choose to write when he could have written, we have to be satisfied with what we can assemble from the stray hints and suggestions he has left behind. And let it be said that he has not left too little. It is perhaps more than enough to give us some sidelights on the grim fight his soul waged for all of us in the inner world, and to allow us to witness the great epic role he played. Whether we realize it or not, it is out of the Vast Unknown, the Anand of the Upanishads, that we all come. It is in it that we

live and move and have our being, and into it again we eventually merge. We have our all too brief spell of conscious life but we know neither the many subtler folds of consciousness, nor our beginning, nor our end. And yet we have glimpses, in fortunate moments, of our intimacy and integration with the uncharted ocean of Being and Becoming and of the Purushottam, wherein they both find their synthesis and meaning. It is in this region of the very substance of our existence that the spirit of Aurobindo holds the light for those who care to delve deep into it. May he guide us from darkness to light, from falsehood to truth, and from death to immortality.

A few words now about the simple scheme of the book. In the first six chapters I have dealt more with the facts of Aurobindo's life and the gradual development of the drama of which he was the hero. Chapters seven to eleven deal especially with his Sadhana, Siddhi, and Teachings. Undoubtedly in my opinion, increasing knowledge of his Sadhana is far more important to humanity than anything else. It is of direct help to all seekers of the truth.

I hope this humble effort will commend itself to all students of the Mahayogi, who was in our midst but three years ago and who now must again have resumed his eternal pilgrimage.

I have tried to make the publication as useful as possible by giving a few appendices, a small bibliography, a glossary, and an index. I must thank Shri K. M. Munshi, the President of the Bharatiya Vidya Bhavan, Bombay, for having agreed to publish this book in the popular Bhavan's Book University and for having agreed to bring it out on the 15th of August, a day consecrated and sacred in so many ways.

I take this opportunity also to thank the friends who have encouraged me to write this book, especially

INTRODUCTION

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Shri Surendra Mohan Ghose, Shri Surendra Jauhar, Shri Poddar and Shri Nolini Kant Gupta.

Thanks are due to Prof. K. K. Dutt of Patna for supplying me with some useful material and to Shri R. S. Rao, Shri Gadagkar, and Shri Potter for helping me in preparing the manuscript, the glossary and the index.

*Raj Bhavan,
Ranchi,
10th June, 1953.*

R. R. DIWAKAR

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CHAPTER I

TIMES AND TRENDS

LIFE might be likened to a mighty stream of intangible force pushing forward and upward, ever evolving, ever organising matter for its own purpose, and ever making its way through the encircling inert mass in which it lies involved. It expresses itself in myriad ways. At present, humanity is the acme of this vital current, the *elan vitale* and we billions of human beings are but insignificant tiny drops of spray in the multitudinous surge that flows on and on for ever.

In and through life, consciousness and mind peep at us, giving us a glimpse of the direction in which individualized psyche is proceeding on this planet. Though we can assert with some certainty the probability of life elsewhere on other planets, we cannot imagine the state of life and its conditions there. Conditions of matter here however, seem to offer peculiar difficulties and the passage of life is long and arduous and often tortuous. But in spite of this, the progress registered is not insignificant, since, according to scientists, it is but a few million or billion years that life-mind began its perilous yet eventful journey on this earth. Moreover, there is every proof that life and mind are advancing and are likely to make new conquests. There is every hope that the next step may be as momentous a leap as that from the anthropoid ape to Homo Sapiens.

Among humans, it is given to few individuals to live not merely like all others, but to remind humanity of its high destiny, to find out new ways and direct its steps towards the higher planes of existence. Obviously life and mind are not the highest forms of existence. There are

already intimations to the human consciousness that matter, life, and mind are themselves but manifestations of a subtler and far more mysterious force. Man has glimpses of it when his consciousness transcends the ego, when he is inspired, and when he is acting through his intuition as an instrument of that force which seems to be immanent in nature. It is that kind of higher existence that life itself and every one alive, consciously or unconsciously, is seeking. Aurobindo was undoubtedly one of the rare great individuals who have, from time to time, tried to lift humanity out of the common rut of normal life in order to speed it on the path of evolution. His contribution to world-thought has been manifold and multi-sided and of a significantly rare quality. In the field of Yoga, of spiritual Sadhana and attainment especially, it has been fundamental and unique and in certain respects entirely revolutionary.

It is said that normally all men and women are the creatures of their time. However true this might be of the common run of people, it has its exceptions. And Aurobindo was certainly among the exceptions to an eminent degree. Personalities like his, while they arise out of the surrounding environment and are influenced by it, are also to a very great extent, the creators of their time. They are the creature-creators of history in the same sense that "the child is the father of man". They are influenced by circumstances in the sense that they are not out of context but at the same time they contribute something so original and leave their impress so indelibly on the sands of time that generations follow in their footsteps and whole eras are often named after them.

It is now a recognized fact that a child's psyche is very much alive and active and absorbent from the time it draws its very first breath. And in the case of

Aurobindo, it was no ordinary child that one had to deal with, as is evidenced by the precocity shown by him even in his school days. His genius, as it expanded, concerned itself with almost every aspect of human activity and he ultimately evolved a philosophy of life which was total and integral. It is necessary to know, therefore, the wind that was blowing, the forces that were working and the influences that were playing in the days of his birth, early life and education.

From these and many other points of view and in order to understand the full significance of Aurobindo's life and actions, his ideas and Sadhana, his Siddhi and teachings, it will be very helpful to have before us an outline of the historical background and the general trends of his time. It will substantially aid us in relating his thoughts and doings to circumstances then prevailing.

It should be noted, however, that the background I relate and the trends I indicate are not in the same form and shape as would be given by an observer of today, who would see things in quite a different perspective. I shall try to reconstruct a picture in the same form in which it was present to the observers, thinkers, and reformers of those days. After all, people living and acting then had to face problems and combat forces as they saw them and gauged them in their own time. We today, in our wisdom or folly, might differ from the view that they took of things, but we cannot escape from the fact that they did take a certain view and acted upon it with certain results. Here we shall deal with the manner in which the people of those days were affected by certain facts and events and not with mere views or facts as they were or might have been.

In this chapter, the period to be dealt with is roughly from A.D. 1858-93. This covers a total of thirty-five years,

fourteen of which immediately precede the birth of Aurobindo but follow the most ruthless suppression by the government, of the war of independence waged by the patriotic elements that were still left in India after decades of British exploit and rule. It has often been dinned into the ears of students of Indian history, by official and pro-British writers, that this war was "a mutiny" and that great atrocities were committed by the Indian soldiery. It was reserved for Indian patriots and historians who came later to assert that it was not a mutiny but a war of liberation, as sacred a one as was ever fought between foreign usurpers and the sons of the soil. This period also covers twenty-one years after Aurobindo's birth, which includes not only the years of his childhood but also those that he spent in England for his education. It was only in 1893 that he returned to India and settled down in Baroda till his final departure for Calcutta thirteen years later. Although Aurobindo did show some signs of patriotic activity while in England, it is proper that his active preparation for his career in India should be counted from the date of his stay in Baroda. This is why I have chosen the period 1858-93.

It will be more convenient to deal separately with the political, economic, religious and social, educational and cultural fields while considering this period. It may help readers to note that I am dealing not so much with calendar dates as with forces and influences that were moving in this vast country in those days. They were the same and uniform throughout the country mainly because, the whole of India was under the iron heel of the British except where titular kings and Maharajahs were allowed to carry on a kind of autonomous rule in their respective States and where the joys and sorrows of the people swayed according to steps adopted by the rulers. Even in the

States called Indian India, in contrast to British India, the shadow of British rule was thick and no breath of free movement was allowed to stir. A common bond of slavery, a uniform code of laws, a common pattern of bureaucratic rule all gave to India a unity under the British which was helpful to her in forging a unity of interest and in organising a common fight for freedom.

The British forces emerged triumphant after the last Indian military fiasco in 1857. Merciless repression followed, tempered by a promise of good and beneficent rule and an attempt to make administration consolidated and efficient. Indian military forces were completely disintegrated and there was no immediate prospect of any future rising. Nationwide emasculation followed as a result of the disarming of all citizens almost without any discrimination. The British saw to it that the princes and other forces which had opposed them were fully liquidated while those who had stood by their side were rewarded but kept in such a condition that they would never be able to become a source of trouble. This does not, however, mean that all opposition to British rule died down. It was only driven underground and took different shapes on different occasions. In 1863 there was a rising of the Wahabis which was half-religious and half-political in motive. In 1859 there was a big agrarian rising of indigo cultivators in Bengal. Mr. Grant, the then Lieutenant-Governor, expressed great surprise regarding their marvellous organisation and discipline. There was a similar rising of agriculturists in Bombay province in 1874. But it must be admitted that there was nothing "all-India" about these sporadic risings. Nor can one call them political so much as economic. These apart, there were smouldering embers here and there and some bold and defiant spirits who dreamt of a future revolution.

Undoubtedly it was these who formed the nuclei of some of the revolutionary attempts of the future. But it can be safely said that there was nothing on the horizon nor below it in the way of an organised violent force which could be taken seriously by the British rulers as something worthy of consideration or of strong action. The rulers were quite safe and secure to chew the cud and ruminate in the vast pasture that had fallen to their lot.

On the other front namely, that of public opinion and constitutional agitation, Congress was born in 1885 (only eight years before Aurobindo's return from England). But prior to its birth, there were three similar bodies already functioning in Calcutta, Bombay and Madras. Public opinion often expressed itself, though very mildly, through the medium of these bodies, as well as through newspapers, of which there were already more than five hundred by that time. By 1885, however, public-spirited men working in the three provincial bodies, together with some others, felt that they should have an all-India platform which could be called truly national, that is, non-sectional and non-communal. Congress was the result. The people in authority in those days encouraged it for their own reasons and it developed into an annual forum for ventilating political as well as other grievances against the government of the day. Though avowal of loyalty was for many many years, a regular feature of the proceedings, protests and strongly worded resolutions were also not wanting. But the youth of the country were not very satisfied with this kind of petitioning and barren resolutions. The result was that impatient extremism slowly began to rise in the country.

Thus, though patriotism that expressed itself by violence was hardly in existence, there was a slow but sure rise of a generation which resented foreign rule with all

its denationalising effects. National sentiment of the Italian and Irish brand was making headway. If some were stirred by economic evils, there were others like Aurobindo who thought that whatever else happened, foreign rule must end at any cost. Young and ardent spirits realized that there was no scope for them and no hope even to serve their country to capacity under the blighting conditions that existed. Generally speaking, the superiority complex of the rulers, their patronizing attitude, their utter contempt for things Indian, their gross ignorance about India, all contributed to the speedy spread of the deep sense of national insult which the continuation of foreign rule really was. In other spheres of life came a new awakening and a stir of consciousness regarding India's great past, strengthened the forces of aggressive nationalism. People were no longer satisfied with sending petitions and passing resolutions and leading deputations. They began to hanker after action. This upsurge led to great political movements in India beginning with the Bengal Partition in 1906 and ending with that of "Quit India" in 1942. Aurobindo almost instinctively belonged to the rising generation which was more than impatient about the slow methods of Congress. It drew its inspiration from a basic national consciousness which demanded freedom as its birthright. It was intensely conscious of a mission and of India's destiny in the world. This spirit was the precursor of a great national mass awakening which would ultimately trample under foot all opposition from inside as well as outside, and triumph over all forces that stood in the way of its onward march.

Now to the economic field.

The British, who came to India as traders, fought like adventurers, intrigued like consummate politicians, and

ultimately stumbled upon an empire vaster than that of Asoka and richer than that of the Moghuls. But the shrewdest of them were never enamoured by the "empire" aspect. Although sometimes they indulged in shows incidental to all empires, they did so because it was necessary, and not because they loved or liked it. The trader in them never died, nay, that attitude was fostered and they flourished. They thought constantly in terms of rupees, annas and pies. Napoleon, always busy building empires, contemptuously called them a nation of shopkeepers. He lost his empire in no time but the British kept their shop-keeping and were quite safe and prosperous. In the last decade, although faced with the loss of the Indian empire, they handed it over with good grace so that they were able to retain the shop-part of it! Empire lost, but business as usual! They did not want to risk the loss of both.

Thus economic exploitation was the running as well as the dominating motive throughout the period of British occupation. The industrial revolution in England helped and accelerated the process. The British began to look upon India as a supplier of raw material and upon her vast population as the consumer of goods manufactured in England. In the fulfilment of this objective, they were ruthless and remorseless. During the process, a number of flourishing industries in India either perished or languished and thus made room for imports. Neither industry nor shipbuilding was encouraged in India. The main strings of commerce and banking were held by British merchants and firms. Thus India continued to become poorer and poorer and the pressure on land increased enormously. Railways and other communications were developed, either from the point of view of military security or that of exploitation of India's resources for the benefit of British interests. Dadabhai

Naoroji and Romesh Chandra Dutt were the most effective critics of this policy and even today their writings make very eloquent though painful reading. No political power in the world has been used with such deadly economic effect on so vast a scale as it was by the British in India. Systematic impoverishment, by vast exports of raw materials, vast imports of consumers' goods which were once manufactured here, the death of certain industries and stagnation in the progress of others—this was the pitiable economic scene in India during the years under review. The Swadeshi movement organised by a small minority which had by that time become somewhat politically conscious could be the only answer. This stress on Swadeshi became later a political weapon and, with the addition of boycott, a potent means of agitation.

The appeal of nationalism as a strong sentiment and also as a deep-seated emotion of love for one's own land, its people and its culture was reinforced by reason of an awakened sense of being economically exploited by the British by all possible means, including political power. The virulent attacks on British economic policy during the Swadeshi agitation from 1906-10 are explainable only in this context and on account of this grievance. Belief in one's own country's manufactures and giving full encouragement to them was the milder and constructive phase of this movement.

In the religious and social fields, the British rulers did not attempt any intervention. On the contrary, they observed a studied neutrality. Their experience in 1857 had taught them how explosive some of the religious sentiments of the people could be. Moreover, letting them alone did not come in the way either of their political dominance, economic exploitation or administrative efficiency. This attitude built up for them

a reputation for religious tolerance which was quite helpful to them, as they were foreigners in race, religion as well as nationality.

But this did not mean that as a general rule, they had any great respect for India's religion, either Hindu or Muslim. Possibly most of those who came as rulers were in great ignorance with regard to it and some of them probably had deep prejudices. The source of their knowledge came from missionaries and scholars and by direct observation and study, if any of them cared to give time to it. Not many scholars had made a deep study of Indology at that time and thus the vast amount of intelligent literature we now have, which throws light on the religion and philosophy of India, was not then available. India had not been revealed to the West in that sense. Also all those who came here had no time to study India deeply. Superficial observation revealed a number of differences which seemed strange. Most of them looked at our religion and social practices with a superiority complex. Since they had conquered India, most were persuaded that she was inferior to them in every respect. This approach vitiated their whole outlook on Indian religion, culture and society.

In spite of their studied neutrality in matters of religion, however, the rulers had definitely a soft corner for both missionaries and Christianity. It is easily explainable. Both were familiar to them, they were their own. And also they were new to the land and therefore worth encouraging. In their eyes, Christianity was far better than the religion which existed in India. But in the bargain, the picture of Hinduism which the missionaries might have given to the rulers must have naturally been one which was favourable for the spread of Christianity and unfavourable for the existing religion.

In social matters, such as "Sati" and early marriage, the rulers showed great anxiety for reform and were eager to help local reformers even to the extent of sponsoring legislation.

While this was the attitude of the rulers and of Westerners generally in those days, there was also a great internal ferment in Hinduism itself. Shri Ramakrishna Paramahansa had already made his appearance. All the sponsors of reformist movements based on Western patterns had sat up in amazement. There were movements like those of Brahmo Samaj and Prarthana Samaj, which sought to reform Hinduism on some kind of Christian pattern, and many of the English-educated had already taken to them. But Shri Ramakrishna's Sadhana as well as Siddhi had proved beyond all doubt that it is necessary to have a sympathetic outlook in matters of religion, that all religions have the same truth as their foundation, and that Hinduism, Yoga and devotion were quite adequate to take a man to the highest reaches of consciousness. It was Ramakrishna with his simple teachings, his mass and class following which increased day by day, his distinguished disciple Naren (the future Vivekananda, who was to be the first missionary of Vedanta to the West), who rehabilitated Hindu philosophy. And the system of Yoga placed it on an unshakable foundation. Above all, the comprehensive nature of Ramakrishna's teaching, its inclusiveness, its humanity and universality appealed to everyone, irrespective of nationality, religion, caste, creed, or sex.

Swami Dayanand, the founder of Arya Samaj, was responsible for another force which had already made its effective appearance against Christian as well as Islamic onslaught on Hindu religion and philosophy. His was a double mission; defence against attack from outsiders and

attack against what he believed to be evils which had grown in Hinduism. His approach was patriotic and nationalistic in essence, but at the same time he was a reformer of no mean order. While he defended Hinduism with the might of a Titan, he had his sledge-hammer always ready against what he thought were mere accretions on pure Vedic and Aryan Hinduism. He attacked all kinds of idolatry and had no kind word for the Puranas and the Pauranic gods. The Arya Samaj, reverted to the Vedas, the daily Homa, and the four Varnas as against the hundreds of castes current in those as well as in these days. He laid the greatest possible stress on Brahmacharya and character-building and encouraged the ancient system of education through residential Ashrams. Sanskrit teaching also received stimulus from the Arya Samaj.

Thus the first phase of admiration for Christianity and a tendency to reform Hinduism on that pattern passed away. Patriotic admiration and respect for what was good in religious thought in India had already taken its place. The accretions and overgrown evils were separated from the original basic elements, spiritual, philosophical and social. Aurobindo's approach was more along the lines of Ramakrishna's teachings than any other school of thought current in those days. The difference, however, is obvious. Aurobindo had a vast background of knowledge and experience of Western thought and religion which Ramakrishna lacked. But in his instinctive sympathy with all that is high and noble in Indian spirituality, in intuitive appreciation and realization of it and in the adoption of a truly spiritual and synthetic attitude towards all religions and human endeavour in that field, Aurobindo is nearer to Ramakrishna than all other Indian thinkers and reformers. Ramakrishna does not seem to have had any special ideas or theory for

social reform. His conduct was based on Vedantic as well as Tantric truths and he looked upon all humans as equal and thus worthy of respect. His worship of Kali, the Mother Goddess as Shakti was the key to the respect afforded by him and his followers to women.

In the educational field, a step fatal to Indian ideals and indigenous learning was taken when a new policy was laid down according to the famous minutes of Macaulay. There was a complete break in tradition and a departure was made in favour of a merely intellectual and so-called liberal type of western education, in which mastery of the English language occupied the most predominant place. Everything else was subordinated. The old system languished, both Hindu and Muslim, as all recognition, patronage, and encouragement was given to the new type of teaching. The result was the production of a new set of intellectuals, learned in English but without any traditional background. This created a new caste of people in India, who sought the patronage of the rulers and being ignorant of their great heritage, had no love for the thoughts and ideas, customs and manners either of their contemporaries in society or of their forefathers and parents. It was this class of people who were Indian in form but completely denationalized in everything else. Sometimes they were referred to as the Manas-putras (psychological progeny) of the West. The choice of English as the medium of education also effectively blocked the growth of the many regional languages. Thus Sanskrit, which was the basis and inspiration for all Indian languages was thrown into the background and other languages were left to their respective fates. Both in the capital, and in the provinces, English was established as the official language. It became the language of courts, of high schools and of the universities. The growth

and progress of any Indian language was thus checked both in official quarters and in the field of education.

What happened to education naturally happened to all indigenous art and culture. Generally speaking, the rulers had no love for local art and culture, except by way of admiration for curios. The curse of imperialistic tendencies asserted itself everywhere. Sometimes there was recognition of Indian art but that was more from the point of view of highbrow patronage than from the point of view of appreciation of intrinsic or superior merit. Painting, music, sculpture and literature were utterly neglected as also a hundred other crafts like ivory-carving and work in sandalwood, which require both imagination and a high degree of hand-skill. It was only at the courts of the Rajahs and Maharajahs who had not fallen prey to indiscriminate westernization that these arts were kept alive and received some recognition. What was more distressing was the fact that they had no place in the whole of the educational system. The educated emerged from their schools and colleges quite innocent of the art treasures of their own land and, what was worse, with a very crude and distorted taste for cheap western things.

While this was the general deplorable condition, it should be said to their eternal credit that, some English and other western scholars and art-critics tried to rehabilitate the literary and cultural values of Sanskrit and to preserve the treasures to be found in other Indian languages as also in the fine arts and crafts of India. It was they, together with some Indians, who were pioneers in the renaissance. Aurobindo was among the leading spirits to recognise the renaissance and lent his powerful pen to the cause when he began to take part in public life.

Thus, on the whole, during this period, though a

military victory had given the British a tighter grip, though they had evolved a strong administrative machinery, though the new educational system sought to create and plant a new race of English-educated "brown-British" people in the midst of a vast Indian population, though everything Indian, whether it was art or religion, language or philosophy, was a matter for neglect and derision, a strong and powerful but peaceful reaction had already set in. In all fields of human activity, there were men of faith and vision who were successfully attacking all evil from outside and at the same time trying to salvage whatever was good and noble and healthy in things Indian. They were trying to strike new lines of progress on the basis of Indian tradition. Thus the renaissance had begun. Fortunately for India most of the workers in all fields were alive to what was good in the West and tried to adopt it without any narrow and blind feelings about the superiority of everything Indian just because it was Indian.

Now a few words about the forces working in the world about this period. India, though seemingly a geographically closed entity, has since the very dawn of history been in close touch with several other countries and had exchanges with the thought currents of the world. This contact might at times have been meagre, these exchanges might often have been slight. But the fact that they were there cannot be denied and is significant.

It is well known that in India's pre-history and early history she traded both by land and by sea with the Phœnicians and was in contact with Egypt, Babylon, and Persia. Later, her contacts with Greece and Rome and the Arab countries were far closer. As well as merchandise, there is no doubt that ideas were exchanged on a big scale. After the advent of Buddhism and especially after the evolution of Mahayana Buddhism, India's contact

with Tibet and China continued without break for several centuries. The names and languages, the mighty architectural and sculptural remains in the big and small islands of South East Asia are living proofs of India's contacts with the East. It is no wonder that she is so rich in her heritage. She has always acted and reacted to outside and foreign influence and has never lived in complete seclusion or isolation. She has never shown a fanatical abhorrence for things foreign which usually results in sealing one's own frontiers. The consequence in such cases is stagnation, physical, mental and spiritual.

The period under consideration has been chosen as I have already pointed out, mainly with reference to the biography of a great person and therefore it has no direct relation with any particular period of history. But we can easily see what great ideas and forces were working in the world round about this time.

In the world of political ideas, the declaration of American Independence in 1776 and the bursting of the French Revolution in Europe in 1789 had brought about thorough changes. Monarchy, feudalism, colonialism, autocratic, aristocratic, oligarchic or arbitrary rule, rule without the consent of the governed, had all been shaken to their roots. The flood-gates of democratic and modern republican ideas had been thrown open.

There was another very important development in the political world and that was the birth of modern nationalism. In the hands of Gieuseppe Mazzini, the great Italian patriot, it evolved into a new type of regional religion which supplied great fervour and zeal to freedom movements everywhere. He can be truly called "the prophet of nationalism". Each people, he said, has a duty to perform and a destiny to fulfil in the world and they must do it. Freedom from foreign rule, he added, is the

first condition of being able to do so. By "each people" he meant a group or groups of people living together in a geographical area and bound by ties of race, language, culture, and by common history, common memory, common suffering, and above all by common economic, social, and political interests. This idea emphasises the general homogeneity of people living within certain defined territorial boundaries. It has the effect of converting a merely geographical expression in the form of a country into a mass of people awakened to their common interests and bound by a bond of brotherhood based on as many natural common ties as possible. This great idea has at some time or other during the course of the last century profoundly influenced almost every country and every people in the world. In fact, recently every new political awakening of people in different countries has been due to the urge of modern nationalism and that in essence is the basis of the democratic principle of self-determination and autonomy.

The two countries on the continent of Europe whose fight for freedom inspired Indian patriots more than any other were Ireland and Italy. In both countries, it was the spirit of nationalism that stirred the people to their almost superhuman sacrifice for the sake of freedom. Love of one's own language, of one's own culture, of one's country's manufactures, love of the sons of the soil, herculean efforts to revive past arts and traditions and serious attempts to understand the genius of a people and to foster legitimate pride in one's past, these were the forms that nationalism took in these two countries. In India new-born nationalism also took the same course. The names of De Valera and Michael Collins in Ireland and of Mazzini and Garibaldi in Italy were favourites with young and budding nationalists in India for many many years.

In the field of economics, the invention of the steam

engine and the discovery of electric power together with the progress of modern science had already paved the way for what is popularly known as the Industrial Revolution. The whole of the economic and social structure in Europe and America was undergoing a profound change. England was the leading power in this matter and it so happened that England was ruling India. If India had been a free country and had adopted Western methods as Japan did, what the course of Indian history would have been is a matter for idle conjecture. But what actually happened was that the industrial advance of England meant ironically enough, the exploitation of India as a market for buying raw materials and for selling finished goods. We know what dire consequences ultimately followed this process. But apart from this, the use of power for mechanical manufacture as well as for transport and communications, the advance of mechanical engineering and technology, the advance of science on the whole, brought about very drastic changes in the means of production and distribution. The immediate result was concentration of wealth as well as distributive power held by a few and a confederation of labour and the proletariat in industrial centres. This led to the birth of socialistic ideas and the masterly minds of Marx and Engels built up a philosophy based upon pure materialism and on the play of forces without a soul. The Communist Manifesto, published in 1848, was a clarion call given to "the workers of the world" to unite and strike and bring about a new millennium. Though this philosophy did not take root in Russia until the Lenin-Stalin axis, it was clear that the days of *laissez-faire* in the industrial and economic field were as certainly over as were autocracy and aristocracy in politics, and birthrights and class privileges in the social sphere.

While the Western world was surrounded by these new and various forces and ideas, renascent India was re-shaping herself. The difference was that India was not exposed directly to these forces and ideas since she was under political and economic domination. It was only through England and mainly through the English language that she was influenced by the current of world thought.

It was at a time when these were the contending forces that Aurobindo made his appearance. Now that the outline of the picture present to the youthful and patriotic spirits of those days is before us, a fuller understanding of his approach and attitude, and appreciation of the line of thought and action he adopted is now far easier.

CHAPTER II

ENVIRONMENT AND PARENTAGE

THE last chapter outlines general trends in the way of life and thought in India as well as in the world during that period. Now let us have a cursory look at the picture obtaining in Bengal, Aurobindo's immediate environment at the time of his birth and during his early life, that is, from about 1872 to 1880.

During the Indian Renaissance, already in full swing in the last quarter of the nineteenth century, great personalities contributed their mite to the general awakening in every field of Indian thought. They created a new outlook. The first wave of unqualified admiration for everything British and Western and the inferiority complex which characterized the first two or three generations of the English-educated regarding everything Indian, had subsided. It was realized that the wholesale substitution or transplantation of any Western language, thought and

culture were neither practicable nor desirable nor necessary. It was generally conceded that a solid substratum in many things existed in India but that it stood in need of restatement, reorientation, and revitalization in the light of modern thought and science. A great deal of what was entirely new to India, especially with regard to modern science, stood in need of being adapted to Indian conditions. The historical perspective, the nationalistic outlook, the modern democratic spirit, the scientific approach and method were some of the most important things in the modern world that impressed the leaders and prominent public-spirited men of India. In fact, almost every progressive thinker had come to the conclusion that India was a very congenial field for systematic fusion of what was best in the East and the West. For various reasons, Bengal had contributed much to the universal renaissance in India, and Bengal was the province in which Aurobindo was born and which he later chose as the field for his most active public life.

The names of a few of the important personalities that initiated new trends in renascent Bengal, and not a few of them subsequently in the whole of India, will give us some idea of the atmosphere in Bengal at the time. Before dealing with Bengal, however, we should pause to pay homage to some equally great souls in other parts of India. Mrs. Annie Besant, Subramanaya Iyer, Kasturi Rangayangar, K. T. Telang, M. G. Ranade, G. K. Gokhale, Lokmanya Tilak, Swami Dayanand, Lajpat Rai, Dadabhai Naoroji, Ferozeshah Mehta, Anand Coomaraswamy as well as many others had in different provinces contributed substantially to the reawakening of the soul of renascent India. They were pioneers who stirred the spirit of nationalism by invoking the glories and achievements of the past, by infusing in the people a new kind of zeal to

keep a supreme effort to rise and march ahead, and to make themselves open to new thought and modern science. They embodied to different degrees and in different fields of activity the very spirit of newly-awakened India. Most of them were scholars of note. Many of them had studied, Sanskrit and the past history of India. They had reverence and admiration for the valuable traditions of India, they had respect for the West and its modern achievements. They loved India and her people intensely. They felt that her future lay in assimilating and adapting the teaching of the West, in re-building her life on the firm and unshakable foundations of her great and ancient past, and casting away irrational and meaningless accretions.

In Bengal, Raja Ram Mohan Roy had long ago led the way in the matter of English education and social reform. Ishwar Chandra Vidyasagar had strongly advocated female education. As usually happens in the case of national awakening, consciousness of one's own language is first in stirring a people. Michael Madhusudan Dutt and Bankim Chandra were pioneers in this matter in Bengal. Later, Rabindranath was to render invaluable service to Bengali as well as to English, and came to be known as the Poet of Asia. In the field of religious reform, Devendranath and Keshub Chandra Sen were the pillars of the Brahmo movement, though later schismatic tendencies developed. But the profoundly spiritual Ramakrishna and his powerful and eloquent disciple Vivekananda established the supremacy of Vendanta and the Yoga systems and stabilized what was best in the traditional ways of worship and devotion. The latter especially revived and vivified the missionary spirit which took Vendanta and Yoga to distant lands. In the field of art, Havell and Abanindranath led the way and put on a firm footing the Indian style of painting. In the

field of science, the names of Profulla Chandra Ray and Jagadish Bose became household words. Thus, we see that in the last quarter of the nineteenth century, Bengal was in the forefront of the renaissance in almost every field of activity. None could have escaped the vibrant atmosphere that was thick with new life, new trends and new hopes.

True renaissance begins with self-discovery leading to self-realization and to the full expression of the soul of a nation. It is true that comprehensive impact with the West, especially through England and the English language, the progress of political thought, the stirring achievements of nationalism, and the dazzling triumphs of science, helped to fill the mind of the educated Indian with ideas of national freedom, civil liberty, and material progress. But one should not mistake this alone as the spirit of the renaissance that was bestirring the very soul of India. The genuine urge was deeper, it yearned for liberation not merely from the foreign yoke which was but the result of inner weakness, but also from the bondage of all that was dross, and from the encrustations of centuries, so that the Soul of India might shine resplendent in its full and innate glory. Freedom from British rule was but a part of the urge.

This spirit was encouraged and enlivened by the researches of great Western and Indian scholars such as Monier Williams, William Jones, Wilson, Colebrooke, Roth, Schlegel, Bopp, Max Muller and others. No less distinguished were scholars like Rajendra Lal Mitra, Bhau Daji, Bhandarkar, R. C. Dutt, Manishankar Jatashankar, Tilak, and Dayanand, to name but a few.

Testimony is given by many writers, both Indian and foreign, that the Indian renaissance was not superficial and a passing wave but was a question of "the deep calling

to the deep". R. W. Frazer in his "Literary History of India", (pp. 446-447), significantly observes, "Men such as Ram Mohan Roy, Keshub Chandra Sen, Michael Madhusudan Dutt, Bankim Chandra Chatterji, Kashinath Trimbak Telang are no bastard bantlings of a Western civilization; they were creative geniuses worthy to be reckoned in the history of India with such men of old as Kalidas, Chaitanya, Jayadev, Tulsidas, and Shankaracharya and destined in the future to shine clear as the first glowing sparks sent out in the fiery turmoil where old and new were fusing". While writing about Indian Nationalism, Ramsay Madconald in his "Government of India", observes, "it is the revival of a historical tradition, the liberation of the soul of a people". Annie Besant remarked it is "not a plant of mushroom growth but a giant of the forest with millennia behind it". While speaking about Tagore's poetry, Ramsay Macdonald himself burst into poetic language and said, "Tagore's poetry is India. It is the soul of a people, not merely the emotion of a man; a systematic view of life, not merely a poetic mood; a culture, not merely a tune."

With equal emphasis it should be said that this new spirit was neither selfish nor parochial nor national in a narrow sense. Sarojini Naidu in paying a compliment to Ram Mohan Roy remarked, "And Raja Ram Mohan Roy conveyed the message of this great civilization to the world. He had no exclusion. He had the all-inclusiveness which is characteristic of the universal quality of the mission of India". Swami Vivekananda on the 20th of September 1896 wrote to one of his disciples from London, "You must not forget that my interests are international and not Indian alone". Gandhiji later emphasised, "Our nationalism can be no peril to other nations in as much as

we will exploit none as we will allow none to exploit us. Through Swaraj we would serve the whole world."

While this was the nature of the renaissance and of the general atmosphere, it is strange that, Dr. Krishnadhan Ghose, father of Aurobindo, later became a confirmed believer in everything Western though earlier he inclined towards Brahmo Samaj. He came from a Brahmin family of Konnagar village in the Hooghly district only eleven miles from Calcutta. He chose to study medicine and went to England for this purpose. In spite, however, of a stern warning not to be led away by the glamour of Western civilization from Rajnarayan Bose, his devout father-in law, he returned to India an atheist, wholly Anglicized and denationalized. He became a votary of England, of English education, English customs, English manners, and English methods. After his return from Aberdeen, Scotland, where he had secured his M. D. degree, he was asked to perform prayaschitta (purification or expiation). He refused and showed moral courage in preferring to leave the village and to sell his property at a loss. But he seemed to have a corner of regard for his mother. After her death he spent about a thousand rupees in Banaras according to her wishes. But his innate humanity and feeling for the suffering of others was very great and almost amounted to a religion. Throughout his career he spared neither effort nor money in trying to relieve those who suffered. He served as a Civil Surgeon in three districts and was popular by reason of his public-spirit his sense of service, and his concern for the poor. His work in Bhagalpur, Rangpur, and Khulna will be remembered for many years. His later years, however, were made unhappy and he was embittered to a certain extent by domestic difficulties; his wife's hysteria, want of sufficient resources as well as a certain amount of personal

laxity. It is said that he resorted to alcohol in order to forget his unhappiness.

To the end of his life, however, his views about things Indian remained unchanged. He pitied and at times ridiculed everything Indian, while his praise of all that was English and Western was boundless. This tendency developed in him to such an extent that when the question of educating his children arose, he chose to put them into convent schools and at the earliest, sent them to England! Aurobindo was only seven when taken to England.

As if to counteract this extreme and almost irrational love for the West, while in the medical college, he married, Swarnalata Devi, the eldest daughter of Rishi Rajnarayan Bose, a leader of the Brahmo Samaj, and one steeped almost equally in the knowledge of Vedant, Islam, and Western thought. In a way, he was a composite of the various currents of culture that were influencing India but having a predominance of Vedantic spirituality. He was a very close student of the Upanishads. He spoke eloquently at meetings and wrote on occasion. His speech on "Hindu Dharmer Shreshthata" was said by Bipin Chandra Pal to be very powerful advocacy. He succeeded Devendranath Tagore as the president of the Calcutta Brahmo Samaj.

His daughter Swarnalata was an educated lady. She was capable of writing stories and dramatic pieces, although her powers could hardly find favourable opportunity for development in her later days as she became a victim of a family malady. Sometimes, she became violent and beat her children. Once, it is said, Aurobindo quickly walked away while Manmohan, his elder brother, was being thrashed! But she retained the religious bent and devoutness of her father throughout life.

Dr. Krishnadhan and Swarnalata married in 1864

when they were nineteen and twelve respectively. He returned from England in 1871 after completing his education. The marriage was a mingling, so to say, of the forces in the life-current of Bengal. Ultimately, however, it was the latter force represented by Rishi Rajnarayan Bose that predominated. If one can so describe him, Aurobindo was a symbol of the spirit-dominated awakened power in the field of Karma with all its force, energy and drive.

CHAPTER III

BIRTH, EARLY LIFE AND EDUCATION

AUROBINDO was born in Calcutta, the third son of Dr. Krishnadhan Ghose and Swarnalata Devi. He had two elder brothers, Benoybhushan and Manmohan. In the year 1872 at 4.50 A.M. on the 15th of August this new child first drew breath. It was a date which had already been consecrated by the Mahasamadhi of Shri Ramakrishna Paramahansa. Aurobindo once explained the spiritual significance of the 15th of August. He remarked, "15th of August has a special significance—it is the day of the Assumption of the Virgin Mary; it implies that the physical nature is raised to the divine Nature. The Virgin Mary refers to Nature; Jesus is the divine soul born in man—he is the son of God as well as the son of man". (P.4, "Mother India", August, 1952). This same date, was to become memorable from 1947 as the day of India's independence. The name Aurobindo (which means lotus) was chosen by his father because it was unique, and at that time rarely given to any one. But now it is quite commonly used not only for children but also for naming numerous public bodies and institutions!

Not much is known about this prodigy's early childhood which was spent with his parents in Khulna. But it is known that his father, who was a confirmed and pucca "Saheb" in every sense of the word, did not engage Bengali-speaking servants. They spoke either in English or in Hindi! He also saw that, Aurobindo together with his two brothers, was sent to a school which was wholly European and thus not contaminated by Indian influence! It was the Loretto Convent School at Darjeeling and he was sent as a boarder. The school was run entirely by Europeans for European children and the medium of instruction was English. Not a minute was allotted to teaching any Indian language! Thus, Aurobindo and his brothers had only English children as companions and English as the language of communication both in the boarding house and in school. It is no wonder that Aurobindo had to learn Bengali, his mother-tongue, almost entirely afresh after his return from England to Baroda in 1893. He had only a smattering of it when he appeared for the I.C.S. examination.

Unfortunately, even at this time Swarnalata was subject to hysterical attacks which sometimes made her violent. The children used to spend the vacations either at Khulna or at Deoghar with their maternal grandfather. Aurobindo remembered hardly anything of those days. But one dream he had at Darjeeling which he did remember, is significant. It was that one night while asleep, a mass of darkness came rapidly towards him, encircled him and entered into him. While in England, this experience repeated itself sometimes and was only dispelled when he returned to India in 1893. He then had quite another experience which stayed with him for a long time.

The children had been at the school for barely two

years, when in 1879 their parents took them together with their sister Sarojini to England for education. Dr. Krishnadhan seemed to concentrate on giving to his children training that would make them products of the best kind of English education, without giving the least insight into Indian life and culture. It was during this stay in England that Barindra, Aurobindo's youngest brother, was born to Swarnalata. His lawyers sought to use the fact of his British birth as a point of vantage at his trial in the Alipore Bomb Case in 1908.

Aurobindo's two elder brothers were entered at the Manchester Grammar School, while he who was hardly seven, was entrusted to the parental care of one Mr. and Mrs. Drewett. Mr. Drewett happened to be a Latin scholar and found in the young Indian a very willing and intelligent student. As all tuition was given at home, the young scholar found time to read the Bible, Shakespeare, Shelley and Keats among other authors. He had then no inclination towards either religion or philosophy. The Drewetts were instructed that the child was not to meet Indians and was not to be acquainted with Indian affairs! A mild attempt was made by Mrs. Drewett to have Aurobindo baptised as a Christian, but her husband discouraged it. For a time, Aurobindo was known as Aurobindo Acroyd Ghose as he was in the charge of a teacher of that name! But later, Aurobindo dropped it in disgust, although his father had liked it very much.

Aurobindo learnt Latin so quickly and progressed so rapidly that when after the departure of the Drewetts to Australia in 1885, he was entered at St. Paul's School in London, the Head Master there was surprised at the precocity of the child and very lovingly began to teach him Greek on his own initiative. His progress in that

great language was also astonishing and made his promotion to higher classes easy as well as quick.

From the record of progress that Aurobindo made at school, especially in mastering English, Latin and Greek at so young an age, it is obvious that he was extraordinarily intelligent and his capacity for learning languages very marked. Though not much mention is made of the qualities of his heart and of his character, it is known that he was very gentle and loving and seldom assertive or aggressive. His was more a retiring and reserved temperament than one given to too much social mixing and gaiety. He was a sober scholar and one absorbed in the world of ideas and ideals. To describe him as a contemplative at that age may seem to be too much of an exaggeration, but it is definite that this was his way of living. It should be noted in this connection, that at about the age of thirteen he suddenly felt an inner urge to shed all selfishness and his attempts at self-sacrifice date from this early age.

While under the fostering care of the Drewetts in Manchester and later while at St. Paul's in London, the child-scholar distinguished himself by his superior intellectual ability and gentle, amiable character. On the strength of these natural endowments, at the end of his four years' stay at St. Paul's, in 1889 at the tender age of seventeen he was successful in securing a senior classical scholarship to King's College, Cambridge. Its value was £80 per annum. Immediately after his entry at Cambridge, his talents were discovered by Oscar Browning, then a noted figure at the University.

While in Manchester and during his early years at St. Paul's, we have seen that Aurobindo gave attention to the study of Classics and the English language. But later, when he had become quite confident about his class

boarder at a convent school in Darjeeling in the midst of the most beautiful Himalayan surroundings and in the company of British children. Later, he was for a number of years under the parental care of the Drewetts in Manchester. He was then entered at St. Paul's in London and finally at King's College, Cambridge. Out of the twenty-one years of his life, he had spent fourteen in England, some in an English household and others in British boarding houses. Out of the seven earlier years he lived in India, two were spent in a convent school! Thus the most impressionable years of Aurobindo's early life were lived either in England or in English surroundings in India. Furthermore, during these years, he was engaged in studying English or the classics or European languages. He had not yet begun to study any philosophy, Greek or German or Indian. He had read only Plato's Republic and the Symposium. His study of Heraclitus and Sanskrit as well as of many other things was subsequent to his return to India. Whenever he was at home, he was surrounded by an atmosphere which was suffused with a love of everything British and European. As we have seen, there was no love lost between his father and things Indian. It was out of this environment or perhaps as a strong reaction to it, that a most powerful and eloquent voice "in defence of Indian culture" issued forth from Aurobindo in later years. But his voice was singularly free from any dislike for the West. On the contrary, it was full of love and appreciation for certain aspects of Western culture and civilization. His was the approach of a fully mature man of catholic sympathies and comprehensive outlook. It was not merely the voice of an advocate of the East but it was of one who while upholding the East pleaded in the best interests of humanity itself, for an integral synthesis of the East

A FACSIMILE OF AUROBINDO'S WRITING

The time for your turning to the spiritual life depends upon your own aspiration. A sincere aspiration brings always its response, and if there is continuity in the will, the result cannot fail.

Sri Aurobindo

[The time for your turning to the spiritual life depends upon your own aspiration. A sincere aspiration brings always its response, and if there is a continuity in the will, the result cannot fail.]

Sri Aurobindo.]

and the West. He loved the East but equally admired the vital West. In his eyes, matter and materialism were but aspects of the Spirit itself. He believed that real fulfilment and perfection of man lay in the scientific development of a real evolutionary spirituality which would not only revolutionize the spiritual outlook and inner life but also transform outer life and material existence.

Apart from noting Aurobindo's academic and other studies, it is interesting to peep into the working of his mind and to note some incidents and trends of thought that influenced him during his stay in England. They are mostly to be deduced from the kind of life he led, from his poems and other writings, and from his activities at that time.

Though his father cannot be said to have been a religious man in the ordinary sense of the term, we have seen that he was truly religious in another sense. In addition to serving his patients he would often spend all his money on them. He carried this to such an extreme that on occasions he was unable to send regular remittances to his children in England. Sometimes this resulted in great hardship to Aurobindo and his brothers and gave them a good foretaste of poverty and want. But Aurobindo would always suffer in silence rather than complain about his plight. He and his brothers often had no winter overcoats and sometimes had to go without regular meals. They had to satisfy their hunger on a piece of bacon, tea, and a few crumbs of bread! Aurobindo's brother at one time took a part-time job out of sheer necessity.

It has already been noted that Aurobindo wrote verses and poetry from his early childhood. This tendency was not restricted to writing only in English but included Latin and Greek. He continued to be a stranger to Indian languages and literature and imagery till he returned to

Baroda and there began to study them. It is therefore natural that we find in his early poems classical names from Greek and Roman mythology and the use of classical imagery. These poems were published after he had settled down in Baroda. They reveal not only an uncanny poetic skill and mastery of the English language, phrase and imagery but also a developing skill in the technique of poetry. Though his muse began her career as a tiny rivulet, she later developed and expanded until Aurobindo was inspired to write the grand and imposing epic of "Savitri". This great epic of his inner life which he began writing in Baroda and ended only on the eve of his passing away, is rich and replete not merely with English imagery of the earlier days but also with the resplendent and pregnant phrase so characteristic of Indian imagination and of Sanskrit imagery. Seldom has the English language been given a task heavier than in "Savitri" where the unusual and unique experiences of a great spiritual adventurer are expressed in a language and through an imagery with which Sanskrit alone has been familiar for ages.

We already know that the Ghose household had under its roof two influences, one wholly Indian from the mother Swarnalata, which had been inherited by her from her father, Rishi Rajnarain Bose; and another, that of the father, Dr. Krishnadhan, which was British and European and which had been developed by him during his own student days in Aberdeen. The meek and docile mother could not and did not however assert herself and ultimately the children were entirely removed from any sort of Indian environment or education and sent away to England.

This does not mean to suggest that Dr. Krishnadhan was not a lover of his country, India. On the contrary

he believed that the salvation of his country would come about through the initiation and importation of Western methods and way of life. His letters to his sons in England are evidence of his love for India's good. They are full of complaint in strong language against the injustice, inelasticity, and the "heartlessness," as Dr. Krishnadhan put it, of the British Government in India. Sometimes he sent clippings from Indian newspapers to his sons which bore out the accusations that he laid at the door of the government. These may perhaps have acted as the first lessons in patriotism to his sons, paradoxically enough given by a father who was denationalized himself and who believed in "denationalizing" his sons! Time takes its own revenges and in a strange way. It was quite plain that Dr. Krishnadhan's admiration for the English way of life could not prevent him from developing a strong resentment against the British system of administration which was based on ruthless exploitation of India. This feeling developed in the father to such an extent that he made it a point to regularly transmit it to his sons.

The seeds of patriotism were thus sown in the mind of Aurobindo at a very impressionable age. At Cambridge he became secretary of the Indian Majlis, first established there in 1891, and often took part in the debates. K. G. Deshpande, Hari Singh Gour, Beachcroft, Felix De Souza and Pereira were some of his colleagues at Cambridge. In his speeches he dealt with the British imperialistic hold on India, sometimes in no mild or measured terms. Some of his statements could easily be characterized as revolutionary. It is said that these speeches were responsible in no small measure for his not being encouraged to enter the I.C.S., and his failure to pass the horse riding test was used as an excuse to this end. Aurobindo and his brothers almost instinctively found themselves among a

group of fiery young men in England who openly avowed their dislike and dissatisfaction with the liberal and moderate views of leaders like Dadabhai Naoroji. These ardent youths did not stop merely at expressing their resentment in words. During the last days of their stay, some who thought in extremist terms, which meant action, met in London and formed a secret society known as the "Lotus and Dagger!". Aurobindo joined it. Each one of the members took a pledge to adopt some measure which would help towards ending foreign rule in India. The society, however, did not become operative, though some of its members, notably Aurobindo, kept their vow and acted upon it later in life.

Though almost from his infancy, Aurobindo had been divorced from Indian languages and culture, and though very strong denationalizing forces played upon him throughout his student days in India as well as in England, the healthy and vigorous seeds of patriotism, sown and nourished by his father's letters from India, steadily grew in his mind. It was this growing patriotism which made him intolerant of the moderate school of Indian politicians. It was this which laid the foundation for an aggressive nationalism and which created an intense hunger for immediate and extreme action, even though quite peaceful, against the insult of foreign rule.

During his fourteen years' stay in England, he fully imbibed and developed love for the English language and its poetry. But his stay did not succeed in creating any love for England or for England's political ways. On the other hand, he had great admiration for Ireland, the Irish struggle for freedom and its hero Parnell. When the latter died in 1891 he wrote a eulogy on him. It was his admiration for the French Revolution, and for the Irish patriots together with his passion for Indian freedom

which urged him to join the "Lotus and Dagger" society. It was an indication of the way he would follow on his return to India.

After Aurobindo had successfully contrived to disqualify himself in the I.C.S. examination, he must have been secretly happy that he was not now to be a part of the "British steel frame" in India. After completing his studies at the University he naturally thought of returning to India, a thought which attracted him like a magnet in the innermost recesses of his heart. The call of Sarasvati from her "lotus-heaven", the call of "the regions of eternal snow", the call of the Ganges, was there and he soon made preparations for coming home. The next thirteen years of his life, from 1893 to 1906, which may be said to be the years of his preliminary Sadhana for the spirituo-political life, were bound principally with an academic career in Baroda State.

It was most unfortunate that his father did not live to see his successful son return home. Almost on the eve of his return, Dr. Krishnadhan wrote to his brother-in-law in very glowing terms about Aurobindo. He was proud of his sons and especially of "Auro" as he was fondly called. But by some tragic mistake he was informed by his bankers, Grindlay & Sons, that his son had already sailed and that the ship had had an accident and sunk off Lisbon. The poor old man died of heart-failure with the name of Aurobindo on his lips. In actual fact, Aurobindo sailed by the "Carthage", a steamer that left London later and arrived safely in Bombay in February 1893.

The late Sayaji Rao Gaekwar of Baroda, was a person known to choose his employees with great care and discretion. This was in fact in many ways the secret of the progress on modern lines of his State. When he first

came to know through Mr. James Cotton, brother of Sir Henry Cotton, that a talented and ardent young man named Aurobindo was willing to join him, he jumped at the idea. The matter was settled after an interview with the Maharajah, who was then in England. Thus the young Aurobindo joined the Baroda State Service and sailed for India in February 1893. There now began another epoch in the life and development of Shri Aurobindo.

CHAPTER IV

THE GREAT PREPARATION

It is true that Aurobindo completed his official academic studies while in England, and afterwards returned to India and settled down in Baroda in 1893. But it was neither a real end to his studies nor a final settling down in a permanent and secure job. In fact, together with other preoccupations, this was a starting-point for new studies regarding everything Indian and Eastern. The study of Indian languages, history and culture attracted him like a magnet and he was absorbed by it the whole time he was in Baroda. His life there was one great preparation, first for a surprisingly brief yet extraordinarily brilliant patriotic career in Bengal and subsequently for his Yoga in Pondicherry. It should be noted, however, that his patriotism was not of the usual type but was grounded in spirituality, and his career during 1906-1910 must be characterized more as spirituo-political rather than merely political in the ordinary sense. The next thirteen years, before he actually took to active and open politics, may be said to have been utilized intensely for laying the basic foundations of his overall integral spiritual outlook on life, of the burning patriotism which was impatient of foreign

domination in any shape or form, of the extreme but firm political policies he was to adopt, and of the deep-rooted love of his people and their culture.

So far, Aurobindo's life had been almost untouched by Indian or Oriental influences. The English language and Western civilization had a "tabula rasa" to work upon all the time. And that was his father's ambition, which one can say had been completely fulfilled. Except for the fragments of Bengali he had acquired for the I.C.S. examination in England, when he returned to India Aurobindo did not know any Indian language, much less anything of Indian life and culture. His education in England, however, had given him a very good grounding in Western thought, Western life, and Western civilization. He was as familiar with everything Western as any accomplished European intellectual of his time. This very familiarity, however, revealed to his great penetrating insight the lacuna from which that civilization was suffering. While he highly valued and praised the scientific method and approach, the power of organisation, the importance of discipline, the massive and intricate structure of the civilization of the West, he was deeply conscious of the want of the informing spirit, of the soul, of the higher approach that he felt was necessary, if humanity was to take the next leap in evolution. He was always sympathetic, accommodative, and comprehensive in his outlook and therefore he never rejected or repudiated anything Western. His settling for the time being in Baroda with this background gave him the required opportunity to study the East and specially India. It was this study which facilitated the presentation by him later of a synthetic view which enabled people to value both the East and the West in the right perspective.

Baroda was the pretty capital of a small Indian State

in Gujerath which could boast of a very progressive prince in the person of Maharajah Sayaji Rao Gaekwar. Democracy in the modern sense was yet a dream in India. How then could we dare to imagine its existence in a state where the prince was supposed to be the centre and source of all power? It was another matter that the princes were but puppets, and in all the States the cramping and crushing suzerainty of the British made itself felt through the Resident, a high officer of the Crown. In spite of this damping atmosphere however, there were some princes, though few and far between, who loved their subjects and tried to do some good to them. Sayaji Rao was certainly one of such enlightened and bold princes. He was himself well-educated and widely travelled. He believed in good administration as well as in educating his subjects. He initiated a number of reforms, advanced the cause of education, started a library movement, established a technical institution, and worked for the advance of women and the backward classes. He knew the value of good and efficient men. He appreciated the importance of foreign education and was always careful in choosing his Diwans. It was on account of his progressive outlook that as soon as his name was mentioned to him in England by Mr. Cotton, he decided to take Aurobindo into the Baroda State Service. Aurobindo found his new surroundings quite congenial for his studies and engaged himself in the task of building up a vast store of knowledge in addition to carrying out his official and other duties. The accumulation of knowledge (Jnan-sanchaya) seemed then to be the sole aim of his life, says Dinendrakumar in his Bengali book, "Aurobindo Prasanga".

So far as his official career in the Baroda State Service was concerned, he began on a salary of Rs. 200/- per month and worked as a probationer in the Revenue Settle-

ment Department, and then for some time in the Stamps and Revenue Department. He went through secretariat work also and spent some time in writing despatches and reports. But he gradually gravitated towards more academic work and teaching, where, undoubtedly, he felt more at home. He began first as a lecturer in French at the college but was soon appointed as Professor of English. When he left for Calcutta in 1906 he was the Vice-Principal of Baroda College. His salary was then Rs. 750/- per month. The Maharajah's great regard and admiration for him was evident from the fact that he was often entrusted with drafting very important confidential State communications. He was sometimes requested to act as Private Secretary to His Highness. But his retiring temperament, his somewhat shy and reserved nature, and the want of certain other special qualifications necessary for an obedient and successful courtier, came in the way of his advance along that line. But he never pined after that way of life. He even avoided State dinners, attending them only when he had the prospect of getting through some particular work. After a time, the Maharajah recognized the limitations of his exceptionally brilliant, intelligent and efficient officer and allowed him to have his own way and to pursue his academic bent undisturbed. Aurobindo was very popular with his students and colleagues and until he left for a wider field and to live in a more turbulent and stormy atmosphere, he enjoyed their warmth of feeling and tenderness of affection.

While he was pursuing in a normal manner the official career described above, he was also intently following the innate bent of his inner nature, his Swabhava, his Swadharma. It can be described as a relentless search after the very Soul of things. He was never satisfied with appearances, with names and forms, with manifestations.

He would always go to the root of the matter in everything. He had a clear and definite picture of the very source and tap-root of Western civilization and all that it stood for. Now he wanted to delve deep into the vast expanse of Indian life and its ancient but continuous culture and discover for himself the eternal inspiration that kept it ever alive and afresh. He felt proud that India could boast of a great cultural heritage but deplored sorely the shameful political slavery to which she was subject. Now that he was in India, he began to explore the deeper causes of India's weakness which had dragged her into the mire. He was conscious of the appalling poverty of India's miserable millions and he was anxious to find out the economic and other causes that lay at the root. He realized that the dust of ages had settled down on numerous social and other evils in Indian life and he wanted to know where to apply the lever. But above all, his search was for the "self" and for the Self of all selves, for the One and Indivisible Reality which pervaded and informed everything. This search naturally superseded all others and sometimes it seemed that he had abandoned all other pursuits. But it was never so. His was an encircling and multi-pronged attack and he knew that whatever his pursuit, it would lead him to the central Truth, and once that Truth was known, all else was known (Yasmin Vijnate Sarvamidam Vijnatam Bhavati). Thus the stream of his life flowed in a double current, one which was obvious, visible to the eye and which assumed the shape and form of an official career and varied literary and other activities. The other current was inner and stronger and moved fast to its goal certainly and surely, unseen and unknown to others, but really carrying the real Aurobindo in its bosom all the time and unmistakably to the status of a Yogeeshwar (the lord of Yoga).

This great quest should not be mistaken for mere intellectual hunger to know the why and wherefore of things. He sought the Truth with his whole being, for whatever he was worth. It was not the search of the philosopher for a mere rational theory of the universe. It was rather the hunger of the mystic for his "Beloved", the search of the Nara (son of man) for the Narayana. Nor was it solely for individual salvation and Nirvana but as was later unfolded, it was for a general spiritual advance of the whole of humanity, for the next step in evolution, for the divinisation of the whole of human life on earth.

It is in this perspective that we have to view his great preparation. It is true that in addition to his official duties, the next thirteen years of his life were full of a number of other activities. But the running, powerful undercurrent was spiritual Sadhana. Even his politics and patriotism were but forms of Sadhana. It required some time before this emphasis became quite pronounced, but long before he took to actual politics, the spiritual motive had established its dominance in his mind and his patriotism as well as politics were permeated with his highly spiritual outlook. To omit spirituality from Aurobindo's thought and life would be to miss the very essence of his being.

Let us now survey Aurobindo's pursuit and activities in Baroda. His life there consisted of State service, intense study, political activity of a secret character, his Sadhana which later became very pronounced, and his family life. In the beginning, he devoted much of his time to the study of Indian languages, including Sanskrit. He showed great aptitude for mastering languages. He started with Bengali, with which he was only slightly acquainted. Mostly he taught himself, though in 1898 Dinendrakumar was invited to assist him especially in the

matter of correct pronunciation, current idiom, and literature. It is obvious that two Bengali writers who impressed him very much were Michael Madhusudan Dutt, the pioneer in modern Bengali poetry, and Bankim Chandra, the great Bengali novelist and prose writer. A tribute paid to Dutt includes the couplet:

“Poet, who first with skill inspired did teach
Greatness to our divine Bengali speech....”

He was equally charmed with the writings of Bankim, the master of prose:—

“He sowed the desert with ruddy-hearted rose,
The sweetest voice that ever spoke in prose.”

He also wrote as early as 1894 in the “Indu Prakash”, an Anglo-Marathi journal of Poona, articles on Bankim’s work. After one year’s assistance from Dinendrakumar he ultimately mastered the Bengali language in 1898-99. In 1909, he conducted a Bengali weekly, “Dharma”, in which most of the articles were written by himself. But at the same time it must be said, that his command over English always far surpassed his command over Bengali. And he never thought of addressing a public meeting in Bengali!

The next language to be mastered was Sanskrit. Obviously, knowledge of this great and ancient language was very important from the point of view of having access to the original source of Indian thought, philosophy and culture. His study of Sanskrit was deep and continuous. The impression made on him by the treasures available in the oldest and richest of languages was abiding. The Upanishads and the Gita served both as texts and as guides to him in spiritual matters. When he wrote on subjects concerning Indian thought and basic concepts, expressions, quotations, single important words of Sanskrit leapt to the tip of his pen almost without his thinking.

He was conscious of the fact that the rich connotation of certain words in Sanskrit, such as Kritu, Ritam, Swabhava, Swadharma, etc., cannot be conveyed by English words in translation. He made it a point to clarify such pregnant expressions with elaborate explanation. His acquaintance with Sanskrit was not restricted to religious or philosophical texts. He was equally at home with Kalidasa, Bhavabhuti, the Ramayana, the Mahabharata as with the Vedas, the Upanishads, the Gita, and the Manusmriti. His appreciation and defence of Indian cultural thought in its various manifestations was neither second-hand nor by proxy. It sprang from his direct knowledge of what the great Rishis and Munis and Sahitis have written from inspiration and their own intuitive experience. His highly original interpretation of many of the Riks and the Ishavasya and the Gita not only speaks for his deep scholarship but also for his ability to penetrate through the core of past thought and his capacity to recapture its spirit in vivid and incisive English phraseology.

Two other Indian languages with which he had to acquaint himself were Marathi and Gujarathi, both of which were officially recognized by the State of Baroda. The State territory lay wholly in the Gujarathi-speaking area but the ruling dynasty was Marathi-speaking. Hence the almost equal status of both languages in the State. It is not very evident from any of his writings that Aurobindo studied either language very deeply or extensively. His reference to writers in them is very casual.

His study of other languages, Greek and French for instance, had not abated. His library was full of books in more than half a dozen European languages. Greek and German philosophy continued to be studied as well as Indian. In fact, there was no subject in which he was

not interested or about which he did not read and think. Two book shops in Bombay had standing orders to acquaint him promptly with new titles received. He read Homer and Dante and Horace as avidly as the English and Sanskrit poets. With all his foreign studies, it is surprising that Aurobindo was influenced by them the least in fundamentals.

While he continued with his extensive studies he also devoted some time to writing and to publication. Some of the poems written while he was in England were now published for the first time. "Songs of Martella" was his first publication. He also wrote a number of poems on Indian themes. Gradually the classical Greek and Latin flavour that had once suffused his literary productions evaporated. His writings now drew inspiration from the Sanskrit classics. The rich tropical atmosphere of India lent to him the exuberant imagery with which Sanskrit and other Indian literature is so sated.

His writings and publications, however, were not restricted to books alone. Far more important were the articles he contributed (August 1893 to February 1894) to the "Indu Prakash" of Poona, under the title "New Lamps for Old". They reflect very vividly his political opinion. He laid great emphasis on self-help, on sincerity, on building up inner strength, and on character. He condemned the moderate leadership then obtaining and wrote that it was like the blind leading the blind. It was no wonder that a mind fully alive to the iniquity of India's slavery, a mind stimulated to think seriously on the wrongs of British rule, a mind that had become impatient of the moderate school of politics, and a mind that had been driven to take a vow to end British rule, now preached extreme patriotism in pungent and cutting phrase with all the rhetoric that a young man could command.

His being in service, however, prevented him from openly acknowledging his work and the publication of the articles, was anonymous. He wrote them at the request of a close friend and Cambridge classmate, Keshavarao G. Deshpande, who was then in charge of the "Indu Prakash".

These first articles of a fiery patriot, created quite a stir and it is said that M. G. Ranade advised the proprietor of the "Indu Prakash" to discontinue them lest the government should pounce upon the journal and ban it from circulation. A hint from the proprietor was conveyed through the editor of the journal, and Aurobindo had to discontinue the series. Another set of articles written by him later in 1894 on Bankim, Tilak, and Dayanand reflected his thoughts on these three great personalities who, each in his own way, had contributed to the reawakening of slumbering India. Bankim gave to Bengal a polished prose style and taught the people to look upon India as their Mother. The immortal song "Bande Mataram", which forms part of his famous Bengali novel "Anand Math", became in the Swadeshi days, the symbol of nationalism. It spread throughout India and was on the lips of all as the national song. Today it shares the honour with "Jana-Gana-Mana" of Rabindranath, of being the National Anthem.

If his study of Indian languages and the publication of literary productions give us a picture of his progress in the field of literature and of culture, his contributions to the "Indu Prakash" acquaint us fairly well with his patriotic and political ideas. He was in those days a voracious reader. It is said that he not only had books posted to him, but more often they came by the crate. He sat at an ordinary kerosene lamp reading deep into the night and rose late. After morning tea he would again read and write till ten o'clock and then take his

bath. He would often continue to read papers during meal-times when a cigar also would be his companion.

To speak of his patriotism first, he had already developed a strongly pro-Indian and anti-foreign bias. In Baroda, he was more often than not to be seen in simple Indian dress. His love of things Indian was genuine and deepened with the passage of time and with the progress of his Indian studies. But his patriotism was not based merely on economic and political motives. He would not have been satisfied for instance, if India had become only politically free and economically rich. His patriotism never descended even by mistake to the aggressive type of expansive nationalism that hankers after conquest in the name of culture or hungers after the lands of others in the name of "living space". It never lost the perspective of an international setting and of a world organized as a single unit through peace, goodwill, and cooperation for the progress of humanity. His love of India ultimately led him to the "Ideal of Human Unity", which clearly shows the hidden basis of his nascent love of his own land and people. His patriotism was apiece with the Indian renaissance that was struggling hard to find its ancient soul and express it in new terms and with vigour as was required by the modern age. Another important feature was that it was almost religious in essence and highly spiritual in content. To him India was not merely a geographical expression or a political and economic entity. It was not only a rich and resplendent land of great rivers and mighty mountains and an ancient people with an imposing culture. India was to him a Mother to be revered and a Goddess to be worshipped. Contemplation of her and her service gave him the same thrill and the same deep experience that one enjoys while in deep meditation. India was to him the very embodiment of a great

spiritual message, the fountainhead of the wisdom of the spirit, the home of rich and invaluable inner experiences.

A number of patriotic spirits had expressed their love of India in different ways since the middle of the nineteenth century. Many of them had had no occasion to come into direct conflict with the British, but their love of India and the Indian people was not less genuine. Along with social and religious reform, they had a strong desire for India's freedom and expressed this desire in terms which were far from ambiguous when occasion arose. Of Raja Ram Mohan, the earliest of the giants, it was said, "He would be free or not be at all Love of freedom was perhaps the strongest passion of his soul" (William Adam, Baptist missionary). If patriotism means love of India, the Indian people, the Indian way of life, together with a strong desire for the political freedom of India then Raja Ram Mohan, Vivekananda, Swami Dayanand were certainly great patriots. They valued the freedom of India as much as those who actually fought in the political field, though their main tasks lay in fields other than those of politics. All shared in evoking a love of India in the hearts of the young and old of their own generation. It is no wonder that Aurobindo was impressed so much by these patriots who had shown such genuine love for India and rendered selfless service in one field or another. His great admiration for Bankim is expressed in very high terms. To him he was not only a prophet of Indian cultural renaissance, but "a seer and a nation-builder" and one of "the makers of modern India".

Aurobindo's utterances in the Indian Majlis at Cambridge, while still in adolescence, his joining the "Lotus and Dagger" group in London and his writings in the "Indu Prakash", reveal to us unmistakably his political ideas and ideals. Love of one's country has to take some

concrete shape before it can become politically effective. It is obvious that his political mind was definitely heading towards the ideal of Swaraj or full independence. He defined it later in 1909 in one of his speeches. He said, "Our ideal of Swaraj involves no hatred of any other nation nor of the administration which is now established by law in this country. We find a bureaucratic administration, we wish to make it democratic; we find an alien government, we wish to make it indigenous; we find a foreign control, we wish to render it Indian. They lie who say that this aspiration necessitates hatred and violence. Our ideal of patriotism proceeds on the basis of love and brotherhood and it looks beyond the unity of the nation and envisages the ultimate unity of mankind. But it is a unity of brothers and free men that we seek, not the unity of master and serf, of the devourer and devoured." The first item on his programme was naturally freedom, unadulterated freedom. He was therefore quite averse to all other lesser and procrastinating political policies. It is true that political extremism, which ultimately emerged during the Swadeshi movement in 1906 demanding Swaraj immediately, had not yet taken birth except in the form of impatient and strong utterances and writings of ardent spirits like B. G. Tilak. There was an intense desire for freedom but no organised policy or concrete programme had yet taken shape in the minds of these patriots. They had definite sympathies with those who were engaged in a programme to collect arms and train youth for the purpose of an ultimate armed revolution. It was looked upon as a complementary but it was a very long-range programme of something like thirty years. Attempts at organization were, moreover, on a very small scale. In the absence of an active political programme, it was natural

that persons of the persuasion of Aurobindo should bide their time. He tried to express his views through the columns of a newspaper but found that the editor was not willing to take risks, so he returned to his shell. His writing on Tilak reveals how his mind was running and how he admired the robust nationalism of the young Maratha patriot who was the first in India to suffer for writing seditiously.

Before going on to the development of Aurobindo's spirituality and his practice of Yoga, we should first take count of the contacts he had in Baroda, his marriage with Mrinalini, and the kind of social life he led.

Apart from official circles in which Aurobindo had to move, there were a few persons with whom he was closely associated during this period.

One was Shri Keshavrao Deshpande, who had been a classmate at Cambridge, and was then editor of the "Indu Prakash" in Poona. But his most intimate friend was Lieutenant Madhavarao Jadhav, who helped him in everything even after his departure to Calcutta for political reasons. Aurobindo lived with him in Baroda for years. During his thirteen years of stay he lived sometimes in one and sometimes in another of four or five houses. Some other friends were Khaserao Jadhav, Phadke and Mangesh Kolaskar. His life was always simple to the point of being uncomfortable. He used an iron cot and even in winter went without quilts. He was indifferent to his surroundings, as is evident from the houses he chose to live in, the type of servant that was kept to run them and the way he suffered equally heat and cold without concern. His taste in foods was quite simple. That of Gujarathi type was too fat and of Maratha type too hot for him. He liked Tilak's spartan meals, as he called them. He ate meat or fish only once a day. He preferred bread to rice.

Socially speaking, the most important thing that happened to Aurobindo while in Baroda was his marriage in April 1901 to Mrinalini, a young and beautiful girl, who was destined to suffer for marrying a genius. She was the daughter of Bhupalchandra of Jessore who had settled in Ranchi. She rarely had the privilege of living with her husband for long, though their relations were most cordial and full of affection from the beginning to the end. Aurobindo, who was later highly conscious of his great destiny, wrote to her often in detail and tried to prepare her mind for a life other than that of a mere housewife. She was a high-souled woman of great devotion and piety and by her great dignity made suffering itself a step towards a higher life. He suffered her to live with him from time to time, but after leaving Baroda, his life was so full of activity that his wife and sister Sarojini lived alone for days and months at a time and once for a full year while he was in Alipore jail. After his departure to Pondicherry in 1910, there was no question of her visiting him, as he then plunged into even deeper Yoga which called for utter seclusion and austere continence. He gave permission, however, for her to visit Pondicherry in 1918, but while she was making the journey she fell ill in Calcutta and died after a severe attack of influenza. Her brother, Dr. Sisir Kumar, now a medical practitioner in Ranchi, testifies to the fact that she always bore the separation well and with satisfaction, as she realized that although she was high in the estimation of her husband, she would not be helping him in his way of life by insisting on his continual company, as any devoted wife would normally have done.

Regarding Aurobindo's marriage, one or two things are worth noting. He met many other girls before marrying Mrinalini. The question came of Prayashchitta

(expiation). As with his father, he too refused it since he saw no sin in having lived in England. Ultimately however a clever priest absolved him on payment of some Daxina! But generally, Aurobindo adopted a very reverent attitude towards other parts of the ceremony. He took them quite seriously. Distinguished visitors such as Sir and Lady Jagadish Bose and Lord Sinha were present. After his marriage, on 28th May, 1901 he went with his wife and sister to Nainital for a few days.

It can be said that the little family life Aurobindo lived, began with his marriage and ended in 1910 with his departure for Chandranagore. And even within so short a period it was never continuous or steady and was full of long breaks. After returning to India in 1894, he went first to see his mother in Rohini, a village four miles from Deoghar. She was staying there with Barindra. Unfortunately she had an attack of hysteria and did not immediately recognize Aurobindo. She said that "Auro" had the mark of a cut on his hand and it was only when it was revealed to her that she began to show any sign of recognition. She was called "Pagli Ma". Few dared to go near her as she would sometimes rush brandishing a dagger! Aurobindo sent money to her and also to his sister Sarojini for her education at Bankipore. His elder brothers seemed to be indifferent in this matter. Barindra after some adventures in running a tea shop on Rs. 900 capital in Patna, suddenly joined him in 1901 in Baroda, and from that time attached himself to his elder brother and accepted his guidance in all matters. Barindra occasionally went to stay with his mother. He had another small house close to Raidih level crossing on the E. I. Rly. main line for carrying out bomb experiments and for arms dump. Bombs were tested in the Digharia hills.

It was while Barindra was staying in Baroda that he fell a prey in 1904 to malignant fever. He went out into some forest to find a suitable place for founding a "Bhavani Mandir" to train youths. He caught this dangerous fever there. It did not yield to any ordinary treatment. As if by accident, a Naga Sanyasi who came to Aurobindo cured him by giving a cup of water to drink which he crossed by a knife charged by a Mantra. He gave to Aurobindo also some Mantra and performed a Yajna. But this was all for political power and victory and not for Yoga or spiritual Sadhana.

After marriage, Aurobindo ran a house spasmodically but his wife often stayed at Deoghar. At times he even failed to send money for her expenses. He was never careful about his own expenditure, though it cannot be said that he spent money for improper purposes. Dinendrakumar, who was with him for a year in 1898-99, says that he lived alone and knew no luxury, but not a pie was left at the end of the month. He is not an earthly being, writes Dinendrakumar, he is "a strayed god". He described him as one with a slightly pock-marked face, long hair, and dreamy eyes. Instead of fashionable wear, he wore a simple "mirjai" (kudta) of Indian mill-cloth. He adds that he had practically no desires, shunned all limelight, talked little, was self-controlled and had made study his life's ambition.

Viewed from a historical standpoint, what was most significant and important in the life of Aurobindo in Baroda was his grounding in spirituality and initiation into Yoga. I shall not go into detail here of his Sadhana as that will be done when writing later of his spiritual life. Here I shall only touch on the subject to the extent required for telling the story of his activities in Baroda.

When one glances at the books and general literature

he read in early days and at his poetry and other literary efforts, one is inclined to think that it was the Muses he loved best and that it was aesthetics and the Goddess of Beauty that lured him most. Romesh Chandra Dutt, who met Aurobindo in 1899 and saw his translations of Ramayana and Mahabharata, testified to the high quality of the effort and said, he would never have made the attempt himself, if he had known that Aurobindo was already doing so. At the beginning of his career, he had not shown much inclination for either philosophy or metaphysics. Both subjects seemed to him to be dry and intellectual. He hankered after the flesh of real living and stirring ideas, not mere skeletons and theories which could not thrill him with emotion. He knew as much of philosophy as a good literary man should, but did not at that time pursue it as a subject. His acquaintance with the work of philosophers and metaphysicians, Western as well as Eastern, was meagre in those days.

The writings of Vivekananda made a strong impression upon him, although the influence of Ramakrishna was far more profound and abiding. It can be said with some truth that it was through these two great souls that Aurobindo received his first glimpse of spirituality and of the spiritual message of India. Vivekananda, after his return to India from the Parliament of Religions in Chicago, addressed a Madras audience on the role of India. He said, "Spirituality must conquer the world. Slowly they (Westerners) are finding out that what they want is spirituality to preserve them as nations The whole of the Western world is perched on a volcano which may burst and go to pieces tomorrow. They have searched every corner of the world and found no respite. They have drunk deep of the cup of pleasure and found it to be mere vanity. Now is the time to work, so that India's

spiritual ideas may penetrate deep into the West." This reveals not only a faith in spirituality, in the truth of the Spirit, in the truth of a single immanent Being, of the nature of eternal Existence-Consciousness-Bliss, but also a faith that India is a country highly competent to spread the message of spirituality. To abandon this role would mean for India the casting away of "Swadharma", one's own inner law of being. Intellect, erudition, scholarship, had never by themselves charmed Aurobindo and in the person of Shri Ramakrishna he found solid gold, naked spirituality shorn of all intellectual embellishment. Aurobindo said of the sage of Dakshineswar: "Shri Ramakrishna himself but lived what many would call the life of a mad man, a man without intellectual training, a man without any outward sign of culture or civilization, a man who lived on the alms of others, such a man as the English-educated Indian would ordinarily talk of as one useless to society, though not a bane to society. He will say: 'This man is ignorant. What does he know? What can he teach me who has received from the West all that it can teach?' But God knew what he was doing. He sent that man to Bengal and set him in the temple of Dakshineswar in Calcutta, and from North and South, and East and West, the educated men, men who were the pride of the university, who had studied all that Europe could teach, came to fall at the feet of this ascetic. The work of salvation, the work of raising India was begun."

It is plain that Aurobindo was attracted more by spirituality than by anything else. At the same time, he knew that spirituality was not something to be attained by mere intellect (Na Medhaya, Na Bahuna Shrutena). He also knew that the Atman could not be attained by the weak and the cowardly (Na Balaheenena Labhyah). There was the great road to spirituality shown by the

ancient Rishis, the Yoga-vidhi referred to in Kathopanishad. It has been described as a path which is "sharp like a razor's edge" and "very difficult to tread". But his innate nature inevitably and unmistakably was leading him to the spiritual path which he was later to illumine by a brilliant flame lit by arduous and daring Sadhana, all his own.

He had had some spiritual experiences before he settled in Baroda, but had not given much thought or importance to them. That was before he had started his Yoga practices. It is said that K. G. Deshpande once urged him to take to Yoga. But at that time he had not felt the inner urge. Gradually, however, it became urgent for him to follow the path of Yoga. The call developed into an insistent demand. Nothing could satisfy him but the acme of spiritual experience which the ancients have so eloquently described. It is usual for aspirants to try to find a Guru who will fully initiate the disciple into the mysterious path but Aurobindo could not find a Guru to suit him. He was fortunate, however, in obtaining guidance from several worthy people. Sri Sadguru Brahmananda of Gangamath at Chandod on the Narmada is mentioned as one of the great saintly men who blessed him and gave Darshan. Although it was said he never looked into the eyes of those who went to see him, in the case of Aurobindo, he not only did so but also showered good wishes on the would-be Yogi. Aurobindo later referred to his eyes as being very beautiful. It is believed that one of the disciples of Brahmananda gave Aurobindo his first lessons in Pranayam. It is said that he visited Chandod two or three times. Though we cannot say that these contacts were decisive, it is quite obvious that they all tended to guide him along the path which was now quite clearly before him. His Yogic Sadhana started with contemplation and

Pranayam in 1904 and he spent hours in practice. It seems that later, from 1907, contact with Shri Lele of Gwalior helped Aurobindo quite positively. On two occasions he called on him for help and each time the directions received were relevant and extremely helpful. I intend to deal more fully with these matters later, when writing about his Sadhana. Aurobindo's Sadhana was without doubt mostly self-directed. By the time that he left Baroda for Calcutta he had already greatly advanced. This advance in Yoga gave him deeper insight, greater strength, firmer faith, and more confidence in himself.

This chapter on preparation would not be complete without some mention of the steps Aurobindo took towards organising several revolutionary groups. It was part of his political work and as was usual with him, done quite noiselessly and inconspicuously. It should be noted that Aurobindo never directly took part in arms-training, the making of bombs, collection of ammunition, or military studies. He did the work of inspiring and of strengthening the moral fibre of those who wanted to join the groups. After 1901 when Barindra his younger brother, joined him in Baroda, he began to take a great interest in this form of activity. But nothing of importance was accomplished till 1902 when some attempt at organisation was made.

The seed of the whole movement may be traced to the "Lotus and Dagger" society of London. That body in itself was no doubt practically still-born, but Aurobindo was one of those who took seriously the secret oath to set India free. The idea of secret revolutionary societies was not new in Europe. There were a number of them in Ireland, and the Carbonari of Italy were quite famous. The idea found favour with the youth of India and from the outset groups began to be organised in Bengal and

Maharashtra more than in any other province. The general plan was to organise throughout the land small handy groups of ardent youths pledged to sacrifice and to secrecy for their country. They were to be trained to living a hardy life, to the use of arms, and to movements of a military nature. When sufficient men had been organized throughout the land, at a given signal there was to be an armed revolution and a coup. It was calculated that it would take about thirty years to become organized. Leaders like Tilak, Lajpat Rai and other extremists were in touch with some of these groups and although they never discouraged them, at the same time, they were never organisers nor in the centre of things. They looked upon this activity as something complementary and vaguely and remotely, possibly useful. Though unfortunately some of the members of these groups deteriorated into terrorists, the main idea and inspiration was for an open armed rebellion, perhaps with the help of the Indian Army, with which incidentally it was also sought to tamper.

It is neither possible nor necessary to give here the full details of Aurobindo's activities in this field. Especially because once Barindra became active and entered into the arena of open politics, Aurobindo's direct connection with the groups practically ceased. He remained only to inspire the youths who thought in terms of revolution. It is sufficient if we indicate the type of work he did and the way he did it. By making arrangements to have Jatin Bannerji, a young and ardent Bengali, trained in the Baroda army, he may be said to have made a concrete beginning. This event was many years after he had arrived in Baroda. Jatin was asked to go to Bengal to survey the field from the point of view of persuading suitable young men to start centres. Aurobindo visited some of the districts of Bengal during his vacations and con-

tacted several likely people. During 1904 and later he visited Khulna, Midnapur, Dacca, Rangapur and other places. Taking the oath of entry was a great ceremony, sometimes sworn with the Gita in one hand and the sword in the other. Aurobindo was in touch with some of the Maharashtra revolutionaries, among whom Haribhau Modak, Kaka Patil and some others met him at Thana near Bombay in September 1904. It is strange that even people like Rajnarayan Bose were caught in the vortex of this movement. The young Tagore also took the oath. Sometimes magistrates and I.C.S. officers of the calibre of Jogen Mukherji and Charuchandra Dutt of Thana would lend a helping hand to the cause. In 1902 Sister Nivedita went to Baroda with the express purpose of contacting Aurobindo in this connection and in order to enlist the sympathies of the Maharajah! "I hear you are a worshipper of Shakti—force," was the way she accosted him. She had read the booklet on "Kali—the Mother". A nephew of Khaserao Jadhav of Baroda, Madhavarao, was sent to England to receive training in arms, and a military education which included the manufacture of bombs and revolvers. Aurobindo gave some financial help to the venture. There was also some idea of establishing a "Bhavani Mandir" (mentioned in the Rowlatt Report), a place in some mountain retreat where youth could be trained in spirituality and revolution. Perhaps "Anand Math" was the parent of this idea. Aurobindo was the author of the pamphlets "Kali—the Mother" and "Bhavani Mandir". The former propagated the idea of Kali as the Goddess of Shakti, and the latter explained the purpose of founding a centre where a powerful blend of spirituality and patriotism could be inculcated among the inmates. Hemendra Das, Mandavale, Mitter, Jatin, Barindra, Thakur Ramsingh were some of the important persons

connected with this movement and with whom Aurobindo had contacts. Active work in this matter was begun only in 1902. As I have said however, this was but a small chapter in Aurobindo's life and when he later launched out into the wider stormy sea of political life, he ceased to take note of these happenings in the backwaters.

To sum up, these thirteen years of great preparation, with hardly any diversion, laid the foundation of everything in Aurobindo's life that afterwards was to abundantly manifest itself and blaze forth with such resplendence. It was during these years that he became acquainted with the rich heritage of India and the East. He continued to add to his knowledge of the West and of science by reference to the most recent books on the subjects. His literary output helped him to fix his ideas and form his own style. His political convictions became stronger and he felt confident that he could present his ideas incisively and with great effect. His patriotism found a deeper base in spirituality and his spirituality became a stern fact of his conscious life and no longer remained a mere aspiration or an empty longing. But since spirituality is not an intellectual matter but a fact of experience, he started on the journey to making it his own along the well-beaten path of Yoga. He had married but at the same time decided that he should lift himself and his consort out of the ordinary level of man and wife relationship, and live as companion spirits that aspire after perfect beatitude.

Thus at the young age of thirty-four Aurobindo was ready to enter into the whirl of political life with equipment of an extraordinary sort. Apart from the usual qualifications and achievements, of which he had more than enough, here was a man, who believed that the finger of God was in everything, who looked upon India as the

Divine Mother, who had faith in India's spiritual mission, who knew both the East and the West inside out, and who had already advanced to a great extent in Yogic Sadhana. From the ordinary view-point these were not qualifications which fitted a man for politics. Possibly by some they were looked upon as disqualifications. But India's politics of those days were not so much the usual power politics but politics of the fight for independence. What was required from a leader was the power to rouse the consciousness of the people to the enormity of the situation, to inspire them with confidence, to give them a programme of service and self-sacrifice and to raise them from being the crawling cripples that they were to the level of heroes. It is obvious that Aurobindo was eminently fitted for this task and for the few years that he strode across the political arena of India, he swept everything before him and became the idol of the younger generation which was eager for effective action.

CHAPTER V

THE CALL TO ACTION

WHILE Aurobindo was going through a period of preparation for heroic action and active leadership of the political forces of his country, the country itself was also advancing from a state of dumb, sullen acquiescence to effective agitation through open and bold expression. Congress was still plodding along in its old way but there were now vocal elements in and outside the party which openly avowed that the old days were gone. The younger generation was impatient of foreign rule. Men like Lala Lajpatrai in the Punjab, Lokmanya Tilak in Maharashtra, Bepin Chandra Pal in Bengal were eagerly listened to

when they made impassioned speeches which called for vigorous action. Aurobindo was already in touch with the revolutionaries—not terrorists—in Western India and had repeated his vow to end British rule. From the beginning however, it was Barindra, Aurobindo's younger brother, who was more active in this work. It is now well-known that Aurobindo was not theoretically against violence, if it was to be used for the righteous cause of the liberation of the country. But after a full survey, he realized that in all circumstances open agitation, non-cooperation and passive resistance would be a more effective remedy in the case of India.

The whole soul of the Indian nation was, no doubt, in a ferment, though beyond newspaper and platform agitation not much was visible on the surface. The gospel of revolution could not, in the very nature of things, make much headway, as during preparation, some kind of camouflage had to be adopted. There were a few Anusheelan Samitis and other Sabhas and groups which ostensibly taught physical training, lathi and swordplay. Apart from these activities, however, which were general all over the country, by far the greatest awakening was in Bengal. A biography of Shivaji in Bengali and "Deshar Katha", both written by one Sakham Ganesh Deuskar, a Marathi gentleman, created a great stir among the Bengali youth. The word "Swaraj" was first used by him to indicate complete independence and afterwards became a word universally used and understood in this sense. Brahmananda Upadhyaya, the editor of "Sandhya", a Bengali weekly did a great deal to foster this use. Dadabhai Naoroji used it later in the famous Congress resolution of 1906 to mean self-government. It required twenty-three years more however, until 1929, for Congress to use it in its resolution to mean "Complete

Independence, 'without British connection'.

Once the Indian mind had been awakened by the new breath of the great renaissance, and once the thirst for independence had become intense, strength was bound to be drawn from events outside India's border. The most significant of such events was the victory of the Japanese over the Russians in 1904-05. An oriental nation, which but very recently had begun to use western methods and scientific development, now offered a crushing defeat to a big and mighty power like Russia. This fact sent a thrill through the mind of the Indian and helped him to shed the inferiority complex which was then haunting all Eastern nations. The religious zeal with which the gospel of nationalism was preached by Mazzini, the colourful heroism of Garibaldi, the skilful statesmanship of Count Cavour and the practical patriotism of Victor Emanuel lent special charm to the Italian scene. Then there was still the Irish struggle for freedom. The dogged persistence with which it was waged against high odds, coupled with the suffering and sacrifice of the Irish heroes, was very helpful in inspiring the youth of our country in their similar struggle against England.

All vigorous elements in the country were seething with discontent, though no organised channel had yet been found for releasing this fund of strong feeling. It was reserved for the hard-boiled imperialist, Lord Curzon, to supply the immediate cause for an outburst. It came in the form of the partition of Bengal on the 29th of September 1905. The proposal had been before the country for some time and as soon as it was known that the seal was set, there was one continuous uproar. Bengal was soon a mass of agitation, it being most affected. The 18th of October was observed as a day of mourning by the whole of Bengal. Many fasted. Numerous meetings were held

and resolutions of protest were passed. But something more concrete was added. Thousands of students left their schools and colleges as a protest and a "Use Swadeshi" vow was administered with loud acclaim at meetings. Huge stock-piles of foreign cloth were burnt to ashes. In Barisal, a protest procession headed by Ashwini Kumar Dutt was dispersed by a lathi charge. This was perhaps the first organized procession in defiance of a government order in India's struggle for freedom. But the spirit of the people remained unbroken and challenging. The Rubicon had been crossed and there was no returning. The tide went on swelling everywhere and soon spread to cover the whole of India. It was evident even to the government that its challenge had been accepted.

It happened that at that time Congress was the only all-India organization which could speak for the nation. But the moderate element was still predominant there. Outside forces of extremism, however, were swelling and Congress had to recognize that fact at the Bombay session in 1904. Aurobindo attended this meeting although not as an active agitator. At the Banaras Congress in 1905, the elderly statesmen began to realize that the ranks of the extremists had swollen still further and that it would not be possible to postpone for very much longer the sounding of the death-knell of moderation in Indian politics. Partition had come as a shock even to the moderates and had helped to move them into action. But still they were unwilling to join hands with the extremists. Dadabhai's shrewdness and venerable personality prevented the two forces from clashing in Calcutta in 1906. He was president of the session and persuaded the moderates to accept the fourfold programme proposed by the extremists, chief among whom were Tilak and Aurobindo. This programme became famous immediately as "the Chatus-Sootri". The

main constituents included a demand for self-government, national education, the propagation of Swadeshi, and a boycott on foreign goods.

Though Aurobindo played a prominent yet silent part in forcing the issue on behalf of the extremists, his action may still be said to have been "incognito". Tilak directly collaborated with him and recognised him as the coming man of Bengal. And yet Aurobindo had still not taken the plunge and continued to be a professor at Baroda. He was publicity-shy. But circumstances soon forced him to the fore and made him both *de jure* and *de facto* leader of awakened Bengal and of militant India.

It may be as well on the eve of his direct and active entry into politics, to glimpse into the working of the mind of Aurobindo at this time. It is clear that there were two strong urges running parallel with each other; one was the spiritual and the other the political. But it is clear that the political urge was subordinate to and took its inspiration from the spiritual current. His love of the mother country, and his decision to liberate her from the bonds of slavery began as we know in his school days in England. During his stay in Baroda, this urge had strengthened still further and he had become "re-nationalized" with a firm grounding in Indian history and culture. His presence at the Congress in Bombay as well as in Calcutta and his close association with Lokmanya set the seal on the kind of political career he would soon be entering. It was clear that his sympathies were with the revolutionaries and that he thought there was sufficient justification for their action if matters remained as they were. But so far as his own path was concerned, it was clear that it lay along the fourfold programme prepared and passed at the Calcutta Congress.

It must be stressed however, that both Aurobindo's

patriotism and politics were rooted in his spirituality. They did not mean anything to him unless they were connected and made part of his Sadhana ("his own work", as he called it) for the realization of the Supreme. The language of his politics and patriotism was always suffused with spirituality. He spoke and wrote more like a poet and a prophet and a visionary than as an ordinary politician. To him, India was the Divine Mother. India's spiritual mission loomed far larger before his vision than mere political freedom which he considered was bound to come in due course. His spiritual Sadhana continued with great intensity throughout his political career and the time spent in suffering and solitude while in jail was converted into an opportunity for deeper communion with the spirit. A letter written to his wife, Mrinalini, in 1905 bears out all that has been said about his positive spiritual inclinations at this time. Even so, the next four years, constituted one of the briefest political careers in history and yet it was a most brilliant and a most effective one. Externally it was the most active period of his life. It was also the most eventful and the most colourful compared with the other periods of his life.

Things were gradually shaping themselves so that Aurobindo would soon be forced to throw off his thin mask and come out into the open arena of turbulent politics then obtaining. By the beginning of 1906, his attraction to Bengal had become positive. He was already writing in "Yugantar", a revolutionary Bengal paper started by his younger and more fiery brother, Barindra. Although his name did not appear anywhere, very few were ignorant of the fact that it was he who was writing. Four or five editors went to jail on account of these articles. They did not defend themselves as they refused to recognise the British court as a court of justice. This was the first

occasion on which this bold stand had been made by a journal and severe consequences taken. Aurobindo took long leave from Baroda college at this time and organised the extreme nationalist element in Bengal. At the request of Bipin Pal, he associated himself with his English weekly "Bande Mataram" and began to write for its columns, but again without revealing his name. Meanwhile, the Maharajah of Baroda learnt that Aurobindo was not likely to return, and specially requested him not to leave Baroda and the college. But destiny had her own designs. Ultimately he took one year's leave and in August 1906 joined the staff of the Bengal National College as professor of English at a small salary of Rs. 150/- per month, which was but one-fifth of his previous salary at Baroda! Thus the last link with Baroda was almost cut and the new link with Bengal and Calcutta forged. Henceforth, at any rate for the next four years, his activities were to lay directly in the field of politics and in the struggle India was waging for her freedom.

In Calcutta, the main burdens of knitting together the extremists and openly challenging the moderate school of thought fell upon Aurobindo. The Swadeshi agitation had given great fillip to the extremist party and the repressive policy of the government had strengthened nationalism. Very soon the "Bande Mataram" became a very popular daily. It leapt into prominence throughout India and its inspiring message entered every patriot's home. Practically all financial as well as the editorial burden of the journal shifted to the shoulders of Aurobindo. The government was already apprehensive and began to seek an opportunity to remove him from the scene of action. Two prosecutions for sedition were launched, one against some articles in the "Yugantar" and another against articles in the "Bande Mataram" which had been

reproduced from "Yugantar". But the government was completely worsted in both their attempts. The authorship of the "Yugantar" articles were owned by the brother of Swami Vivekananda and he therefore was sentenced. Regarding those in the "Bande Mataram", the prosecution had no real evidence to prove Aurobindo's authorship. However, as soon as he learnt that he was going to be arrested, he went himself to the police station. But he was soon released on bail. When the case came up for hearing the Chief Presidency Magistrate, Mr. Kingsford, not only acquitted him but also declared that the general tone of "Bande Mataram" was not seditious!

The Bande Mataram case, however, did one signal service for the cause. Overnight, not only the journal but also its main inspiration and leader-writer was brought suddenly and very prominently before the public eye. The gifted writer and the dedicated soul behind the daily outpourings of the journal now became the idol of the nation. It was like the refulgent sun, so long hidden behind the clouds, bursting into full view. Aurobindo could no longer act from behind the scenes and his life for the next three years had to be lived in the full glare of publicity, however much his temperament was unsuited to it. As he once said, he only suffered publicity when it was necessary in the cause of Truth.

The government, no doubt, was very much discomfited by its failure to arrest Aurobindo on the charge of sedition. The fact of the matter was, that apart from the lack of evidence, Aurobindo's writing was at a very high level and always free from hatred or incitement to violence. His emphasis was on love for Mother India and the sacrifice of everything for her. He spoke in terms of a religion and a gospel and not in terms of ordinary political parlance. He pitted self-rule against foreign rule, however good the

latter might be. It was difficult, therefore, to find legal provision for silencing him. The "Statesman" once complained that the articles in "Bande Mataram" were legally unassailable though full of sedition! The same paper also paid a compliment to the cleverness of the writer and to his skill in the use of the English language. Though Aurobindo could not communicate his full spirit to his assistants, one Shyam Sunder Chakravarty had picked up his style marvellously well. It was sometimes difficult to discover the exact writer. The imitation was so perfect.

The Bande Mataram case definitely increased in a number of ways the responsibilities of Aurobindo. He had to resign his post at the National College in order to avert suspicion by the government. The mantle of leadership of the nationalist party now fell upon him openly and he had to devote further time to organising it, so that a definite victory should be scored in the forthcoming Surat Congress. So, action was no longer a matter of his choice. Round about this time, from October to the middle of December 1906, Aurobindo suffered a severe illness and stayed for some time in Deoghar and for some time at the house of his father-in-law in Serpentine Lane, Calcutta. The illness is described as being a very serious one. But he had hardly any rest or respite. Positive obligations of editing, conducting, and financing "Bande Mataram" were his, together with other duties of public speaking, attending public functions, leading the nationalist element, and so on. A letter to Mrinalini at this time is very revealing. He fondly complains of the burden that God has been pleased to heap upon his shoulders and at the same time he begs of her to send him her best wishes, so that, like a warrior-knight, he may venture forth with greater enthusiasm and with surer self-confidence.

He exhorts her to act as his Sahadharmini and his Shakti.

The immediate task before him in the latter part of 1907 was to organize the nationalist party in Bengal into securing victory at Surat. In fact, after Aurobindo's success at the provincial conference in Midnapore, where his party carried all resolutions by an overwhelming majority, Lokmanya Tilak wrote inviting him to go to Surat with a large number of members. Both political parties had decided to measure their strength there. The moderates had stalwarts like Pherozeshah Mehta, Gokhale and Rash Behari Ghosh. The extremists were led by Lokmanya Tilak. The former were struggling hard to keep Congress at a safe distance from all active and extremist agitation. Though extreme resolutions had been passed under pressure at Calcutta, there was no question of their implementation. The extremists considered it highly stultifying to see the only nationwide organisation, which had already been speaking for a quarter century in the name of the country, at this critical juncture sitting with folded hands while a challenge had been thrown by the imperial rulers.

The stage, therefore, was set for a struggle and the nationalists who were in the opposition had to prepare for a show-down. Before the beginning of the regular sessions, the nationalists met under the presidentship of Aurobindo and it was decided to force the issue by challenging the moderates in the question of electing a president and proposing an alternative name. The critical moment came and Lokmanya Tilak proposed the name of Lala Lajpat Rai in place of the moderates' nominee. Tilak was declared to have no right to propose an alternative name. He stood firm and adamant, however, insisting on his right to a hearing. A mild attempt on the part of the moderates was made to remove Tilak from

the platform and was a signal for general uproar. Shoes and chairs went into the air, swinging hither and thither, and the meeting broke up in confusion. Immediately afterwards the nationalists met in protest and pledged themselves to carry the new gospel to the people. Again Aurobindo presided and he called upon the young men assembled to take a vow to sacrifice their all for the mother country and never to rest till freedom was won.

The Surat Congress ended in a fiasco but made history. The result was that the moderates continued to possess the body of Congress while the spirit went out along with the extremists. For the next ten years, Indian nationalism flourished outside the precincts of the national organisation. When it returned to the charge in 1916, it completely routed the moderates, who later continued their existence outside the Congress as a small and not very influential coterie. They ceased to be a political force in the country.

Aurobindo's triumph was complete in the Surat imbroglio in so far as a rude shock had been administered to the complacent politicians and a new avenue opened before the younger spirits who were eager for a militant programme. He had a new responsibility also of propagating the nationalism for which he and his friends even thought it necessary to wreck the Congress session. Therefore, instead of returning straight to Calcutta, he responded to the call of a number of cities to address them, beginning with Baroda. He then visited Bombay, Poona, Nasik, and Amraoti. In all places he was received with great warmth and delivered lectures which proved to be stirring and inspiring.

Parallel with intense political activity but as a deeper undercurrent, Aurobindo again had some experiences of a spiritual nature, the full meaning and significance of which was deep and far-reaching. The Yogic Sadhana he had

begun in Baroda was continuous and his progress quite rapid in spite of external activity. He felt at that stage that he should consult an authority on Yoga. Therefore, while in Baroda, Lele was urgently invited to visit him. At a telegraphic call from Barindra, he came from Gwalior and in the last week of December 1907 had long consultations with Aurobindo. It was during these important talks that Lele measured the great strides that his friend had made and suggested that he should now concentrate on making his mind a complete blank—Nirvishaya—so that the Divine might enter and take possession. In this practice, the intrepid seeker succeeded and he later attained a stage when he could suspend the ego and all its multifarious trappings and deliver himself completely into the hands of the Spirit. Thenceforward, he was in a position to say that he was a puppet in the hands of his Maker and was himself but a Nimittamatra, a mere instrument. A letter to his wife at about this time, mentions that he was no longer his own master and in future would live and move according to the dictates of the Supreme.

Lele travelled with him to Bombay and to Poona and then returned to his own home. Aurobindo had now a certain equanimity and could establish peace within himself. The question now arose as to what he should do about delivery of his message and his mission on which he was so set. Lele solved this difficulty by suggesting that while he stood before an audience, he should suspend the process of conscious thought, close his eyes for a moment and then face the audience with folded hands. Lele assured him that the needed utterance would come without effort. It so happened in Bombay and the audience was held spell-bound. Aurobindo was never an eloquent orator as are so many demagogues. He spoke in simple slow

English. His words appeared to come directly from the heart rather than from the brain. The effect on the audience was tremendous. The stamp of sincerity was evident in every word and more than anything else the depth of feeling was so impressive.

Throughout his tour, he emphasised the gospel of nationalism, which to him was a religion. While speaking in Bombay, he said that nationalism was not a mere political programme. It was a religion that had come from God. It could not be crushed, it was immortal. He preached faith in God and in the mission of India. Service of the Mother, sacrifice for her, self-help and Swadeshi, these and the other eternal virtues of heroes and of men of God were the burden of his inspired song of patriotism. These sentiments coming from him as from a highly charged dynamo, thrilled his audiences and for the time being, they felt spiritually lifted and became conscious of something deeper in themselves. He was at once the seer and the prophet of nationalism in India, the preacher and poet of pure patriotism, the pioneer and the torch-bearer of the great army that was to lead a crusade against all that was gross and evil.

Aurobindo returned to Calcutta after his triumphant tour of the important cities and was again caught up in the whirl of constant activity. Now not only the youth of Bengal but of the whole of India looked to him for inspiration. In every mind that had an iota of idealism or a touch of spirituality, his message received a ready response and warm reception. While this was the case with the new militant and fast-spreading creed of nationalism after the Surat debacle, the government looked at the picture from quite a different angle. They thought the split in Congress an excellent opportunity for

suppressing the more aggressive elements in Indian politics and began their preparations to this end.

In the course of propagating the creed of nationalism and the elaboration of the programme of the fight for freedom, Aurobindo developed further his ideas. It is highly interesting to note how similar were his ideas to those of Mahatma Gandhi who later, in 1920, was to present to the country his complete and detailed technique of non-violent non-cooperation. His ground and approach, however, was slightly different. It has already been made clear that Aurobindo was not a pacifist in the Gandhian sense; but the study of the objective conditions of India and the reading of the mind of the people drove both him and Lokmanya to the same conclusions to which Gandhiji came in 1920. Both Tilak and Aurobindo, however, knew that there were some hot-heads preparing for a bloody revolution. Both felt that that was the logical result of the cult of severe repression. At the same time, both equally knew that that was not the way which would lead to national regeneration. They sympathised with the aspirations of the youths engaged in these activities but they were neither personally connected with any conspiracy nor were they in touch with organized programmes and activities. It is thought necessary to state this matter here clearly because at one stage or another the government sought to implicate them directly in violent conspiracies to overthrow the government.

It has already been indicated that the government had decided to take the path of repression. So much so, that Minto, who had succeeded Curzon and continued the policy of repression with a heavy hand, was addressed by Morley, then State Secretary, as follows: "I must confess to you that I am watching with the deepest concern and dismay the thundering sentences that are being passed for sedition,

etc. We must keep order, but excess of severity is not the path to order. On the contrary, it is the path to the bomb". It was exactly the same sentiment as that expressed in "Kesari", a Marathi weekly conducted by Tilak, in an article entitled "Bombehe Rahasya" (The Secret of the Bomb), which obtained for Tilak not only a prosecution but also jail for six years! This was subsequent to the bomb-throw by Khudiram at Muzaffarpur. Bureaucracy had decided to remove Tilak from the scene of action and the sedition case came as a handy excuse.

The same bureaucratic attitude was adopted throughout India. And Bengal happened to be a storm-centre since the partition of this province had set the country ablaze. It was not only agitators who were the targets but also editors, public men and students, and an atmosphere of suppressed fear, of terror and of uncertainty prevailed in almost all the important towns. Proceedings were taken against Bramhabandhava Upadhyaya, a noted Bengali journalist, but long before the trial he died in a hospital in Calcutta. A young boy of Muzaffarpur was ordered in court to be flogged ostensibly for having said Bande Mataram or for some other such technical offence. These two incidents seem to have incensed two youths who thought of murdering Mr. Kingsford, then the District Judge of Muzaffarpur.

The boys threw a bomb at the supposed carriage of Mr. Kingsford on the 10th of April 1908. It was a wholly misdirected bomb thrown by two utterly misled youths of Bengal. The victims proved to be a Mr. Pringle-Kennedy and his wife, who were wholly innocent of all politics. Shyam Sunder Chakravarty wrote editorially in the "Bande Mataram" that such an action had no sanction in Indian tradition or culture and that it was but a poor imitation of western anarchism. It was, he said, quite

foreign to the true and noble nationalism for which Bengal and India stood. But the government took quite a different view and made it a signal for letting loose the forces of ruthless repression and removing every one of worth from the political field.

The Muzaffarpur outrage was the first of its kind in the history of the struggle for freedom in India. Outside the small circle which might have organized it, none hailed or admired it. The reactions naturally varied in different quarters. The European community and the Anglo-Indian press took an alarmist view and called for severe suppression. The younger generation in India looked upon it as a deed of daring, irrespective of its merits or demerits, and was thrilled. The moderate element condemned the whole affair in no uncertain terms. The nationalists too openly repudiated it but did not question the motive and the sacrifice involved. They pointed out that this was a symptom of the mounting desperation of the country and that the government should take it as a warning and treat it not as a challenge but as a pointer to where their repressive policy was leading.

The police began investigations and a miniature bomb factory was soon discovered at Maniktolla. A number of people were arrested including Barindra, Aurobindo's brother, who was thought to be the brain behind the whole plot. Aurobindo was also suspected and arrested while in his bed at 5 a.m. on the 5th of May 1908. He was led away in ropes! The surreptitious and cruel manner of his arrest and the unseemly search that followed are the subject of a Bengali book "Kara-Kahini" by Aurobindo himself. The police, however, found nothing. He was then living with his wife Mrinalini and his sister Sarojini. Besides the two Ghose brothers, thirty-four others were

implicated. Then followed the long trial throughout the whole of the next year.

It can be said without exaggeration that Aurobindo's arrest created as much sensation as the bomb-throw itself. Universal resentment was felt and the fact that he was led to jail in ropes was condemned everywhere. The trial, known as the Maniktolla Bomb Case or the Alipore Case, was conducted within the precincts of the jail itself, and is probably one of the most famous political trials in Indian history. It was most significant, especially in one particular, which was that one of the accused was Aurobindo, the saintly patriot. Throughout the trial he was nonchalant and hardly followed the proceedings. He was busy with what he called "his own work", and on the promptings of his inner voice, entrusted the case entirely to Chittaranjan Das, a young and rising advocate who later led Bengal for many years with great distinction and success.

While the case dragged on supreme efforts were made by the prosecution to implicate Aurobindo and secure a conviction against him. No less a legal luminary than Eardley Norton was engaged by them. But all was to no avail and Aurobindo emerged triumphant, innocent, and unscathed. The able and prophetic advocacy of Chittaranjan raised the trial almost to an epic level. His famous final appeal to the court still rings in the ear because it has proved to be true to the letter. He said to Mr. Beachcroft, who was the judge in the case, "My appeal to you is this, that long after the controversy will be hushed in silence, long after this turmoil and the agitation will have ceased, long after he is dead and gone, he will be looked upon as the poet of patriotism, as the prophet of nationalism and the lover of humanity. Long after he is dead and gone, his words will be echoed and re-echoed, not only in India

but across distant seas and lands. Therefore, I say that the man in his position is not only standing before the bar of this court, but before the bar of the High Court of History". The assessors in the case declared Aurobindo to be "not guilty" on the 13th of April, 1909. About three weeks later, the judge acquitted him but sentenced most of the other accused to various terms of imprisonment.

No doubt, by reason of its being the first bomb conspiracy case, it has a sufficiently important place in our history. But more than the trial and his subsequent dramatic acquittal, the most significant event during Aurobindo's stay in jail was his reaching the acme of spiritual endeavour. It was his most valuable achievement during the period. For long, he had been denied any rest, any seclusion, any relief from the constant strain of public life. He felt that he wanted it badly and yet he saw no way of getting it. Here an opportunity offered itself. He called it his "Ashramvas". It led him through intense Sadhana to the very summit of God-consciousness. He saw the mystic vision of Shri Krishna everywhere and experienced the charms of ineffable unitive life. For him, the jail, the jailor, the police, the court, the accuser, the judge, all were transformed and became but the manifestations of one Vasudeo "Vasudevah Sarvam". If only a year ago, he had realized that he was but an instrument of God, he now saw vividly nothing but God all round him. Throughout his jail-life, the Gita and its full message had sunk into every nook and cranny of his consciousness and he emerged a fully fledged God-inspired man of vision who had seen God face to face and had felt his immanence in every atom of the universe.

He made no secret of his great experience and his Uttarpara speech of 30th May, in 1909, delivered after his acquittal, is full of the vision he had had and the

realization he had made. Many papers, especially "The Indian Social Reformer" edited by Kamakshi Natarajan, and "Bengalee" edited by Surendranath, criticized and ridiculed the religious slant in Aurobindo. But he cared not for their opinion. It was no longer with him a matter of intellectual conviction or of blind faith but he had had a vivid and vital experience of a Spiritual Presence filling the universe and all else being but His manifestation. This experience thus set the seal for the time being on his Sadhana. But he had yet to go through another lap of public activity before retiring to Pondicherry, his final Ashram, where he would attain still higher spiritual summits and preach his unique gospel.

Aurobindo emerged from Alipore a changed man and stepped into a changed India. Jail had not only given him a vision of God but had also transformed him from a flaming agitator into a mature and serene political philosopher. He saw that the steam roller of repression had silenced many a voice and stopped many a pen and sent all the topmost agitators to jail. In his Uttarpara speech he made a feeling reference to Tilak: "... I find all changed. One who always sat by my side and was associated in my work is a prisoner in Burma". He realized also that the enthusiasm once manifested through the million-throated shouts of Bande Mataram had become a sullen but ominous silence. And yet he carried on with his work as he saw the hand of God even in repression. "Without suffering there can be no growth", he said. He proceeded with indomitable faith in the future.

It was unfortunate but "Bande Mataram" ceased publication during his incarceration. Now, however, he decided to launch a new organ for a fresh and deeper gospel. He published "Karmayogin", a weekly in English, and "Dharma", a weekly in Bengali. He now transcended the

political platform, although his politics had never been mere politics. He thought that all life was "Karmayoga", if lived in the true spirit of the Gita, and all life was "Dharma", true religion, if dedicated to winning Him through constant Sadhana. He had, however, to deal with politics and political problems and even with political controversies in the columns of his new journals. This was inevitable since he continued to champion, and now practically alone the nationalism which he had been so instrumental in building up and in popularizing. But his stress was now more and more on the spiritual approach and the higher attitude, even in looking at mundane and day-to-day affairs.

He spent about ten months more in the field before retiring for good from active life, to the great resting place where he continued for forty uninterrupted years his life-long Sadhana. But those few months were full of activity, and brilliant contributions were made to constructive political thought, to Indian culture, to the gospel of nationalism, and above all to the spiritual way of life, which he emphasised as peculiarly Indian. Among other greater things, his writings sought to resuscitate the flagging political zeal, to defend the nationalist standpoint and to fill the people with faith and hope in the future of India. But he did not see much immediate hope of reviving the old enthusiasm. In the meanwhile, the Morley-Minto reforms and their acceptance by the moderate school of thinkers further demoralized the political atmosphere.

Next to spiritual and vigorous cultural ideas, the most valuable legacy given by Aurobindo through the columns of "Karmayogin" were his political policies and programmes as well as his ideas about constructive nationalism. When he came out of jail, he was practically alone in giving authoritative expression to extremist views

and in giving a lead to the country in these matters. Most others of his stature had been either deported or were behind bars. He bore the brunt of criticism by Anglo-Indian as well as moderate papers and in clear ringing tones and single-handed, continued to plan the path for the nationalists. It was another matter that there was not sufficient stamina left in the people at that time. That forced Aurobindo to feel that the fight must be carried on in other times and by other leaders.

When challenged by one of the speeches of Shri G. K. Gokhale regarding the peaceful intentions of the nationalists, Aurobindo retaliated in one of his speeches with a masterly statement. He said, ".... We have told the people that there is a peaceful means of achieving independence in whatever form we aspire to it. We have said that by self-help, by passive resistance, we can achieve it Passive resistance means two things. It means first that in certain matters we shall not co-operate with the government of this country until it gives us what we consider our rights. Secondly, if we are persecuted, if the plough of repression is passed over us, we shall meet it, not by violence, but by suffering, by passive resistance, by lawful means. We have not said to our young men, 'when you are repressed, retaliate'; we have said, 'suffer, We are showing the people of this country, in passive resistance, the only way in which they can satisfy their legitimate aspiration without breaking the law and without resorting to violence.'" This might well have been drafted by Gandhiji himself! In an open letter to his countrymen dated July 1909, he outlined a six-point programme which included self-help, peaceful passive resistance, non-cooperation with the government till control had been transferred, Swadeshi and effective boycott.

His series of articles, on the "Brain of India", were calculated to be essays on education, and are in vigorous defence of the principles of education followed by ancient India. In them he asks what the secret was, of the grand structure of culture and civilization that India raised to heights, almost unapproached by any other country. Not merely in religion and philosophy, not merely in the world of ideas, of thought and of logic, but also in the practical fields of politics and administration, of industry and economics, of arts and sciences, of social organisation and happy living, India had progressed vastly and continuously for century upon century. What, he asked, was the vitality due to? Whence came this vigorous variety of forms in which individual and social life in India manifested itself? After a few years, he developed this theme more elaborately and to its full in a series of articles published in "Arya" known as "the defence of Indian culture". They were in reply to William Archer's superficial attack on the cultural ideals and achievements of India. But here Aurobindo's limited aim was to discover the tap-root of all creative life and he pointed out that Brahmacharya and spiritual Sadhana of the highest type along the path of Yoga were the foundations of India's educational system. He pleaded for the application of the same principles to modern life and education in a modified and suitable form. He did not mean mechanical revival but recapture of the ancient spirit with a view to utilizing it in new terms and according to modern conditions. He believed first and foremost in the Spirit, but at the same time affirmed its manifestation in matter. The whole universe was all one movement of the Divine. It was in the light of that realization that he aimed at reconstructing the whole of life. "It is the Spirit alone

that saves", he declared in the "Karmayogin", "and only by becoming great and free in heart, can we become socially and politically great and free". His nationalism also aimed at a fuller and wider life in the human family when once India had regained her lost soul. The individual was never lost in the family, nor the family in the country. They found themselves in wider circles and expressed themselves better, if only they had a life of their own and self-respect.

Thus he hammered on eternal themes as well as on topical and political matters. But whatever he dealt with, his deep vision, his insight into the heart of things, his clarity of ideas was transparent. His masterly English phrase, often forceful and sometimes poetic, never forsook him, whatever the subject. His other activities continued. At the Hooghly political conference in September 1909, he carried the members with him in the matter of the nationalist resolutions. But all the time, he inwardly felt the call for seclusion. The call to attend to the higher regions of his consciousness was imperative. He was fully assured of the political destiny of India, and felt that he could now cease to lead the movement. He knew that other times and other leaders would bring about its consummation. It was this urge and realization that ultimately led him out of the political field and into those ethereal regions, where one has to battle with far subtler forces to win greater triumphs, of a kind known and experienced only by spirits, comparatively free from attachment to the lower planes of consciousness.

Meanwhile, in July 1909, there were reliable intimations from Sister Nivedita that Aurobindo would again be arrested and this time his prize would be deportation. She had her own sources of knowledge. But these things never

worried Aurobindo and with all the experience of his many prosecutions, he knew that he lived a charmed life and the net of bureaucracy was not capable of holding him. One thing was obvious however, he could not stay in India and yet be out of and free from politics.

It was at this juncture that an open letter to his countrymen was published which he considered to be his last political will and testament. This effectively changed the intentions of the government. In it he exhorted nationalists not to be unnerved by the coming or going of leaders. He said, "all great movements wait for the God-sent leader, the willing channel of His force, and only when he comes, move forward triumphantly to their fulfilment Therefore the nationalist party, the custodians of the future, must wait for the man who is to come". This appeared to be the end of his agitation, but for months afterwards, until as late as February 1910, he continued his work unabated. Finally the decision was taken out of his hands. The inner call was urgent and he left for Chandranagore in French territory. He stayed there in seclusion for about a month and a half and silently pursued his Sadhana of Yoga. He did not find the place very convenient however and on the 4th of April 1910, went by "Dupleix" to Pondicherry.

A very petty-minded allegation was made by the authorities that Aurobindo left Indian territory to avoid arrest. Aurobindo issued a statement in the "Madras Times" that he had retired to Pondicherry in response to a call for the pursuit of higher Yoga and that the warrant which he was alleged to have tried to avoid was actually issued after he reached Pondicherry! Moreover, when the government pursued the matter by prosecuting the printer of the "open letter", which was responsible for the warrent issued for Aurobindo's arrest, the result vindi-

cated Aurobindo. It is true, the printer was convicted in the lower court but Justice Woodroffe and Justice Fletcher of the High Court acquitted him and declared that "the open letter" was not at all seditious!

CHAPTER VI

TO PONDICHERRY AND—

IN this chapter I shall detail some of the more important facts and events during Aurobindo's stay in Pondicherry. An account of his Sadhana is reserved for a subsequent chapter.

After hectic activity for about ten months, Aurobindo moved to a permanent resting place at Pondicherry. It proved to be at once a sanctuary, and an Ashram for his unique Sadhana and exceptional Siddhi. It became a centre from which radiated the new gospel of Integral Yoga as well as a home for those who sought real life and light. It became a place of pilgrimage for the numerous men and women who were attracted by his great teaching. Finally, it developed into a Yoga-bhoomi (a place for Yoga practices) for hundreds of intense Sadhaks and into a laboratory for building a new humanity on fresh foundations. It is now also a temple where the sacred remains of the Master rest, after his great soul has chosen to depart from its mortal coil to find a pivotal point in the Infinite.

For forty long years Aurobindo lived in this French-Indian seaside town. But can we really say that he actually spent those years in that town or in that house or in those houses? It might well be that his body was there the whole time. But his consciousness was an unrestrained and yet purposeful wanderer in the realms of the spirit

exploring new regions and hewing fresh paths. In fact, he lived mostly in the inner world, probing into its innumerable mysteries taking measure of the depths of consciousness. This was the world of which he was most conscious and about which he was most inquisitive. All else for him was outer trappings, mere names and forms, mere manifestations. What mattered to him was the essence, the spirit, the ground, that which, without "itself changing was the cause of this eternally changing world". No doubt, at the beginning of his career other things had absorbed him. But the inner promptings and the decisive urges of his heart were always there, and ultimately drove him to the exclusive domain of the spirit, which claimed him as if he were its permanent denizen. It welcomed him as a prodigal son. Many attempts were made to tempt him back to the world, especially to the field of politics. Great need was often felt for a leader of his calibre. Lala Lajpat Rai was one to invite him. In 1920 Joseph Baptista offered him the editorial chair of a new nationalistic journal to be published in Bombay. Chittaranjan again tried to persuade him to return in 1922, but Aurobindo told him that he was after a higher reality and that if he should return, it would be after attaining a new poise which would help to give a fresh orientation to everything. Bengal asked him to return after Chittaranjan's passing when there was a vacuum. Rabin-dra, who had warmly greeted him in 1908, now in 1928 personally told him that everyone was waiting on his word. He had but to say it and all would follow. The Mahatma also made an attempt to recall him by sending as a special messenger his son Devdas. The Congress Gadi was ready for him. But nothing could lure him back. The work that he was absorbed in was so intense, of such universal application, so integral, and so important from his point of view

that he thought fit to ignore the highest importunities and to continue along the course he had adopted. Judging from where we are today, we cannot say but that India and the world are by far richer for his continuance in the great Sadhana. Although apparently inactive, these forty years in Pondicherry were intensely and inwardly active. The full history of them can now never be written. But they represented one continuous, great and epic struggle against all the anti-evolutionary forces of life. It was as a result of this strenuous struggle that Aurobindo evolved the philosophy of the Life Divine, discovered the unique path of integral Yoga, and laid the foundations for a human life on a higher plane, at once subtler, purer, nobler, and intrinsically harmonious.

It is now well-known that very peculiar circumstances attended Aurobindo's departure first for Chandranagore and later for Pondicherry. In Calcutta there was a constant watch on him, his haunts and his movements. He usually spent the evenings in the offices of "Karmayogin" and "Dharma" which were situated at No. 4, Shyamapukur Lane. Sometimes he indulged there in his favourite hobby which was to use the planchette. Though it was more with a view to studying its working than with a view to seeing what the auto-writing was. He already had strong promptings, in the midst of all his work, to leave his journalistic and other activities in favour of higher Yoga.

One day in February 1910, when in his office, Ramachandra Muzumdar, an employee, suddenly brought word to him that the office was going to be raided and himself arrested. Such rumours were neither new nor extraordinary. Although it was known that there was no warrant against Aurobindo, somehow on that day, he heard an urgent "voice" which told him to go to Chandranagore. Within ten minutes, Aurobindo and two of his

companions were on a boat and on their way. They reached Chandranagore on the next day! Before leaving, the only arrangement he made was to send a note to Nivedita asking her to edit "Karmayogin". This she did in his absence. Aurobindo's detachment was so complete that once he had left Calcutta, he did not write a single line for the paper.

Motilal Roy made the arrangements for his secret stay in Chandranagore. He was there for about a month and a half and went into deep Sadhana.

It should be noted here that during these days, except for two or three persons, none, not even members of the government, knew the whereabouts of Aurobindo. He saw no one. He had only one servant who carried food to him. During this stay the plan of the Pravartak Sangh was made and till 1920 it continued under the direct management of Roy, with the general approval of Aurobindo. But in that year, differences in ideology arose. The Sangh thenceforward continued under Roy's exclusive leadership.

At the end of March, Aurobindo received a call to proceed to Pondicherry. Soon arrangements were made for his departure. He had to take the steamer from Calcutta and did so under an assumed name, Jyotindranath Mitra. A number of difficulties arose and at one time, delay seemed inevitable. But ultimately he reached Pondicherry at the beginning of April. All along, his attitude had been one of supreme indifference. His companions realized that there was no sign of care or anxiety about him. "He was quite firm, unmoved and steady. He sat almost like a statue, as if in meditation". Nagen Guharay writes, "I had heard of him no doubt. But here I could see him without the least care or anxiety. He was free from fear. He was wholly detached".

In Pondicherry, there were already a few self-exiles from the South, notably the Tamil poet Subrahmanya Bharati, Shrinivasachari, and Krishnamachari. A Tamil weekly "India" was being conducted from there. At first the exiles did not believe Motilal Roy's messenger when he told them that Aurobindo was on his way there. They feared that it might be police trickery and therefore did not take the message seriously. Ultimately however, as an emergency measure, it was arranged that Aurobindo should stay at Shankar Chetty's house in Komti Street. Bharati and others received him at the port on the 4th of April 1910. He was taken to and lived in Chetty's house till October. Vivekananda previously had been the guest of this gentleman in the same house.

As before, the move to Pondicherry was kept a guarded secret. In the beginning, Poet Bharati and others requested Aurobindo to join in with the political work they were doing. But he was then completely absorbed in Yoga and so begged to be excused. He would not see anybody without there being some important cause. He lived on the first floor and came down but once a day for his bath. He had three companions Moni, Bejoy and Sourin. Nolini joined them next year. They all worked for him.

Comparatively he lived a very hard life. All except Aurobindo slept on the ground. One of the companions would prepare tea for him twice a day, once in the morning and once in the afternoon. The host was a vegetarian and supplied at noon a simple lunch consisting of rice, vegetables, rasam (tamarind soup), and sambhar (dal-curry). In the evenings, a cup of kheer or payas (milk pudding) was taken by Aurobindo. Without offending the religious sentiments of the household, his companions sometimes feasted Aurobindo on an egg preparation.

In October, Aurobindo moved to another of Shankar Chetty's houses in the south of the town. There he paid rent till about April 1911. The self-help arrangement of cooking in turn, continued. They could now partake of meat and fish. There was hardly any furniture, a camp-cot, two chairs and a table. A servant was engaged only after "Arya" was started in 1914!

During the year, Paul Richard visited Pondicherry for the first time in connection with his election to the Chamber of Deputies. In this however, he failed. He met Aurobindo and for two days spent several hours with him. His first impression was, that Aurobindo was as an elder brother and a man of vast intelligence. In 1918 he hailed Aurobindo as the coming leader of Asia in his book "Dawn over Asia".

An interesting point is that Mira Richard, a Sadhika from a very early age, sent via Paul Richard a few queries regarding Yoga. One of them enquired the significance of the vision of a lotus. Aurobindo told Paul that it was the symbol of the awakening of the inner consciousness and was usually seen when the mind was on a subtler plane.

It may be noted here that it was on the 29th of March 1914 that Mira met and spoke with Aurobindo at Pondicherry for the first time. She entered in her diary on the following day as follows:— "He whom we saw yesterday is on earth; his presence is enough to prove that a day will come when darkness shall be transformed into light, when Thy reign shall be indeed established on earth".

The visit in the same year of K. V. Rangaswami, zamindar of Kodiyaram near Trichonopoly, is another event worth mentioning. He came to seek Aurobindo because his family Gurn, Yogi Nagai Japta, had predicted the coming of a Mahayogi from the north and had advised

him to seek his spiritual guidance. When on the eve of his passing he was asked how the Mahayogi was to be recognised, he said that he would come south to escape some difficulties and that three of his characteristics would already have been advertised. This description fitted Aurobindo. The three characteristics were those which he had already mentioned in his August letter to Mrinalini and which had been published. Rangaswami saw Aurobindo occasionally. It is known that he offered some financial help. As a result of their relationship, a book was published by Rangaswami at his own cost called "Yogic Sadhana", which had been dictated when the planchette was invoked. The author's note is signed "Uttar Yogi" and was written by Aurobindo himself but as he had not written the book, its publication was discontinued after 1927.

Nothing of great importance happened till the publication of the "Arya" on fifteenth August, 1914. But some facts are worth noting. He continued his Sadhana and seldom went out of the house. It was a great event for instance, when he went to the house of Shrinivasachari for the marriage of his daughter.

Financial difficulties continued. Houses had to be continually changed. It was only, after starting the "Arya" that he was able to continue his stay in one house which he did from 1914 to 1922. He could just spare about ten rupees per month for books. Meat and fish was not taken for days together. Publication of his books was made by the Pravartak Sangh. But there was not much sale in the beginning.

There were two events during this period which go to show that the police of the British government were still after the blood of Aurobindo. One was a house search. An agent provocateur had falsely written to the police

regarding revolutionary literature which he claimed was being produced and stored by Shrinivasachari, V. V. S. Iyer and others. It was also suspected that there was contact with the exiles and revolutionaries who were abroad such as Shyamji Krishnavarma and Madame Cama. A French Police officer searched Aurobindo's house. He found nothing incriminating. To his astonishment, he found Greek and Latin manuscripts written by Aurobindo. This filled the officer with admiration for Aurobindo and he became his friend!

Another attempt to find some evidence against Aurobindo was made when one Beerendra Roy, a spy of the British government obtained entry into the house as a domestic servant to a T.B. patient who had come to seek help from Aurobindo. After months of stay, the spy confessed his business to Aurobindo and afterwards ran away. He solemnly declared however, that he had not made reports against either Aurobindo or anybody else in the party.

The year 1914 was very important since it was then that Mira and Paul Richard made a lengthy stay in Pondicherry which gave time for their friendship to progress. On 29th March Mira had a long talk with Aurobindo. Paul proposed that they should start a monthly philosophical review and the "Arya" resulted. The Richards agreed to bear all initial expenses. The paper started with a subscribers' list of two hundred and later became self-supporting.

During this same year, Mother (Mira Richard) visited Aurobindo in the afternoons and sometimes took coconut sweets for him. She would prepare cocoa for him and Richard would also be there to share with all. Every Sunday Aurobindo and his house party dined with the Richards.

It was also in 1914 that Aurobindo translated into English "Sagar Sangeet", Bengali songs by Chittaranjan Das. Unasked, Das paid one thousand rupees for the work.

Aurobindo read his papers at about 9 a.m. in the morning and saw visitors between ten and eleven a.m. Lunch was served between 12 and 12-30 p.m. In the evenings, it became usual for the poet Bharati, Shrinivasachari and others to call for conversation. This means that the rule of strict seclusion to which Aurobindo had resorted during earlier years had now slackened. On some important occasions he visited the homes of friends and important Frenchmen, such as the Mayor of the city. He opened the "Aryan Stores", which was financially supported by the Richards.

Though Aurobindo's financial situation had eased since 1914, it cannot be said that there was much added comfort to his way of life. For about six years he lived in a house which did not boast of a bath; all bathed under the only running tap.

In February 1915, a call for Paul to render military service came from the French government. Mira went away with him. They were not to return to Pondicherry until April, 1920.

The year 1920 was another very important one since it brought Barindra's release, the Richards returned to Pondicherry and an offer to Aurobindo by Joseph Baptista to edit a new nationalist paper. The now famous replies to Barindra's and Baptista's letters written by Aurobindo explain his position very lucidly. The coming of Mother brought about a thorough overhaul of the household arrangements. She returned on April 24th, 1920, and began to wear the sari, in Indian fashion, from June.

Generally things brightened after Mother's arrival at

Aurobindo's residence in Pondicherry. Food arrangements improved. A bath was provided on the upper storey for Aurobindo. The Ashram did not properly start till 1926, but the number of visitors and other activities now began to increase.

Barindra came to see Aurobindo in 1921 and they decided to start a spiritual centre in Bhowanipur in Calcutta. It was opened, but unfortunately did not continue for long. William Pearson from Santiniketan, James Cousins, Sarala Chodhurani, Dr. Munje, Avinash Bhattacharya of "Bande Mataram" days, Colonel Josiah Wedgwood of the British Parliament, were some of the prominent people to visit Aurobindo in the course of 1920-21. His sister Sarojini went to him in 1921. As some financial help, he gave to her the publication rights of "War and Self-determination". Sadhaks now began to come and stay round about in independent houses.

The simple daily routine of Aurobindo at that time was to take two cups of tea at 7 a.m. and three slices of bread and butter. He lunched at 11-30 after his bath—Aurobindo was always the last to bathe. Afternoon tea was taken at 3-30 p.m. and dinner served at 9-30 p.m.

The several people to stay with Aurobindo about July 1920 included Barindra, Mother, Rishikesh Kanjilal, Rameshwar De, Natwardas, Amrita and Miss Hudson. Nalini, Indulekha and Moni came back from Bengal in August.

As the number of inmates increased, the question of food and taste became more and more complicated. Aurobindo on one occasion said to a Sadhak, "One should not insist on a particular kind of food of a particular taste. There is no substance in such insistence. You have a body and you have to maintain it in good condition. Inferior types of food weaken and spoil the body. Therefore good

food should be eaten. Good food means good for the body, not that which is good for taste."

He considered that oil, soap and other such things were necessities but tobacco was not.

Amarendra Chatterji, an associate of the revolutionary days, had taken Sanyas and was now Kevalanand. He was working with groups in Tanjore and other places. Aurobindo had received reports that some people were preaching his philosophy in those parts. One day this Sanyasi whose name in the old days was "Gabriel" presented himself and his troupe. Aurobindo recognised him immediately and he stayed for some time. He was advised not to continue revolutionary activities.

At this time, arrangements were made with the Pravartak Sangh of Chandranagore and Arya Publishing House, Calcutta for the publication of Aurobindo's books.

K. G. Deshpande, Aurobindo's Cambridge friend, who was now in charge of the Andheri Ashram started in the non-cooperation days, also came to visit Aurobindo.

When C. R. Das started the Swaraj Party in 1923 he asked for Aurobindo's blessing, which was given. He then had some idea of exclusively devoting himself to Sadhana, but Aurobindo dissuaded him from doing so and asked him not to leave the political field.

In 1922 Mother took entire charge of Aurobindo's household and very systematically organised it. After 1926 when Aurobindo had entirely retired from the world, she re-organised it on an Ashram basis. That continues even today.

Lala Lajpat Rai with Purushottam Das Tandon visited Pondicherry in 1925 and had long talks with Aurobindo.

Very few details are available from 1926 onwards except that we know in 1938 his knee was suddenly flexed and he was ill for a long time. The foregoing events



‘The young scholar’



Aurobindo in Calcutta



In a contemplative mood



Mellow with age

have been included to give the reader some general idea of the happenings through this period rather than to try to give a day-to-day diary.

Two of the important persons who saw Aurobindo during 1924 were Dilip and Kapali Shastri. Both have since played very significant roles. Kapali Shastri, who is now a profound Sanskrit scholar, records a very lovely shine on the skin of Aurobindo. He attributes it to Yogic Sadhana.

The day of Siddhi, the 24th of November 1926, at last arrived. There were twenty-four Sadhaks present and their names are given on page 97 of "Dakshina" dated November 1951.

From this day Aurobindo retired into complete seclusion and for years continued his outside contacts through the Mother. She took charge of the whole Ashram then and has never ceased to conduct it.

I should here revert to the "Arya" and note a few details as this was his most important work during 1914-20.

The paper certainly contained contributions from Paul and Mira Richard as well as others. But the whole soul and spirit of the journal was in the weighty contributions from the pen of Aurobindo. He started a series of sequences, namely, Essays on the Gita, Life Divine, Synthesis of Yoga, The Secret of the Veda, The Ideal of Human Unity, A Defence of Indian Culture, The Psychology of Social Development, and so on. Thus every month readers were allowed an insight into the fully-fledged and mature mind of Aurobindo. The articles treated subjects of philosophy, religion, ethics, sociology, art, culture, literature, and so forth. Some have now been revised, edited and published in book-form. Some of them undoubtedly are permanent contributions to world-thought, in addition

as the day of the Declaration of India's Independence ("Mother India," Feb. 1952, P. 7.) :—

"On this day I can watch almost all the world-movements which I hoped to see fulfilled in my lifetime, though then they looked like impracticable dreams, arriving at fruition or on their way to achievement....

"The first of these dreams was a revolutionary movement which would create a free and united India....

"Another dream was for the resurgence and liberation of the peoples of Asia and her return to her great role in the progress of human civilization."

"The third dream was a world-union forming the outer basis of a fairer, brighter and nobler life for all mankind. That unification of the human world is under way; there is an imperfect initiation organised but struggling against tremendous difficulties. But the momentum is there and it must inevitably increase and conquer....

"A catastrophe may intervene and interrupt or destroy what is being done, but even then the final result is sure. For unification is a necessity of Nature, an inevitable movement. Its necessity for nations is also clear, for without it the freedom of the small nations may be at any moment in peril and the life even of the large and powerful nations insecure. The unification is therefore in the interests of all, and only human imbecility and stupid selfishness can prevent it; but these cannot stand for ever against the necessity of Nature and the Divine will. But an outward basis is not enough; there must grow up an international spirit and outlook, international forms and institutions must appear, perhaps such developments as dual or multilateral citizenship, willed interchange or voluntary fusion of cultures. Nationalism will have fulfilled itself and lost its militancy and would

no longer find these things incompatible with self-preservation and the integrality of its outlook. A new spirit of oneness will take hold of the human race.

“Another dream, the spiritual gift of India to the world, has already begun. India’s spirituality is entering Europe and America in an ever increasing measure. That movement will grow; amid the disasters of the time, more and more eyes are turning towards her with hope and there is even an increasing resort not only to her teachings but to her psychic and spiritual practice.

“The final dream was a step in evolution which would raise man to a higher and larger consciousness and begin the solution of the problems which have perplexed and vexed him since he first began to think and to dream of individual perfection and a perfect society. This is still a personal hope and an idea, an ideal which has begun to take hold both in India and in the West on forward-looking minds. The difficulties in the way are more formidable than in any other field of endeavour, but difficulties were made to be overcome and if the Supreme Will is there, they will be overcome. Here too, if this evolution is to take place, since it must proceed through a growth of the spirit and the inner consciousness, the initiative can come from India and, although the scope must be universal, the central movement may be hers.

“Such is the content which I put into this date of India’s liberation; whether or how far this hope will be justified depends upon the new and free India.”

While Aurobindo’s activities in the higher regions continued, his body unfortunately became a victim to kidney trouble. He resisted the attack and kept it in check for a long time. But eventually, for reasons known only to himself, he surrendered his body and passed into

regions unknown and unfathomed on the 5th December, 1950.

Some might imagine that when in 1910 Aurobindo left the active field of politics, he shut himself up in an ivory tower and spun thoughts in a world of unreality and of the imagination. But quite the contrary was the case. He was extremely alive to what was going on and alert to the very tips of his fingers. To a certain extent he was in an advantageous position in that he could pool his experiences and observations on life in a cool and detached manner and base a philosophy of action on them, away from the passions and prejudices of the times. His writings, especially on art, literature, poetry, and culture, reveal the wide grasp he had, on movements not only in India but in the whole world. He was up-to-date in his knowledge of scientific development and his perspective was ever universal and embraced the whole of humanity. The more he sought seclusion and physical isolation, the more subtle and sensitive he became in his consciousness. Thus spirit and matter, east and west, idealism and realism, idea and action, were equally and simultaneously present to him when he dealt with any problem of life. It was this approach and attitude that led him to an integral view and to a synthesised solution. He thought and lived and wrote and carried on Sadhana for the whole of humanity and warned everyone to be prepared for the next step in evolution which was imminent. That next step, he visualized, was as great a leap above and beyond humanity as humanity itself was above and beyond the ape-life. His clarion call was not only for the divinization of oneself but for the divine to be brought into humanity, so that it might be raised to a higher level and a subtler and purer consciousness.

CHAPTER VII

SPIRITUAL BACKGROUND

I HAVE taken the reader so far through some of the important biographical details of the remarkable life of Aurobindo. The rest of the book will be devoted to the main features of his unique Sadhana, Siddhi, and teaching.

Aurobindo's achievements in varied fields of activity, literature, scholarship, journalism, politics, his contribution to the criticism of art and culture, his unique and powerful advocacy of nationalism, are each of them monumenal. Each by itself would live in history. Each achievement would normally require a whole lifetime of strenuous endeavour, even on the part of a gifted individual. But these apart, far greater, much more significant, still more abiding are the contributions that he made in the field of spiritual Sadhana, Siddhi, and profound philosophy. With the daring of an adventurous spirit, like a great pioneer, he has broken new ground. He has raised hopes high and shown to humanity the way to transcend itself and transform its future. He has cleared the ground for fresh effort and inspired new faith. In this field Aurobindo especially excelled himself. He worked as the spearhead of the human evolutionary urge and laid humanity under permanent obligation to him.

India happens to be old and experienced in spirituality. Her best minds have been those that delved into the depths of human consciousness in an attempt to reach the very end of the eternal quest. But even so Aurobindo has opened new horizons, "fresh fields and pastures new", by fixing far higher targets for us, other than the familiar ones of individual salvation, merger in the Infinite, detached action, and so on. It is proper,

therefore, to deal with the background of his huge effort before going on to the subject itself.

While the significance of Aurobindo's Sadhana and Siddhi is high, it is still extremely difficult to write fully or adequately about it, since it has never been, as he has himself remarked, "on the surface". It is comparatively easy to write a biography based on known facts. But it is an extremely difficult task to venture to write about Aurobindo's Sadhana. And yet an effort has to be made to this end since it is his Sadhana which is of the utmost importance, interest, and value to us all and since there is now no possibility of his giving us an inner picture and history of his spiritual development. What is written here is obviously inadequate and incomplete and might possibly be also inaccurate in parts. But even so, an attempt to study the spiritual endeavour of one of the most phenomenal minds of modern times should be made.

If Aurobindo's Sadhana had been carried on in the ordinary way and in the orthodox style, we need not have given so much attention to it. Nor would it then have required any special treatment or mention. But that is not the case. As with the Sadhana carried on by Shri Ramakrishna, so Aurobindo's Sadhana also had some peculiar features about it. They need a special study. If a complete one could be made available, it would be a contribution to the history of spiritual Sadhana generally. It is possible that peoples' opinions will differ. It is also possible that this study will commend itself to some and not to others. But that apart, the fact remains that there are special features which are worth noting and studying. It will be proper and more convenient to summarize these special features at the end. In the meanwhile, let us try to appreciate and understand Indian

spirituality, which is spoken of so much, and the meaning of spiritual Sadhana.

That India has been traditionally rich in spirituality is well known. It is natural, therefore, that her religion and culture should draw their inspiration from it. But what is significant is that all her activities, including political and economic, are sought to be based on a belief in the immanent existence of the Spirit. Her philosophy has never been an intellectual effort so much as a rationalisation of the intuitive spiritual experience of her great souls. This has sometimes misled western writers into even saying that in the modern western sense India has no philosophy. This however, is already yielding place to a real recognition of the important position that intuition holds in all philosophy.

Since spirituality has been the real and operative undercurrent in Indian life, it is but logical that the Indian renaissance that burst on her in the latter half of the nineteenth century should have been essentially spiritual in nature. The long line of stalwarts who were pioneers in this renaissance were highly spiritual in their outlook and attitude towards life. From Raja Ram Mohan Roy to Aurobindo, every one of them had a predominantly spiritual background which showed itself prominently, whatever the particular field in which each of them worked. Aurobindo once definitely declared, "my province is spiritual truth". Nothing mattered to him so much as spirituality.

The fact of Indian spirituality is not something which is known only to Indians. Shrewd and well-known foreign writers and observers have often referred to this matter and endorsed this fact. Some of them have not understood it fully and have expressed some wonder at it, but all recognised that there was something very striking which

was not to be found anywhere else. Lowes Dickinson, for instance, in this connection has remarked that he came against something utterly alien in India, which he did not find even in either China or Japan.

In a letter written to Dilip on 6th January 1932 about the highly spiritual connotation of words in Sanskrit and other Indian languages, the great poet A.E. (George Russel) wrote, "English is a great language, but it has very few words relating to spiritual ideas I am sure the languages which the Hindus speak today must be richer in words fitted for spiritual expression than English, in which there are few luminous words that can be used when there is a spiritual emotion to be expressed....".

Vincent Sheen in his famous book on Gandhi, "Lead Kindly Light", makes the following observations when writing about spirituality and its awareness by the masses of India: "What is distinctive in the broad mass of the Hindu people, as compared to all other great divisions of humanity, is the unquestioning (and largely unthinking) acceptance of transcendental reality in the common consciousness. The Hindu is perhaps born co-conscious with his contemporaries; it sometimes seems as if this may be so; but whether it is or not, he acquires the common consciousness with the growth of his mind and body, so that long before he has learned to formulate his beliefs they are deep in him, ineradicable by subsequent surface processes such as the scientific knowledge taught in colleges. The universality of the spirit, the participation of each person in it, the transmigration of souls, the ultimate "realization of God" (in the mystical sense) as a possibility for every man born—all these ideas, which are philosophical or religious in the West, are part of the most intimate mind of the most ordinary Hindu. It has been proved to me that even illiterate persons in India know and adhere to

the larger concepts which underline and inform all the luxuriant overgrowth of Hinduism, just as the village stone-mason engaged in making an effigy of Hanuman or Ganesh (the monkey-god and the elephant-god) is well aware that these are aspects of the divine without being explicitly God."

Spirituality, a general belief in the Supreme Spirit which pervades and is immanent everywhere and is the *summum bonum* of all existence and is transcendent, is not peculiar or special to India. What is special is that it is more basic and far more common than elsewhere. It has been the basis of practically all religions in all regions of the world at all times. The expression and description of an existence of the spirit has, no doubt, differed to some extent in scriptures and religious writings. But it is evident even from such differences that the thing referred to and the experiences on which the descriptions are based is the same and is undoubtedly regarded as the Supreme Spirit. The human mind, from the very moment that it turned introspective or subjective, and from the moment that it became speculative, has never been satisfied with considering the world of the senses to be self-explanatory and complete in itself. It has always felt that there is something subtler, higher, nobler, purer and more powerful, at the root of all existence. This feeling is something like the "intimations of immortality" that the poet Wordsworth so beautifully suggests in his great poem. This feeling may not be entirely rational but at the same time it cannot be called irrational and dismissed forthwith. It is there, persistent and recurrent, in spite of one's efforts to ignore or outgrow it.

This experience also points to the fact that there is another source of knowledge besides the senses and the faculty of reasoning which is as valid as any other. This

source is usually called "intuition", and knowledge from it is direct, vivid, more compulsive and fills one's being and personality more completely than does any other kind of knowledge. It is derived more by direct identity of the whole individual being with the object of knowledge than by any particular sense trying to comprehend it.

In the course of its long search, it is mostly through intuition that the human consciousness has come to realize the existence and immanence of the Supreme Spirit. Spirituality consists, therefore, first and foremost in a firm belief in a Supreme Spirit. According to Aldous Huxley in his introduction to "Bhagwat Gita" by Prabhavananda and Isherwood, one of the fundamental doctrines of what he calls Perennial Philosophy is that, "the phenomenal world of matter and of individualized consciousness—the world of things and animals and men and even of gods—is the manifestation of a Divine Ground within which all partial realities have their being, and apart from which they would be non-existent." This observation very well explains the meaning and the essence of spirituality.

While the Indian mind has in abundance this belief in the Spirit, it is necessary also to note that the stress laid on this belief is so great that it seems to permeate almost every activity, secular as well as religious. In this respect, the Indian mind differs from others. Through the very long, intense and continuous quest it has carried on, even in the dim beginning of her search, India has never been satisfied with an intellectual statement about the inner experience. She has never believed that thought, logic, learning, or intellect could be the gateway to spirituality. All these may help in their own way but India has always believed that it is intuitive experience, a direct apprehension of truth, that will lay at rest all doubt, cut the knot in the heart, and establish inner harmony.

Another thing peculiar to India in her spirituality is an intense and all-absorbing urge to live a God-inspired life, to live in the unitive experience of the highest Reality. In the words of the philosopher Zimmer, "the chief aim of Indian thought is to unveil and integrate into consciousness what has been resisted and hidden by the forces of life". This means that for the Indian mind, Spiritual Reality does not exist merely to be apprehended and experienced for a time and to be occasionally and ecstatically enjoyed but is continuously to be lived in full awareness. To quote Zimmer again, "The supreme and characteristic achievement of the Brahmin mind (and this has been decisive, not only for the course of Indian Philosophy but also for the history of Indian civilization) was its discovery of the Self (Atman) as an independent imperishable entity, underlying the conscious personality and bodily frame. Everything that we normally know and express about ourselves belongs to the sphere of change, the sphere of time and space, but this Self (Atman) is forever changeless, beyond time, beyond space and the veiling net of casuality, beyond measure, beyond the dominion of the eye. The effort of Indian Philosophy has been, for millenniums to know this adamant Self and make the knowledge effective in life....Through the vicissitudes of physical change, a spiritual footing is maintained in the peaceful-blissful ground of Atman: eternal, timeless, and imperishable Being". Thus to the Indian mind the apprehension of the Spiritual Reality is not a mere abstraction, nor is it only an inner experience, nor is it only an inspiration that thrills and sends one into a trance, but it is a truth that drives us on to the ultimate target of our evolution, the divine life on earth.

There are some people who misunderstand and misinterpret this stress on spirituality as pessimism, as other-

worldliness, as unrealistic jargon, and as something far removed from the needs and the demands of our daily life. These critics would have some substantial ground for saying so, if the history of India and its multi-sided civilization and culture had been a blank for the last three thousand years. But it is quite the other way. In no branch of human activity has India shown any indifference or so-called other-worldliness or neglect. It is true that she has produced more Rishis, more saints, more philosophers, and more religious-minded men. But that is no discredit. In addition, she has built empires such as those of Chandragupta, Asoka, Satyashraya Pulakeshi, Vikramaditya, Harshavardhana, Vijayanagar, and Shivaji. Her industries and commerce were the envy of the world. She has sent out religious missions to far off lands and conveyed the message of peace and culture without any political motive or support. She has produced by the score great politicians, statesmen, and administrators. She has built temples and structures which confound even modern engineers. Her architecture and sculpture, her painting and other arts, her music and histrionic talents have such baffling variety and wide range that it requires decades to study them. Her literature, first in Sanskrit and then in the regional languages, is rich and varied in every sense of the word. No epic can stand comparison with the mighty Mahabharat. If these things are the measure of her other-worldliness, then we are not ashamed of them. But in fact, the world and matter have never been shunned or neglected by the Indian mind except in the sense of emphasising that there is "something" beyond all this which includes and comprehends these. This is not all, this is not the end, is the refrain. This is the means, rather. This is the thin yet attractive veil that shrouds the still more beautiful face of the spirit. The Upanishad

says, a golden cover screens the very face of Truth. To us all, becoming, the whole world-process "is the ecstatic dance of Shiva which multiplies the body of God numberlessly to the view: it leaves that pure existence precisely where and what it was, ever is and ever will be; its sole absolute object is the joy of dancing". To quote Zimmer again in this connection he says they (Hindu philosophers) study all that the occidental philosophers study. "India, that is to say, has had, and still has, its own disciplines of psychology, ethics, physics, and metaphysical theory. But the primary concern—in striking contrast to the interests of the modern philosophers of the West—has always been not information but transformation: a radical changing of man's nature and, therewith, a renovation of his understanding both of the outer world and of his own existence; a transformation as complete as possible, such as will amount when successful to a total conversion or rebirth'. India has laid the greatest emphasis on the discovery and the assimilation of the Self, because ultimately everything that is and happens has a real and vital meaning only in terms of the Reality and our apprehension of it. The attempt has always been, even while one is intensely active, to hold oneself in a state of unmitigated awareness of the Reality. Many ways and means and disciplines have been tried for this great purpose. In their totality they are called Sadhana. They range from simple worship to highest ecstatic union and include sheer thinking, systematic self-analysis, breath control, control of the modifications of the mind, dedication, and so on.

The Supreme Spirit, the Brahman, has been variously described in India as Satyam (Truth), Jnanam (Knowledge), Anantam (Infinity) and that which shines in the form of Joy Eternal. It is also described as Shantam (Peace), Shivam (Auspicious and Good), Adwaitam

(One-without-a-second), Prapanchopashamam (One in whom the Cosmos finds a resting place). It is characterized as Sat (Being), Chit (Consciousness), Anand (Joy). Symbolically, it is indicated by the syllable Aum pronounced as OM with O long. At times, it is described also as Anand (Pure Bliss or Pure Joy). The Upanishad poses a question, "If the Void were not full of Joy or Bliss, who could have lived?" It further asserts that, "it is from Anand that all beings issue forth, in Anand it is that they live and have their existence, towards Anand do they all proceed and into Anand they ultimately merge." It is in this symbolic sense that the eternal joy-intoxicated Dance of Shiva goes on with the cycle of creation, existence and destruction following each other.

This Divine Ground is not entirely foreign or quite strange to other religions and other thinkers. It might be that description differs or that characterization varies in certain details. But the basic conception is familiar to all the religious-minded, the mystics, and the seers in different lands. Eckhart and Ruysbroeck would call it the Abyss of God-head. Some would call it Gnosis, others Al Haqq, and so on.

What is important from the point of view of human evolution and endeavour is not merely intellectual knowledge and recognition of the existence of Reality as described above, but belief with one's whole being that it does exist and what is more, that it is possible for human consciousness to reach it and possess it. If one does not believe in the possibility of unitive experience of the God-head or the Divine Ground, it remains a mere concept, an idea without the least influence on the life and the inner being of the aspirant concerned. It is of the utmost importance, therefore, that together with belief in Reality, one must also have belief in the possibility and in one's

capacity to reach the Reality by the methods prescribed for so doing. Then alone will the attempt be possible and one day the summit of consciousness reached.

It is possible to know and believe in the existence of the Reality and concede also the possibility of unitive experience of it. But the progress of one's effort as well as the completeness of the spiritual experience will always depend on the value one attaches to the endeavour and its success. All religions and all mystics have emphasised that it is the highest endeavour a man can and ought to put forth, because it is the highest state of being that one can ever achieve. In the case of India, this identification of the individual psyche with the Supreme Spirit and the unitive life lived in that experience is looked upon as the final goal of all spiritual endeavour. In fact, it is in this direction that the evolution of the human consciousness is believed to be going on. One begins with individual self-consciousness but the ever expanding concentric circle that one describes as one evolves further and further leads to the universal consciousness where the individual dwindles merely to a point of reference without a circumference of its own. The whole of the universe then becomes the circumference. It has been proved time after time by great souls throughout the ages and in all lands that it is possible for individuals to reach such a stage of consciousness and to live in the richness and plenitude of that unitive experience of the Supreme Spirit. India has produced such Mahatmas (great souls) again and again as if to prove that it can be done. Ramana Maharshi, so widely known, had attained this state of being. India has honoured and worshipped such men and women through generations. The Indian mind has awe for great kings and administrators, has admiration for discoverers and inventors, has affection for artists and poets but has

profound reverence and veneration for its saints and seers, for its sages and Rishis. India knows that it is they who are the vanguard of inner human evolution. Others do help but it is they who bear the burden of leading and directing and guiding the groping human mind from the unreal to the real. It is they who are ever alert and bear the brunt of battle for the spiritual progress of humanity.

It has already been stated that spirituality and all that it connotes is more or less familiar to all people wherever an inner search has been conducted on any scale. It is a reality higher than the one with which we are ordinarily familiar, namely, the reality of the world of senses. In the course of evolution of human consciousness, man has discovered long-hidden truth. When once he apprehends the higher truth, he makes it his own and is able to probe further into the mysteries that surround him. It may be said with some truth that so far, man has generally addressed himself to the world of senses, to the material world more than to the inner world of his own consciousness. In fact, modern research into the working of the human mind is very recent, and still in its infancy. It might indeed transpire that it is in this realm that the unknown secrets even of the world of senses lie. Man is so far only at the threshold of that far subtler world which is so much with him and yet with which he is so unfamiliar.

Spirituality or the spiritual world is not something external but rather within our own consciousness; we are within it like specks in a vast and limitless firmament. We have however, to seek it in our consciousness and find it in all its glory. Modern psychology has been trying recently to probe into the mysteries of consciousness, and has found that the sector in which self-consciousness works is very small compared with the vast and unfathomable

subconscious and unconscious areas. The field of the unconscious is practically limitless and beyond the ken of the self-conscious, while the sub-conscious is the area which is immediately in touch with the self-conscious. The sub-conscious represents the vast store of all that we have ever thought or felt or experienced. It is also that layer of our consciousness where lie in wait our instincts and our elemental urges not only the individual ones but the universal also. The vast unconscious is really not unconscious except in the sense that we, as self-conscious individuals, are not now conscious of it. It lies beyond our self-consciousness and we are not directly in touch with it. But our sub-consciousness as well as self-consciousness float on it as thin surface layers on the bosom of a mighty ocean. It is impersonal while our self-consciousness is extremely personal; our sub-consciousness also reflects something of our personal existence. The aim and attempt of the spiritual aspirant or the Sadhak in India has always been to transcend the area of self-consciousness, to control the sub-conscious and identify himself with the Vast Unconscious which is the Spirit itself. This he has sought to do by self-control, self-purification, concentration, heightening the power of the self-conscious, contemplation and finally dedication and complete identification. The whole of this attempt in the aggregate is called spiritual Sadhana. The consummation is called Siddhi or fulfilment. Thus the Sadhak starts as a novice, goes through the Sadhana, that is spiritual discipline, and attains Siddhi. The Siddha who is the "accomplished one", is no longer imprisoned within the coils and meshes of his individual passions and prejudices; he is in a position to control the storms that sweep over his consciousness from the sub-conscious regions, and being firmly implanted in the Unconscious, enjoys in the depth of his being

the infinite calm and the ineffable bliss that is characteristic of the Spirit.

The Spirit, the Being that is immanent and at the same time transcendent manifests itself in numberless forms and in infinite variety. The human being is one such form and the latest in the scale of evolution on this planet. In two different places in the Upanishads it has been tried at some length to analyse the way consciousness works in the human mind. It is interesting to study these accounts; they are very useful from the practical point of view.

Within the human individual, there are five planes of consciousness which are interpenetrating and which are progressively subtler than the one preceding it: Annamaya Kosh (raw matter), Pranamaya Kosh (vital force), Manomaya Kosh (mind-stuff), Vijñanamaya Kosh (supermind) and Anandmaya Kosh (bliss). The human psyche normally moves among all planes. Evolution and effort help the psyche to ascend the ladder and occupy the highest plane. The human mind may be compared to a person who resides in a five-storied house. It is for him to decide on which floor to live. All the storeys have their own attraction and respective attachments. The Upanishad points out that he who is learned in the Vedas and at the same time is without attachment, transcends all these planes, even the Anandmaya Kosh, it is asserted. The meaning is that a Siddha is not attached even to the highest, as detachment itself is the greatest attribute of such a status. One who has attained the spiritually highest stage of consciousness continues to have his body, his mind, his personality and all that constitutes a person. But his consciousness is rooted in the Bliss of the Spirit and is not held captive by the various planes of existence within his personality. He is as free as a bird and roams about

as a denizen of all the planes without attachment to any one of them. His is the life of a free soul living in unitive experience of the highest consciousness.

The Upanishad has described in another way the world of consciousness in man. It has mentioned four states of consciousness: the Jagrat (waking consciousness), the Swapna (dream consciousness), the Sushupti (the sleep consciousness), and the Turiya (the fourth, i.e., one beyond these). This seems to be a far simpler classification. The first three states are familiar to every one of us. Self-consciousness is most active and prominent in the Jagrat state. The sub-conscious might be said to rule the dream-world without the impediment of the controlling power of self-consciousness. During sleep, however, both are quiescent. They are held in suspense. They are neither active nor inactive. In the Turiya stage, an infinite calm, which is described as peaceful, good, and the very abode of rest, reigns supreme. The Sadhak's attempt always is to reach that state of consciousness. He is then the master of the forces that otherwise rule his consciousness. Mastery of the inner world of consciousness being the highest aim of the spiritual aspirant, he will feel gratified only when he attains the Turiya state.

Through the long course of his history, man has sought to establish control and mastery over the forces of nature outside himself, and over the powers of consciousness within his own being. This division of forces is not very logical because both act and react and interpenetrate each other with such amazing complicity that logically and scientifically it is wrong even to say that they are two different forces. And yet for practical purposes it is convenient to recognize a difference. It is easier for us then to deal with them. The Indian mind has given priority to the establishment of an empire "Swarajya" within, but

without neglecting the other field, that is, the outside world. The attempts to conquer the outer world can be designated as Adhibhoutik (worldly) Sadhana, and those to conquer the inner world as Adhyatmik Sadhana, or spiritual endeavour. It must, however, be remembered that the Indian mind has not been satisfied by merely demarcating the two and giving greater importance to the latter. It has attempted, and succeeded to a great extent, in coordinating and synthesising the two. Within the perspective of the synthesis, it has given to each one its due and created a harmony and integration which is unique in the history of human thought and action.

In Ishavasya, one of the earliest Upanishads, the synthesis is clearly explained. We read, "Those who follow exclusively the path of ignorance, i.e., the path of the material world and of the senses, go to the world of darkness; a still darker world awaits those that follow exclusively the metaphysical world, i.e., the world of abstractions. Different are the destinations of the path of the senses and of the path of abstractions: so have we heard from the thinkers of old who told us. But those who know that which is beyond both, namely, the Ground where they are reconciled, conquer the world by following the path of the senses and attain immortality by following the path of abstract knowledge". Thus the Isha Upanishad avers that there is a Reality in which the seeming antithesis between the outer and the inner world finds a perfect synthesis. The aspirant who possesses the knowledge of that synthesis is in a position to take the fullest advantage of both paths. He acts in full knowledge.

We have seen that India has looked upon spiritual truth as the highest truth. The evolutionary urge of the human consciousness and its general direction is towards realizing that Truth of truths. For many years the

Indian mind has also thought that living in the unitive experience of the Truth is the highest kind of life. This being so, India has experimented with the human consciousness and its inner powers and capacity and now has well-directed paths and systems of spiritual Sadhana.

The "Yoga" in its bare outline is as ancient as the Rigveda. Brahmashri Daiwarata Sharma of Gokarn in his "Yoga-sudha" (it is yet in manuscript) has built up the Yoga system on the basis of quotation only from the Rigveda. In the Upanishads, the first mention of it is in the Kathopanishad, where Yama-Dharma initiates Nachiketa into Brahma-vidya and the "Yoga-vidhi". The Gita has fairly elaborately treated this subject and made a clear distinction between Rajayoga, Karmayoga, Jnanayoga and Bhaktiyoga. The most systematic treatment of the subject however, is to be found in the Patanjala Yoga Sutras which propound Ashtanga-yoga, the eightfold path of Yoga. One very important feature of the Ashtanga-yoga is that it sets out the full technique of the conquest of self without reference to any theistic, philosophical or metaphysical theory. Patanjali has treated the subject as a science by itself. He has based it on the study of the human mind. He has outlined a way of bringing the mind under full control by stilling it. Yoga is, as we know, both a science and an art. It is a science in so far as it probes into the knowledge of the human apparatus of thinking, feeling, willing and other modifications of the mind. It is an art because it teaches practical methods for achieving the object of bringing the mind under full control of the conscious self.

... This is not, however, the place to deal in detail with "Yoga". It is sufficient to say that India has developed various systems of Yoga on very scientific lines and after experiments ranging perhaps over centuries. The result

has been that India's contribution to spiritual discipline and her technique of Yoga is so varied, so systematic and so perfect that there is hardly any system of spiritual culture in the world which is not familiar to her in one form or another. One still discovers individuals or groups of aspirants in India practising the various schools of Yoga, which proves that none of these systems is in any sense obsolete. They have their own founders or Rishis, their traditions, their Gurus, their technique and their followers. There is one underlying unity, however, in all these systems and that is the unity of aim. All believe that these various roads lead to Anand, to that blissful state of consciousness where "peace that never was on sea or land" reigns supreme. That state is called "Samadhi", where the individual consciousness is merged in the universal, in the One-without-the-second. In the Ashtanga-yoga of Patanjali, Samadhi is mentioned as the eighth and final stage. It is that which every Sadhak aims at reaching in the course of his Sadhana. It is an ecstatic condition, quite indescribable, in which the whole being of the Sadhak is merged in the object of contemplation. It is not necessary at this time for us to discuss the varieties of Samadhi and their characteristics.

Before I begin to write about Aurobindo's Sadhana, it is relevant to investigate how and why an individual is drawn to a spiritual life and away from his ordinary day-to-day life of the senses. We do find that to this some are attracted more than others. We also find that sometimes certain incidents or experiences in the course of one's life are the cause of a change. It is very difficult however, to generalize in this matter, as there seems to be no uniformity in the reasons that lead a person or persons towards spirituality. Sometimes it might be natural tendency, at others an unforgettable experience. It might

be one of many causes which give a spiritual turn to one's life. But generally speaking, introverts are more prone towards it than are extraverts. The Kathopanishad says that because the Self-Existent Spirit went forth and created this universe, people are prone to look outwards and they are usually engrossed with the world outside. They do not look into their inner self. Very few, it adds, probe into the inner consciousness and try to find the Supreme Self.

The usual reasons, however, why an individual turns towards a spiritual life are subjective more than objective. This inner conversion does not depend so much upon things happening in a particular way as upon the approach and attitude of persons towards incidents or events or experiences. It is often some kind of a shock to one's individuality that makes a person conscious of his own limitations and of the existence of a power besides himself of which he has to take count. Three kinds of intense agony designated as Trividha Tapa (physical, mental, and that which concerns the personality) are sometimes supposed to awaken the self-consciousness of man and make him realize his insignificance as an individual. These shatter his egoism and make him feel the existence of "a reality" other than himself. Man's consciousness of his own limitations and his awareness of the existence of a Higher Power are the fundamentals necessary for a spiritual life.

Apart from the causes which lead individuals to adopt a spiritual attitude towards life, there are three things that are bound to lead humanity, sooner or later, to the kind of life that is called spiritual. Humanity is definitely on the march in the inner world of consciousness. Natural evolution which has been responsible for bringing man to this stage from that of the ape continues. It now

points more than ever to the development of the inner consciousness. The more the human consciousness develops, the more it is bound to incline towards the subtler life of the spirit. The second tendency observable is the quest of the inner truth which is becoming more and more insistent in humanity. This quest is now not satisfied with the truth of the outer world alone. It is insistent upon knowing the sub-conscious and the unconscious and is ambitious of establishing its control and mastery over them. This tendency also points progressively towards a life more of the spirit than of the senses. The third tendency inherent in human consciousness is one that seeks peace, and pure joy through all its activities. This also leads one from one physical joy to another. But such joy is not unmixed nor constant. That leads to a hunger for eternal joy. Ultimately the human mind is bound to seek that poise of the spirit which alone ensures ineffable joy. Thus evolutionary forces are gradually but certainly leading humanity towards a kind of life which is nearer spirituality than materiality. The direction is definite though the speed is far more indeterminate and uncertain than one would like it to be.

This brief background regarding spirituality and Sadhana is necessary for fully understanding the way Aurobindo carried on his own Sadhana. What has been said is naturally neither exhaustive nor complete in detail. It only indicates the course which spirituality and spiritual discipline have run so far, especially in India. But as we have said, the whole subject is still alive and one must not be surprised to find new trends and fresh departures. There are probably some who consider that the seal is set and one has but to follow what the ancients have said and that there is nothing new to be added. This point of view can be logically true only of dead things, not of liv-

ing ones. No science or art that is alive can utter such a dogma. In fact, it would be fatal for any living science and any creative art to think so. Since spirit is eternal, spirituality is eternal. Since the quest after the spirit by man is eternal, Sadhana too is eternal. As man advances, his vision widens, his insight deepens, his search becomes more intense. He is bound to add to the variety of methods by which he has hitherto approached Reality.

It is necessary to make this observation because Aurobindo himself never believed in mere repetitive revival or mechanical imitation of old things. He valued the old, specially the rich and ancient Indian spiritual heritage. But at the same time, he was very careful to emphasize that the best in what is old must be revitalized and used in the form in which it can now fit in, so that it may integrate itself with the onrushing current of our progressive culture. In fact, Aurobindo was never a slave to orthodoxy and to superstition. The whole history of his spirituality, his Sadhana, his Siddhi, and his teaching is one long and interesting narrative of something original, much that is full of individuality, and enough that is entirely fresh and additional.

CHAPTER VIII

SADHANA—FACE TO FACE WITH GOD

WE usually accept the compelling influence of early environment; so much so, that great effort is required to think otherwise and to change our way of behaviour in later life. Aurobindo however, defied both environment and education, thus achieving something on his own behalf, frustrating his father's plans. Almost at the end of his educational career, something incalcul-

able happened to him. His inner urge went counter to the Western and highly modern and materialistic education which had been given him from his fifth year. It transformed him from a brilliant, highly intellectual, and prosperous worldly gentleman into a blazing spiritual and contemplative Sadhak who, after a hard inner struggle, triumphantly achieved and enjoyed an infinite calm, and gave to those who surrounded him, a new philosophy. It is not easy to conceive that Dr. Krishnadhan Ghose's son, almost a stranger to India and to Indian culture up to the age of twenty-one, should eventually take to the Indian way of spiritual discipline. It would not have been so strange if he had become a Christian or if he had perhaps followed the Brahmo form of worship. But he followed, for a great length of time, almost the orthodox type of Sadhana. Before dealing with his Sadhana however, it will be interesting to note how he came to follow the path of spirituality at all.

It has already been mentioned that from his thirteenth year he had had a strong urge to fight selfishness and to sacrifice himself for others. It has also been noted that he was a contemplative and had mystic traits in him. The first sign, however, of intense feeling and aspiration in him are to be found in his early poetic endeavours. His early poems embody the first outpourings of a potentially rich and majestic heart. His expression of patriotism and devotion to the motherland is an expression of his deeply emotional and religious nature. It required but a little time and the study of Indian lore and the influence of an Indian environment gave shape to his spiritual instinct. "We must free India", "We must sacrifice everything for her sake", were categorical imperatives with him for a long time. His efforts to build his personality were also for India, his achieving more moral and mental

power was for her sake and it was for her he practised Yoga. To him India had already become "a spiritual being" and he wished and fought for her freedom, not only from the point of view of her political and economic benefit but also for her complete spiritual regeneration, so that her full message could be given to the world. His study of the lives and teachings of Ramakrishna and Vivekananda seems to have been responsible for his decisive action in this matter. Thus, parallel with the dominant note of patriotism and sacrifice for Mother India, there developed within him an intense love for spirituality and spiritual truth for which India stood. Gradually he came to believe that there was great truth in the way pointed out by the Gita and the Upanishads and that pursuit of it would lead to the spiritual experience which would enthrone his soul on the firmest and the truest of foundations.

Long before he was actually called to practise regularly spiritual Sadhana, Aurobindo had spiritual experiences which show he was never a stranger to that realm which he was later to enter and where, by his inborn tendencies and herculean efforts, he was to establish an empire on the deepest bed-rock. It is recorded that when he returned to India in February 1893, on landing at Apollo Bunder, Bombay, he felt as if a vast calm descended upon him. A calm which was to surround and remain with him for some months afterwards.

One cannot say whether his Bombay experience was the very first of his spiritual experiences, but it is certainly one that is known to the world. Similar experiences early in their respective careers have been recorded in the case of many Sadhaks and Siddhas. Their usefulness is undoubted and their value to the person concerned inestimable. Such an experience, even a single and detached one, is cherished and remembered as a pointer. It reassures

an aspirant and helps to create self-confidence. It is a clear indication of present possibilities and contains a future promise. But it is of course necessary that such an experience should have occurred in the waking state and should be vivid, intense, and sufficiently deep. It should not be vague, confused, dreamy, or hallucinatory.

It might not be out of place to mention here in connection with Aurobindo's curiosity about auto-writing by the planchette, that in Baroda, in 1901, Dr. Krishnadhyan, had been invoked. A question about Tilak was asked and a reply came that he would fight to the end, and would keep his head high when others would bend! To a further question about future activities, the reply was "build the temple". It should be noted that Aurobindo was at that time thinking of the "Bhavani Mandir".

It is interesting to note similar early experiences of great souls, though one should be careful to avoid comparison because times as well as circumstances differ in each case. Gautama, the Buddha, when at a very young age and while wandering about in the gardens of his father, sometimes experienced a kind of causeless unearthly happiness whenever he sat under a certain Amalaki tree. Later, when Gautama, after practising severe and nerve testing austerities, approached Alarkalam, the Yogi, for advice, he recalled that happy experience and asked the Yogi if it could be restored to him. Gadahar, later the Ramkrishna Paramahansa, when wandering in a field while aged only eight or so went into a deep trance. It occurred as he saw a line of beautiful white cranes wending its way against a background of dark-blue clouds in the sky. He remembered the experience for a long time and could recall it vividly. On another occasion he went into a trance as he danced in the role of Shiva. As a young student, Narendra, the well-known Vivekananda,

almost every day had the vision of a bright flame, which, as he closed his eyes and went to sleep, he seemed to enter. Kavi Rabindra, the Poet of Asia, about the age of seventeen, suddenly saw one day the whole world bathed in a charming light. The vision haunted him for a long time. Numerous instances such as these can be quoted from the lives of mystics, both Eastern and Western, ancient and modern. It is sufficient here, however, to say that such experiences play a very useful role in the spiritual life of aspirants.

Other experiences of a spiritual nature are recorded in the case of Aurobindo. Once while walking on the ridge of the Shankaracharya Hill (also called Takht-e-Suleman) in Srinagar, Kashmir, he had a glimpse of the Vacant Infinite enveloping and absorbing everything else. It was as it were, the vivid experience of the illimitable Void to the exclusion of everything else. On another occasion, when visiting Brahmanand at Chandod, he went to the shrine of Kali on the banks of the Narmada. There he felt the living presence of the Mother Kali, which gave him faith in image worship. There was another occasion in the early years of his stay in Baroda, when he was faced with his carriage and four being wrecked in an accident. It was a critical moment and suddenly he experienced the vision of the Godhead surging up from within and saving the situation.

These experiences show perhaps that Aurobindo's mind was amenable to them. It should be noted however, that these have nothing to do with occultism or with hallucinatory phenomena. The latter happen in the course and context of certain other circumstances which are pathological. Aurobindo's experiences came without any effort on his part and in such an unexpected manner that they were always a surprise to him. Moreover, they came

long before he began to take regular spiritual exercise of any kind. It is strange, but Aurobindo did not attach great importance to them at that time, nor was he immediately drawn to Sadhana. He was then, burning with an intense desire to serve his country and was busy with deep studies. He was, however, yearning all the time for greater power with which to liberate India. That power was Brahmatej which he ultimately acquired.

Aurobindo's ultimate turn towards spirituality and Yoga can be traced to his growing conviction that this was the real path to Brahmatej and to perfection. He saw no good in a slavish imitation by India of the way of the West, and the famous couplet of the Gita regarding following one's own Swadharma, one's own inner law of being, rather than that of others, was not lost on him. That was the secret of his adopting an Indian way of life. His deep studies confirmed his growing conviction that there was something deeper, nobler, subtler, more powerful and vital in Sanatana Dharma than was seen and appreciated by the English-educated. So the decision was made and he gradually turned to Yoga, the most generic term used for that system of spiritual culture and discipline which ultimately leads to the shattering of the shell of the individual ego, to self-transcendence in the supermost degree and to the ultimate realization of the immanent Spirit and unitive life in it.

In the beginning, this decision embraced a two-fold movement in his life: one a powerful urge to free India from foreign domination and to rehabilitate her spiritually and culturally, the second was in his intense personal aspiration to reach the highest goal in spirituality. As he proceeded, the former urge led him, for however brief a period, to the special and marvellous role he played in politics and the latter ultimately led him to Pondicherry

and to the supramental regions. In both cases, however, the dominant note at all times was spirituality. Not only did he carry on Sadhana while he was busy with politics, but his whole political career can be characterized as a part of his intense spiritual Sadhana, especially the Karmayoga phase of it. Outwardly, he was intensely busy with politics from 1906 to 1910, but inwardly he was poised and operated as an instrument of the Divine. Everything that he did and spoke and wrote was on a high spiritual level. This is obvious from the way that he conducted his politics and his journals and from his example of dedication to the Mother which he placed before the younger generation. His whole political career, especially the year spent in Alipore jail, helped him to attain his spiritual goal.

Aurobindo brought to his Sadhana some exceptionally high and rare qualifications, seldom seen together in a single personality. His sincerity was absolute and he lived a life of effortless simplicity. He was shy by nature and shunned all limelight and publicity. His reserve saved him from the meaningless social round. He had the gift of detachment which was almost natural to him. He was highly intelligent. His power of concentration was tremendous. Once, during a social evening at Thana, at the house of his friend Charuchandra Dutta, an I.C.S. officer, Aurobindo, who had never before handled a rifle, was asked to shoot at the head of a match-stick stuck on the wall. He did it quite correctly once, twice, and thrice! His friend immediately remarked that here was a person who would be a Siddha. The Mundakopanishad gives the analogy of the target in which the arrow gets fixed like the mind of the contemplative in the object of devotion. His intellectual capacity also was prodigious. He was a voracious reader and could discuss any subject. His literary gift was extraordinary, as is proved by the volume he

has written as well as the very high quality of some of his poems and writings. He was rich in emotion and in imagination, which gave added strength and a rare poetical quality to his writings. Above all, he was self-confident and knew that he had a mission in life. His spiritual experiences added to his self-confidence and confirmed him in his inclination to follow the chosen path.

There is not much autobiographical material available covering this phase of Aurobindo's life, yet to the general reader and to Sadhaks of all ages and climes this was a very important and practical part of it. Although heights that he reached are there for all to see and admire, they will be the despair of most, if we are unable to discover how they were reached and by what effort. It is another matter, that very few would have the daring to attempt the path. But even if only the process is known, there can still be a certain intellectual satisfaction extended to the admirer. Also, Sadhaks could take hints here and there if they knew and understood the process in detail.

From stray hints dropped casually here and there by Aurobindo as well as from other sources, one has a fair idea of the general direction of his Sadhana, the different stages through which he passed, the modifications he adopted from time to time, the high-water-mark he reached, the special features of his system and finally the extremely trying as well as sometimes intensely agonising phases that he went through. Aurobindo warns against complacency, all those who are under the impression that Sadhana is a smooth-sailing affair. It is an adventure of the highest order and an experiment with one's whole soul. Especially was it so in his case, as he broke quite new ground and was launched on uncharted seas and trod through pathless woods without the aid of a Guru.

Normally, when one follows a spiritual path one has to bid good-bye to all physical comforts and to go through mental and moral conflicts which can only be described by the word, "excruciating". And yet the path has its own charms and attraction. The final prize of an abiding peace and a harmonious and integrated personality is inviting beyond measure.

Before going on with Aurobindo's Sadhana, it would perhaps be as well to include a passage from the published work "Sri Aurobindo and his Ashram" where on page 46 a quotation is included from one of his letters which purports to say something of his practice of Yoga. He says: "I began my Yoga in 1904 without a Guru; in 1908 I received important help from a Mahratha yogi and discovered the foundations of my Sadhana; but from that time till the Mother (Mira Richard) came to India I received no spiritual help from anyone else. My Sadhana before and afterwards was not founded upon books but upon personal experiences that crowded on me from within. But in the jail I had the Gita and the Upanishads with me. I practised the yoga of the Gita and meditated with the help of the Upanishads. These were the only books from which I found guidance; the Veda which I first began to read long afterwards in Pondicherry rather confirmed what experiences I already had than was any guide to my Sadhana. I sometimes turned to the Gita for light when there was a question or a difficulty and usually received help or an answer from it. It is a fact that I was hearing constantly the voice of Vivekananda speaking to me for a fortnight in the jail in my solitary meditation and I felt his presence. The voice spoke only on a special and limited but very important field of spiritual experience and it ceased as soon as it had finished saying all that it had to say on that subject."

This is but a glimpse into his practice. But it serves as a good introduction since it is from his own pen. As already indicated, once the decision was made, Aurobindo plunged into Sadhana with a single-mindedness and intensity of purpose which were characteristic of him in everything that he said and did. Normally speaking, a Guru is always indicated in the matter of spiritual Sadhana. He usually initiates and guides the disciple from stage to stage. It is said that, especially in the matter of Yoga, one should not venture into the path without a Guru, as a novice is likely to commit mistakes which may lead to permanent injury to body and mind. There are a number of instances where unguided as well as misguided enthusiasts have lost their way and floundered. We find, therefore, that in most cases, Yogis have Gurus. Moreover, the Guru is traditionally given a very high place, as he transmits by personal effort and contact what books and intellectual study cannot impart. Some schools of thought assert that he is superior to the father himself, as he gives spiritual birth to the disciple, and some others, that he is himself Brahman since it is he who is instrumental in leading the disciple to the Godhead. In most of the Upanishads, the transmission of Brahmanvidya to the disciples is by the Guru after a long stay with him and after repeated questioning. The Taithtiriya Upanishad exhorts the student to look upon the Acharya (the preceptor) as God. All this helps to prove the extreme importance of a Guru.

It is not however, always the disciple who seeks the Guru. There are instances where the Guru has come to the disciple who was waiting for him. A real Siddha or Guru is always anxious to find a good disciple, to transmit his Vidya to him which otherwise would be lost. Ramakrishna is said to have complained that no good Shishyas (disciples) were available. In the case of Aurobindo, it

was not that he was averse to a Guru or to trying to find one. As is evident, he did take some guidance from people who were capable of helping him. But we can say that there was no Guru in the usual sense of the term. When the urge first came, Aurobindo took some preliminary instruction in Pranayam from one Deodhar, an engineer in Baroda, who was a disciple of Brahmananda of Chandod. That instruction sufficed and he started on his career of Yoga and regular Sadhana at the beginning of 1904. At that time, there was a notion among people that Pranayam was indispensable for Yoga, which is really not the case. There can be Yoga without Pranayam, though it is true that the latter is of great help if one can devote some time to it.

It is instructive to see what Aurobindo has to say about Pranayam. "It is my experience", he says, "that Pranayam makes one's intellect sharper and one's brain quicker. When I was doing it in Baroda, I was practising it for about five to six hours per day, three hours in the morning and two or three hours in the evening. I felt that there was a great accession of light and power in the mind. I used to write poetry in those days. Earlier I used to write about 200 lines a month. After I began practising Pranayam, I could write 200 lines in half an hour. My memory was rather dull before Pranayam. But afterwards, I composed whenever I had inspiration and remembered *ad seriatum* the whole, till I committed it all to paper at my leisure. I felt as if my brain was encircled by a ring of electricity", (p. 235, "Dakshina" Feb. 1951). In another place, in connection with Pranayam and spiritual result, he says, "... Struggled for five years without any the least spiritual result but poetry came like a river and prose like a flood and other things too that were mental, vital, physical, not spiritual richnesses or open-

ings” After some years he dropped Pranayam but that did not mean the end of his Yoga or Sadhana. But for any Yoga or Sadhana it is necessary to have concentration, continuity and steadiness of faith and purpose, and contemplation (Dhyan).

We should distinguish between spiritual Sadhana, Pranayam and other practices which may be included in Sadhana. The form of the earlier Sadhana of Aurobindo has to be inferred; it probably comprised intense thinking, heart-searching, and contemplation. It was for further intensification of this Sadhana and expediting the consummation that Aurobindo took to Yoga, the Ashtanga Yoga which includes Pranayam and seven other steps.

In the course of his writings, Aurobindo once remarked that “all life is Yoga”. In his case, it was literally so. From the very beginning of his awareness of a higher spiritual life and the consciousness of his great mission, he led the life of a practising Yogi or a Yogaroodha, without any leisure or lapse or slackening.

In fact, the whole of the involution and the evolution in the universe is one continuous Yoga of the Supreme Spirit. It is in this sense that Shri Krishna is “Yogeshwar” and this power of the Lord is called “Yoga-maya”. The individual is carried along on this Yoga unconsciously till he becomes aware of it. As soon as he is aware of it and of the extent of his part in it, he is called upon to play his role consciously and expedite matters. He then partakes consciously in the eternal Yoga, and the joy of co-operation and of being in tune with the Infinite is his. This Yoga is not an individual affair, though the part one plays might for a time be considered to be very intimate and important by the person concerned. Aurobindo’s Yoga modestly began to help him in his spiritual progress. It progressively developed into Yoga for humanity and

ultimately identified itself with universal Yoga. It became a conscious participation in the mighty upward evolution and ascent towards the Divine. His special endeavour, however, was for Divine descent again into mind, life, and matter in order to raise them all.

It is obvious then that in the history of Aurobindo's Sadhana, Yoga has a special place and significance. It evolved with the special kind of spiritual progress which he stressed and also assumed new importance. It gathered fresher and deeper connotation and finally it came to be what is described as Integral Yoga. The evolution of the meaning of the word Yoga in Aurobindo's life was similar to the expanding and deepening significance of the word "Yajna" as explained in the Gita. But before that matter is discussed, it is necessary to understand briefly the meaning of Yoga according to common interpretation and also according to Patanjali, the author of Yoga-sutras.

The word "Yoga" is from the Sanskrit root "Yuj", to join, to become one with, to be united. "Yoga" is the act of joining, act of becoming one, the act of being united. It may also be interpreted as concentration, communion. Probably "communion" in the sense of spiritual intercourse, more adequately conveys the meaning of Yoga than any other word. This English word "communion" has to a great extent a connotation which is invariably attached to Yoga.

Some scholars are of the opinion that Yoga, together with the cult of Siva, was a characteristic of the religious life of the pre-Aryan inhabitants of Mohenjo-daro and Harappa, i.e., of Sind and Southern Punjab. They say that Yoga as a religio-mystic ideology and practice can be traced to the Agamic source but usually not to the Nigamas (the Vedas). That is why there is no caste restriction in teaching Yoga. But, since the script of those

days is yet undeciphered, the main source of inference is from the fact that Yoga is always associated in all later literature with Pashu-pati or Yogiraj Siva. This is reinforced by the Sind find of the image of Siva in a Yogic posture, surrounded by animals (Pashu). It is equally true, however, that the Rigveda is full of references to Yoga. Kathopanishad mentions it very clearly. Whatever the origin, however, the fact seems to be clear that Yoga as a technique, as a method, as a means of obtaining occult powers and of attaining the highest spiritual perfection is traceable to the remotest past of the people of India.

From the earliest times Yoga is always spoken of as a method of attaining a spiritual goal and not so much as a philosophy or metaphysics. In later literature Yoga is so often mentioned. The Yoga Upanishads, the Gita in the "Mahabharata", and the "Yoga-Vasishtha" deal with this subject at some length, but the "Patanjala Yoga-sutras" are recognized as containing the most authoritative text. An immense amount of literature probably existed earlier, but the masterly and wonderful summation and synthesis of the whole subject in the form of Sutras by Patanjali, dating back to about the second century B.C., has cast all else into shadow. Zimmer, in writing about the Yoga Sutras, characterises them as the most astounding works of philosophical prose (he refers also to the Bhashya) in the literature of the world. He says further that they are remarkable for their "wonderful sobriety, clarity, succinctness and elasticity of expression (p. 282, "Philosophies of India").

Yoga is both a science and an art. It is based on a simple theory about the Inner Self. That Self is detached and self-luminous and is attained by intuitive knowledge of the inner workings of the human consciousness. To find

out the Inner Self, the Purusha, which is beyond the dualities and which is of the nature of self-existent bliss, and to be identified with it, is the aim of Patanjala Yoga. This Yoga is indebted to Samkhya philosophy, for the theory of the Non-active and yet eternally Self-aware Purusha. This constitutes the science. The various practices prescribed for achieving the object represent the art. Digging deeper and deeper into human consciousness, Yoga has found that neither the objects, nor the senses that perceive them, nor the nerves that carry the sensations to the mind, nor the mind itself is the cogniser or knower. The knower is separate from all these, as is evident from the fact that though all these are working, the knower or the inner person might not know anything unless he is attentive. So the knower's existence and his awareness are the prime factors in all knowledge. All the perception, conception, cognition, etc., take place in the Chitta or the mind-stuff. The Chitta is by nature extrovert, though it also has the capacity to look inward. It conveys impressions from outside inwards and also conveys the orders of the self to the senses. In course of time, the self builds itself into a formidable entity and becomes attached to the numerous objects of the senses. Yoga attempts to rid the Chitta of various modifications in its stuff and free the self in order that it may identify itself with the Inner Self rather than with senses or outside objects. It is an attempt to move the Chitta in the direction of evolution and away from involution. A normal person's consciousness or Chitta is involved in so many things. It is not, however, the involution that is the cause of sorrow and misery and of the sense of frustration and defeat and humiliation; it is the attachment of the self to sense objects which is responsible. The evolutionary urge emphasises that a person should be free from this attachment and the consequent instability

and that he should enjoy the inner calm characteristic of the Purusha, which is the birthright of the self. Yoga avers that when the Chitta is stilled and is rid of the modifications, the self identifies itself with the Inner Self and rests with it in the original state of bliss.

Yama, Niyama, Asana, Pranayama, Pratyahara, Dhyana, Dharana, and Samadhi are the eight steps of the eightfold or Ashtanga Yoga. These can be divided into four groups of two each in the order in which they have been mentioned, so that one may better understand them.

Yama, which means self-control, consists of Ahimsa (non-injury in thought, word, and deed), Satya (truthfulness in everything), Asteya (non-stealing includes non-storing), Brahmacharya (continence in thought, word, and action), and Aparigraha (non-acceptance of gifts and offerings). These should be observed by all, irrespective of time, place and circumstance. They have the weight, dignity, and effect of the great Vratas or ethical observances. Similarly, Niyama, which means rules or regulations, is five-fold. Shoucha is internal and external cleanliness and purification, Santosha is contentment, Tapa is austerity, Swadhyaya is the study of the properly chosen subjects, and the fifth is Ishwara-pranidhana, dedication or surrender of everything to God.

Yama and Niyama, the first dyad in this system, is important in a special sense. Obviously it is purificatory but it is basic. If one's body, senses, and the mind, which are the main instruments of this Sadhana, are not pure, the danger is that later, at any time and at any stage, there might be a fall in store for the aspirant. As an aspirant advances, he feels the influx of mental, emotional, and spiritual powers and if he has not gone through the process of intense purification, he is likely to be exposed to temptations which lead him astray. Then instead of

being a real Yogi or a Yoga-roodha, he becomes a Yoga-bhrashta, or one fallen from Yoga.

The next dyad is Asana and Pranayama. Asana is a bodily posture where one is required to be firm yet easy with the spine erect and straight. After practice the posture can be held for hours. It is the easy Padmasana that is often recommended. It should not tire the aspirant but at the same time it should not induce drowsiness or sleep. Pranayama comes next, the control of breath, which leads to the control of the vital powers. Through this process it is sought to still the mind. The control of Prana leads to control of the mind, and it is equally true, so say the Yoga books, that control of the mind leads to control of the vital powers in the body. Here, however, Pranayama means and includes control and regulation of the inhalation and exhalation processes, as well as holding the breath in, and out. Together with physical practice, contemplation is recommended. In the beginning, contemplation should be limited to the process of concentrating one's mind on the breathing action itself. These practices gradually qualify a person for further and greater concentration and contemplation.

Pratyahara and Dharana follow. Pratyahara is withdrawal of the senses from sense-objects. Simple self-observation will show that our senses continuously run after sense-objects. It is this running after objects which prevents the mind from self-contemplation. The Gita says that the mind is, as it were, tossed by the stormy waves of the desires. Pratyahara is a process of discipline. It prevents the senses from running hither and thither like a wayward child. It is to a certain extent a negative process but it involves leading the senses inwards into the Chitta. The Sutras give Dharana the next place of importance. And Dharana is definitely a positive step.

It makes one capable of holding the mind and fixing it on the cherished goal. These two together with Dhyana (contemplation) are probably meant by Zimmer when he designates the process "introvert-concentration" (p. 283, "Philosophies of India"). The last two steps lead naturally to consummation. Dhyana is the fixation and continuous holding of the mind in contemplation. It is unbroken concentration of the mind on the object. The next step has neither a particular form nor requires an object for contemplation. The Chitta is concentrated on the self, which is formless. That is Samadhi. To attain prolonged Samadhi is the ambition of all aspirants.

This in essence is the general technique of the Ashtanga Yoga of Patanjali. Through the course of ages, a huge superstructure has been built on it and we have now Hatha Yoga, Raja Yoga, Karma Yoga, Bhakti Yoga, and Jnana Yoga. There are others which are current but less prominently mentioned, namely, Mantra Yoga, Laya Yoga, Trimarga Yoga, Adhyatma Yoga, and Kundalini Yoga. There are certain basic things common to all these Yogas. The ultimate aim in all is the same and that is, to experience continued unadulterated bliss of identity and unitive life with the Supreme Spirit. Among the means, the most important, namely, concentration and communion, are to be found in all Yogas. Yama and Niyama are also compulsory in each Yoga. All are open to all to follow, irrespective of religion, race, sex, or age. But a difference in each Yoga is there because the respective systems lay stress on using predominantly one or other of the powers in following Sadhana. For instance, the Sadhak who mainly uses the body and the vital powers as instruments is called a Hathayogi, while one who uses predominantly his emotive power is called a Bhaktiyogi, and so on. But every Sadhak, whether he relies on his

vital powers, his mind, his powers of will and action, his emotions, his intellect or power of discrimination, has to see to it that he purifies his powers, controls them, conserves them, concentrates them and ultimately dedicates them to the Supreme Spirit. This technique is common to all Yogas and was founded originally on the principles of the Patanjala Yoga.

Aurobindo's Yoga, though it began as a simple Raja Yoga, later developed into integral Yoga after his vast experiences in each Yoga and masterly synthesis of all. To revert to his Sadhana, let us see how he proceeded after beginning the Pranayam practices in 1904.

Two more years of comparatively peaceful life in Baroda lay between him and his eventual plunge into the turbulent whirlpool of the Swadeshi movement. It will be more convenient to treat separately these two years and the further block of four which were spent in active politics. Aurobindo refers often to the Gita and the Upanishads but seldom to the Yoga-sutras. This might well be because he was not in need of day-to-day guidance so much as in the matter of the main direction and as regards crucial points. During this period, his Pranayam practices became prolonged and more and more intense. His Sadhana was strongly influencing, and a distinct stamp of spirituality was appearing on all that he thought and did. He was immersed in the revival of the glory of India and the revitalisation of her life. But in his mind the conviction grew that all such reorientation should be based on spiritual awakening. To him this awakening did not mean only admiration for the past or an inclination to other-worldliness or a passive approach to problems. He visualized the vigorous awakening of "the Vedanta Kesari" the lion of Vedanta, and the shaking of its manes after the slothful slumber of centuries. He thought of the

spiritualization of every worthwhile activity of the whole nation which had a rich past and a glorious future. Every day of his Sadhana during this period, while it took him by strides towards the liberation of his soul from the shackles of the senses and worldly ambitions, illumined also his vision of a new India rising on the horizon, her soul afire with spiritual aspiration.

We have already observed that even in his politics and throughout his political career the spiritual note was predominant. It is to be questioned whether he would have entered politics at all if they had not afforded him an opportunity to rouse the spiritual consciousness of the people. The spiritual strain, and sometimes even a religious strain, in the nationalism he preached was so obvious and frank that some of his opponents ironically remarked that he should abandon politics and take to religion! He saw that God was behind the awakening in India and told people so in the clearest terms.

Usually Yoga, philosophy, metaphysics, and other such subjects are associated with Sannyas, with retreat from life or with escapism. Aurobindo hated every kind of escapism and cowardly evasion of a life which is full of vigour and adventure. At the same time, an intense inwardness developed in his outlook on life and on problems that faced the country. As early as 1893-1894, he had written regarding national regeneration that, "our actual enemy is not any force exterior to ourselves, but our own crying weaknesses, our cowardice, our purblind sentimentalism". He said that our "appeal, the appeal of every high-souled and self-respecting nation, ought not to lie to the opinion of the Anglo-Indians, no, nor yet to the British sense of justice but to our own reviving sense of manhood, to our own sincere fellow-feeling . . . with the silent and suffering people of India". He increasingly believed that

India's salvation could only come through faith and spiritual discipline. But his was not just blind faith in past glories nor did he wish to repeat the past. He felt that a great past ought to be followed by a greater future and the evolution of spiritual consciousness in India should be able to write new chapters.

What exact progress he made in Yogic practices during the next two years of his stay in Baroda, from 1904-06, it is difficult to say. But judging from the fact that by 1908, he required the help of an adept to guide him, his was not a lingering and lazy Sadhana. In the matter of his advance in spirituality and the firm establishment of a spiritual foundation in his mind, we have ample evidence in a most intimate and ennobling letter written in Bengali to his wife Mrinalini on 30th of August 1905. It marks a definite stage in the perilous journey he had undertaken. Since it is a most revealing picture of the working of his mind at that time, it deserves to be quoted in full:

“My dearest Mrinalini,

“I have received your letter of the 24th of August. I was very sorry to read that your parents are again suffering from bereavement. But you have not mentioned which of their children has passed away. But what avails our grief and what use is our sorrow? Our quest for happiness in this world reveals to us sorrow in the very midst of happiness and sorrow enveloping all our happiness. This does not hold good merely in the case of our attachment to our children but it is applicable to all our desires for worldly things. The only remedy for man is to be firm and still in one's mind and to surrender all joy and sorrow at the feet of Bhagawan”.

(Then follow lines regarding money matters, which have been omitted as being of no consequence.)

“Now I revert to that matter (probably he had already written to her on this subject). Possibly by this time you have realised that the person with whom your lot is cast is a very peculiar gentleman. Somehow my thoughts and feelings, my ideals, my field of action are not like those of other people in this country. Everything is different and rather uncommon. You know how people look upon uncommon opinion, extraordinary attempts, and somewhat high aspirations. They call all that madness. But when the madman succeeds in his action, he is no longer called a madman but is looked upon as a great genius. But how many people succeed? It is only ten among thousands that are usually uncommon and it is only one among the ten that is successful. It is yet a far cry for me to talk of success. I have not yet fully entered the lists. Therefore, I must be looked upon as a madman. It is of course, very inauspicious for a woman to be in the hands of a madman because usually a woman's mind is occupied with worldly joys and sorrows. A madman has only sorrow to give to his wife, why then talk of any joy?

“The founders of the Hindu religion knew all this very well. They looked upon an extraordinary life, great endeavours, and high aspirations with respect. Whether it was a madman or a great man, they had regard for uncommon qualities. But all this leads to great hardship to women who have married such people. What then is the remedy? The Rishis found out a good remedy. They said to women, “instead of looking to anybody else, you should regard the husband as your greatest Guru”. The wife is the equal partner of the husband in his Dharma. It follows that she should help and cooperate in the Dharma which her husband has chosen. She should give him advice, encourage him in his pursuits, look upon him as her cherished idol and share with him his joys and sorrows.

It is the man's right to choose the vocation he wants to follow and it is the woman's duty to help and encourage him.

“Now the question before you is whether you would follow the dictates of the Hindu Dharma or act according to the new ways of modern civilization. On account of marriage, your lot is cast with a madman. Perhaps it is the result of some sin you might have committed in your past life! It is advisable for you to have some compromise with your fate. Now, what would be the form of that compromise? Would you listen to the common run of people and forsake me on the plea that I am a madman? After all, the madman will go his destined way. It is not possible for you to control him and keep him under your influence. He has a stronger character than yours. What then will you do? Simply weep and shed tears in a corner? Or will you get along with the madman and be his companion (*pagaler sange pagali*) and help him on? You know the story of the Queen (*Gandhari*) who blindfolded her eyes in order to suffer blindness along with her king consort (*Dhritarashtra*). Even if you have taken your lessons in a number of Brahmo schools, after all you belong to a Hindu family and the blood of Hindu ancients courses in your veins. I have no doubts about your following the path of a devoted Hindu wife.

“I am a victim of three insanities, if I can call them so. My first insanity consists in my firm belief that the qualifications, the genius, the higher education, the learning, and the wealth that Bhagawan has given me, all belong to Him. We have a right to spend only as much as is required for the upkeep of the family and as much as is absolutely needed. What remains ought to be rendered back to Bhagawan. If I spend all that I have for myself, for my pleasures, for luxury, then I am a veritable thief.

The Hindu Shastras say that he who does not give back to the Lord what he receives from Him, is a thief. So far, I have given only one-eighth to the Lord and spent seven-eighths on my own pleasures and thus I have been engrossed in worldly happiness. Half of my life has been already wasted. After all, even a beast maintains itself and its family!

“I have now fully realised that so far, I have lived merely an animal life and have indulged in moral theft. I am full of remorse and am disgusted with myself. Now I must say, thus far and no further. I have now ceased sinning that way for life. But, what after all is the meaning of giving to the Lord? Of course, it means spending for purposes which are good and of a religious and spiritual nature. I have no regrets for whatever I have paid to Sarojini (sister) or Usha. To give to others is a part of religion. To help those who have run to us for succour is much more so. But one cannot be said to have discharged one's duty if he pays only to brothers and sisters. In these hard days, practically the whole of the country is at my doors for help. There are thirty crores of my brethren in the country and many of them are starving. The majority is ground down by hardship and misery. They may be said to be just living. The burden of helping them also is on us.

“What have you to say? Will you be my co-sharer in this meritorious work? I wish to live like a common man, eat like him and clothe myself like him and spend the minimum that is necessary. Whatever I can spare, I would like to spend for the Lord. If you too think alike and are willing to sacrifice, I can certainly fulfil my desire. You were saying that you were not ‘advanced’. Here I am making you an offer and showing the way to real advancement. Will you follow this path?

“The second madness that has recently taken hold of me is, happen what may, I must see God face to face, whatever the means. Now-a-days, it is fashionable in the name of religion to take the name of God almost at every step, to pray in public and show people how religious one is. I do not want to go after that kind of religion. If God exists, then there must be some way which would lead one to experience his existence, to see him face to face. I have determined to tread the path that leads to God, however difficult it might be. The Hindu Dharma declares that that path lies in one’s own body, in one’s own mind. It has also laid down the rules which ought to be observed. I have started observing all those rules. Within a month, I have been able to testify to the truth of what Hindu Dharma has laid down. I am seeing and experiencing all the signs that it has indicated. I now desire that I should take you also along with me. You may not be able to follow me so far and so exactly, since you seem to lack the necessary knowledge. But there is no harm in following step by step. Siddhi or fulfilment is bound to come to everyone who follows the path. It entirely depends upon the person, however, to choose to take to that path. Nobody can take you there by force. If you agree to take to it, I shall write to you again in connection with this matter.

“My third madness is with regard to Mother India. Other people look upon their country as some material thing, consisting of vast plains, fields, forests, mountains and rivers. I look upon India as my Mother, I am devoted to her, I worship her. If somebody mounts on the chest of his mother and begins to drink her blood, what does her son do? Does he with a calm and a quiet mind sit down for meals, and settle down to enjoy life with his wife and children? Or does he run to the succour of his

suffering mother? I am confident that I have the strength in me to bring salvation to these our fallen people. It is not of physical strength that I am speaking. I am not going to wage this battle with the help of swords and rifles. The strength I speak of is the strength of knowledge. There is not only Kshatratej, the strength of warriors, in this world. There exists also Brahmatej, the strength of Brahminhood which is founded on knowledge. This is not a new idea, nor does it belong to modern days. I am born with it. This idea is coursing through every vein of mine. Bhagawan has sent me down to this earth for fulfilling this great mission. This great idea began to sprout in my mind when I was hardly fourteen. It took firm root and was securely founded when I was eighteen. Having heard what the maternal uncle said, you thought that he was the villain who was dragging your good husband to a bad path. But it is your seemingly good husband who was dragging him as well as hundreds into this path, call it good or bad. He will continue the process and drag thousands more. I do not know and cannot say whether fulfilment would come in my own lifetime, but I am sure it is bound to come.

“Now I ask you, what do you wish to do in this matter? The wife is the Shakti, the power of the husband. Do you want to be the disciple of Usha and tell beads in the name of the worship of the Sahib, the foreign master? Do you wish to lessen the power of your husband by being indifferent? Would you not double his powers by sympathy and zeal? You may be inclined to say, ‘What can a common girl like me do in such an important matter like this? I have neither the strength of mind nor the intellectual capacity required for this great work. I am afraid even to think of such matters.’ I propose to you a simple remedy. Seek the feet of God and surrender

yourself. Take to the path which leads to God. Then all the things that you lack would be given to you without delay. He who seeks the protection of God is freed from all fear in course of time. And if you cease listening to all and sundry and confide in me, I can lend you my strength. That would not in any way lessen my strength. On the other hand, it would increase all the more. We all say that the wife is the Shakti, the power of her husband. This means that the husband sees his own reflection and his prototype in his wife. He hears the echo of his own ambition from his wife and thus redoubles his own power.

“What, do you intend living as you do now, for all your life? ‘I shall have fine clothes, I shall eat nice food, I shall laugh and dance and enjoy all pleasures’—this mood of your mind cannot be said to reflect the advance of your soul. In recent days unfortunately, this kind of a narrow and selfish outlook which is rather disgusting, has taken hold of the minds of our womenfolk. Cast all this away and come with me. We are all here in this world to do the work of God. Let us begin it.

“You are too straightforward, and that seems to be a defect in your character. You listen to whatever is said by all kinds of people. This makes your mind unstable. Your power of discrimination has no chance to develop. You have lost the capacity for concentration. You will have to improve this state of things. You will have to listen to one voice only and thus accumulate knowledge. You must fix your mind on a single aim and will have to achieve it with single-minded devotion. You will have to be steady and firm in your purpose in utter disregard of the adverse opinion and criticism of the people.

“There is one more defect but that is not of your character but of the times and circumstances. Bengal is

subject to this weakness. People are not willing to give serious attention even to serious things. Religion, philanthropy, high aspirations, great endeavour, salvation of the country and such other serious, high and noble things are made fun of or ridiculed. They make light of such things and pass on. Your education in a Brahmo school has been responsible for something of this defect in you. I found it in Barin (his younger brother) also. All of us suffer from it in a greater or a lesser degree. The people of Deoghar are full of it. One can get rid of this weakness only by the firmness of one's mind. You are capable of doing it very easily. Once you get yourself used to thinking, your real nature will manifest itself. You are naturally inclined to do good to others and you have a sacrificing nature. What you lack is a firm mind. Devotion to God would bring you that strength.

“This was the secret matter about which I wanted to speak to you. Without divulging it to anybody else you should think about all these things with a steady mind. There is nothing in this to be afraid of. There are many things which ought to be considered. In the beginning, you need not do anything except meditating for half an hour on God. You should place before Him your strong aspirations in the form of an intense prayer. This is sure to prepare your mind gradually. You should always pray to Him that you will never stand in the way of your husband's course of life, his ideal and his attempts to reach God and that instead, you will always help him and serve as his instrument. Will you do this?

Yours.....”

The contents of this letter are extremely valuable. But especially so from the point of view of his Sadhana; we can regard it as the base on which it was founded. It sheds much light for us. It is autobiographical and its

authority therefore unquestionable. It is a very intimate and frank letter written with the utmost sincerity. It was written to his wife whom he held in the greatest regard and every word therefore has come from the heart; there is no make-believe in any part of it. He wrote it for her only, under a seal of secrecy and with the avowed intention of converting her to his view. He has revealed to her every action and reaction of his inner being and the motive-power behind its working at that particular time. It was written in August 1905, that is, about a year after the beginning of his Yogic practices. He makes reference to his early experiences which confirmed his convictions regarding the truth of Hindu Dharma.

Since his Sadhana is the relevant subject here, let us see what important points relating to it emerge from the letter. The seed of spiritualistic nationalism had been sown in his mind when he was fourteen and while he was in England. In essence he felt that India was the veritable Mother and that her redemption from bondage as well as her emancipation from the grip of materialism and of Western ideals must come through a revival of spirituality and Brahmatej. By the time that he was eighteen and at Cambridge, the seed had struck firm root. This explains why he failed the riding test at the final I.C.S. examination. There was a definite prompting in his heart that he was not meant for the Service but for something higher and nobler. He felt that his mission came from Heaven and that he was already launched on a long and difficult journey. In 1905 he recapitulated on the momentous history of the development of his ideals and his means of attaining them. He ruled out the use of Kshatratej and was equally definite with regard to his use only of Brahmatej. As distinct from Kshatratej, the prowess of warriors, Brahmatej, the prowess of Brahmins,

is based on the power of knowledge, of Tapas (the power of austerities and mental energy), of moral character, and of spirituality.

This then was his attitude towards India and the solution of her problems. He was quite clear in his attitude towards the problem of God and his own relations with Him. To him God, the Supreme Reality, existed beyond doubt. He considered that everything he had, came from God as a gift, and to Him must be returned. He was only a trustee for its proper use.

Since the fact of God's existence was beyond doubt, it was inevitable that Aurobindo should wish to find a path to Him and to possess Him. He was remorseful that much of his life had been wasted. He was determined to see Him face to face, whatever the difficulties. His determination can be compared only to that of Buddha to apprehend truth, or of Shri Ramakrishna to meet God. He says that after personal spiritual experiences within a month of beginning Yoga practices, he was convinced of the truth of the Hindu religion. He discovered the inner signs of the science of Yoga. While exhorting his wife, he partially reveals how a beginner should make a start. He says that the aspirant should submit to God, in the form of heartfelt prayers, his aspiration to see Him. God would then descend, remove all deficiencies and bless the devotee. This is, in fact, the first lesson in integral Yoga which he later elaborately developed step by step. He emphasised that the door of God was not closed to anyone who wished to enter. Even to the weakest there was entry. One must but knock and the doors would stand ajar. A heartfelt voluntary dedication put at the feet of God, by way of intense prayer, would in time take the aspirant to Him.

Aurobindo wrote this letter as we know from Baroda in August 1905. He continued there his Sadhana for

another year. In August 1906 he went to Calcutta for good. All the time he was gradually succeeding in stilling his mind completely, a consummation described by Yoga as the stopping of the modifications of the mind. Success came to a remarkable extent by the end of 1907, after he had settled in Calcutta. Let us now consider some questions which might arise in the mind of the reader.

Yoga and its practice is usually associated with a regular and peaceful life which affords enough leisure for one to observe all its meticulous rules and regulations. An exciting political life in troublous times spent in the very hub of activity cannot exactly be claimed to have been very propitious or congenial to it. But here we must pause to consider the mind of Aurobindo in order to see how he was able to continue his intense Sadhana in the midst of a stormy life and an eventful career. Though he had not yet formulated his theory of integral Yoga or worked out fully its synthesis, one thing was certain, he was not prepared to carry on Sadhana only for individual salvation or for attaining supreme quiescence. As we have seen, he was constitutionally against any form of escapism. Therefore, even in his early days of Sadhana the attempt was two-fold. While he tried to attain Samadhi (Swarupe Avasthanam), at the same time he endeavoured to put himself entirely at the disposal of the Lord for any vigorous action necessary for the liberation of India. We shall revert to this aspect of his Yoga later when in 1908 he was to meet in Baroda, Shri Lele.

The ineffable, intuitive as well as unitive experience of the Supreme was the immediate goal of Aurobindo's Sadhana. He tried to fulfil the fundamental conditions of attainment. He had already to his credit elevation of the moral life, absolute control of passion and desire, observance of Brahmacharya not only with regard to

continence but also in the practice of concentrating on Brahman, and he had made an all-out attempt to steady the mind by banishing all activity from it. He was also practising purification of the body and control of breath. His ultimate aim was the disassociation of the self from perception, sensation, thought, ideas, feeling and other modifications of the mind-stuff and its (self's) identification with the True Self which is the basis of all cognition. That is the Self-illuminated, Self-existent Supraconscious and Supracosmic Reality. He believed in all this and was convinced that pursuit of this Reality should be made not only when there was frustration in the world of the senses, or disgust because of surfeit, but always, because it was a real hunger of the soul and intrinsically a state magnificent and magnetically attractive. It was, he thought, in the basic nature of all human consciousness to evolve along this line. But for him, it was not the end of things or the final goal of Yoga. He had already had clear promptings that not only certain practices but every activity and all life could be Yoga and that to act as an instrument of the Divine was a spiritual status higher than the soul's merger or quiescence. This is why he thought his active political life could never conceivably come in the way of his spiritual Sadhana and his Yoga practices. When the call for political action came, he therefore answered, considering it as a further opportunity for a new and more intense Sadhana.

The Upanishads speak of the supraconscious stage (Prajnana) in which all ordinary experiences are transcended and there is one great, limitless, homogeneous experience without duality. This is the stage of the non-conceptual intuition of the self where knower, knowledge, and known merge into one. There is no question of a personal God. It is a totality of simple and

undifferentiated experience, the root of all our ordinary consciousness and knowledge. It is at once the essence of our individual self and the highest principle of the universe, the Brahman, the Paramatman. We may ask the question whether Aurobindo sought absorption as of a pinch of salt in water or of the rivers into the sea. The reply is that he emphasised the famous statement in the Mundaka Upanishad which says, he is greatest among the knowers of Brahman who sports with the Atman, who out of love, is one with the Atman and yet full of activity (Kriyavan). It is obvious that the activity indicated is not always and necessarily physical. The eternal and ecstatic dance of Shiva, the Nataraja, Aurobindo said, is the true symbol of the cosmic activity of the Supreme Spirit. This is the secret of his extreme alertness and intense activity in whatever he was doing, either occupying the professorial chair at Baroda, being a political leader, a prisoner in Alipore, or a Yogi in Pondicherry. He never looked upon these activities and Yoga as either inconsistent or separate. They were all one and apiece to him and must lead to the same goal, if performed in the proper spirit and with a full understanding of their basic harmony, stemming as they do from one and the same Supraconsciousness, the Purushottam of the Gita.

We can be certain then that there were no separate compartments in Aurobindo's mind; his Sadhana proceeded at a rapid pace in spite of his outward activities. He indulged in the most exciting activity and yet continued his Sadhana every moment of his conscious life. When partial consummation came, we find beside the infinite stillness of his mind, every one of his activities continuing as if directed by God. The second published letter to his wife, dated the 17th of February 1907 and written from 23, Scott's Lane, Calcutta, is from this point of view of

importance. The translation of the original Bengali letter reads:

“Dear Mrinalini,

“I did not write to you for long. This is a very old failing with me. What other remedy can I seek but pardon from you out of your natural goodness? Habits which have got firmly established cannot be overcome in a day. Possibly I may require this my whole life to be free from this defect.

“There was a proposal that I should go over there on the 8th of January, but I could not do so. It was not of my own will that I did not go there. I had to go where Bhagawan led me. This time I did not go for my own work but I was in the midst of His work. This time the condition of my mind was completely altered. I do not wish to reveal all that in this letter. You come here. At that time, I shall tell you all that I wish to tell you. But just now, I would like to convey to you this much that hereafter I am not master of myself. I shall have to go wherever Bhagawan leads me like a robot in his hands. I shall have to do what He commands like His bond-slave. I know that it may be difficult for you to understand this language. But it is necessary for me to tell you the fact as it is. Otherwise, my movements would be objected to by you and they may cause pain and sorrow to you. You may misunderstand me and feel that I am neglecting you and going my own way. Kindly do not think so. So far, I have sinned against you very much. It was but natural that you were very much dissatisfied with my conduct. But now I have lost my freedom. Henceforward, you will have to take it that all that I do is not dependent upon my volition but is entirely at the command of the Lord. When you come here, you will be able to

understand fully what I am saying. I hope in the meanwhile, that the Lord, out of His infinite mercy, will bless you with the same light with which He has endowed me. But that entirely depends upon His abundant grace. If you wish intensely to follow me as my devoted wife, then you should engage yourself in whole-hearted efforts towards that end. He is sure to respond to your single-mindedness and show you the path out of compassion. You should not show this letter to anyone, as I have written to you about the innermost secret of my heart. To you alone have I revealed this matter and to none else. I am barred from communicating this to others. Sufficient unto the day.

Your beloved husband."

One cannot help recalling the famous exhortation of Shri Krishna to Arjuna on the field of battle when he said, "Be thou my instrument. I have done everything, I am doing all things, and in the fullness of time, I shall do what is necessary. Realize that you are but an instrument in my hands." This was Krishna's injunction to Arjuna when he became too egotistic and thought of himself too highly as the "doer" of things. Aurobindo had been called by the Lord and by his intense Sadhana had surrendered himself completely. As a result his self stepped aside, allowing the Lord to be the main directive force. This in itself was a very high attainment. To surrender oneself on occasion, when for instance, one is faced with a momentous issue, or when one is at a loss to know what to do, is not very difficult or uncommon. It happens in the case of many conscientious and God-fearing men and women. But to enthrone God in one's heart as a constant ruler and an unfailing guide and to eliminate the "I" altogether is a spiritual achievement of a very high order.

It is tantamount to hold the self in suspended animation while allowing the Higher Self to take entire charge. In such circumstances the "I" continues because there is canalisation of conscious human energy in an individual, but "I" is only a silent witness to the fact that its house is run by a superior and a higher power!

In the Gita Shri Krishna says that the whole universe is set in motion and is moving as if it were "Yantraroodha" (hitched on to a machine). Aurobindo found himself in that position when he wrote this letter to his wife. His Yoga was self-started and self-directed and his whole life was God-inspired. It continued to be so to the end. He once said when speaking about his writings in "Arya" and his literary *magnum opus* "Savitri", that it was not so much that he wrote them but that "they came", and he was only the instrument in recording them.

Another letter written to Mrinalini in December of the same year reveals the continuance of the same process of Sadhana, though some irregularity in Pranayam. It shows that he was feeling the strain of his political activities. It was in Alipore jail that the next stage in his Sadhana was reached when he had "darshan" of Shri Krishna. Then he really had the experience of seeing God face to face, and thus realized his initial ambition. Before we go on to discuss this however, let us see what he says in the third published letter:

6th of December, 1907.

"Dear Mrinalini,

".....Here I have not a moment to spare. I have so many responsibilities to discharge. I have to write for the papers, I have the heavy burden of the Congress organisational work, and I have to clear the entanglements

regarding the “Bande Mataram” (the daily and weekly). I am so overburdened that I am not able to finish the work at all. On the top of it, I have “my own work”, which I can never neglect, much less abandon.

“Dear, dear, will you listen to me? I am now in a great fix. I am pulled in so many different directions that I am likely to go stark mad. If at such a juncture, you are not calm and collected in mind, my anxiety would increase and my grief would multiply. On the other hand, if you write to me with enthusiasm and in a soothing way, I shall derive special strength from you. I shall then be able to overcome all fear and adversity with a cheerful mind. I do know that your being lonely in Deoghar is a source of hardship to you. But your sorrow would not be able to overwhelm you, if you steady your mind and if you depend upon faith. Now that you have been married to me, some sorrow is inevitable. We are bound to live apart occasionally. The reason is quite plain. I cannot, like other common people, keep before myself the ideal of always doing what is necessary to make my family members and my relatives happy and content. Under these circumstances, the path of duty and Dharma that I have chosen is also yours. There is no other way for you but that of trying to derive happiness from the fulfilment which I may achieve in my appointed task. One word more. Most of the people with whom you are now staying are our elders. If they happen to speak something bitter, or say something improper, I think you should bear with them and should never get angry. Do not believe that what they say is from their heart or that they want to torment you purposely by speaking something thoughtless. Many a time, a bad word escapes the lips while in anger. You should not brood over such things. If you think that it is rather too hard for you to stay there, I shall

write to Girish Babu and he will make arrangements till I am in the Congress.....

Yours...."

This letter reveals the overwhelming nature of his God-ordained duties. At the same time, it is solicitous and tender regarding the feelings and the position of his helpless wife. His idea that the wife is Shakti and that he could derive immense strength from her if only she heartily shared his Dharma, persists and possibly continued to be with him till the end of his life. He pleads that separation and the other hardships to which she was being subjected were a natural and inevitable consequence of his highly dedicated life. His leaving Baroda, his forsaking a lucrative post for one at a pittance in the National College, his undertaking to write in various journals without reward, his night and day effort to build the nationalist party, were all done at the guidance of the Lord, in whose hands he was entirely. It was impossible for Mrinalini to understand but Aurobindo pleaded with her to try to sympathise with him and his work and above all to have faith in him and his Lord.

Then came the Surat Congress. But his inner calmness and equanimity were not disturbed. He went through the whole drama as if aware of what would happen. As we know, after the Surat split he visited a number of big towns, and it was during this tour that he was confronted with a spiritual problem which caused Shri Lele to be summoned to Baroda from Gwalior. This meeting was a landmark in Aurobindo's spiritual Sadhana.

After listening to an account of his experiences and the course of action he had so far taken, Lele advised Aurobindo to make a supreme effort to empty his mind completely of all that could be called mind-stuff. After

After I read this I set to depart from its mortal coil





Where the sacred remains of the Master rest



Mother



The Alms at Potsdam

three days of effort Aurobindo had accomplished his task. The ego along with its mind-stuff had made an exit. Supreme calm then descended on him and reached to the depths of his heart and established itself there. It was a calm which he had on occasion experienced before. Lele told him to be prepared for a voice after the calm (Nishpanda-bhava) was established. But none came. Aurobindo then journeyed to Poona and Bombay to answer the call of duty and took Lele with him. He had now realized the utter silence and infinite calm of the Supreme Brahman beyond time and space. It was an experience in which the whole of creation seemed to be nowhere. It was a calm which seemed to be the sole Reality, all else was nothing! But it brought fresh difficulties. Neither Aurobindo nor Lele felt that Sadhana ended there. This was the experience of only one node of the total Reality. It was the experience of Being and excluded the Becoming part of the Reality which is Being-Becoming taken as a whole. Aurobindo considered that after this experience and its part-realization, it would be difficult, if not impossible, to continue his duties, and it was at this time that Lele, led by his own intuition, suggested a way by which Aurobindo could endeavour to completely surrender his whole Sadhana to the Inner Lord and obtain from Him his direction. His advice to his friend was that the best way in which his Sadhana could be continued was by obtaining internal direction from above. Aurobindo agreed to this. His complete dedication had already transformed him into an automaton of the Lord regarding his political activities. He was now to place himself entirely at His disposal regarding his Sadhana. The Lord in the heart, was now to be the Guru of Aurobindo. At last an extraordinary Shishya had secured an extraordinary Guru!

During his tour Aurobindo complained to Lele that

sometimes his mind went blank as he faced an audience. Lele gave him advice, which was followed and words proper to the occasion began to flow from a source above the mind. This resembles the experience of Vivekananda when years ago he had addressed the Parliament of Religions in Chicago. The whole of the ego-source dried up in Aurobindo and the higher fountain opened with gusto, showering ideas in an unceasing flow of appropriate phrase. His nationalism afterwards became much more spiritual and his politics still more pure.

This kind of experience is not exceptional or peculiar, but the speed with which Aurobindo attained it was truly amazing. An experience, so to say, of Shoonya, i.e., zero, is described in some books. It is hinted that one has to go beyond this state to know the whole truth. A complete and abiding stillness of one's consciousness is followed by the experience of total disappearance or absence of the world which was once palpable and concrete. But this is only a negative experience and reality is not a void, it is an existence, it is Being. It is described as Existence-Consciousness-Bliss. A few months later when he was within the four walls of Alipore jail, the positive experience of the unremittent immanence of the Supreme Spirit in everything came to him.

Aurobindo was always mindful of his debt to Lele and mentioned his name with respect. He once said that Lele had helped him to, (a) a very vivid and graphic experience of the still mind and absolutely calm Brahmic consciousness—vast, infinite and illimitable; (b) the power to speak and write without the use of the mind; and (c) the habit of submitting to the direction of the higher power above the mind. All this happened before February 1908. When Barindra invited Lele to Calcutta in February 1908, the intention was to request his help

in the spiritual training of the revolutionary youth of Bengal. For some days Lele stayed in Calcutta in Sheel's lodge. In the course of their talks, it transpired that Lele was apprehensive that the voice Aurobindo was following was Asuric (demonish) in nature. He added that it would be difficult for him to undertake further responsibility in Aurobindo's Sadhana if he continued to follow the voice. Aurobindo immediately absolved Lele from his responsibility and fell back entirely on his own inner guidance. Thus ended one of the most delicate relationships developed between two souls in the course of Sadhana. (P. 254, "Dakshina", August 1951).

We know that Aurobindo had been feeling the strain of his activities. Relief came in a strange way. Events so conspired that he was arrested in May 1908 and sent to Alipore jail. He spent about a year there. It was not a bed of roses, no jail can be. He had to undergo all possible hardships and the worst hardship for him at that time was the necessity to live in a crowd for months on end. But he faced things as always with remarkable equanimity. What is more, he made his jail-life an opportunity for further unbroken Sadhana.

He welcomed this opportunity. It was to be a period of rest from the world and also an occasion when he could live in seclusion. When for some time he was forced to live in a dormitory with a number of other people, he trained his mind to meditate in the midst of all diversions. He closed his mind to the case and was nonchalant. He felt that he would not be found guilty. To all other hardships and to creature comforts he was absolutely indifferent. Thus by sheer force of will and through an intense desire to continue his Sadhana without break, he created even in that dreary place an atmosphere congenial to his work. In his case "the mind was its own palace and it

could make a heaven of hell". With this initial preparation, his Sadhana went on and we know the result. He has described the consummation in his Uttarpada speech delivered after his release. It is a glowing account of the glorious vision of Shri Krishna pervading everything, from each atom of the cosmic dust to the newest universe, from the first protein molecule which started life to the newest babe born on earth. It was obviously the realization of the cosmic consciousness, of the Divine immanent and transcendent. It can be summed up in the pregnant phrase of the Gita, "Vasudeva Sarvam" (all is Vasudeo). It was no longer the unutterable stillness of spaceless and timeless Brahman, nor the mere dance of dynamic creation but it was both in One, the all-pervasive Purushottam, in Whom all meet and find their meaning and synthesis. He had also glimpses of the power higher than the mind which is the link between our consciousness and the Consciousness of the Divine. But more of this later. We must restrict ourselves here to discussing his vision of the immanent Divine while in Alipore jail.

Aurobindo himself calls this period of incarceration at Alipore as "Ashramvas", life in a hermitage. "Its only result was that I found God", he says in his small book, "Kara Kahini", the story of his prison life. (It is written in Bengali, and is an interesting document). But this particular Sadhana is important and of course its fulfilment. For a while, he says, he was shaken in faith, as he considered his imprisonment an uncalled for interference in God's work. But after three days a voice came to him and said, "Wait and see". He then remembered that he had neglected to answer the call to seclusion that had come to him a month earlier. This was a sequel to his disobedience! Even in God's government the penalty for civil disobedience, it appears, can be jail. He was

allowed to have the Gita and the Upanishads. They were his constant companions. In one of his speeches which refers to this period ("Speeches and Writings," p. 90) he says, "His (Lord Krishna) strength entered into me and I was able to do the Sadhana of the Gita". In another speech he describes his experience ("Speeches and Writings", pp. 92-93) thus:

"I looked at the jail that secluded me from men and it was no longer by its high walls that I was imprisoned; no, it was Vasudeva who surrounded me. I walked under the branches of the tree in front of my cell, but it was not the tree, I knew it was Vasudeva, it was Sri Krishna whom I saw standing there and holding over me His shade. I looked at the bars of my cell, the very grating that did duty for a door, and again I saw Vasudeva. It was Narayana who was guarding and standing sentry over me. Or I lay on the coarse blankets that were given me for a couch and felt the arm of Sri Krishna around me, the arms of my Friend and Lover. This was the first use of the deeper vision He gave me. I looked at the prisoners in jail, the thieves, the murderers, the swindlers, and as I looked at them, I saw Vasudeva, it was Narayana whom I found in those darkened souls and misused bodies."

He writes in his account of jail-life, ".... Day after day He showed me His wonders and made me realize the utter truth of the Hindu Religion. I had many doubts before. I was brought up in England amongst foreign ideas and an atmosphere entirely alien.... But now day after day, I realized in the body the truths of the Hindu religion. They became living experiences to me, and such things were opened to me which no material science could explain". He fully realized that in addition to personal effort, to have the grace of God is an important element in fulfilment. Even the Upanishads refer to this kind

of grace, "Yame-vaisha Vranute Tena Labhyah", it is he who is chosen, gets to know the Reality.

One or two small but important incidents while in Alipore jail should be mentioned here, since they bear directly on Aurobindo's Sadhana. Upendra, a co-prisoner, once inquired of him where he obtained the oil for his hair. It was so dark and shiny that Upendra was sure Aurobindo was receiving oil from somewhere! But the shine was the result and effect of his Yogic practices. Another incident refers to the experience of levitation. Once, during meditation in his cell, he found himself in a very peculiar poise. One point of one knee touched the ground and the whole body balanced on it. It was a position which could not be taken voluntarily, however hard one tried. It was only when one of the watchmen discovered him and went to report the happening to the officers that Aurobindo realized what was happening! By the time the officer arrived, however, Aurobindo was in a normal position once more and to all enquiries simply laughed.

The important change in his outlook and the deeper note of spirituality prevailing after his release from jail is clearly noticeable in the following lines from his Uttarpara speech: "I spoke once before that this movement is not a political movement and that nationalism is not politics but religion, a creed, a faith. I say it again today, but I put it another way. I say no longer that nationalism is a creed, a religion, a faith; I say that it is Sanatana Dharma which for us is nationalism."

The effect of his vision was profound and abiding. It reflected in his writings and speeches and attitude. It continued until the day of his departure for Chandra-nagore and Pondicherry.

The next period lasting about a year, covered activities

similar to those of previous years but there was now a difference. "Yoga is skill in works" was the motto of his new journal "Karmayogin". And what is Karma-yoga but "the application of Vedanta and Yoga to life?" he asked. At another time he said, "Yoga is communion with God for knowledge, for love, for work". He now began to urge the whole nation to go into Sadhana in order to revitalize the cultural heritage of India. His emphasis on Brahmacharya and Yoga as the twin means of reaching perfection shows what importance he attached to them in Sadhana. His belief in spirituality had become firmer. He wrote, "it is the Spirit alone that saves".

But he was destined soon to leave the active arena of politics for a more intensely active inner field of the mind, and the planes above it. The basis from which he had been working now proved to be inadequate and he ventured into a struggle to scale new heights and to find fresh foundation for a "life divine" on earth.

CHAPTER IX

TOWARDS SUPERMIND

THE next phase of Aurobindo's Sadhana opens first, for a brief period of a month and a half, in Chandranagore and then moves to Pondicherry, both French outposts in India. It was now more than evident that the Government of India was going to pursue him however fruitlessly, in an attempt to see that he was out of their way. They failed once, twice, thrice, and four times! But it now transpired that the inner call to exclusively pursue the path of contemplative Yoga was so persistent in Aurobindo's mind

that he left for Chandranagore and afterwards for Pondicherry almost as a helpless automaton.

He did not go with a predetermination never to return to active politics. On the contrary, in reply to an invitation from Chittaranjan Das, he wrote, "Dear Chitta, I would not enter the world of action with my older ideas and inspirations. I am in search of a higher goal. When I reach that, I will begin my work with my base there". It is clear then, that he intended to seek a higher base in spirituality before continuing with other activities. Exclusive devotion to inner development was the main feature of his earlier Sadhana in Pondicherry. The same urge that had led him to Yoga, to the doctrine of complete self-surrender, to the simultaneous practice of Pranayam, of contemplation, and of Nishkam Karma, now urged him to go beyond the mind and try to possess the supramental. He had started his spiritual Sadhana with the intention of obtaining more Brahmatej, more Sattvic moral power and strength for the emancipation of India. That led him to Yoga. He could still the mind, suspend outward activity of the self and look to the inner Spirit as its real abode. He had also surrendered himself completely to the Lord, to the extent of feeling that he moved only at His word. No doubt, he could have rested here as so many had done before. But this would not have meant any advance for humanity beyond ground already covered. Aurobindo felt that his mission was different. His aim now was to realize the Supermind, to take his stand in the Truth-Consciousness which is the natural and normal poise of the Supermind and then to bring down the Supermind to matter, life and mind in order to transform them into finer instruments. This alone would lead to the birth of a future humanity which would inherit truth-vision, harmony in spirit and action, and ineffable joy.

To judge by ordinary standards, vast ground had already been covered by his Sadhana. But now that he was launched on a far greater adventure, previous achievements seemed to be fragmentary. Each stage through which he had passed might well have occupied the lifetime of even a good Yogi. Most would be satisfied to have attained one stage and would feel "Kritārtha", that is one who has attained one's aim in life. But with Aurobindo, individual solution or salvation was never the aim even in the initial stages of his quest. He was as a poet who could not be satisfied until he had written a mighty epic of the human spirit. He was as a painter who took the sky as his canvas and the rainbow as his inkpot. He was as an architect who started to design a temple where the gods of the whole of humanity would dwell. And yet the beginning had seemed to be so simple. The curtain rises on a human soul struggling to find the truth. But as the drama develops we see an epic hero battling and grappling with forces, inner and outer, with a view to clearing the way for humanity and attempting to show a clear path of victory and triumph over matter, life, and mind to generations yet unborn.

An extract from the Uttara Para Speech reads as follows:

"When I approached God at that time, I hardly had a living faith in Him. The agnostic was in me, the atheist was in me, the sceptic was in me and I was not absolutely sure that there was a God at all. I did not not feel His presence. Yet something drew me to the truth of the Vedas, the truth of the Gita, the truth of the Hindu religion. I felt there must be a mighty truth somewhere in this Yoga, a mighty truth in this religion based on the Vedānta."

His object, though limited at that time, was highly

altruistic and not at all personal. In the same speech he remarked, "I do not ask for anything that others ask for. I ask only for strength to uplift this nation, I ask only to be allowed to live and work for this people whom I love and to whom, I pray, that I may devote my life."

His struggles were as intense as they were titanic. In one of his letters to Dilip ("Aurobindo came to me") he writes:

"But what strange ideas again! that I was born with a supramental temperament and that I know nothing of hard realities! Good God! My whole life has been a struggle with hard realities—from hardships, starvation in England and constant dangers and fierce difficulties to the far greater difficulties constantly cropping up here in Pondicherry, external and internal. My life has been a battle: the fact that I wage it now from a room upstairs and by spiritual means as well as others that are external, makes no difference to its character. But of course, as we have not been shouting these things, it is natural, I suppose, for others to think that I am living in an august, glamorous, lotus-eating dream-land where no hard facts of life or nature present themselves. But what an illusion all the same!"

From his letter to Chittaranjan, we saw that his whole former basis of working had, as it were, become out-of-date from his point of view. And now he wanted to work not from the mental but from the supramental plane. Not with the fumbling, stumbling, erring instrument that humanity possesses today but with that unerring and directly cognitive instrument, the supermind, with which the Divine itself works. His intent and purpose was to change the fundamental nature of humanity. The whole meaning and essence of his Pondicherry Sadhana was in this great endeavour.

Aurobindo's faith in Yoga and its capacity was as profound as his faith in the Divine itself. It was that faith, together with confirmation given through his experiences, which led him on from stage to stage. In his "Tirthankar", Dilip gives an account of an interview with Aurobindo in which he is purported to have said: "I too wanted at one time to transform through my Yoga the face of the world. I had wanted to change the fundamental nature and movements of humanity, to exile all the evils which affect mortality....It was with this aim and outlook that I turned to Yoga in the beginning and I came to Pondicherry because I had been directed by the Voice to pursue my Yoga here". It is of incidental interest to know that hundreds of years ago Pondicherry was called Veda-puri and the great Agasthya Rishi lived there as its patron-saint.

During the first four years of his life in Pondicherry, Aurobindo worked out his synthesis of Yoga and perfected the technique which has come to be known as Purna Yoga or Integral Yoga. Here we find a total view of things and a grand reconciliation of apparent opposites. In discovering an underlying inner harmony within himself and by forging an integrated personality by his strenuous Sadhana, Aurobindo found the key to the harmony and the music of the spheres and to the supreme personality, the Purushottam, the presiding Divinity over the seemingly conflicting dualities in the cosmos.

He knew, however, that individual realization even of the Supermind was not enough to change the whole of humanity at once. Humanity had to be ripe for an all-out effort. But meanwhile, he thought that individuals and groups could carry on the Sadhana. Dilip quotes Aurobindo in his "Tirthankar" as saying, "It was then (i.e., after my own atma-siddhi) that my outlook changed with

the knowledge born of my new Yogic consciousness. But then I found, to my utter disillusionment, that it was only my ignorance which had led me to think that the impossible was feasible here and now in order to help humanity out, it was not enough for an individual, however great, to achieve an ultimate solution individually; humanity has to be ripe for it too."

There cannot be any doubt that the four years of seeming silence were pregnant with intense Sadhana. For, after this time, there came from him the most eloquent, forceful, fruitful and varied writing which has since proved to be a permanent contribution to world literature on philosophy, poetry, culture, sociology and spiritual technique. His writings in "Arya" are not laboured or artificial. They are an expression of much of the inner knowledge accumulated during his Yoga practices. He writes in "Arya", "The spiritual experience and the general truths on which such an attempt can be based were already present to us, otherwise we should have no right to make the endeavour at all; but the complete intellectual statement of them had to be found."

The "Arya" continued to be published for six and a half years. His writings in it were a continuation of his Sadhana in the intellectual field. The relation his political activities had borne to his spiritual Sadhana during 1906-10, was replaced now in 1914-1921 by his intellectual activities. But the field and the plane on which he worked were now different. The field was that of ideas and of thought and the plane was entirely spiritual.

The reader will be wondering what kind of Sadhana and for what purpose Aurobindo continued until the end of his life, when, to all intents and purposes, in the eyes of the general public, and within the knowledge of those who were intimate with him, he had attained the usual

Siddhi. Suffice it to say that he was a Siddha in the orthodox sense, but in relation to his goal of bringing down the Supramental, he continued to be a Sadhak. There is nothing inconsistent in this. Even after he went to Pondicherry, he knew no stop or respite in his Sadhana, whether he was in silence, editing "Arya", writing to disciples, conducting an Ashram, or composing "Savitri". The difference was that now he sought a far higher prize in order to effect a revolutionary transformation of humanity into a divinized community.

He had already reached what is usually called Atma-Siddhi. But Aurobindo, as a fully evolved soul, as one who was a Siddha and as one who had nothing more to achieve for himself, had chosen to make an experiment in the way of consciously trying to help nature along in the next evolutionary leap that humanity was bound to take. His vision of future humanity—whether it came tomorrow or the day after or after a millennium—was quite clear. He had sighted the Supermind, that is, Truth-Consciousness, the instrumentality of the Divine through which it acts on the other lower planes of consciousness, including the inconscient. He said that the coming of the Superman was as sure now as was the coming of man before he actually came. This leap from the mind to the supermind was as certain as the leap from life to mind. Man would then be transformed because he would no longer be acting in ignorance and through it, but in knowledge and therefore in light, in love, in harmony, and in Anand. Aurobindo saw the possibility, at the next stage of humanity, of the supermind purifying and divinizing the whole content of man, his material, vital and mental being. His Sadhana consisted therefore, in hastening that process in himself and in those that followed him with faith.

It was obvious to Aurobindo that the next stage in

human evolution was to be reached not by a mere turning of the magic wand or by a Mantra or a miracle. It was a process. What could be done by one who had had a vision of it was to proclaim the vision in clear terms, with the utmost of sincerity, to stand as a witness to the truth of the vision, to give a call to humanity to prepare itself, and finally, to help all souls to respond to the extent that each was capable. Thus he would participate in the evolutionary process that was here and now going on. This almost superhuman effort to usher in the era of supermen on earth primarily took the form of an intensely searching probe into the higher regions of the upper reaches of consciousness in an attempt to bring the power of the Supermind to bear on the matter, life, and mind of humanity. It was an intense search for a more complete experience for uniting and harmonising the dyad of the Reality, namely, Spirit and Matter, Purusha and Prakriti, Being and Becoming, the link, the channel, or the bridge between the two being the supramental plane. Some other ways in which he carried on the work included taking charge of the Sadhana of those that believed in him and had faith in the truth he had discovered, advising them and writing to them in order to help them, writing and revising books already written, composing the grand epic "Savitri", and giving exclusive devotion to spiritual exercise. This indeed, was the Sadhana that Aurobindo followed till the last moment of his earthly life.

It is interesting to note some of the outer and visible things about him which attracted notice while he carried on his Sadhana during the long years in Pondicherry. We know already the way in which he lived while in Baroda and Calcutta. We must now see, very briefly, under what conditions and in what environment he conducted his spiritual adventure at this time.

His removal to French India proved to be extremely wise. The suspicious government of the day would otherwise have been on his track. If nothing else, that would have been a nuisance. Moreover, any action the government might have taken would have acted as an artificial restriction on the movements of many who wished to visit him and stay with him. That was avoided at one stroke by his residing in Pondicherry. His habits as regards food, clothing, sleep, shelter and other creature comforts were always a model of simplicity. He was in fact, indifferent to these things. He never had been a lover of physical exercise. His general health was good and for a time in Baroda he practised the ordinary Indian Danda and Baithak exercises. Later, walking on the terrace or in his rooms comprised the only exercise he allowed himself. Sleep or physical and mental rest were entirely within his control and depended upon his particular requirements.

He laid the greatest possible stress on Brahmacharya, not only in the highest sense of the term but also in the widest sense. During his political career, he had lived with his wife and sister for a very brief period in Calcutta, but after his departure to Pondicherry, he gave to Mrinalini neither chance nor permission to see him till the year 1918. When this permission was granted, however, and while on her way to Pondicherry in December of that year, the poor brave and loving woman succumbed to influenza in Calcutta and afterwards died. In one of his letters, he says that not only sex-life but also sex-thoughts, if allowed to have their way, come in the way of Sadhana. The sex-energy and life-energy being the same, the sex-act does diminish it to a great extent.

Brahmacharya, however, does not mean only continence or chastity or physical abstinence from the sex-act. The continence that Brahmacharya contemplates

extends to abstinence in thinking about sex, and talking about it. Sex apart, Brahmacharya lays down that the Sadhak must abstain from everything that comes in the way of the contemplation of Brahman. This is only the negative side of Brahmacharya. The positive side is to keep the mind busy and occupied with thoughts about Brahman, the highest truth. Keeping our mind occupied with Brahman consists in listening to what is said about it, thinking about it, understanding it and contemplating about it constantly. One who rigorously practises Brahmacharya and all that it implies, develops Tejas as well as Ojas, physical as well as intellectual and moral brilliance and power. Brahmatejas is the power that develops as a result of the observance of Brahmacharya in the fullest sense and as a result of contemplation on Brahman. On account of Brahmacharya, Aurobindo's physical body developed an extraordinary golden shine in later years.

The story of his contact with the outside world is, to say the least, very peculiar and extraordinary. The first four years in Pondicherry were spent in living a very secluded life and are usually termed the "silent years". Then came the "Arya" period when he developed contacts, enough for running the great journal. After this, his contact for years, even with his closest disciples, was only through the Mother. After 1926 he receded even further into seclusion. From 1930-38, however, there was such an abundance of contact through correspondence alone, that he was required to work until 5 a.m. each day. When he ended the correspondence method, the only link between him and the world, including his disciples, was the Mother. Later in 1927, the Darshan system was organised. Four days in a year were set aside, and on those days, disciples in the Ashram as well as those who came specially to the

Ashram for Darshan filed past Aurobindo in silence as he sat on a specially prepared Asan (seat) and were satisfied by his glance. Sometimes, as on 15th August 1947, the number of people swelled to 2000. This method of occasional Darshan continued to the end of his life, the last having been held on the 26th of November 1950.

Coupled with Aurobindo's deliberate seclusion, these facts are likely to give one an impression that he was remote from the world and that he had ceased to have human and humane considerations. This would be a very mistaken conception of his approach and attitude. In fact, the more remote he became from physical contact, the nearer, it can be said with great truth, he was to all who were near him and dear to his heart. Humanity itself was nearest to him, and his Sadhana was meant for humanity. He has emphasised many times that his Yoga was for humanity. And it is evident in the numerous letters he has written, in their rich emotional content, their courtesy, their humility and the affection which pervades most of them. Nor was he a stranger to humour. It is sometimes evident in his letters, but was enjoyed much more by those who were with him at times. There was a strong trait of shyness and reserve in his temperament. It is also true that he avoided being in crowds, which is one of the characteristics of true knowledge and one of the important disciplines prescribed by Yogic Sadhana. But his studied isolation and seclusion was dictated more by the necessity of the Sadhana he was carrying on than by any other consideration. His heart was too tender, his sense of human brotherhood too strong, his identity with the aspirations and destiny of humanity too thick to admit of any feeling of separateness or remoteness, either from those near to him or from general humanity.

The reader is likely to gain another impression from

the seclusion in which he shrouded himself: that Aurobindo had lost touch with the world of human affairs and with the mighty events and happenings and scientific discoveries that were going on. His writings and letters however, bear witness to the fact that even to the last moment, he did not miss anything of importance. His philosophy strikes one not as one which is out-of-date but as one which has taken into consideration the latest thought and the last discovery. His philosophy as well as his Yoga are nothing if they are not integral, coordinated, synthetic, constructive and in line with the evolutionary trends of Nature. His routine during the last days also shows clearly how alert he was in the extreme and how he kept himself informed of the world and its multifarious activities.

The following is an extract from an article in "Mother India" dated 19th May 1951, written by Shri Nirodhbaran who was at that time helping Aurobindo in disposing of his routine work. He writes, "... Apart from 'Savitri' which is a monument by itself, the daily reading of papers, the perusal of numerous journals, weeklies, fortnightlies, quarterlies edited by people connected with the Ashram and of articles written in four or five languages, poems, essays, letters, the dictating of replies to questions and, to crown all, the preparation of his own books and others, the attention to their manuscripts and proofs, etc.—all these were his routine work. Add urgent demands from the Press, blessings implored for help and guidance in material distress—and the list should be enough to open a blind man's eyes. All this work had to be despatched within about two hours a day!" His whole philosophy and basic approach was comprehensive and could never admit exclusion of what was going on in the world. I shall now revert to the earlier years at Pondicherry and then proceed

to the great day of days, the 24th of November 1926.

Aurobindo, when going to Chandranagore followed the dictates of his inner voice practically like a machine. Though the ordeal of travelling incognito to Chandranagore and then to Pondicherry must have been most upsetting, he is said to have possessed admirable equanimity, and to have been quite unmindful of the whole process, somehow feeling that all would be right in the end. This was the result of his complete self-surrender. When absorbed in Sadhana at Chandranagore, M. Roy describes him as "a dedicated soul. When he speaks, one feels that someone else is speaking through him. When food was offered, he kept on looking at it and accepted a little, quite mechanically. He seemed to have developed the power to meditate all the time and with open eyes. He witnessed also subtle visions" (p. 252 "Dakshina" Feb. 1951). In fact, he saw Ila, Bharati, Mahi, Saraswati and other goddesses in a vision and it was they who helped him later in the interpretation of the Rigveda.

The same process of Sadhana continued at Pondicherry. There were some things of note however, during the first year of his stay. He observed a fast for twenty-three days while staying with Shankar Chetty. He took water only. His daily routine of walking for hours, reading, writing, and meditation continued without break or diminution. He lost weight but not energy. He broke his fast and immediately ate his usual food without any bad effect. The conclusions he drew from this experiment were, that a body cannot live on indefinitely without food, that one can draw vitality and energy directly from the atmosphere so far as is necessary for work, and that it is not necessary to observe all the meticulous rules regarding breaking a fast. Of course, these conclusions must apply only to Yogis and not to ordinary persons.

During the year, he once had a prevision of one V. Ramaswami Iyengar who stayed with him for about a year, but long before his arrival Aurobindo had seen him staying with him. The figure he saw however, did not resemble the one who was to arrive but the one he was to become when he left one year later. This story was later narrated to Dilip.

Another happening during the year was the dictation of the book "Yogic Sadhana" by the planchette. It is said that at the end of the dictation, the shadow of Raja Ram Mohan Roy passed before the witnesses, indicating that dictation had been by him. But apart from that fact, the phenomenon of a sustained effort by a bodyless force resulting in a cogent, logical book remains!

Though through M. Roy, friends continued to help financially, life continued to be full of want and hardship. Aurobindo, of course, accepted it as part of the bargain and never complained. His birthday in 1912 was observed by the distribution of sweetmeats by friends who gathered round him. In 1913, it happened that he had fever on his birthday, but still he sat up in his chair and one by one all met him and expressed joy and gratitude.

While his Sadhana continued, a very important step was taken in starting "Arya" on the 15th of August 1914, the 43rd birthday of Aurobindo. As we know, the proposal for a journal came from Paul and Mira Richard who had been staying there from March of that year. Mira first met Aurobindo at 3-30 p.m. on the 29th of March at 103, Francwa Mortema. Aurobindo agreed to the idea because he thought it would be a good vehicle for the exposition of ideas based on his own experiences from 1904-14. He remarked, "It will be the intellectual side of my work for the world". It was also decided to issue a French edition,

which, however, ceased publication very soon as war broke out.

It is interesting to note how Aurobindo made fun of his capacity to write anything about philosophy. He wrote to Dilip, "And philosophy! Let me tell you in confidence that I never, never, was a philosopher, although I have written philosophy, which is another story altogether. I knew precious little about philosophy before I did the Yoga and came to Pondicherry—I was a poet and a politician and not a philosopher! How I managed to do it and why? First, because Richard proposed to me to cooperate in a philosophical review—and as my theory was that a Yogi ought to be able to turn his hand to anything, I could not very well refuse: and then he had to go to war and left me in the lurch with sixty-four pages a month of philosophy, all to write by my lonely self! Secondly, because I had only to write down in the terms of intellect all that I had observed and come to know in practising Yoga daily and the philosophy was there automatically. But that is not being a philosopher!" Aurobindo considered that, while philosophy is a quest for the truth of things by the human intellect, the endeavour to realize the truth in the inner self and in outer life is Dharma. Of these two, it goes without saying, that he was more a Dharmatma than a Darshanik (philosopher), but Aurobindo, in spite of himself, was both!

Once "Arya" was published, Aurobindo saw that it was issued regularly and punctually. The Richards had to go to France during the war, and returned to India only in 1920; thenceforward Mother has lived in India. After 1920, Aurobindo never moved out of his apartments except when there was a change of house. Though from 1914 to 1920 he was busy with "Arya", and though during that period he received visitors and met a number of people

during tea-time, as he once asserted himself, his Sadhana never suffered.

As proof of the fact that he kept himself informed of events, it should be mentioned that at an urgent request from Annie Besant, he wrote a letter to the English daily "New India" in 1918 regarding the Morley-Minto reforms. A condition was that the letter should be anonymous! So it was signed "An Indian Nationalist". He characterised the reforms as "A Chinese Puzzle" and "A Great Shadow".

A letter he wrote in January 1920, in reply to one from Baptista, is noteworthy as it reveals the working of his mind at that time. He had been requested by Baptista to re-enter politics and edit a nationalist daily. Of course, Tilak was behind the request.

The letter summarizes as follows:—Your offer is a tempting one. But I am sorry I cannot accept it. I must mention my reasons to you in brief. I do not intend to return to British India now. Nor is the British government, so far as I know, in favour of my return. It would probably mean immediate incarceration for me. I have so much work on hand, that I am unwilling to waste my time by becoming a guest of His Majesty's Hotel. But even if I had full liberty, I would not return to India now.

I came here with a distinct objective. I wanted liberty and peace for that purpose. It has nothing to do with the political situation in the country. What I should do for India, I am doing in my own way. It is not possible for me to start any other activity until my present object is fulfilled. If I go to India now, I shall have to take part in so many things.

Pondicherry is my place of seclusion. It is my cave for Tapas, and Tapas of my own brand and not the usual

renunciation. Before I come out, I must perfect myself inwardly in the Sadhana that I have undertaken.

I do not look upon politics as inferior nor do I think that I have now outgrown them. I have always emphasised spiritual life and I am doing that much more fully now. But my idea of spirituality is not one which preaches Sannyas and an escape from the world. I do not believe in hatred or disgust for things of this world. There is nothing that is not spiritual in a lesser or higher degree. In a perfect spiritual life, there is scope for everything.

What is now going on in the political field seems to differ much from what I would like to do. My sole object during 1903-10 was to create among the people a will to be free and to divert the energies of Congress from the useless ways that it was following into self-reliant and militant channels. That work has now been accomplished and the Amritsar Congress has proved it.

I believe that the country is now on the way to freedom and will achieve it. But sometimes, I think on how it will shape itself after freedom. That is a very important thing.

I believe that India has a soul, has a genius of its own. I generally subscribe to principles of some kind of social democracy. But they should be in tune with the traditions and the culture of India. Very few seem to have clear ideas about this aspect of the matter.

I have no definite programme just at present. I have been thinking about these matters but there has been no clear formation yet. So I am not in a position to give anything concrete to the people.

Similarly, his reply to a letter received from Barindra after his release from the Andamans, is historic. It was written in April 1920. It is advisable to quote it in full

as it throws light on a number of matters which are otherwise not clearly known. It reads:

7th April, 1920.

“Dear,

“I had received your letter but it was not possible for me to reply so far. It is something of a miracle that I am now sitting down to write a reply to you. Because it is once in a blue moon that it is possible for me to write, specially in Bengali, which happens here but once every five or seven years. But this miracle will be complete only if I am able to finish this letter and post it to you!

“First let me take up the subject of your Yoga. You want to put the responsibility of it on me. I am certainly willing to take up the burden. This means, however, that the burden is to be transferred to the shoulders of God, who either openly or secretly is guiding you and me through Bhagavati Shakti. The inevitable result of this would be that you will have to go by the same path which I am treading and which He has shown me. We call it Purna Yoga. That with which I began, along with what Lele added was all during a period of seeking. Then I looked into this and that path and tried many things. I probed into the partial Yogas of the past here and there, took them up one by one, tested them and went through the experiences also one by one.

“After I came to Pondicherry, this tossing about and unsteady condition disappeared. The Jagat Guru (the world teacher) who dwells in my heart, showed me His path in full. The complete theory of this Yoga is that it has ten stages. I have been trying to develop it fully for the last ten years by going through experiences. The development is not yet complete. It may be added that I shall require two more years.

“I shall write to you later as to the special nature of this Yoga. Or if you come here, we shall talk about it. In such matters, talking to each other is preferable to writing. Here and now I can but inform you that the main principle consists in taking up through synthesis and integral unity of full knowledge, full action and full devotion beyond the level of the mind to the level of the supermind and to perfect them there. The main defect in the old Yogas consisted in the fact that they knew mind and intelligence and the Atman; they used to be satisfied with spiritual experience on the mental level; but the mind is capable of only partial knowledge and it can comprehend only parts, not the whole. The infinite and the integral truth cannot be fully grasped by the mind. The mind can know the infinite and the total reality only through Samadhi, Moksha, or Nirvana and by no other means. Of course, some people do attain this kind of Moksha which may be said to be a blind alley. But then what is the use of it? Brahman, Atman, Bhagavan are there and exist in their own right. But what the Bhagavan intends to do with man is to enable him to realize God in life, in the individual as well as in the collective society (to manifest God in life).

“The old systems of Yoga could not bring about a synthesis or unity between spirituality and life; they disposed of the world, calling it Maya or the transitory play of the Lord. The result is vitality and vigour in life have been sapped and India has decayed. In the Gita, it has been said, ‘If I (Shri Krishna) cease doing action, these worlds would be destroyed’. So has it happened and ‘this world’, so far as India is concerned, has been really destroyed. Some Sannyasis and Bairagis, Sadhus and Siddhas would, no doubt, attain spiritual perfection and be ‘free’. Some devotees, out of love for the Lord and

extreme emotion, may dance on account of overwhelming joy, but the whole race would be devitalized and be without any real understanding. They would all be drowned in Tamas (sloth and darkness). What kind of spiritual salvation is this? One has first to go through the partial experiences on the level of the mind and then having spiritualized the mind and illuminated it by the light of the spirit, one has to elevate it upwards. It is impossible for a man to understand the ultimate secret of this creation unless one enters the supermind. Nor can the problem of the world be solved unless and until this is done. It is only there on the supramental level that ignorance regarding the duality of spirit and matter, spirituality and life can be dispelled. At that stage, the world does not any longer present itself as Maya but it appears as the eternal play of Bhagavan, and one visualizes the progress of the soul from day to day. It is only then that one can have full knowledge of Bhagavan and can attain Him. This has been referred to in the Gita as 'knowing me fully and totally'. The material body, life, mind-intellect, supermind, and Anand are the five sheaths or planes (Koshas) of the Atman. The higher a man rises, the nearer he approaches the highest point of attainment (Siddhi) in spiritual evolution. When one enters the supermind, the transition to Anand is easy. Then one becomes established in the poise of infinite bliss, not merely in the Parabrahman who is beyond time and space, but in this body, in life, and in this terrestrial world. Existence-Consciousness-Bliss fully blossom forth and illumine this life. This effort is the central clue of my Yoga system.

"This is by no means an easy thing. Even after fifteen years of strenuous labour I have but reached the lowest of the three stages of the supermind and am trying hard to draw into it all the lower tendencies in me. But

when once this is fully accomplished, Bhagawan would give through me success to others in reaching the supermind with very little effort. I have no doubt about it in my mind. It is then that my real work would begin. I am not impatient about the completion and success of my task. Whatever is destined, will happen through Bhagawan at the appointed time. I am not prone to jump into the field of action in haste like a madman with the poor vanity of an egotist. Even if success does not crown these efforts, I am not going to lose heart, this is not my work at all, it is Bhagawan's. I am not going to listen to any other call. When Bhagawan sends me into action, I shall certainly go.

“I know that Bengal is not yet fully prepared. The flood of spirituality that seems to be sweeping is to a great extent the old thing in a new form. It is not real transformation. Of course, this too was needed. Bengal is reviving all the old Yogas and is exhausting their momentum. It is trying to gather the essence and to fertilize the ground. First came the turn of Vedant, Advait, Sannyas, Shankara's Mayawada, etc. Now it seems the vogue is Vaishnavism—Leela, love, and ecstasy in emotional devotion. This is all very very old. This is not useful for the new age. This would not endure. This kind of thing is not worthy of survival. Of course, there is one virtue in Vaishnavism, that it keeps up the relationship between Bhagawan and the world. It gives meaning to life. But since this is but a partial emotion, it does not develop an integral relationship or full significance. The sectarian spirit that you have observed is, under the circumstances, inevitable. It is the very nature of mind to take up a part and call it whole and to exclude all other parts. Those Siddhas who preach a particular path, retain something of their vision of the totality though they are

not wholly able to give it a concrete form. But their disciples have none of that vision at all, since it had not fully developed into a concrete form in the Guru himself. It does not matter if knots are being tied. The day on which Bhagawan appears in full form in the country, the knots would be no more. This is all a sign of imperfection, of immaturity. I am not going to be disturbed by all that. Let spirituality have full play in the land, in whatever forms and in whatever number of groups. One can take care of them later. This is the infancy of the new age or one can even characterize it as the embryonic stage. It is yet but a sign of it and not even the beginning. . . .

“One of the peculiarities of this Yoga is that unless it progresses somewhat, even the foundation does not become firm. Those who are following my Yoga and doing Sadhana had a number of old Samskaras (impressions). Some, of course, have disappeared, but some are still there. You people had the Samskara of Sannyas and you had thought of establishing an Aurobindo-Math. Now you have come to the conclusion that Sannyas is not the thing required. But the old impression has not yet left your vital being. That is why you are speaking in terms of living a worldly life with Tyaga (renunciation) added on. You have realized that you should renounce desires but you have not yet grasped fully and realized the synthesis between renunciation and enjoyment. You had taken up my Yoga quite well but that was just in the way Bengalis do, i.e., not so much through understanding and knowledge as through devotion and the way of action. There are traces of knowledge too but much yet remains to be understood and the shell of emotionalism is not yet dissolved, not yet destroyed. You have not overcome self-righteousness, the ego still persists. I can, however, say with some solace that there is no further development in

that direction. I too am not in a hurry. I am allowing you to develop according to your nature. I do not want regimentation and dead uniformity. The main thing would be the same in all, but it will manifest itself in various ways and numerous forms. All are growing from inside and are being moulded. I do not wish to mould from outside. You have the essence, all else will follow later. I do not wish to build any society based on differences. I would like to have a group (Sangh) founded on the unity of the spirit (Atmapratishtha) or one which is the very embodiment of the oneness of Spirit. It is because of this idea, that the name Deva Sangh has been used. The Sangh of those people who wish to live a 'life divine' is called Deva Sangh. Such a Sangh has to be established first in one place and then it has to spread out in the country. If after all this effort, egoism asserts itself, the Sangh will deteriorate into a sect. It may easily be imagined that it is this kind of Sangh that will be the final pure Sangh of people living a divine life. This would be the centre and all else would be the circumference. But there might be those who are outside this circle since they do not subscribe to this idea. Or they may be said to be within the circle but misled because they do not see eye to eye with us.

"Perhaps you may ask as to why there should be a Sangh at all. You may suggest that I should be a Mukta (free man) and be in every one, be one with all and in that mighty oneness and homogeneity allow the evolution that is to take place. This suggestion is alright so far as it goes, but that is only one way that Truth works. I am not concerned only with the Formless Atman, I have to see that life too is directed properly. Without some kind of form, life's working and movement does not seem to be effective. The fact that the Formless has assumed form,

that it has manifested itself in name and form, is not merely Maya or a capricious whim. Manifestation of the spirit through form has some profound purpose. I do not wish to abandon or neglect any of the activities of life, namely, politics; commerce, society, poetry, architecture and sculpture, literature, etc. All these must be there. But they will have to be revitalized and given fresh forms.

“Why have I abstained from politics just at present? That is only because it is not the real life and soul of India. Because there is British rule here, there is only an imitation of their pattern of life. Of course, there was necessity for this also. I too have indulged in the politics of the British brand. If that had not been done, the country would not have awakened. We would not have had the opportunity of gaining experience and our development would not have been complete. It is even now necessary, more so in provinces other than Bengal. But I think the time has come when, instead of chasing shadows, we should get hold of the essence. The real soul of India should be aroused and all action ought to be done according to the genius of this country.

“Nowadays people wish to spiritualize politics.... some results may follow....if at all there are any permanent results, a kind of Indianized Bolshevism may be there. I have no objection even to that kind of work being taken up. Each one should act according to his inspiration. But I must say that this is not the real stuff. To try to infuse spiritual power into impure forms is like filling an unbaked earthen pot with water. The result will be that the pot would give way and the water would be spilled all over, or spiritual power would evaporate and the impure and imperfect form would remain what it was. This is the state of things in all fields.

“I can mix with all kinds of people, but that would

be for bringing all to the right path, and without in the least affecting the spirit of my ideal. If this care is not taken, I shall lose my foothold, nor would real work be achieved. By trying to identify myself with all, even individually I shall be able to achieve something, no doubt. But the results would be hundredfold if this is done through a Sangh. But the time is not yet for all that. If I try to hasten the process of giving shape, that which I exactly want to happen would not come about. In the beginning, there would be a kind of form given to the Sangh. Those who have attained the ideal would work in unison in several places. Then later the Sangh would assume the form of a spiritual commune and it could try to give shape and form to all activities according to the spirit and the times. It will not be a form which is rigid and given by compulsion. It would not be inelastic. It would be one full of freedom and one which would spread like the waters of the ocean. It would have the capacity to enter everywhere and surround all and convert all. This process would lead to the formation of a spiritual community. This is my present idea. But it has not yet fully developed. All is in the hands of Bhagwan. Let Him get things done as He likes.

“Now I shall deal with some of the special points in your letter. I do not wish to write much about the points you have referred to in connection with my Yoga. It would be better to discuss them when we meet. The path of Sannyas that preaches Nirvana or complete renunciation lays the greatest stress on looking upon the body as a corpse. I do not think that worldly activities can be carried on with such an attitude towards the body. One must be able to find Anand in everything—in body as in spirit. The body is full of consciousness, it is a manifestation of God. If one sees Bhagwan in everything in this

world, if one realizes that 'all this is Brahman, everything is Vasudeva', one enjoys universal bliss. Even in this body one experiences the wave of that bliss. When one attains this poise, he can carry on worldly affairs, marry and do all one's duties with a spiritual attitude. One visualizes then the joyful manifestation of Bhagwan in all actions. Since long, I have been trying to transform all my experiences and all the objects of the senses as well as of the mind into joy. All that stuff now is assuming the form of supramental joy. It is in this condition of the consciousness that man realizes the full vision and experience of Sat-Chit-Anand.

"While writing about the Deva Sangh, you have said that 'I am not a god, I am but iron which has been hammered and polished and sharpened'.... There is no one who is a god, but each one enshrines God. The ideal and the attempt of divine life is to make manifest that God in man. This is within the capacity of all. This theory has full support in fact. I do not look upon what you have written about yourself as very accurate. However, whatever the support or want of it, if one is touched by the Bhagawan but once and if the spirit is once aroused, then the difference between big and small is of no consequence. Sometimes, there might be more difficulties, in some cases more time may be required, there might be differences in attainment, but all that is not very important. The God inside overcomes all difficulties without caring for defects and takes the person up. Had I no defects? Had I no difficulties arising out of the mind, the Chitta, the vital being and the material body? Did I not require enough time? Has Bhagawan shown any mercy in hammering me hard? Day by day almost every moment, I am becoming god, or I do not know what I am becoming! But this is certain that I have become something which I was not, or

I am now in the process of becoming. For me, it is enough that Bhagawan wants to mould me. It is the same with all others. . . . It is not our Shakti but the Shakti of Bhagawan that is trying to bring success to this Yoga.

“I wish to say here in brief one or two things regarding certain matters which I have been observing for many years past. I am of opinion that the main cause of the weakness of India is not slavery, is not poverty, is not the want of spirituality or religion, but the decay of the capacity to think and concentrate. The result is that there is today the reign of ignorance in this land of knowledge. Everywhere I see that there is inability or unwillingness to think. One might as well say that there is ‘thinkophobia’. Whatever might have been the case in medieval times, today this is the cause of our great fall. Medieval times were the dark centuries, the days of the triumph of ignorance. Modern times are the age of the triumph of knowledge. He who thinks more, he who dives deep into the secrets of nature and makes them his own, adds to his strength in that proportion. If you have a look at Europe, you will see two things prominently, a vast ocean of thought and the grand play of a mighty flood of power in harness. The whole of the strength of Europe consists in this. It is with this power that Europe is conquering the whole world. The Europeans of today are like the Tapaswis of old whose power made even the gods tremble with fear and made them serve. People say that Europe is running to destruction. I do not subscribe to that view. This revolution that is on, these fundamental changes that are taking place are the beginnings of a new world.

“Now have a look at India, Bharat. But for a few men of genius here and there. . . . everywhere you find the utterly average man who does not wish to think, who has not the capacity to think, who has no Shakti, and who has

only a bit of temporary enthusiasm. India seems to be satisfied with simple thoughts, simple things. Europe wants deep thoughts, deep things. There even the ordinary porter thinks, wishes to know everything. He is not satisfied only with wide information, but he wants to go deeper and know more. But the difference, however, is that there is a fatal limitation to the thinking of Europeans. In the field of spirituality, their capacity to think seems to be too poor. In that field, they see only confusion, what they call nebulous metaphysics, Yogic hallucination. They rub their eyes in despair and see nothing clearly and come to no firm conclusions. But even in this field, there is a great attempt in Europe to surmount the limitation. We have retained spirituality on account of the greatness of our ancestors. Those amongst us who have this secret have such knowledge and such power at hand that they have the capacity to blow to pieces the whole might of Europe. But what is required is the Upasana (devoted Sadhana) of Shakti in order to possess it. But we are not worshippers of Shakti, we are devotees of simple equanimity. We cannot have Shakti out of it. Our ancestors swam in the mighty ocean of thought, dived into it and acquired vast knowledge and raised a monumental structure of a great civilization. While they were thus proceeding, possibly they felt fatigued and exhausted. Consequently the march of thought became slower and along with it, Shakti also declined. Our culture has become static, we are worshippers today of form in religion, our spirituality has dwindled to a weak ideal or a momentary wave of enthusiasm. So long as this condition persists, it is difficult for India to rise steadily on any permanent basis.

“In Bengal itself we see the lowest point reached in this matter. The Bengali is quick to grasp, he has the

power of emotion, he has intuition. It is these things that give him a prominent place in India. All these qualifications are necessary but they alone are not enough. Along with these, if there is an accession of deep thought, bold Shakti, adventure worthy of a hero, the capacity to take pains and enjoy it, he would acquire the capacity to lead not only India but the whole world. But the Bengali does not seem to have that ambition. He wants things more easily, knowledge without thinking, results without industry, Siddhi without much Sadhana. This ends in emotionalism. Excess of emotion without knowledge is the very characteristic of this disease. The consequence is exhaustion and the spread of Tamas (darkness and inertia). There was a gradual fall of the people and their vitality became lower; and what has happened to the Bengali in his own province? There is not sufficient food to eat, no cloth to wear, there is panic everywhere. All wealth, commerce and industry, land and property, even agricultural holdings are passing into the hands of others. We have abandoned conserving and acquiring Shakti, Shakti also has left us. We are carrying on the Sadhana of love, but in the absence of knowledge and Shakti, even love would not be able to survive. Narrowness and meanness begin to advance and make their home in our minds. In a mind, life and heart that is mean and narrow, love cannot survive for a moment. Where is love in Bengal? Nowhere else in India, though torn by differences and disputes, do we find so much of conflict, impurity of mind, jealousy, disgust, hatred, party factious as in Bengal.

“There never was so much of turmoil and hullabaloo in the epic age of the Aryans.” Whatever work they took up and started, lasted for centuries. The efforts of the Bengalis seem to last only for a few days.

“You say that it is necessary to fill the country with

emotional feelings, to make it go mad after certain things. I did all that in the political field. What was done in the days of the Swadeshi movement has all gone into dust. Do you think that in the field of spirituality the result would be better? I do not, however, mean that there has been no effect at all. There has been some result, every movement does have some effect. But that is only an addition to the general possibility of things. This is not the right method of actualizing an ideal. It is because of this that I do not want to base anything on emotional excitement, or on making the mind go after something, as if it were mad. For the firm establishment of my Yoga, I wish to have vast, heroic equanimity; when consciousness is founded on that equanimity, I would like to have full, firm, and immovable Shakti or power; in that ocean of power I want the spread of the rays of the sun of knowledge; in that vastness of light there should be infinite love, joy, and the ecstasy of unitive experience. I do not desire to have laes of disciples. I am fully satisfied even if I get but only a hundred who are perfect men, free from mean egotism and ready and willing to work as instruments of Bhagawan. I do not believe in the present type of Gurudom. I do not wish to be a Guru myself. If one is able to awaken the sleeping divine in himself, if one enters the life of a real devotee of Bhagawan, that satisfies me completely. I do not mind whether he is awakened by my touch or by the touch of somebody else. It is only such people that would be able to raise this country.

“You should not infer from the ‘lecture’ I have given here, that I am pessimistic about the future of Bengal. There are people who believe that this time the Great Flame would blaze forth in Bengal. I too hope for the same. But I have tried to see the other side of the shield also, I mean the defects as well as failings. If these con-

tinue, the Great Flame that we wish to shine in Bengal would neither be preeminent nor be steady.

“The substance of this unusually long letter is that I too am getting ready with my bag. I believe that like the bag of St. Peter, it is full of all the game that I have hunted. I am not opening the bag just now. By opening it at a time which is not opportune, the play would be spoiled. Nor shall I go to my country just now, not because the country is not ready but because I am not ready. What can an imperfect man do in the midst of imperfect men?

Yours.....”

This reply to Barindra's letter is an exhaustive one. It clearly reflects Aurobindo's mind at that time, in April 1920. His remarks regarding his own Sadhana, especially in connection with Supermind are extremely revealing. They throw very important light on that aspect of his Sadhana. Barindra later went to Pondicherry, stayed there occasionally, and took instruction from him for future work.

One peculiar incident happened in 1920 in the house occupied by Aurobindo and Mother. It is worth mentioning because it has something to do with occult powers.

Vattel was a cook at Aurobindo's. He was dismissed from service. Before going away he cursed all and threatened, that he would make it difficult for people to live in the house. With the help of somebody who knew black magic or witchcraft (Jarana-marana Vidya) he started some mischief. Stones, big and small, began to fall in different rooms. They did not, however, hurt anybody. This went on for about a week when at last it was found that a certain boy in the house had been made the medium.

Mother drove away the boy and thus turned back the mischief. Immediately the dismissed servant became very ill and his wife on her knees implored Aurobindo to save her husband. Aurobindo, in the largeness of his heart, excused the man and sent the woman away.

Among witnesses to this hapenning were: Aurobindo, Barindra, Upendra Banerji, Rishikesh Kanjilal, Bejoy Kumar Nag, Satyen, and Amrita.

Aurobindo was never very fond of collective meditation but somehow it developed out of the afternoon chatting hour at about 4.30 p.m., when he sat in the midst of visitors. This was in 1921. Sometimes such meditation was discontinued and then again taken up. He thought that it was necessary to have the right atmosphere for such a thing. That could be only if there was a personality whose presence could induce such an atmosphere. It could not be done by artificial means.

Every conceivable topic came up in turn, in conversation, or for discussion at the afternoon sittings. The 15th of August 1923 was observed as usual and Aurobindo spoke about the Supermind.

It is obvious that at this time Aurobindo was very busy with his Sadhana in connection with the Supermind. On the 24th of November 1926 he was assured of the supramental truth and the certainty of its descent. Therefore, whatever he said and thought about the Supermind during the years 1923-26 is of great importance. It will serve our purpose very well if I summarize here the material available on this subject during that period.

From January 1924, he was increasingly reluctant to engage himself in anything that necessitated his coming "down" from the level on which he meditated. On 26th March 1924 he remarked, "Sadhana on these lines (Supermind) was not carried on in the past, whatever was

done was more in the nature of preparation. Even if someone has tried in the past, no traditions have been traceable. Time has wiped all signs of it." (P. 107, "Dakshina").

On this, someone asked, "Might it not be that there was a descent of the Supermind in the past but it went up again to its original status?" In reply, Aurobindo said, "If at all there was the Avatar, it was more in the nature of a promise or hope for the future perfection of mankind. But the higher Truth has never appeared in gross matter. The utmost that can be said is that there were attempts to bring it down. But it was never made an effective force on this earth. There is no difficulty in bringing down the Light and the Truth on planes higher than that of matter. But there is real difficulty in bringing the Truth down to the level of the gross inconscience. For that purpose, the present laws of nature will have to be changed. For this revolutionary change, there must first be a change in the atmosphere. It is not a question of having knowledge or power but of actually bringing down the Truth in this gross matter." (P. 107, "Dakshina").

When asked whether it was possible to bring down the Supramental, in the immediate future, he said that there was every possibility but that he could not predict when it would happen. It was true that it had not happened yet.

On the 15th of August 1926, his fifty-fourth birthday, he made a short speech which is very important.

Its importance lies in the fact that the 24th of November of the same year was, according to Aurobindo, to be the day of victory, when he had been assured of the descent of the Supermind to earth. What he said on the 15th of August has therefore added significance.

The following is an extract from the speech which

was delivered at the Ashram in Pondicherry. (P. 3, "Mother India", Feb. 1952):—

"The object of our Yoga is the bringing down of a Consciousness, a Power, a Light, a Reality that is other than the consciousness which satisfies the ordinary being upon the earth—a Consciousness, a Power and a Light of Truth, a divine Reality which is destined to raise the earth-consciousness and transform everything here.

"Remember that the final objects of other Yogas are for us only the first stages or first conditions. In the former days of Yoga, men were content if they could feel the Brahmic Consciousness or the Cosmic Consciousness or some descent of Light and Power, some intimations of the Infinite. It was thought sufficient if the mind got certain spiritual experiences and if the vital being was in contact with the mind. They sought for a static condition and considered that as the final goal, and release as the final aim.

"To realize this, to be open to the infinite and universal Power, to receive its intimations and to have experiences, to go completely beyond the ego, to realize the Universal Mind, the Universal Soul, the Universal Spirit—that is only the first condition.

"We have to call down this greater Consciousness directly into the vital being and the physical being, so that the supreme calm and universality may be there in all its fulness from top to bottom. If this cannot be done, then the first condition of transformation is not fulfilled.

"The mind cannot be transformed unless the vital being is transformed. And if the vital being is not transformed, then nothing can be realized because it is the vital being that realizes.

"The whole change of the vital being cannot be effected unless the physical being also is open and changed, for the

divine vital cannot realize itself in an unfitting environmental life.

“And it is not possible for the inner physical being to be changed if the external being, the external man, is not transformed. In the process of Yoga there is a whole totality and each part depends upon the other. Therefore, to stop short may be a preparation for another life but it is not the victory.

“All has to be changed before anything permanently can be changed.”

Following on this extract, it will be helpful if the reader refers to certain statements regarding his own Sadhana of the supermind, made in his reply to Barindra's letter in 1920. By 1926, he had advanced far on the road and Mother's presence and her cooperation in many matters had relieved him to a great extent of direct responsibility. Even in the matter of guidance to Sadhaks, Mother had been given more and more responsibility. It was done in a very gradual manner and seemed quite natural. The talks of Aurobindo from August 15th to November had been full of references to the supermind and its descent. This had created an impression that the descent was near and that in spite of difficulties, Aurobindo was progressing. The Sadhaks had in their own individual Sadhana experienced a certain seriousness and they all felt that Siddhi of the Supramental was nearer. Aurobindo went less and less to the evening meetings and it became evident that he was very busy with his Sadhana. Very few can have any idea of the amount of faith, concentration and application which he brought to his Sadhana even at that advanced stage. It was with the faith and determination of a modern scientist engaged on some abstract problem, with the persistence and patience of some great artist bent on perfection, that Aurobindo continued the pursuit of

the vision which, when concrete, would bring blessedness to humanity.

At last the day dawned; suddenly at 5 p.m. Mother sent an S.O.S. to all Sadhaks to assemble. By 6-30 p.m. they were all there. Aurobindo was to occupy the chair, behind which was a dark curtain embroidered in gold with three Chinese dragons. As the inmates assembled, a deep silence spread and all felt an electrical presence in the atmosphere. At the appointed time, Mother and Aurobindo arrived. He sat in his usual chair, the Mother by his side on a stool. There was a soundless silence. In that tense atmosphere meditation continued for forty-five minutes. Then Aurobindo blessed each Sadhak. Everyone felt that there had been some descent of a higher power on earth. In an inspired tone Miss Hudson Dutt exclaimed, "Today has the Divine descended on earth". It was a triumphant day for Aurobindo's Sadhana, for by the descent of the Overmind, the descent of the Supermind was assured. Henceforward, this day was observed as one of the Darshan days. Aurobindo ceased to see people and contact could be made with him only through the Mother. The whole Ashram was now directly run by the Mother herself.

After November 1926 work naturally continued to develop. The number of Ashramites increased till it reached about 800. The children of inmates began to be admitted after 1940. The main work consisted in his own continued effort to bring down the Supramental, in giving guidance to Sadhaks, running the Ashram, the publication of books ("Life Divine" was finally revised in 1939), composing and revising "Savitri", and so on. The latest addition to the responsibilities was in the organisation of an all-sided education for the children. It was in the midst of all this work that the end came, though fortunate-

ly by that time the work of publications was fairly advanced. He left his mortal body while wholly in harness. It was but consistent, however, with his creed of eternal activity on all possible planes of existence.

In one of his letters to Dilip he is quite clear on this important point. He says, "...My own life and my Yoga have always been, since my coming to India, both this-worldly and other-worldly without any exclusiveness on either side. All human interests are, I suppose, this-worldly and most of them have entered into my mental field and some, like politics into my life; but at the same time, since I set foot on the Indian soil on the Apollo Bunder in Bombay, I began to have spiritual experiences, but these were not divorced from this world but had an inner and infinite bearing on it, such as a feeling of the Infinite pervading material space and the Immanent inhabiting material objects and bodies. At the same time, I found myself entering supraphysical worlds and planes with influences and an effect from them upon the material plane; so I could make no sharp divorce or irreconcilable opposition between what I have called the two ends of existence and all that lies between them. For me all is Brahman and I find the Divine everywhere. Every one has the right to throw away this-worldliness and choose other-worldliness only, and if he finds peace by that choice, he is greatly blessed. I, personally, have not found it necessary to do this in order to have peace. In my Yoga also I found myself moved to include both worlds in my view—the spiritual and the material—and to try to establish the Divine Consciousness and the Divine Power in men's hearts and earthly life, not for a personal salvation only but for a Divine life here. This seems to me as spiritual an aim as any and the fact of its taking up earthly pursuits and earthly things into its scope cannot,

I believe, tarnish its spirituality or alter its Indian character. This at least has always been my view and experience of the reality and the nature of the world and things and the Divine: it seemed to me as nearly as possible the integral truth about them and I have therefore spoken of the pursuit of it as the Integral Yoga. Everyone is, of course, free to reject and disbelieve in this kind of integrality or to believe in the spiritual necessity of an entire other-worldliness altogether but that would make the exercise of my Yoga impossible."

It is truly said that the mystics of the world speak the same language. It is equally true that spirituality aims at the same end, namely, divinizing life and human consciousness, individual and collective. But in both cases, the intellectual presentation and the interpretation of experience, as well as the means, the manner and method of attaining the end, vary from time to time and from place to place. They often vary even in the case of the same person at different times during his life. But the essence in all cases is the inner experience, the indelible experience by the whole being. Other things are subordinate. In the case of Sadhana too, since all Sadhana aims at lifting the human soul from its present condition to a stage of perfection, the direction of progress has to be always towards that ideal. No Sadhana deserves the name if it leads its follower to a status which is lower than that at present enjoyed. "Sadhananam Anekata", the multiplicity of Sadhana, has been conceded by all schools of thought. But if the followers of any one school claim that their Sadhana is better and the only one or that that of others is inferior, it comes dangerously near to fanaticism. Shri Ramakrishna, who is credited with having experienced many types of Sadhana, summed up this matter in a few pregnant words, "Jata Mata Tata Patha", there

are as many paths as there are schools of thought. The *Mahimna Stotra* similarly refers to the variety of paths and accounts for them by reason of difference in taste (*Rucheenam Vaichitryat*). Aurobindo remarked at one time that the aim can also be achieved by mechanical means (*Hatha Yoga*) or by *Tapasya*, but in any case, he adds, grace is necessary. He thought in terms of easier, quicker, or more suitable paths but never in terms of exclusive or superior or inferior paths. One need not therefore be baffled by the oneness of aim and the multiplicity of paths.

A sufficiently clear picture has, I hope, been given of the internal equipment of a *Sadhak* of integral *Yoga*. Let us now see if we can discover the attitude adopted at the *Ashram* and how it was run. That will give a fair idea of the life that the *Sadhaka* actually leads today.

However strict in matters of sex, and however sparing and scrupulous with regard to food and other physical comforts, Aurobindo could not be called an ascetic in the usual sense of the word. He did not believe in the austerities and severities and enforced observances of a mechanical discipline. In his scheme of things, even matter was a manifestation and form of the Divine, and hence an object of love and respect as much as anything else. He did not advocate repudiating life, mechanical renunciation, or leaving everything and escaping into a forest. In fact, he was against all escapism and other-worldliness. He wanted a full-blooded life but also the life of a *Yogi*, of one who would work in such a way that it would help the onward march of his soul towards the divine goal destined for all. He did not side with *Sannyas*. He never wore ochre robes nor did he prescribe them for others. His own *Sadhana* was naturally of a stricter type and one which made extraordinary

demands on his mental, moral and spiritual powers. But the Sadhana of his disciples and the inmates of the Ashram was and is, consistent with the main principles of Yoga, and strictly in accordance with individual inclination, capacity and immediate need. A brief description of the Ashram-life will give the reader an idea of the life Aurobindo planned for his followers.

The way in which the Aurobindo Ashram at Pondicherry is run and the manner in which some hundreds live their lives there, is a clear refutation of the usual association in the mind, of Ashram and Sannyas, meaning complete renunciation of the world. The inmates do not wear ochre garb or any other particular uniform, neither do they practise asceticism. But all the same, life there is based on spiritual discipline and the one end ardently sought through everything thought, spoken, and done is the attainment of the "life divine" while living this terrestrial life. To put it in the simplest words, the aim is for a higher life, higher than the material, vital, and mental life in which most of us are today entangled. One's religion, caste or creed, sex or age, language or province, country or region is neither a qualification nor a disqualification for entry. All that is required is a working faith in the possibility of a "life divine" and its attainment by integral Yoga. Conversion is not required since the one aim of the Sadhana is to achieve an inner self-development which would lead in the course of time to the discovery of the One Universal Self and of the higher Consciousness, characteristic of the Supermind. This would transform the individual and his life and ultimately result in divinizing humanity. Each inmate follows the general physical, psychological, and ethical practices which go by the name of Yoga together with concentration and meditation according to his own need. The aim, however, is not for

individual salvation or to escape from life's problems but is an attempt to reach and invoke the Divine to divinize the matter, life, and mind of the Sadhak and also of humanity.

Thus the Sadhana that Aurobindo has evolved is rightly designated Integral Yoga. It is integral not only in the sense of being total and comprehensive, but also in that it has coordinated and synthesised the most dynamic and permanent aspects of the Yoga and other systems of Sadhana, after their potency and purpose has been fully and scientifically examined. The occult and other aspects have been slurred over and the predominantly spiritual aspect emphasized. It is explained in modern terms so that people can better comprehend. It has been reduced to a science, but its technique raised to the level of a fine art. Above all, it has been sought to make it into an instrument for a social purpose, not in the narrow sense, but in the sense of attempting to divinize the whole of humanity itself, in addition to raising the practising individual to a divine life.

Now let us proceed to Aurobindo's Siddhi, its nature, its meaning, and its significance for humanity.

CHAPTER X

SIDDHI

SIDDHI is final attainment, reaching a point of perfection, fulfilment. Siddhi in spiritual life usually means the freedom of the soul (Moksha or Mukti) even while living (Jeevanmukti). It is the last but the most important of the four objects of the Indian system of life, namely, religion (Dharma), possessions and wealth (Artha), fulfilment of desires (Kama) and liberation of the soul

(Moksha). The individual soul is in bondage to the senses, to the sense objects, to the ego and is therefore full of sorrow and suffering and cursed with the sense of limitation and littleness. Spiritual Sadhana liberates the soul from all this by leading one on to discover the true nature of the soul and by disengaging it from the world of senses, thus clearing the way for its identification with the Brahman or the Spirit which is described as Sat-Chit-Anand. When once the soul is in possession of true knowledge of the Spirit, it progressively frees itself from bondage by rising above attachment, which is the root-cause of all sorrow and slavery. One who has attained Siddhi continues his normal life and duties but he does so without attachment. It is no longer the ego that acts but the Spirit itself through the individual. So, the soul is free and becomes only a witness of what goes on. It enjoys its birthright of being one with the Brahman. This is Siddhi according to the Vedanta.

Siddhi, however, is not always constant. When once attained, it is made a constant possession only by further practice. This can well be compared with what is true of self-realization or Atma Sakshatkar. In fact, Siddhi is the result of self-realization. After long Sadhana or as a matter of grace or on account of both, an aspirant may have a flash of self-realization. This first flash destroys all doubt, confirms one's faith, and ensures success. But it must become a possession, an integral part of the consciousness, a part of one's very being before it bears full fruit. Once Siddhi becomes permanent and constant, a kind of double consciousness is established in the person. The Siddha Purusha, the person who has attained spiritual perfection, is then constantly aware of his oneness with the Spirit while he looks on the physical, mental, and other activities of his outer self as an un-

affected witness. This status is that of an Atma-Sakshi, a self-witness. But it is also possible that the Siddha may prefer to be self-absorbed and have no inclination to continue with outside activities. In such a case, there would be no necessity of the double consciousness. But, as it is open to the Siddha to be either self-absorbed or active, his capacity to have double-consciousness is still there. Some of the Upanishads, namely, Mundaka, and the Gita give preference to the Siddha who is active and busy in helping others. The Gita has it that a Siddha who carries on his duties unattached and as an instrument of the Divine is greater than others. Gita repeats many times that Karmayoga is superior to other Yogas. We should not be under the misapprehension that the poise of a Siddha is always that of a quiescent and inactive being. It is one possible poise but not the only one nor necessarily the best or the highest. Whenever the question arises, the Upanishads, notably the Ishavasya and Mundaka, and the Gita declare that the greatest poise is that of being active and yet unattached, unaffected, and entirely free from the bondage of Karma. In fact, this is the poise of the Brahman himself. He is the Doer and yet the Non-Doer *par excellence*, as he is not bound by what he does. He is eternally and entirely free. In Bergsonian parlance, such action is "free action", action as of a mountain stream or of a cloud of rain or of an inspired poet.

Siddhi is usually supposed to follow the fullest possible realization of the Atman or Brahman. It would accrue to one who attains Samadhi. Samadhi is the final stage of Patanjali's eightfold Yoga. It should not be confused with trance or a spell of ecstasy or with sleep, any of which states may overwhelm an aspirant during contemplation. Sleep is the condition of unawareness of our consciousness, while Samadhi is all-awareness. Similarly, trance and

ecstasy are of a temporary nature, though during their continuance one can experience supreme bliss. They are usually, however, experienced without any spiritual significance. Moreover, neither are at the command of the aspirant. Samadhi is an essentially spiritual condition which is wooed and induced after great effort and an advanced Yogi develops the capacity to attain it at will.

Samadhi is of several kinds, the main characteristic always being the unitive experience of the self with the Atman or Brahman. The shell of the self is shattered, its canalization as an individual with limitations is transcended, and identity with the Atman is experienced by the whole being. It is a highly spiritual experience of an extremely joyful condition, of an indefinable bliss, where the pure consciousness is aware of itself and of nothing else. Samadhi is understood to be mainly of two kinds, conceptual (Savikalpa) and trans-conceptual (Nirvikalpa). In the former, the aspirant experiences oneness with some definite concept of God. In the latter, the aspirant is beyond any concept whatsoever, even of God. The best illustration of these two states can be seen in the Sadhana of Shri Ramakrishna. He could go easily into Savikalpa Samadhi and enjoy unitive experience with Mother Kali, who was for him the embodiment of the ultimate Truth. He found it difficult to go beyond this stage. Then Totapuri, his Guru in this matter, pressed a piece of pointed glass in the centre of Shri Ramakrishna's eyebrows while he was meditating. He used some force and a little blood was drawn. But it resulted in enabling the unique disciple at that very moment to destroy the concept of Mother Kali which had been standing in the way of his Nirvikalpa Samadhi. After this, not only could he have Samadhi, but was also able to stay in that condition for

three days continuously. He was tempted to become absorbed all the time in that kind of Samadhi. But an injunction from above, that he should continue to lead a life of Bhakti (Bhava Mukhe Thak) in the world, made him continue in his terrestrial life. This form of Samadhi is also called "seedless Samadhi" (Nirbeeja) in so far as it does away with the very "seed" of all Karma and of future births and deaths.

Another Samadhi which should be mentioned is the Sahaja Samadhi, natural Samadhi. In the case of Siddhas who are accustomed always to being in Samadhi, either in Savikalpa or Nirvikalpa, this condition becomes almost natural. It is not necessary for them to endeavour, or make great effort to attain Samadhi. It is as natural to them as is the waking state to the common man. That is why in Sanskrit it is called, Sahaja, i.e., born with, natural. The permanent and continuous poise of such a Siddha is one in which he is constantly attuned to the Atman and is a silent witness to what his body and mind do. He is so detached that, to him, his own actions appear to be those of the body and mind of a third person. His self is identified with the Atman and not with the body. If we looked into the eyes of such a person it would be plainly revealed that they were not aware of anything going on around them. It would require some effort to draw his attention to a thing and then as if waking from sleep or from a dream, he would gradually become aware of it. It is said that Shri Ramana Maharshi of Arunachalam was normally in this kind of Samadhi.

One more Samadhi, the Bhava Samadhi, is often mentioned in connection with Shri Ramakrishna. This is Samadhi through emotion and identity with a particular Bhava. Of course, in the case of Ramakrishna, the emo-

tion was always devotion, love of the Mother. Since it was always in connection with the Mother and the experience of identity with Her, it is preferable to call it Bhava Samadhi. It was as if his consciousness had become so subtle and sensitive that the slightest reference to spiritual truth was enough to send it into Samadhi.

It is not out of place to say something here about Karma Samadhi which is mentioned in the Gita (Chap. IV, 24). Shri Krishna says that all is Brahman. If one realizes this supreme truth and always acts in the constant consciousness of it, then whatever one does is dedicated to Brahman. One's whole life becomes a sacrifice in which the doer, the sacrifice itself, the offering, the fire in which an offering is made, are all Brahman. One is sure to attain the Brahman through Samadhi, which in this case is in the form of action done for Brahman. Here action too is mentioned as capable of being a form of Samadhi (Karma Samadhi). Clearly the meaning is that Samadhi, i.e., ecstatic unitive experience with the Divine, need not be restricted to contemplation or emotive meditation or to a quiescent poise when the limbs are at rest. The experience is possible even while the physical body is engaged in action dedicated to Brahman. What is essential and the very soul of Samadhi is the experience of ecstatic unity with the Atman. Nothing else matters so long as that is there.

Siddhi, or attainment of spiritual perfection, has different meanings in Buddhism, Jainism and other systems of thought throughout the world. It corresponds to the ideal of spiritual perfection that each separate system has proposed for itself. It is natural that it should be so. Though all would agree that it is a state of beatitude or that it is the acme of all spiritual progress and perfection,

each school of thought would differ in defining Siddhi at the final stage. But since the Siddhi aimed at by Aurobindo was in line with Vedantic traditions, one need not go into detail regarding ideas entertained by the several other schools of thought.

Before considering the nature of the Siddhi of Aurobindo, and other allied matters, it will be helpful to discuss what is known as the post-Siddhi status and poise of a Siddha, and the qualities and attributes other than spiritual, which may be expected of him. As we know, one who has attained full Siddhi is called a Siddha, one who is perfect. He may also be designated Siddharoodha or Yogaroodha. Both terms connote that a person is enthroned on perfection or on Yoga. There are also three other words used in this connection, Mukta (free), Jeevanmukta (free while yet living), and Videhamukta (free after one has left the body). The meaning of Mukta (free) is quite clear. The Siddha is free from the bondage of the senses and therefore free from the law of Karma. He enjoys the status of a soul that is out of all bondage to any force or power outside or inside himself. He partakes of the freedom of the Atman. Jeevanmukta describes one who has attained the freedom of his soul while still living. His body continues to live till his natural death. His past Karma (Sanchita) has been destroyed. His Karma after attaining Jeevanmukti cannot bind him. But his Karma which started to operate and was the cause of his birth (Prarabdha) will liquidate only at his physical death. Videhamukta, when he is without a body (Vi-Deha), i.e., when his soul is free from the body, will not suffer rebirth but will enjoy the status of a free soul forever. Thus a Mukta, which is a generic term, is called Jeevanmukta while alive and a Videhamukta after he leaves the body.

Whatever the name and designation, we have to describe the poise of a Siddha after attaining Siddhi. We have already noted something of this matter; that some of the Upanishads, and especially the Gita, appreciate a Siddha better who continues to be busy with his duties in the interest of the world. But the question here is what are the possibilities and potentialities of such a perfected spiritual status with regard to being or not being active. So far as his individual soul is concerned, the Siddha has attained everything that can comprise personal ambition. He consequently feels continuously exalted (Dhanya-bhava). He is one who has fulfilled his mission (Kritartha). What should be his next step? The alternatives are that ever after, he may strive to be, continuously and without a moment's respite, in contemplation of the Divine. This is described in books on spirituality, as a life like that of inert matter (Jadavat). Or he might choose to live in Divine consciousness adopting the attitude of a child, which is known as Balavat. One other way would be to live with great and unrestrained divine enthusiasm, singing and dancing and laughing out of ecstatic enjoyment of union with God. This kind of God-intoxicated life is likened to that of a madman (Unmattavat). There is yet another way however, and one that is looked upon as the highest. It is the way of King Janaka who, though a Siddha, carried on his kingly duties without stint but without attachment. Shri Krishna himself, the Yogi of Yogis and the greatest among the Siddhas, exhorted Arjuna to do his duty like Janaka with a view to seeing that people's interests were served. Explaining his own poise, Shri Krishna says that he has nothing to gain by either doing or not doing anything. But, he says, he continues to do things in order to serve as a model to the people and to keep the wheels of the world moving. "These worlds shall

be destroyed if I act not", declared Shri Krishna.

But the question arises whether direction should be given from outside to a Siddha, whether he is bound by convention or social obligation, whether there can be any categorical imperative for him. The only answer to be given is a negative one. For one who is in tune with the Infinite, who else can be a guide but the Spirit within? The Infinite comprehends not only society, humanity and this world but the totality of existence. It would be temerity on our part to try to dictate to such an enlightened and liberated soul. It might well be that in our solicitude for human society and our eagerness to obtain the services of a Siddha, we might be prompted to expect social services from him! But it must be left entirely to such a soul to do or not do, what it will, "to blow where it listeth". The very fact of the existence of such a free soul, the success and triumph it has achieved through strenuous Sadhana over bondage and entanglements is already service enough. We must leave it to such souls to say with Buddha, when he told his disciple after enlightenment (Sambodhi). In reply to the question: "Now that you have attained your spiritual goal, why not enter Nirvana (the final goal according to Buddhism, corresponding to Mukti) and be done with it?", he said:

"Dear one, till there exists a single human being in this world even with a trace of suffering, I shall endeavour to remove it. My Nirvana will have to wait till then."

Another question likely to be asked is whether Sadhana should continue after Siddhi. The reply is certainly in the affirmative. The content may change but the Sadhana must continue. Shri Ramakrishna was most emphatic about this. The Gita has anticipated such a question. It says that in Karmayoga, till attainment, Karma (without

attachment) is the means of Siddhi but after that, the peace that results from Siddhi is the means of action (Shamah Karanamuchyate). But there is yet another circumstance. After Siddhi, the Siddha may further wish to continue his efforts to attain manifold spiritual ends. In that case, the Siddha immediately becomes a Sadhak in relation to the fresh spiritual aims which he proposes to achieve. It was this that happened in the case of Aurobindo. It is why he continued his Sadhana, though in a different direction, even after Atma-Siddhi. And as we know he continued it till the last.

There is a common idea that a person who is spiritually a Siddha is perfect and profound in everything else. For instance, he is expected to be a scholar, a poet, a warrior; all in perfection. It is true that Aurobindo aimed at finding a way by which the whole of life as well as humanity could be divinized. It is also true that the practice of Yoga is supposed to give the aspirant what are called "the eight perfections" (Ashta-Siddhis). They are Anima (becoming as subtle as an atom), Mahima (becoming as big as the biggest thing on earth), Garima (becoming heavy at will), Laghima (becoming light at will), Prapti (capacity to touch the furthest thing), Prakamya (get things done at will), Ishitva (lordship over all), and Vashitva (control over all). But one ought not to confuse these occult or supraphysical powers either with spiritual attainments or with perfection in other respects. In fact, these "Ashta-Siddhis" are considered to be temptations in the way of a true Sadhak. He should not even look at them but keep straight to the path of spirituality. It is very necessary to realize the limitations of a Siddha in matters other than spiritual experience. It may well be that other powers are quickened and those which have remained submerged may now be revealed. But essentially, his is a

spiritual attainment and none other. An incident may illustrate the point. One day in 1922 Aurobindo refused to see Narandas Sangani of Bhavanagar. Full of anger, Narandas went to Ramana Maharshi at Tiruvannamalai and asked a question about meat-eating in relation to the life of a Siddha. The Maharshi seldom used to reply. But in this case he quickly said, "This is a matter of habit." Narandas of course, was very much discomfited as he wanted to find fault with Aurobindo. Aurobindo however was also at one time an addict to tea and tobacco. But in 1926 he gave up both.

Aurobindo in a letter to Dilip, says that even though h's own Yoga aims at all round perfection, he does not intend to impose that ideal on all other spiritual endeavour. He writes, ".... The Yogi arrives at a sort of division in his being in which the inner Purusha, fixed and calm, looks at the passions of an unreasonable child: that once fixed, he can proceed afterwards to control the outer man also; but a complete control of the outer man needs a long and arduous Tapasya. But even for the Siddha-Yogi, you cannot always expect a perfect perfection; there are many who do not even care for perfection of the outer nature which cannot be held as disproof of their realisation and experience. If you so regard it, you have to rule out of court the greater number of Yogis of the past and Rishis of the old time also. I own that the ideal of my Yoga is different, but I cannot bind by it other spiritual men and their achievements and discipline. My own ideal is transformation of the outer nature, perfection as perfect as it can be. But you cannot say that those who have not achieved it or did not care to achieve it had no spirituality. Beautiful conduct—not politeness which is an outer thing, however valuable—but beauty founded upon a spiritual realisation of unity and harmony pro-

jected into life, is certainly part of the perfect harmony."

Let us now see when Aurobindo attained Siddhi and what was the nature of it. Afterwards we shall consider his post-Siddhi Sadhana and its rationale as well as its characteristics.

When we look back upon the aims with which Aurobindo started his Sadhana and then note the changes which occurred, we have the feeling of looking at a mighty swollen torrent which rushes towards the sea gathering up in its rapid course streams and currents that come its way. Similarly, all the Yogas, the techniques so well perfected by the Gita, the Tantric method and all other systems designed for reaching the highest, contributed to the evolution of Aurobindo's Sadhana. But it should be remembered that his Sadhana, as it took shape, was an organic growth. Ultimately it assumed the form of integral or "Purna" Yoga with the triple strand of Jnana (knowledge), Bhakti (devotion) and Karma (action). It was one progressive movement of the ardent hungry soul of the son of man towards the total possession of Reality. It was penetrating in its vision, comprehensive in its sweep, and intense in its purpose. Similarly the aims of his Sadhana expanded in ever widening circles from the attainment of Brahmatejas to bringing down the Divine to supramentalize the whole of humanity itself. He started with an aim to spiritualize an individual, although with a higher purpose than is usual. He ended by presenting an ideal which is as deep as the human heart and as vast and wide as are the peoples of the globe. His Siddhi was naturally commensurate with his vast aims and his great Sadhana.

I have already described in detail what Siddhi usually means. When did Aurobindo attain that Siddhi? He considered the day to be the 24th of November 1926, but

that was in connection with the vision of the Supramental power. As regards the usual Atma-Siddhi, one can safely say that it was during his period of incarceration in jail that it was achieved. Earlier, there had been a number of spiritual experiences, some familiar to all who practise Pranayam and others peculiar to himself. The most significant of these experiences was when he was in Baroda in January 1908. Lele was with him. As a result of it, an infinite calm settled in his mind. From then and to the end, his Sadhana was entirely directed from within by the Atman lodged in his heart. His absorbing vision while in jail, of Shri Krishna, set the seal on all former endeavours and when he was released he spoke as one blessed, as one on whom divine grace had descended. Thenceforward, whatever he thought or said or did had the background of this Siddhi.

Aurobindo's personal spiritual career reached its acme here. But he was not satisfied with his attainment. If he had been a Sadhak of the usual type, he would have spent his remaining life in explaining his experience and guiding those who went to him for light and lead. But fortunately for India and for humanity, he charted for himself a grand plan to probe deeper into the mysteries of human evolution and into spiritual truths other than those of his own individual salvation.

As with all Siddhas, so with Aurobindo, the essential and necessary characteristics of spiritual Siddhi were evident. But here we will consider some of the added and special characteristics in his case.

At the attainment of Siddhi, Aurobindo lived not only a dedicated life but one entirely directed by the Lord enthroned in his heart. Though he looked upon India as Mother and revered her, his deity (Ishta-devata) for some years was Shri Krishna. The last words of Arjun in the

Gita, "I have now shed all my doubts. I shall do your bidding", could very well fit the lips of Aurobindo after his vision of Vasudeo, the Lord of all, in Alipore jail.

He was not averse to using occult power, the attainment of which is a usual consequence of Yogic practices. He never sought it but thought it could legitimately be used by Yogis, as remedy, provided there was nothing vain or selfish about it. Throughout his life, he was never very sensitive to physical pleasure or pain, though when stung by a wild ant in jail, he felt the pain severely. But his Siddhi gave him the power of withstanding pain to an extraordinary degree. He could enjoy pain. How powerful is the spirit which can transmute pain into pleasure! With regard to intellectual powers and the descent of poetic inspiration, Aurobindo said that as a result of his Pranayam and Yogic practices, he profited greatly in both fields, even before attaining spiritual Siddhi. After Siddhi, of course, these powers were more and more in evidence. He says that he never wrote for "Arya" in the usual way. He would take up his pen, put it to paper, and find that his article was written without conscious effort on his part. He has somewhere written that it was no longer necessary for him to think, that he saw and felt things without thought. His writings for "Arya", and similar actions, can rightly be designated as "free actions" or Mukta Karma (i.e., action that does not bind). About his moral standards nothing need be said. Such a Siddha becomes an example for morality and moral conduct in others. His conduct in the political field, where divergence from the ordinary norms of morality and truthfulness are not only tolerated but looked upon as a virtue, will ever remain as a high-water-mark in public conduct. The special spiritual characteristics of Aurobindo's

Siddhi we already know. To him everything was Spirit, including the grossest matter. The individual soul was not individual in the sense of being isolated with a separate destiny of its own but it was a manifestation of the Divine, partaking of Its essence and playing its own small role in the Divine cosmic dance. In the course of evolution therefore, the identity of the soul with the Divine was an inevitability. The function of Yoga was to expedite it. His own poise was the constant and unremitting identity of his soul with the Purushottam who is the Ground and in whom both spirit and matter, being and becoming are reconciled and who is, according to the Gita (XIII, 23), the onlooker (Upadrishta), the assentor (Anumanta), the upholder (Bharta), the enjoyer (Bhokta), and the great lord (Maheshwar). He had dynamic views on spirituality and on spiritual life and his vision of a highly evolved humanity led Aurobindo to his post-Siddhi Sadhana and to his mighty attempt to discover a way to divinize life.

I have already said that after Siddhi, a Sadhak has certain alternatives, but that his choice of one or the other cannot be imposed from outside. With Aurobindo, however, there were various factors which impelled him to take the arduous course he took. I mention his choice merely by way of explanation and not to suggest a reason for the choice. If I may now state a paradox, his choice was not his but was made for him by the same Inner Lord, Antaryamin, who had guided him for so long. It was Antaryamin who inspired Aurobindo to say, "Yes, I have come for that", in reply to the direct question, "Is your real work this invocation of the Supramental?" ("Among the Great" by Dilip Kumar Roy).

It went against the grain with Aurobindo to hug spirituality because the world of matter was bad or inconvenient or full of difficulties. His ultimate mission

aimed not only to conquer the spiritual world but also to storm from above the material world which, he considered, was but spirit in deep slumber. He was as much a denizen of the spiritual world as of the world of matter, the only difference being that he knew by experience that the former was basic and fundamental while the latter was derivative. It was this integral and total view of Reality, of Being-Becoming with Purushottam at the apex, that made him take as intense an interest in politics and science and matter as he did in spirituality. It was only when he felt he ought to find a higher spiritual basis for politics, that he went to Pondicherry, though afterwards the call for greater Sadhana, to the exclusion of politics, came. Here again, his effort was not for absorption in the Being or the Nirguna Brahman, but to bring the Ganges of spiritual power from Himalayan heights down to the plains, for irrigation and fertilization there. Evolution, he thought, would not end in Mukti (Liberation) but in Bhukti (enjoyment of the play of God) with the accession of spiritual power with the triple capacity to sublimate, to transform, and to render strong. His diagram of evolution did not lead directly from the Saguna into the Nirguna. It went from the Nirguna down to Saguna, then up to Nirguna and then again down to Saguna to be taken up to Nirguna. This circular but eternally spiral movement is the geometrical picture of the dynamic involution-evolution that goes on. There is no full point in the ever creative evolution nor any quiescence. Since there is ever creative and dynamic evolution, and infinity is the only limit to it, there is infinite scope for finding out new truths and for having new experiences. Aurobindo drew on the past, and had the greatest respect for the Rishis and the seers who had sighted Reality and described it in unmistakable terms.

But to him that did not mean the end of all quest. On the contrary, he said, the glorious past must lead us to a more glorious future. It was against this background that he went to new heights and to fresh adventures, which correspond to the titanic forces at work in the world of human evolution.

CHAPTER XI

AUROBINDO'S TEACHING

AUROBINDO's teaching arose out of his own being and becoming, out of what he was, what he experienced and what he did. It radiated from him like light from a luminous body. It was often effortless and issued mostly out of inspiration. It was a part of the mission for which he felt he was called. During the last few centuries India has thrown up a few mighty Vedantins and interpreters of India's immortal teaching. Of them, Aurobindo has been the latest to pass away and his teaching is the most comprehensive, most detailed and most illuminating. It is something far more than a new statement of old doctrines or a fresh interpretation of ancient texts. He is more in the tradition of the Rishis, the Drishta (Seer of the Mantra) than in that of a Smritikar (writer from memory) or a Bhashyakar (commentator) or a saint. His vision was vast and penetrating and its range, the range of human consciousness itself. His early education and life in the West gave him an insight into the modern scientific mind and brought him into close touch with western civilization. His almost inborn spiritual bent made it easy for him, when he returned to India, to steep himself in Vedanta and Yoga. He took to it as fish take to water. But instead of seeing conflict or finding incon-

sistency between the two, he evolved a synthesis of west and east, of spirit and matter, of science and Vedanta. Further, his philosophy synthesized the different schools of Vedanta as well. His extreme nationalism and worship of Mother India did not come in the way of his choosing the English language, an international medium, for his writings. He had, however, to mould the language and the phrasing so that Indian concepts and philosophy, which can be expressed in Sanskrit or any other Indian language far more easily, could be conveyed with ease to the modern educated mind. Whatever he has written bears the stamp of his vision, his comprehensive range and his incisive style. He has written so much, so systematically and so clearly, and on such a variety of subjects that there is hardly any need for interpretation. Nor do I find it necessary to detail here his philosophy or teaching. A brief summary, indicative rather than exhaustive, should suffice.

Aurobindo has left for posterity, not merely a philosophy but a whole teaching, an ideology as well as a way of life, and a technique of Sadhana, followed and tested by himself. He did not merely point out the ideal and leave us to grope after it, how best we may. He cut a path to it and trod it himself; it is now a beaten track as hundreds of his own disciples have followed it, first under his own direction and now under the careful guidance of the Mother. Philosophy for him was not only an intellectual pastime. Nor was it only for the satisfaction of his curiosity that he wrote so much on the subject. Philosophy is usually an intellectual exposition of the truth of things and the relationship between the categories of existence, as conceived by the respective philosophers. But for Aurobindo and for others such as he, philosophy is something that arises out of the direct apprehension

of truth by the whole being and out of the spiritual experiences one has gone through. Deep down in the heart of man, there is dissatisfaction and disconsolateness with the life of the senses, with the fleeting nature of joys and sorrows, with the conflict and duality of things in the world, with the discord and disharmony prevalent everywhere, and with the ignorance, the limitation and the helplessness of the human soul. The eternal pilgrim in the body therefore, is in quest of truth, in search of light, in pursuit of strength to overcome all limitations, and is hungering for harmony and unmixed joy. He is yearning to know the truth, possess it, apply it to life and live and move and have his being in its shadowless light. It is only this kind of full life, a whole life, an integral life, a life in which not only the intellectual powers but the whole of consciousness and the total personality is involved that can satisfy a real seeker after the truth of existence. Aurobindo often exhorts us and assures us that the spirit is neither remote nor away. It is not a stranger to us. We live in the midst of it and our consciousness plays on its lap. If a person but cares to look into himself, he will find something of the Spirit that is spoken about so often by every religion on earth. There is no doubt that "the mind thinks, the vital craves, but the Soul feels and knows the Divine", for in each soul there is a spark of the Divine. In this matter, Aurobindo belonged more to the class of mystics and to the religious-minded saints who tread this world as guests from the spiritual spheres, than to the philosophers and metaphysicians who belong to the world of the mind and scratch their brains to produce thought-systems and logical theories.

His teaching comprises his philosophy and his Yoga. The former constitutes the theoretical portion of it and the latter the practical side of it. Though for the con-

venience of our understanding and for a clear intellectual grasp, the two are considered separately, they are so intertwined and interpenetrating, and so vitally connected with each other, that they do not yield real and full meaning and fruitful result unless they are read and studied in the light of each other. It is another matter if one is satisfied with only a mental picture of the whole. But that is not much when one has to deal with the Truth of life and things and when one is curious to know the practical method of arriving at truth and living it. We must have the will and daring to make experiments so that we may experience the truth ourselves. Otherwise, all these theories remain so many words and formulas and there will never be a chance of their taking concrete shape and affecting our lives in an effective manner.

Let us look at some of the more important aspects of his teaching and note their significance. Both his philosophy and Yoga took shape in his mind quite early in life even before he was forty, and since he wrote profusely, expressing himself in one form or another, the grains of gold of his teaching lie scattered and can be gathered throughout almost all his writings, prose as well as poetry. But it is in the "Life Divine", his *magnum opus*, that we strike the gold mine of his philosophy, while in the "Synthesis of Yoga" we find laid before us a path by which we may attain the intensely coveted divine life. His "Savitri" is in a class by itself. It is "a legend and a symbol", Aurobindo once said. To one who loves poetry and is blessed with imagination, it is a fountain of perpetual joy. The book contains more than mere logical language addressed to the intellect; we are face to face with a mighty soul that has coined its experiences into words of magic, and thrown them into the currency of the emotional world. Words

and sounds on this plane are as winged angels, which carry us aloft and give us glimpses of the very secret of things. For all practical purposes therefore, his writings, especially the three works mentioned above, embody his teachings. His letters also are very important and highly interesting. They throw light on many dark corners which could not conceivably have been illumined in his other writings. They illustrate his theory by covering concrete cases and shed light on particular questions and problems. They come under the heading "applied teaching" as they were all written in response to personal queries. Moreover, he bestowed extreme care in writing them, as in almost every case he knew the person concerned, his circumstances, and the stage of Sadhana reached by him. Above all, he realized the responsibility he had undertaken: to discharge the vital function of guiding the "faithful" to the destined goal.

Partial and incomplete descriptions or statements both with regard to his philosophy and his Yoga have already found their way into this book. That was bound to happen as nothing worth while can be written about Aurobindo without referring to both these aspects of his teaching. Aurobindo is Aurobindo because of his inner experiences, his thought and his Yoga. One could not therefore avoid writing about them in a book which centres around him. It is obvious that what is written here is neither a substitute for, nor a full summary of, his own writings. It is enough if the reader has formed some idea of the monumental structure of philosophy that Aurobindo raised. It is enough if his curiosity is roused and his eagerness to enter into deeper thought about it is quickened. It may be that, given a general idea about it before entering into detail, the reader will not feel so lost in the vastness and the richness and the beauty of the various facets of his

philosophy. Similarly with his Yoga. Let us deal with them separately, first with philosophy and then with Yoga.

The basic foundation of his teaching rests on the Upanishads and the Gita. His study of the Vedas came later and reinforced the conclusions he had already made. Vedanta says, the Spirit exists, the Spirit alone exists. All else is a willed manifestation of the Spirit which is "one without a second". The Spirit which is characterised as Sat-Chit-Anand is immanent in all manifestations. The involution of the Spirit is followed by evolution as well. In man, Chit (consciousness) has attained the stage of self-consciousness. Therefore, it is capable of apprehending the Spirit. But normally it is limited by its own individual existence. When it becomes more and more self-conscious, it realises its limitations, and experiences misery or sorrow. It then hankers after knowing and possessing the Spirit, in order to shed its limitations and enjoy its own full and original status. But the Spirit can be apprehended only by direct intuition and not by the intellect. The intellect is too poor an instrument for the task. Its usefulness is limited. It is at this stage that Yoga can give a helping hand. "When all the five senses, along with the mind and the intellect are stilled, that is the highest poise", declares the Upanishad. Because, it is then that the Spirit reveals itself. It is then that the individualized human soul can enjoy its own identity with the Spirit. Yoga is in essence a technique which helps the individual to still the mind and makes it a fit receptacle for the Spirit by destroying all the modifications of the Chitta. Faith in the existence of the spirit, faith in the possibility and the capacity of the human soul to enjoy unitive experience with the Spirit, emphasis on intense practice of Yoga in order to have that experience and to retain the spiritual poise, transformation and sublimation

of life and conduct in the light of spiritual experience, are the basic elements of the teaching of the Upanishads and the Gita. The skeleton of the basic teaching of ancient India lies in the elaboration and amplification of these elements, the grading of steps between Spirit and Matter in the form of five planes (Koshas), and the branching of Yoga practice into three or four Yoga systems. With these bases, and with the rich experiences of the Yogis and Siddhas like Shri Ramakrishna before him, with the Antaryamin (the Inner Lord) as his sole guide, Aurobindo launched on the greatest spiritual adventure of modern times. After experiments conducted in a scientific manner and out of his varied experiences in the course of his Sadhana, Aurobindo evolved a philosophy and a Yoga which are today capable of revealing the light to all who seek it. His teaching is mystic in so far as inner spiritual experiences are concerned, but entirely rational in explaining the experiences in the light of known facts of evolution and its present phase. Though basically Indian and Vedantic in his approach, it was with a remarkably open mind, that he scoured practically all the known systems of thought and spiritual practice in and out of India and formulated an ideal and a path of his own. But in this he was not an eclectic. He brought to bear upon all that came his way, a masterly synthesising genius, which resulted in integrality instead of only hugeness and massiveness; synthesis instead of co-ordination or eclecticism. It is not a mechanical mixture, but a chemical combination that is before us.

The name, "Life Divine", which he chose for his philosophy, cannot be improved upon. In two small, pregnant words, the world of meaning that his philosophy connotes is revealed. There is life involved in matter and in other forms of existence, along the whole range between

matter and life. It has evolved, through ages of effort, from the first protein molecule and from unicellular to the multicellular existence. The apex of the evolution of life today is Homo Sapiens, so far as this planet is concerned. In the course of development, consciousness has emerged and there has been individualization to the extent of the formation of a psychic entity. As a consequence, we have self-consciousness and the power to look back and know its own source and fountainhead has developed. This self-consciousness, tracing its history to the very beginnings of its own existence and to the Cause of the existence of all other existences, reaches the Source of all sources, the Divine. The psyche of man is dazed at the perfection, the immanence, the transcendence, the infinity, the sorrowless joy of the Divine. It is stunned by the contrast of its own insignificance and evanescence and sorrowfulness. It is at this stage that out of the depth of man's heart rises the plaintive cry, "Asato Ma Sadgamaya (lead me from falsehood to Truth), Tamaso Ma Jyotirgamaya (lead me from darkness to light), and Mrityorma Amritangamaya (lead me from death to immortality)". It is as if in response to this heart-felt prayer that in the Gita the Divine says, "Having been born in this world, transient and sorrowful, be devoted to Me". It is the realization of the psyche and the knowledge of the possibility of its reaching perfection one day, that sets it thinking about ways and means of fulfilling its ambitions. It is during this quest that the psyche discovers Yoga. These things, everything implied in them, and their interrelations, form the subject-matter of the philosophy expounded in "Life Divine". The ways and means based on the facts and postulates of this philosophy form the subject of the Synthesis of Yoga or Integral Yoga or Purna Yoga as one may choose to call it.

One of the counts often raised against Indian philosophy is that it is not a pure philosophy, meaning thereby that it is not a purely intellectual inquiry and an intellectual theory. Most of the great philosophers in India have happened to be not only "professional" philosophers but also Yogis, great mystics, Siddhas, or saints. Aurobindo was not an exception. A philosophy that is not based on experience by the total being of man and one that cannot be lived, has not much attraction for the Indian mind which looks upon life as a totality. His philosophy is not an *a priori* theory based on preconceived ideas. Nor does it draw upon imagination or sentiment. It does not depend upon hallucinations or mere subjective experiences. Nor has he clothed his theories entirely in mystic language. This does not mean that he has avoided mysticism or mystic experiences. They are far too important to be left out. Mysticism has been rehabilitated in modern philosophy and it is recognized as a part of life and as a part of data, even for the most orthodox type of modern philosophy. What is very significant in Aurobindo's philosophy however, is that it is based on evolution and is fully aware of the latest evolutionary trends as well as what modern science has to say. He is not the only modern philosopher to take into account the trend of evolution and to speak about superman and the coming race. Ideas about the Superman may differ but many thinkers have written about him, about the sixth sense, about a new race. What Aurobindo has done in addition, however, is to experiment on Yoga, the technique of developing humanity, and to assert out of experience that this is the way to usher in the new humanity. The process in nature has already been there. What he has done is to present to the world the possible efforts that man could consciously put forth to expedite the evolution, not only by trying to reach up to, but by

trying to bring down the higher powers to help the process. It is this message which has invested his teaching with a reality and concreteness, with an urgency and an intensity not to be found in philosophies written for giving only a rational explanation of things. Since life itself is dynamic and is evolving, a philosophy of life must also, if it aims at being a real philosophy, be dynamic. It must fulfil a need and satisfy the demand of the human being to know the truth by which he can live and thus progress in his eternal pilgrimage.

Modern science today, after centuries of questioning and experimentation, tends to suggest that what exists is energy, and everything else, even gross matter, is but a modification of it, is but a form of it in a certain condition which changes every moment. After starting with a multiplicity of elements science gradually discovered that matter and energy were the only two things to exist. When matter was further analysed, it evaporated and left energy alone as master of the situation. But the problem of life remained. It seemed to be energy, but of a different order. Now however, the demarcation line between life and energy is thinned. Life is characterized by consciousness, which includes will, the power to know, the capacity to store knowledge, and so on. Then life also has been evolving and has developed to the stage of the human being in a natural and historical process. The materialist who believes that inconscient energy is the ultimate reality says, that all evolution is due to the potentialities that material energy inherently possesses. Consciousness itself he says, is a result of energy arranging itself in a particular way. It is here however, that those who believe in the spirit as the primal reality, ask, if consciousness is something which results from changes in energy, what is the cause and principle

of this change? Does it not mean that energy embodies already the principle of consciousness? Can it come out of nothing? Moreover, is it not indicated that there is an element of will (a characteristic of consciousness) in energy which causes it to arrange itself in various ways and produce innumerable phenomena, including life and conscious beings? The believer in the spirit pleads that spirit is already in matter and energy and in life and in consciousness. Moreover, if energy or matter does change and evolve, it must either change mechanically or by a kind of self-determination. In the former case, there is absolute determinism, in the latter case, there is something like will or consciousness. Today few subscribe to determinism. What remains is self-determination and that means the existence of involved will or consciousness. Some deny matter altogether and say that it does not exist at all. We can derive matter and energy from spirit but not vice versa. But to understand all this and to carry on experiments we have to leave the test-tube and the laboratory and transfer ourselves to the consciousness of man. It is there that consciousness has evolved to the highest and the manifestation of the spirit is the utmost. It is why the ancients in India have dived deeply into themselves. If the test-tube is the laboratory for the study of matter and energy, the heart of man and the grey chambers in his brain are the laboratory of the spirit. It is therefore quite right to say that inner experiences are greater and more reliable guides in spiritual matters. Thus was the truth of the Upanishads and the Gita arrived at. The spirit is the primal reality and matter is a derivative. We shall see how it is a derivative.

Spirit and matter apparently are quite contradictory to each other. But science has already come to the conclusion that matter is not the solid thing it appears to be

but a form of intangible energy. It is seemingly inconscient, merely mechanical and without any trace of consciousness. But is it really so? Since consciousness evolves out of matter under certain conditions, in the form of life, it must be potentially present in it, in however subtle a form. Now, spirit in its essence can neither be cognized nor described in the common way. It is something beyond perception or conception. It is beyond all dualities. The Upanishads offer a description it is true, but that is only because something has to be described and characterized if it is to be the object of thought. It is therefore described as unknown but not unknowable, since it can be experienced and felt, when one is in tune with it. Thus while the spirit itself, which is the supreme Reality, remains undescribed, it can be characterized as Existence-Consciousness-Bliss (Sat-Chit-Anand), these three being one and unitarian and not separate and different. It is self-existent, it is forever and forever. It is beyond time, since it was, it is and it will be eternally. Everything is present to it. What light is to the sun, time is to eternity. The eternal existence is of the nature of consciousness, a unity of knowledge, will and power. The third attribute is Anand which again is unity of infinity, beauty, and pure delight of sport or joy.

The Spirit is immanent as well as transcendent and is the Ground of everything that ever was, is, and will be. Being self-existent and self-determined, it is out of its Anand aspect that all creation issues, which is its sport or Leela. This is the becoming aspect of Reality and it is as eternal as being itself. In this Leela or sport or becoming, is the root of involution. It is only by a limitation in what is unlimited, that there can be becoming or creation. For instance, every finite thing is a limitation of the infinite. Mathematically speaking, any number is

a limitation of infinity, though it cannot affect infinity even if the whole of infinity itself is subtracted from it. That is what the Upanishad means when it says that the Integral Reality remains what it is even when whole worlds and universes are created out of it. But the fact remains that every creation is a limitation and to that extent it is an involution of the aspects of Sat-Chit-Anand. Another illustration can be given. If we attempt for a moment to clear our consciousness of everything except a general awareness, what remains is an awareness of awareness, which means a potentiality of knowing anything that may appear on the horizon of the consciousness. However, as soon as I am aware, say of a sun in my consciousness, it is a limitation of my awareness to that extent. There is the knowledge of the sun, but for the time being, there is also ignorance of things other than the sun, as all the stress is on the sun and my consciousness is absorbed in it. But of course, the difference between the limited consciousness of man and the infinite consciousness of Sat-Chit-Anand is there. While the Sat-Chit-Anand remains unaffected by the limitation, the thing that is created becomes subject to limitation of everything it derives from its unlimited source. It is this limitation that is the involution, that is creation, that is becoming, that is the source of all universes and matter itself. Within our knowledge, we can say that matter is the uttermost of creations. It seems to be furthest from consciousness, so much so that we think that spirit and matter are quite contradictory and one cannot have anything to do with the other. But that is not the case. The very fact that life and consciousness evolve out of matter and are able to organize and utilize matter in the course of evolution, proves that they are both involved. The very measure of involution is the measure of its distance from the spirit in

the scale of creation. The more the consciousness is involved in a thing, the lower it is in creation. But there is nothing that is without consciousness in creation. In matter, consciousness is much involved; there is very little that is free from it and it is not easy for us to detect that little. On the other hand, the less the involution and higher the evolution, the more is consciousness free as in living beings and in man. So far, man is the most evolved of animals as he has more of free consciousness than any other. When the superman comes, however, he will have been endowed with far more than man has. All liberation or rather real liberation is the liberation of our consciousness from involution. The more our consciousness is capable of freeing itself from its involved condition and of being itself in its pure form, the more liberated we are. The condition of utmost liberation is that which Patanjala Yoga calls "being established in one's own real self (Swarupe Avasthanam)".

Thus Spirit and Matter are two extreme nodes of existence. In terms of consciousness, for that is the most important characteristic of the spirit (existence and joy being included in it), the former is pure consciousness and all-conscious, while the latter is unconscious and a bundle of nescience and seems to be purely mechanical without any trace of consciousness. But there is the Ground, the Purushottam, the Paramatman in whom both are reconciled and synthesised. It is the parent of all. It is the Supreme Reality, beyond even creation or any other modification, the pure Essence of everything including both spirit and matter and all their modifications.

The main outline of the philosophy of Aurobindo is therefore, that there is an Absolute Transcendent which cannot be described except as that which is beyond and above everything conceivable. At the same time, it is the

synthesis of being and becoming, of spirit and matter. It is the Purushottam of the Gita and is beyond the Kshara (perishable) and the Akshara (imperishable). But the form in which human consciousness can cognize this Reality is as Sat-Chit-Anand. It is self-determinate and out of its sheer sportiveness and delight, and through its Chit-Shakti, it limits itself by a stress which becomes the starting point of creation. All creation is involution and matter may be said to be the lowest and the last point of such involution. The descending order would begin from Sat-Chit-Anand which is not three but three in one. It is a unitarian consciousness but, for purposes of understanding its characteristics, the three attributes have been named. The instrumentality through which the involution starts is the Supermind. The main characteristic of it is Truth-Consciousness and the power of truth itself. It is only after supermind and below it that overmind, higher mind and mind take their places. Then we have the psyche, then life and then matter in the descending order of involution. Evolution can be described as a rediscovery of consciousness in its ascending order till it finally becomes pure consciousness and reaches again the stage of Sat-Chit-Anand. To put it in the simplest possible words, Reality is in the nature of pure consciousness, one, infinite and beyond all duality and relationship. Out of its own will and sheerly for sport, it limits itself. Every such limiting is a diminution of itself and an involution, and an occasion for creation. Reality being infinite, no amount of such diminution, or involution or creation brings about any change or deterioration in the Reality itself. But the descending movement has a limit since consciousness cannot eliminate itself or commit suicide. So, the ascending movement has to start and this ascent is evolution ending where it started, i.e., in pure consciousness.

Aurobindo stresses another point, that the supermind is the link between Sat-Chit-Anand on the one hand and mind and those things that follow on the other. The Supermind is the Shakti of Sat-Chit-Anand. It is the dynamic power of knowledge and will of Sat-Chit-Anand. Both involution and evolution take place through its instrumentality. It is the Supermind that develops the three aspects of Sat-Chit-Anand, without either separating or dividing them. In fact, Aurobindo's special claim is in the discovery of the exact function and in giving details of the Supermind, as well as attaining the Sadhana for utilizing its full power for human evolution. But for this Supermind and its help, the full divinization of mind, life, and matter would not be a practical proposition. The human soul can ascend alright but if it is to descend in order to divinize and make a "life divine" possible here on earth, then the acquiring and using of the supramental force is a necessity.

Now, coming to humanity itself, it has not evolved beyond a certain point. But since consciousness has evolved in man and has developed self-consciousness, the possibility of a conscious participation by man in evolving further has arisen. There is no doubt that individual consciousness is weighed down and limited by many factors, the body, the vital urges, the limitations of the mind, the inability to perceive truth as it is, egoism, and so on. But in spite of these limitations, of all other creatures in creation so far as we know them, man alone has a chance of assisting in his own evolution, as a helper, as a cooperating agent of nature. He has to play his part not merely for his individual evolution and salvation but for the evolution of the human race, for ushering in a new era in humanity, for the birth of a race of supermen. The coming of the

new man in the course of evolution is as assured as was the coming of the present man after the age of the ape. This then is the main metaphysics and philosophy of Aurobindo, and his theory of the evolution of man. It will be easily seen that it is based on some of the proven scientific truths of the modern age.

The question now arises, how best can man help in the evolutionary process already in progress. It naturally forms the subject matter of a separate treatment termed "Integral Yoga".

If "Life Divine" represents the theoretical part of Aurobindo's teaching, "Integral Yoga" is the practical part of it. The former deals with the what, when, why and who of the grand mystery of existence, and the latter deals with the how of it. It is a mystery and a problem to man alone and to none else, so far as our present knowledge goes. Therefore, it is he who has to solve the problem. Many solutions have been suggested and tried during the long history of humanity. Here is one more suggested by Aurobindo. His Yoga claims to be not only integral but also a synthesis of all Yogas, especially of the three most important, namely, Jnana, Karma, and Bhakti. Let us see what he suggests.

Man has to make a beginning with what he is and what he has. His aim must obviously be very ambitious. He has to free himself and establish peace and harmony to integrate his own personality. Then he has to establish harmony with the outside world. He has to work for the emancipation of the human race. According to Aurobindo's teaching, the emancipation of the human race lies not merely in the attainment of Mukti and absorption into the Absolute but in the divinization of mind, life, and matter here and now in this terrestrial existence. It can be done, he says, if the Supermind is realized and its

powers invoked for this purpose. It is promised through Integral Yoga.

Man is, at the moment, far away from the status of a divinized being. His instruments for attainment are also rather crude and insufficient. In the first place, he is still subject to the momentum by which involution started. But from these beginnings he has to build a temple of God and invite Him to come and stay there. The Upanishad has declared that the human soul is prone to look outwards to external things and not to the inner Atman. It adds that, very rarely does a soul turn its eyes inwards to see its true self, the Atman. In consequence, the human body has its own powerful material, vital and mental urges towards sense-objects which prevent the mind from concentrating on the inner Atman. This weakness and also the weakness of will allows strong attachment to grow between the soul and outer objects. This attachment is the cause of pleasure and pain, joy and sorrow, love and hate and so many other dualities. Above all, the mind itself is a very poor instrument because its powers are limited. It is good as a servant of life but is designed more for analysis, for seeing differences, for distinguishing one thing from another rather than for apprehending the truth of existence and for synthesising our experiences.

With all these handicaps, man has struggled hard and his efforts have not been in vain. It is so that there are only a very few cases where man has transcended these difficulties and realized the truth and sublimated life. But it is enough, because it is a pointer to the potentialities and the possibilities of the human being. It proves that God is secretly hidden in the heart of man and that man is His manifestation. This can be realized and God brought to the surface and life lived according to the dictates of the Inner Spirit. There is no doubt that

man's mind is tossed between dualities, of pleasure and pain, that it has only partial knowledge, that it is caught in the conflict between good and evil, morality and immorality. But those who have attained Siddhahood have proved that human consciousness can be trained to rise beyond these human frailties, to a poise which is beyond pleasure and pain, beyond good and evil. A supra-ethical poise is one of the characteristics of the perfect superman.

Over millenniums, India has developed the science and art of transcending the normal consciousness and attaining a poise which may be termed superconscious. Various experiments have been made with the different powers of which man seems to be a bundle, physical, vital, mental, intellectual, moral, and spiritual. Since all are unified in the personality of man, they can be developed, conserved, controlled, concentrated, coordinated and utilized for the highest purpose of attaining superconsciousness, and sublimated for divinizing life. In its totality, this effort is called Yoga. Aurobindo, in the process of developing integral Yoga, found that the supramental level is one which is most important since it is the operative link which can bring about changes in the planes (Koshas) below, in such a way as to divinize mind, life, and matter itself. Divinization would not merely mean that the Divine used them or acted through them. It would mean that the stuff of which they are made would be transformed into far more subtle, pure and high material so that the whole standard of existence was raised. Such transformation could usher in the "Life Divine".

Aurobindo's system of Yoga can be designated variously as integral or Purna, as synthesis of Yoga, as Yôga of surrender, as supramental Yoga of the supermind. There is justification for and significance in every one of these names. It is integral or Purna because it is total

Yoga, in the very sense that war is total war, in which every resource is employed unstintingly in order to win a victory. Other systems of Yoga put emphasis on one or more of the different powers of man. For instance, Bhakti Yoga mainly employs the emotional power of man as a channel to God. But in integral Yoga the Sadhak employs all his powers simultaneously in a supreme effort of will to approach and apprehend God. In another sense integral Yoga is a Purna Yoga, as it seeks Yoga or communion with the total God, if one may be permitted the expression. Here the Sadhak does not aim for union with either absolute or the becoming aspect of the Lord separately but with the Lord in all His aspects and on all the planes of consciousness, wherever He can be contacted. In yet one more sense it is integral. It seeks not only to realize the full Divine, with all powers, but further yearns to bring down the Divine to the lowest rung of involved consciousness in order that it may be divinized and thus complete the full cycle of involution-evolution of the Divine. In "Arya" of September 1914, Aurobindo said, "Yoga is that which, having found the Transcendent, can return upon the universe and possess it, retaining the power freely to descend as well as ascend the great stair of existence. Thus it is Purna not only as regards the means and the path but also as regards its ideal. More modestly it is called a synthesis of Yoga, since this system seeks to synthesise other existing Yogas, especially the Jnana, Karma, and Bhakti Yogas. It can also very appropriately be called the Yoga of surrender, because in other Yogas surrender or Atmanivedana, comes at the end of the Sadhana. Purification and other steps come earlier. But in this Yoga the very beginning is with the complete surrender of oneself with every power and capacity, however crude or impure or inadequate they might be," "All

life is Yoga'', as he said in another issue, sums up the Yoga of surrender described in this extract. Yoga of the supermind, would also suit quite well, because the emphasis is on contacting and communicating with the supermind, without whose active and effective cooperation the divinizing of mind, life and matter cannot be expedited. Just as for instance, in Jnana Yoga and Bhakti Yoga, Jnana and Bhakti play respectively the most important parts, here the Supermind or Vijnana plays the vital role.

Yoga being a practical science, as well as an art, it starts with a basic faith regarding the nature of Reality. We know what Reality is according to Aurobindo's philosophy. It is no longer for the Sadhak to question it. His problem now is how to commune with that Reality, how to secure a unitive experience with it, and how to stabilize a poise in that experience. In the "Synthesis of Yoga" Aurobindo tells his readers, "Well, this is how you should reach the goal of the life divine, the goal of supermanhood and supernature." He says that faith is fundamental in the attempt and along with it, an ever fresh and intense aspiration to achieve the spiritual end. When faith and aspiration are there, integral Yoga requires the Sadhak to surrender his whole being to the Lord in a supreme effort of will. The surrender is with the intent to invoke the help of the Lord for his Sadhana. Atmasamarpana or Atmanivedana (self-surrender) is the decisive action that helps the Sadhak to attain the highest in spite of all difficulties that may come his way. It helps him not merely by rousing his powers to their climax, but the Mother, the Adishakti herself, takes up the burden of the Yoga and ensures success. It makes way for "grace" to descend at the proper time to consummate the efforts of the Sadhak.

"Yoga Siddhi", says Aurobindo, "is best attained by the combined working of four great instruments" ("Syn-

thesis of Yoga')—Shashtra, Utsaha, Guru, and Kala. Shashtra is the science of Yoga incorporating the body of experiments and traditions left by great Yogis. Utsaha is the flame of ever brightening aspiration upward-bound. Guru is a master of Yoga who by personal instruction can guide the Sadhak (in exceptional cases, as with Aurobindo, the inner Guru of gurus himself conducts the disciple). Then Kala, maturity of time, is an important factor that cannot be ignored. Involution has taken time and evolution also must take time. Yoga seeks to cut short that time but it cannot be eliminated altogether. In a sense, all is given, but at the same time all has to happen. Aurobindo says, "All teaching is self-revealing, all becoming is an unfolding. Self-attainment is the secret; self-knowledge and an increasing consciousness are the means and the process."

A passage in "The Mother" sums up very briefly the effort that a Sadhak has to make in order to advance in this path of Yoga: "The personal effort required is a triple labour of aspiration, rejection and surrender,—an aspiration vigilant, constant, unceasing—the mind's will, the heart's seeking, the ascent of the vital being, the will to open and make plastic the physical consciousness and nature; rejection of the movements of the lower nature—rejection of the mind's ideas, opinions, preferences, habits, constructions, so that the true knowledge may find free room in a silent mind,—rejection of the vital nature's desires, demands, cravings, sensations, passions, selfishness, pride, arrogance, lust, greed, jealousy, envy, hostility to the Truth, so that the true power and joy may pour from above into a calm, large, strong and consecrated vital being,—rejection of the physical nature's stupidity, doubt, disbelief, obscurity, obstinacy, pettiness, laziness, unwillingness to change, *tamas*, so that the true stability of

Light, Power, Ananda may establish itself in a body growing always more divine; surrender of oneself and all one is and has, and every plane of the consciousness and every movement to the Divine and the Shakti."

It is this kind of Yogic Sadhana that enables the aspirant to battle against all obstructions along the difficult path. Then on page 21 of "The Yoga and Its Basis", we read: "the crowning realization of this Yoga is when you become aware of the whole world as the expression; play or Leela of an infinite divine personality, when you see in all, not the impersonal Sad Atman which is the basis of manifest existence,—although you do not lose that knowledge,—but Sri Krishna who at once is, bases and transcends all manifest and unmanifest existence, Avyakto Vyaktat Parah."

It is not necessary to give here details regarding Yama, Niyama and other steps common to all Yogas, and, so far as their essence is concerned, common also to Purna Yoga. What is most important about Aurobindo's Yoga has been clearly indicated, especially its approach, its aim, its standpoint, its totality and its main steps starting from faith and surrender.

Now that a brief outline of the philosophy and Yoga of Aurobindo has been given in these concluding paragraphs, it will be helpful to pick out some of the important points on which he has laid special stress, in fact, the distinguishing features of his great teaching.

Aurobindo has demolished the idea of any essential duality or contradiction between spirit and matter. He declares that what exists is the Spirit; mind, life, matter are all spirit in different form. There is nothing like Maya or illusion in connection with matter or the material world. The spirit can be described as infinite potentiality. It is by a process of involution similar to that described

by Henri Bergson in connection with the *elan vitale* in his "Creative Evolution", that out of its own initiative, the spirit issues in innumerable forms. Being infinite, it is neither diminished nor affected by the creation of these forms and universes. But there is the inverse movement as well, namely, evolution whereby that which is involved evolves. Thus creation can be described as a double movement, involution-evolution, a descent and an ascent. While the Spirit, being absolute and infinite, remains as it is, it is the Satchidanand aspect of the Spirit, its power, at the root of the eternal involution-evolution. While Satchidanand is the being aspect, creation is the becoming aspect of the Spirit. Aurobindo has designated the spirit as the Purushottam of the Gita while Satchidananda is the Akshara (imperishable) and the creation is the Kshara, the perishable one.

Just as there is no Maya as such, so too there is no ignorance. It has no positive existence. Ignorance is partial knowledge which is there on account of involution. Ignorance bears the same relationship with the Chit aspect of Sachidanand as darkness with the sun. So too, absolute non-existence or nothing, and similarly absolute misery or positive evil do not exist. Though they all strike us as positive existences, they are in fact the partial and temporary non-existences of their opposites which, of course, exist in their own right.

All involution is a voluntary diminution of the spirit-essence for a limited purpose. If spirit-essence is described as full Satchidanand, every thing that is created is a diminution of it, something subtracted from it. If Satchidanand represents truth, knowledge, bliss, light, harmony, immortality, every involution means less of all these. At the same time, every evolution would mean the recovery of all these. If involution is going down the ladder, evolu-

tion is going up the same ladder. It is an eternal process.

Now, coming to humanity, man is at a certain stage of evolution and is capable of knowing that stage and of taking steps to evolve upwards to the next stage of man, the superman. The process would be easier and the evolution speedier if through integral Yoga man invoked the supermind, which is the direct and operative agent in the matter of evolution. Whatever the Siddhi and however great the perfection of a person, this Siddhi is bound to be limited in its range and power as long as it is on the mental plane or the Manomaya Kosh. It is only Siddhi on the supramental level that can invest the Siddha with powers that can expedite evolution by the utilization of supramental powers for transforming the mind, life, and matter constituting man. Aurobindo lays the highest stress on this matter, and in "The Riddle of the World" he says, "The Vedic Rishis never attained to the Supermind for the earth or perhaps did not even make the attempt. The Rishis knew the Supermind, attained it and passed on to the Divine but did not think in terms of utilizing it for life on earth, for humanity". In a letter to a disciple he has said, "I have not found this method (as a whole) or anything like it professed or realized by the old Yogas. If I had, I should not have wasted my time in hewing out paths and in thirty years of search and inner creation when I could have hastened home safely to my goal in an easy canter over paths already blazed out, laid down, perfectly mapped, macadamised, made secure and public."

In his Yoga, his was a path of total surrender of all the powers, right from the beginning. He has explained in the "Arya" V, p. 283: "The principle of Yoga is the turning of one or of all powers of our human existence into a means of reaching the divine Being. In an ordinary

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Yoga, one main power of being or one group of its powers is made the means, the vehicle, the path. In a synthetic Yoga, all powers will be combined and included in the transmuting instrumentation." He arrived at integral Yoga and thought it to be the best because all power, whether it be mental, intellectual or emotional, is in the end one, all power is really soul-power. Why then think of a single power as an instrument? Why not consecrate the whole being with all its powers and make the Yoga integral?

The important aspect of Aurobindo's teaching was in its aim and ultimate purpose, which was to divinize the whole of humanity by transforming mind, life, and matter. At present all three which constitute man are gross and very crude. The usual way would be to extricate the soul from them and to find for it a haven in the Divine. But Aurobindo had a distinctly different and higher approach. Individual salvation or for that matter, the accepted type of salvation even for the whole of humanity, was not very attractive or of much consequence to him. What he aimed at was divinization and simultaneous transmutation, not only of human beings as they are, but also of the very material of which they are made. The mental, vital, and material stuff of which man is made today was sought to be transformed into a subtler, finer, and nobler substance capable of taking man's whole being to a far higher level of existence where pure knowledge, great harmony, and divine bliss would reign supreme.

APPENDIX

(I) CHRONOLOGY OF AUROBINDO'S LIFE

[Note :—This is mainly based up to 1926 on the four articles by A. Purani in "Dakshina", a Gujarathi quarterly edited by Sundaram. They have appeared as "Shri Aurobindo Jeevan" from February to November 1951.

This is meant only for placing him and events, not for giving an idea either of his activities or his Sadhana and Siddhi or his philosophy.]

- 1872 At 4-50 A.M. on the 15th of August, birth at Calcutta.
- 1872-77 With parents at Khulna. Occasionally at Deoghar with mother, Swarnalata. Acquaintance only with English and Hindi.
- 1877-79 Loretto Convent School, Darjeeling. Vacations mostly at Deoghar. Mother used to have attacks of hysteria.
- 1879-84 In Manchester with Mr. and Mrs. Drewett for education. Instructions by Dr. Krishnadhan Ghose, Aurobindo's father, to Drewetts not to allow contact between Aurobindo and Indians. Scholar in Latin. In addition to school studies, read Bible, Shakespeare, Shelley and Keats.
- 1880 In March, Barindra was born in Croydon, London.
- 1884-90 At St. Paul's School in London. Studies Greek. Hardship on account of irregular remittances from father. Started writing English poetry in 1886. Wrote Latin and Greek poetry also. Read poetry, literature, stories and novels, French literature, and history of Europe. Also learned Italian, German and Spanish languages. Carried all prizes for Classics. Illustrated Arabian Nights was one of his coveted prizes.
- 1885 Internal urge for self-sacrifice and service to others, a kind of inner transformation.
- 1890 A scholarship of £ 80 when he left St. Paul's School for Cambridge.

- 1890 Studied a bit of Bengali and Sanskrit. Passed in I.C.S. competitive examination, was entered as probationer and got scholarship.
- 1890-92 Entered King's College, Cambridge. Passed in first class in Classical Tripos in one year.
- 1891 Indian Majlis started in Cambridge. Aurobindo Secretary for some time. Some of his contemporaries in Cambridge were K. G. Deshpande, Hari Singh Gour, Felix D'Souza, Beechcroft, Pereira. C. R. Das was in London studying for the Bar.
- 1892 Deliberately neglected and failed in riding test. Debarred from entering I.C.S. as an employee.
- 1893 In February returned and landed at Apollo Bunder, Bombay, by steamer "Carthage".
- " First notable spiritual experience of infinite calm descending upon him. This continued for months.
- 1893-1897 In Baroda State Service. Started in Revenue and other Departments, then became French teacher in college for a time. Afterwards Professor of English and then Vice-Principal while resigning in 1907.
- 1893-94 Articles entitled "New Lamps for Old" in "Indu Prakash" of Poona. Later, articles on Bankim, Tilak, and Dayanand.
- 1895 First literary publication, "Songs to Martella", by Aurobindo was published for private circulation only. Was reading at that time Homer, Dante, Mahabharata, Kalidasa, Bhavabhuti, etc.
- 1898-99 Dinendrakumar, a literary figure in Bengali, was at Baroda to help Aurobindo develop his knowledge of Bengali.
- " According to Dinendra, started writing "Savitri" while in Baroda. Date not known.
- 1899 Passing away of Raj Narayan Bose. Aurobindo wrote a poem in his memory.
- 1900 Aurobindo's college appointment made permanent.

- 1901 Married in April Mrinalini, aged 14, daughter of Bhupal Chandra Bose, Ranchi.
- „ Spent some time in May in Naini Tal with Mrinalini and sister Sarojini.
- „ Barindra came to stay with Aurobindo.
- „ Another spiritual experience: some divine figure came out of Aurobindo's body and saved him from an accident to the carriage and four in which he was riding.
- 1902 Contact, especially during vacation, with revolutionary groups in Bengal and western India. Aurobindo himself took an oath.
- „ Sister Nivedita met Aurobindo at Baroda. Referred to his being worshipper of Shakti.
- „ Barindra was sent to Calcutta to help Jatin Banerjee in revolutionary work.
- 1903 Visit to Kashmir. Another spiritual experience: while on Shankaracharya Hill he felt he was in the midst of the Vacant Infinite.
- „ Wrote the pamphlets entitled "Kali—the Mother" and "Bhavani Mandir".
- 1904 Closer contact with Maharashtra revolutionaries through Charu Chandra Dutt, I.C.S., at Thana.
- „ Visit to Ganga Mutt at Chandod on the Narmada to see Swami Bramhanand.
- „ Began Pranayam practices and Yoga after consultations with Deodhar, an engineer at Baroda and disciple of Bramhanand.
- 1905 Officiating Principal of Baroda College.
- „ 29th September, Bengal partition, a legal fact.
- „ 30th August, Aurobindo's famous letter revealing his inner working to Mrinalini.
- 1906 In March Aurobindo went to Calcutta, which continued to be his headquarters till he left for Chandranagore in February 1910.
- 1906-07 Took one year's leave without pay from Baroda College from 12-6-1906 to 11-6-1907.
- 1906 14th April, Barisal Conference, first political

- conference in India, when procession was dispersed by lathi charge.
- 1906 12th March, "Yugantar" weekly in Bengali was started by Barindra. Aurobindo wrote often in this journal.
- " 5th November, prosecution was launched against "Yugantar" for sedition.
- " Aurobindo's last visit to Thana for contacting Maharashtra revolutionaries.
- " National College was started in Calcutta with the munificence of Subodh Mallick. Aurobindo joined it as Principal and Professor of English.
- " 6th August, "Bande Mataram" started as an English weekly by Bipin Chandra Pal. On 22nd October, it was made into a joint stock company.
- " Aurobindo toured Bengal districts for consolidating Nationalist Party.
- " From October to middle of December Aurobindo was seriously ill. He spent his days mostly in Calcutta and some days in Deoghar.
- " Congress Session in December in Calcutta, Dadabhai Naoroji presiding. "Swaraj" demanded for the first time by Congress.
- 1907 7th January to 15th April, Aurobindo many times at Deoghar.
- " April 12th to 23rd, a series of articles in "Bande Mataram" on passive resistance by Aurobindo.
- " 10th May, "Bande Mataram" office searched.
- " 24th July, case against "Bande Mataram". Aurobindo and Bipin Pal involved.
- " December 22nd, speech at Nagpur on his way to Surat.
- " December, Congress Session at Surat. Violent split between nationalists and moderates.
- " December 28th-30th Aurobindo met Lele of Gwalior at Baroda. Lele accompanied throughout the tour for about a fortnight. Aurobindo spoke always respectfully of him. When asked (1938) if Lele had realisation, Aurobindo said,

“Of course, but I saw that he had ambition and ego”. Here are some observations made in his letter to Dilip: “After four years of Pranayam and other practices on my own, with no other result than an increased health and energy, some psycho-physical phenomena, a great outflow of poetic creation, a limited power of subtle sight (luminous patterns and figures etc.) mostly with the waking eye, I had a complete arrest and was at a loss. At this juncture I was induced to meet a man without fame whom I did not know, a Bhakta with a limited mind but with some experience and evocative power. We sat together and I followed with an absolute fidelity what he instructed me to do, not myself in the least understanding where he was leading me or where I was myself going. The first result was a series of tremendously powerful experiences and radical changes of consciousness which he had never intended—for they were Advaitic and Vedantic and he was against Advaita Vedanta—and which were quite contrary to my own ideas, for they made me see with a stupendous intensity the world as a cinematographic play of vacant forms in the impersonal universality of the Absolute Brahman. The final upshot was that he was made by a Voice within him to hand me over to the Divine within me enjoining an absolute surrender to its will—a principle or rather a seed-force to which I kept unswervingly and increasingly till it led me through all the mazes of an incalculable Yogic development bound by no single rule or style or dogma or Shashtra to where and what I am now and towards what shall be hereafter. Yet he understood so little what he was doing that when he met me a month or two later, he was alarmed, tried to undo what he had done and told me that it was not the Divine but the Devil that had got hold of me.”

- Nasik, Dhulia, Amraoti and made speeches on nationalism. His complete inner surrender to God and all action according to His dictates.
- 1908 1st February, Lele was invited again by Barindra to Calcutta. After a talk regarding the course followed by Aurobindo, Lele and Aurobindo parted company. In March, Lele returned to Gwalior after giving grave warning to Barindra in connection with course followed.
- " 30th April, the bomb outrage at Muzaffarpur.
- " 1st May, many revolutionaries arrested.
- " 4th May, Aurobindo arrested at 48, Gray Street, Calcutta. Next day Barinda, Ullasakar Dutt and others arrested.
- " 31st August, Narendra Goswami was assassinated in hospital by Kanaiya Lal Dutt for being approver in Alipore Bomb Case.
- 1908-09 In Alipore Jail, Aurobindo had self-realization and Darshan of All-Pervasive Shri Krishna.
- 1909 5th May, Aurobindo was acquitted and released.
- " 30th May, Aurobindo's historic speech at Uttarpara describing his self-realization and declaring his faith.
- " September, District Political Conference at Hooghly.
- " Started after release "Karmayogin" and "Dharma", weeklies in English and Bengali respectively.
- " 30th July, Aurobindo published "Open Letter to My Countrymen" in "Karmayogin".
- " December, Bengal Provincial Political Conference at Barisal.
- 1910 February, on a direction from his inner voice, Aurobindo went to Chandranagore. Stayed in secret for a month and a half.
- " 1st April, Aurobindo reached Pondicherry by steamer "Dupleix" along with one companion.
- 1910-14 Silent Yoga Sadhana. Sometimes very hard life on account of want of resources. Once Aurobindo had only Rs. 1/4 on hand!

- 1910 In Pondicherry, Aurobindo at Shankar Chetty's house till October.
- " Paul Richard's first visit to Pondicherry and first meeting with Aurobindo.
- " Twenty-three days' fast as experiment and resumption of normal food immediately.
- " Editing of book called "Yogic Sadhana" dictated by auto-writing.
- 1912 15th August, birthday of Aurobindo observed by distribution of sweets.
- " French Police search residence of Aurobindo for revolutionary literature.
- 1913 The British spy called Beerendra staying for months with Aurobindo confessed and assured him that no report against anybody had been sent.
- 1914 29th March, Mira Richard meets Aurobindo first time.
- " Paul and Mira Richard propose publication of a journal and offer initial expenses. Aurobindo accepts offer and "Arya" starts publication on 15th August.
- " Aurobindo translated into English the Bengali poem "Sagara Sangeet" by C. R. Das.
- " Aurobindo advised Motilal Roy to stop revolutionary activities.
- " "Pravartak" was started at Chandranagore.
- 1915 21st February was observed as Mira Richard's or Mother's birthday first time in Pondicherry.
- " 22nd February, Paul Richard returned to France for Military service. Mira followed.
- 1916 September, opening of Aryan Stores in the city. Richards advanced money for same.
- 1918 December, Mrinalini died of influenza in Calcutta on way to Pondicherry.
- 1919 Publication of letter by Aurobindo signed as "Indian Nationalist" in "New India" of Annie Besant. Subject, Morley-Minto Reforms.
- 1920 January, reply to Joseph Baptista rejecting his offer of editorship of a journal.
- " 7th April, long reply to Barindra's letter

- after his release from the Andamans.
- 1920 The system of meeting together at about 4 p.m. daily was started. This continued for long with occasional breaks.
- " 24th April, return of Mira Richard to India.
- " Barindra met Aurobindo at Pondicherry.
- " After Mother's return, house-keeping at Aurobindo's residence changed for better.
- " November, Mother began staying with Aurobindo in the same buildings.
- " Differences, ideological and other, between Aurobindo and Motilal Roy. Henceforward, Motilal Roy carried on his activities independently.
- 1921 Dr. Munje, Col. Wedgewood and a number of others visited Pondicherry.
- 1914-21 In spite of all activities, Aurobindo carried on his Sadhana uninterrupted by anything, even by the editing of "Arya".
- 1921 "Arya" stopped publication.
- 1922 January, Mother took charge of Aurobindo's household.
- " C. R. Das invited Aurobindo to return to politics. Aurobindo's "no" to it.
- 1923 Discussions on all kinds of topics at the afternoon meeting hour and also visits from various persons at different times.
- " 5th June, C. R. Das came to Pondicherry and asked for blessings for Swaraj Party. He was advised not to leave politics.
- 1924 January, Dilip Kumar Roy met Aurobindo.
- " July, Kapali Shastri met Aurobindo.
- " 15th August, statement regarding his Yoga and main distinction between the old Yôga schools of thought and his own. Reference to bringing down of the Supermind for transforming mind, life and matter.
- 1925 4th January, Mother's illness.
- " 5th January, Lala Lajpat Rai and Tandon met Aurobindo.
- " May, Aurobindo's reference to three contri-

butions made by Lele to his Sadhana: (a) Solid experience of stillness of mind and Brahman as Being, (b) writing and speaking without conscious use of the mind, and (c) habit of surrender to a power above the mind.

1925 July, talk by Aurobindo regarding the descent of the Supermind.

1926 30th January, narration of his experiences in jail regarding painting.

„ 24th November, the date of victory. Twenty-four people present. The coming down of the Overmind leading to the descent of the Supermind to the earth-consciousness. Observed since then as the day of victory.

„ 24th November. The day of the regular foundation of the Aurobindo Ashram. Mother entirely in charge of it.

„ Aurobindo retired entirely and cut off all contacts except through Mother. When asked later, said this seclusion was inevitable. The following from Anilbaran Roy's journal (1926) in connection with Aurobindo's Sadhana is revealing: "Sri Aurobindo: 'Though generally a touch from the Guru is necessary, it is not indispensable. In my case there was no touch from a Guru—I got an inner touch and practised Yoga. At a certain stage, when I could not proceed any further, Lele gave me some help. When I came to Pondicherry I got from within a programme for my Sadhana. I carried it out for myself, but could not make much progress regarding the help to be given to others; then came Mira—I found with her aid the method of this help.'"

1927-50 Continuous development of Ashram, publications, and guidance to Sadhaks.

1930-38 Heavy correspondence with Sadhaks.

1938 Fracture of knee on the eve of November Darshan. Ill for many days.

1939 Revision of "Life Divine".

1942 Support to Cripps' offer.

1947 15th August. Statement regarding Indian

- Independence and a general review of objectives.
 1948 30th December. Message regarding physical culture.
 1950 26th November. Illness, intense suffering from kidney trouble. But Darshan ceremony not abandoned.
 „ 5th December, Mahasamadhi.

(II) HERALD OF A NEW AGE

“.... There will be first a new race representing the Supermind, as man represents the mind.”

(Letter, 13-8-33)

“We do not belong to the past dawns but to the noons of the future.”

(*Essays on the Gita*)

“.... But in the concrete experience of the Divine, doubt is impossible.”

(Letter to Dilip)

“The core of this inner surrender is trust and confidence in the Divine. One takes the attitude, ‘I want the Divine and nothing else’.... if there is not that, then the Yoga (of Aurobindo) cannot be done....”

(Letter to Dilip)

“And bring down God into the lives of men.”

(*Savitri*)

“We have undertaken a work which includes life and action and physical world. In what I am trying to do, the spiritual realisation is the first necessity, but it cannot be complete without an outer realisation also in life, in men in this world. Spiritual consciousness within but also spiritual life without.”

(Letter to Dilip)

“It is this stress of consciousness that makes all the difference. That is why one has to concentrate the consciousness in heart or mind (and not outside or on sense objects) in order to go within or go above. It is the disposition of the consciousness that determines everything, making one predominantly mental, vital, physical or psychic, bound or free, separate in Purusha or involved in Prakriti.”

(Letter, 16-7-37)

"A divine life in a divine body is the formula of the ideal that we envisage. But what will be the divine body? What will be the nature of this body, its structure, the principle of its activity, the perfection that distinguishes it from the limited and imperfect physicality within which we are now bound? What will be the conditions and operations of its life, still physical in its base, upon the earth by which it can be known as divine?

"If it is to be the product of an evolution, and it is so that we must envisage it, an evolution out of our human imperfection and ignorance into a greater truth of spirit and nature, by what process or stages can it grow into manifestation or rapidly arrive? The process of the evolution upon earth has been slow and tardy—what principle must intervene if there is to be a transformation, a progressive or sudden change?

"It is indeed as a result of our evolution that we arrive at the possibility of this transformation. As Nature has evolved Matter and manifested Life, beyond Life and manifested Mind, so she must evolve beyond Mind and manifest a consciousness and power of our existence free from the imperfection and limitation of our mental existence, a supramental or truth-consciousness and able to develop the power and perfection of the spirit. Here a slow and tardy change need no longer be the law or manner of our evolution; it will be only so to a greater or less extent so long as a mental ignorance clings and hampers our ascent; but once we have grown into the truth-consciousness its power of spiritual truth of being will determine all. Into that truth we shall be freed and it will transform mind and life and body. Light and bliss and beauty and a perfection of the spontaneous right action of all the being are there as native powers of the supramental truth-consciousness and these will in their very nature transform mind and life and body even here upon earth into a manifestation of the truth-conscious spirit. The obscurations of earth will not prevail against the supramental truth-consciousness, for even into the earth it can bring enough of the omniscient light and omnipotent force of the spirit to conquer. All may not open to the fullness of its light and power, but whatever

does open must to that extent undergo the change. That will be the principle of transformation."

(The Supramental Manifestation.)

"A divine life upon earth, the ideal we have placed before us, can only come about by a spiritual change of our being and a radical and fundamental change, an evolution or revolution of our nature. The embodied being upon earth would have to rise out of the domination over it of its veils of mind, life and body into the full consciousness and possession of its spiritual reality and its nature also would have to be lifted out of the consciousness and power of consciousness proper to a mental, vital and physical being into the greater consciousness and greater power of being and the larger and freer life of the spirit. It would not lose these former veils but they would no longer be veils or imperfect expressions but true manifestations; they would be changed into states of light, powers of spiritual life, vehicles of a spiritual existence. But this again could not be if mind, life and body were not taken up and transformed by a state of being and a force of being superior to them, a power of Supermind as much above our incomplete mental nature as that is above the nature of animal life and animated Matter, as it is immeasurably above the mere material nature.

"The Supermind is in its very essence a truth-consciousness, a consciousness always free from the Ignorance which is the foundation of our present natural or evolutionary existence and from which nature in us is trying to arrive at self-knowledge and world-knowledge and a right consciousness and the right use of our existence in the universe. The Supermind, because it is a truth-consciousness, has this knowledge inherent in it and this power of true existence; its course is straight and can go direct to its aim, its field is wide and can even be made illimitable. This is because its very nature is knowledge: it has not to acquire knowledge but possesses it in its own right; its steps are not from nescience or ignorance into some imperfect light, but from truth to greater truth, from right perception to deeper perception, from intuition to intuition, from illumination to utter and boundless luminousness, from growing widenesses to the

utter vasts and to very infinitude. On its summits it possesses the divine omniscience and omnipotence, but even in an evolutionary movement of its own grades self-manifestation by which it would eventually reveal its own highest heights it must be in its very nature essentially free from ignorance and error; it starts from truth and light and moves always in truth and light. As its knowledge is always true, so too its will is always true; it does not fumble in its handling of things or stumble in its paces. In the Supermind feeling and emotion do not depart from their truth, make no slips or mistakes, do not swerve from the right and the real, cannot misuse beauty and delight or twist away from a divine rectitude. In the Supermind sense cannot mislead or deviate into the grossnesses which are here its natural imperfections and the cause of reproach, distrust and misuse by our ignorance. Even an incomplete statement made by the Supermind is a truth leading to a further truth, its incomplete action a step towards completeness. All the life and action and leading of the Supermind is guarded in its very nature from the falsehoods and uncertainties that are our lot; it moves in safety towards its perfection. Once the truth-consciousness was established here on its own sure foundation, the evolution of divine life would be a progress in felicity, a march through light to Ananda.

“Supermind is an eternal reality of the divine Being and the divine Nature. In its own plane it already and always exists and possesses its own essential law of being; it has not to be created or to emerge or evolve into existence out of involution in Matter or out of non-existence, as it might seem to the view of mind which itself seems to its own view to have so emerged from life and Matter or to have evolved out of an involution in life and Matter. The nature of Supermind is always the same, a being of knowledge, proceeding from truth to truth, creating or rather manifesting what has to be manifested by the power of a pre-existent knowledge, not by hazard but by a self-existent destiny in the being itself, a necessity of the thing in itself and therefore inevitable. Its manifestation of the divine life will also be inevitable; its own life on its own plane is divine

and, if Supermind descends upon the earth, it will bring necessarily the divine life with it and establish it here.

“Supermind is the grade of existence beyond mind, life and Matter and, as mind, life and Matter have manifested on the earth, so too must Supermind in the inevitable course of things manifest in this world of Matter. In fact, a supermind is already here but it is involved, concealed behind this manifest mind, life and Matter and yet acting overtly or in its own power: if it acts, it is through these inferior powers and modified by their characters and so not yet recognisable. It is only by the approach and arrival of the descending Supermind that it can be liberated upon earth and reveal itself in the action of our material, vital and mental parts so that these lower powers can become portions of a total divinized activity of our whole being: it is that that will bring to us a completely realised divinity or the divine life. It is indeed so that life and mind involved in Matter have realised themselves here; for only what is involved can evolve, otherwise there could be no emergence.”

(The Supramental Manifestation.)

“One thing seems at any rate certain, that the spiritual motive will be in the future of India, as in her past, the real originative and dominating strain. By spirituality we do not mean a remote metaphysical mind or the tendency to dream rather than act. That was not the great India of Old in her splendid days of vigour,—whatever certain European critics or interpreters of her culture may say,—and it will not be the India of the future. Metaphysical thinking will always no doubt be a strong element in her mentality, and it is to be hoped that she will never lose her great, her sovereign powers in that direction; but Indian metaphysics is as far removed from the brilliant or the profound idea-spinning of the French or the German mind as from the broad intellectual generalising on the basis of the facts of physical science which for some time did duty for philosophy in modern Europe. It has always been in its essential parts an intellectual approach to spiritual realisation. Though in later times it led too much away from life, yet that was not its original character whether in its early Vedantic intuitional forms or in those

later developments of it, such as the Gita, which belong to the period of its most vigorous intellectual originality and creation. Buddhism itself, the philosophy which first really threw doubt on the value of life, did so only in its intellectual tendency; in its dynamic parts, by its ethical system and spiritual method, it gave a new set of values, a severe vigour, yet a gentler idealism to human living and was therefore powerfully creative both in the arts which interpret life and in society and politics. To realise intimately truth of spirit and to quicken and to remould life by it, is the native tendency of the Indian mind, and to that it must always return in all its periods of health, greatness and vigour."

(Some Thoughts from Sri Aurobindo)

(III) AS OTHERS SEE HIM

"At the very first sight I could realise that he had been seeking for the soul and had gained it, and through this long process of realisation had accumulated within him a silent power of inspiration. His face was radiant with an inner light and his serene presence made it evident to me that his soul was not crippled and cramped to the measure of some tyrannical doctrine, which takes delight in inflicting wounds upon life.

"I felt the utterance of the ancient Hindu Rishi spoke from him of that equanimity which gives the human soul its freedom of entrance into the All. I said to him, 'You have the Word and we are waiting to accept it from you. India will speak through your voice to the world, Harken to me'

"Years ago I saw Aurobindo in the atmosphere of his earlier heroic youth and I sang to him, 'Aurobindo, accept the salutations from Rabindranath.' Today I saw him in a deeper atmosphere of reticent richness of wisdom and again sang to him in silence, 'Aurobindo, accept the salutations from Rabindranath.'

(Rabindranath Tagore in 1928)

"Sri Aurobindo is a great example of the intellectual robustness of mystical souls, whom we approach not so much to partake of their intellectual subtleties as to receive the word of life....

"Among the present-day Indian thinkers Sri Aurobindo is the most accomplished. His firm grasp of fundamentals of true philosophy, his earnest attempt at the cultivation of the inner life and his abundant love for humanity and its future, give to his writings a depth and a comprehensiveness which are rarely to be met with."

(S. Radhakrishnan)

"Here comes Aurobindo, the completest synthesis that has been realized to this day of the genius of Asia and the genius of Europe The last of the great Rishis holds in his hand, in firm unrelaxed grip, the bow of creative energy."

(Romain Rolland)

"I consider 'The Divine Life' a book not merely of the highest importance as regards its content, but remarkably fine as a piece of philosophic and religious literature."

(Aldous Huxley)

"If, therefore, we are to judge Sri Aurobindo's work aright we must see distinctly the two sides in which it appeared—that which was inner, and that which was the outer visible part. In this setting the inner work belonged wholly to the Divine, and hence this part is the more difficult to discern—and made even more so by those whose eyes are habitually fixed on outward phenomena. Also he never took upon himself any external demonstration to show the world proof of his Divine-directed work. Indeed such demonstrativeness would have detracted from his labour. All we can say, therefore, is that time alone will reveal the truth of his Divine work in the world."

"But although the inner aspect of his work must as yet remain a closed book, what he did give to the world was a written record of that highest spiritual experience and God-knowledge. This was transcribed into the most comprehensible terms possible, in both an elevated poetry as well as a precise and unerring prose, so that those seeking the higher Light may be directly and progressively helped in their spiritual endeavour. By his long-sustained poise between the Divine Truth-plane and our ordinary mental comprehension, he was not only able to bring much of the Truth-knowledge into our current terms of knowing, but he inevitably became withdrawn and detached

from the active world of men. Although the result of his work thus became more completely veiled from our outward-discerning judgment, we must not lose sight of the fact that in Sri Aurobindo's written works we have for these present times the widest and most comprehensive knowledge of the Divine Reality that the world has yet known. This was expressed in a clarity of thought that belongs neither to the obscure symbolical language nor the cryptic occult forms of the old esoteric schools. And whilst we still harbour any belief in the ultimate elevation of mankind, the place and value of that verbal gift to man must be increasingly recognized."

(Nathaniel Pearson in his *Sri Aurobindo and the Soul Quest of Man*")

(IV) DARSHAN AND ITS SIGNIFICANCE

"....But the saints purify you at sight"—"Mahabharata".

The following four days were allotted to Darshan for reasons shown against them:—

15th of August—The birthday of Aurobindo.

24th of November—The day of victory for Aurobindo and the day of the founding of the Ashram.

21st of February—The birthday of Mother.

24th of April—The coming of Mother to the Ashram.

Vincent Sheean, an American author of note and writer of "Lead Kindly Light", a book on Gandhi, has laboured hard in his book to find out the real significance of Darshan.

In connection with Sri Aurobindo and his "suffering" the Darshans, he writes, "At Pondichery there lives the great sage, philosopher and mystic named Aurobindo Ghose they receive Darshan and are willing to travel very immense distances, very often on foot, to get it. Shri Aurobindo, a learned man whose knowledge of Western science and philosophy would appear, from his published writing, to be as ample as his knowledge of the Hindu scriptures, does not disdain this manifestation. From his works (such as I have read in them) I am emboldened

to say that he does not disdain it because he really understands it."

Sheean interprets Darshan as follows:—"Darshan in practice is a form of happiness induced among Hindus by being in the presence of some great manifestation of their collective consciousness. It may be person, place or thing, and represent past, present or future, so long as it sets up the definite recognizable glow of suprapersonal happiness."

(Lead Kindly Light by Vincent Sheean)

BIBLIOGRAPHY

All that Sri Aurobindo has written and spoken, published or unpublished, is worthy of study. Some repetitions, in the very nature of things, are inevitable, but they cannot be said to be superfluous.

Quite a number of books also in different languages, Indian as well as foreign, have been and are being published. Thus, "Aurobindiana" is daily growing.

I am giving below only a small list of books which have been of immediate use to me. In addition I have named some which may be studied at some leisure.

1. *Memories of My Life and Times* by Bipin Chandra Pal.
2. *The Soul of India* by Bipin Chandra Pal.
3. *Sri Aurobindo and Indian Freedom* by Sisir Kumar Mitra.
4. *The Renaissance in India* by C. F. Andrews.
5. *Indian Unrest* by Valentine Chirol.
6. *Government of India* by Ramsay MacDonald.
7. *Bankim, Tilak and Dayanand* by Aurobindo.
8. *The Life of Ramakrishna* by Romain Rolland.
9. *Biography of a New Faith* by P. K. Sen, Vol. I.
10. *Among the Great* by Dilip Kumar Roy.
11. *Sri Aurobindo* by Aurobindo Library, Madras.
12. *Sri Aurobindo Jeevan Au Yoga* (Bengali) by Promod Kumar Sen.
13. *Sri Aurobindo Jeevan Kathika* (Bengali) by Promod Kumar Sen.
14. *Sri Aurobindo* by K. R. Srinivasa Iyengar.
15. *Shri Aurobindo ke Patra* (Hindi) by Aurobindo Grantha Mala, Pondicherry.
16. *Uttarapara Speech* by Aurobindo.
17. *Speeches of Shri Aurobindo* by Aurobindo.
18. *Kara Kahini* (Bengali) by Aurobindo.
19. *Sri Aurobindo and His Ashram* by Arya Publishing House, Calcutta.
20. *Yugantar* Bengali weekly, all issues.
21. *Bande Mataram* English weekly and daily, all issues.
22. *Karmayogin* English weekly, all issues.

23. *Dharma Bengali* weekly, all issues.
24. *Arya English* monthly, all issues.
25. *Mother India* English fortnightly from Bombay, all issues.
26. *Mother India* English monthly, 16 issues from Feb. 1952 to May 1953.
27. *Dakshina* Gujarati quarterly, 4 issues from Feb. to Nov. 1951.
28. *Life Divine* by Aurobindo, Vol. I and Vol. II.
29. *The Synthesis of Yoga* by Aurobindo.
30. *The Supramental Manifestation Upon Earth* by Aurobindo.
31. *The Human Cycle* by Aurobindo.
32. *The Ideal of Human Unity* by Aurobindo.
33. *Evolution* by Aurobindo.
34. *Isha Upanishad* by Aurobindo.
35. *Kena Upanishad* by Aurobindo.
36. *Katha Upanishad* by Aurobindo.
37. *Essays on the Gita* First Series and Second Series, by Aurobindo.
38. *The Mother* by Aurobindo.
39. *The Yoga and Its Objects* by Aurobindo.
40. *Lights on Yoga* by Aurobindo.
41. *Basis of Yoga* by Aurobindo.
42. *The Riddle of This World* by Aurobindo.
43. *Letters of Sri Aurobindo* First to Fourth Series, by Aurobindo.
44. *The Ideal of Karmayogin* by Aurobindo.
45. *A System of National Education* by Aurobindo.
46. *Thoughts from Sri Aurobindo*.
47. *The Spirit and Form of Indian Polity* by Aurobindo.
48. *Tales of All Time* by Mother.
49. *Prayers and Meditations of the Mother*.
50. *On Education* by Mother.
51. *Aurobindo Came to Me* by Dilip Kumar Roy.
52. *Lights on the Veda* by Kapali Shastri.
53. *Lights on the Upanishads* by Kapali Shastri.
54. *Shri Aurobindo, Lights on the Teachings* by Kapali Shastri.
55. *The Coming Race* by Nolini Kanto Gupta.
56. *Towards a New Society* by Nolini Kanto Gupta.

57. *Nature of the Universe* by Fred Hoyle.
58. *Philosophies of India* by Zimmer.
59. *Aurobindo and the Soul Quest of Man* by Pearson.
60. *Sri Aurobindo* by G. H. Langley.
61. *Lead Kindly Light* by Vincent Sheean.

GLOSSARY

Meanings only of such words as have not been explained in the text are given below.

Abbreviations in brackets:—

S for Sanskrit

H for Hindi

E for English.

A

ABSOLUTE (E)—Supreme Brahman. (i.e. Parabrahman, the absolute of the Western metaphysics) is that which presents itself to the mind as void of all relations and determinations, the Ineffable, first and last word of existence. Absolute must be indeterminable, at the same time source of all determination, and yet beyond them and unbound by them.

ADISHAKTI (S)—Prinordial Energy.

AGAMA (S)—Hindu scriptures usually other than Vedas, such as Shaivagama, Shaktagama, Pancharatra and others.

AGAMIC (S)—Belonging to Agama.

AMALAKI (S)—A tree of that name with sour, round fruit.

ANAND (S)—The essential delight of existence.

ANANDMATH (S)—A Bengali novel by Bankim Chandra. Literally, a monastery of joy.

ANUSHEELAN SAMITI (S)—A study group.

ARATIRJANASAMSADI (S)—Want of attachment or interest for assembly of people. Crowd-shyness.

ARYA SAMAJ (S)—A reforming sect among the Hindus who stand generally for a Vedic revival. Swami Dayanand was the founder.

ASHRAM (S)—Hermitage. It is usually used for penance, Sadhana, or education.

ASHRAMVAS (S)—Stay in an Ashram.

ASHTANGA YOGA (S)—The eightfold Yoga system of Patanjali.

ASHTA SIDDHI (S)—The eight attainments such as lightness, heaviness, invisibility, etc., which are the consequence of success in Yoga.

- ASSUMPTION (E)**—Reception of Mary, mother of Christ, in Heaven observed by Christians on the 15th of August every year.
- ATMAPRATISHTHA (s)**—Firm establishment of the Self.
- ATMASIDDHI (s)**—Realisation of the Self.
- AUM, also spelt om (s)**—The sound-symbol of the highest Reality. It is used for meditation.
- AURO (s)**—Diminutive of Aurobindo, fondly used by his relatives and nearset friends.

B

- BAIRAGI (H)**—One who has renounced, a Sannyasi.
- BANDE MATARAM (s)**—I bow to the Mother (country). A song of that name originally occurs in "Anand-math" of Bankim Chandra. It became the national song of India since 1905-06, and now has equal status with the National Anthem.
- BEING-BECOMING (E)**—The double aspect of Reality.
- BHAGAWAN (s)**—The Lord (literally the glorious one).
- BHAGAWATI-SHAKTI (s)**—The Energy or Power of the Goddess.
- BHAKTI-YOGA (s)**—Yoga in which devotion is the prime factor.
- BHASHYAKAR (s)**—Commentator such as Shankara, Ramanuja, Madhwa, and so on.
- BRAHAN (s)**—Big one.
- BRAHMAN (s)**—The absolute, independent of, and basing, governing, pervading and constituting all relatives. It is at the same time omnipresent. Brahman is at once void of qualities, and capable of infinite qualities, the Lord and Doer of work, yet the non-doer and the silent witness of the workings of Nature.
- BRAHMA-VIDYA (s)**—Knowledge of Brahman—the Reality.
- BRAHMAN (s)**—One belonging to the Brahman Varna or caste.
- BRAHMO-SAMAJ (s)**—A reforming sect among Hindus who believe in the Upanishadic teaching but are against ritualism, caste system, and many of the social customs.

BUDDHISM (E)—The teaching of Buddha (Mahayana and Hinayana are two schools of thought in Buddhism which developed later).

C

CARBONARI (E)—Secret political revolutionary society in Italy organised first in Naples.

CHATUH-SOOTRI (S)—Fourfold (literally four-stringed).

CHIT (S)—Consciousness in general.

CHITTA (S)—The mind, the individualised consciousness.

CHIT-SHAKTI (S)—The Power of Consciousness.

CONGRESS (E)—The Indian National Congress founded in 1885.

CONSCIOUSNESS (E)—The faculty of becoming aware of anything through identification. Before its emergence, consciousness is already concealed in the Inconscient waiting for evolution and when all is ready it breaks out from its prison of apparent Inconscience. Consciousness is the creator of this world from apparent original Inconscience. The original freedom enables Consciousness to create the world of determinations without being bound by it; the same freedom enables it also to withdraw from what it has created and recreate it in the formula of a higher Truth. Consciousness has an aspect of Impersonality, but it has no standing place if there is none who is conscious.

COSMIC CONSCIOUSNESS (E)—That in which one is aware of the universal self, the play of the cosmic forces and the interaction of the planes in their universal extension.

CONSCIOUSNESS (GOD) (E)—A person's consciousness of God as being everywhere.

CONSCIOUSNESS (INDIVIDUAL) (E)—Consciousness canalised in an individual and therefore limited to him and his personality.

D

DAKSHINESHWAR (S)—A suburb of Calcutta where in a Kali temple Ramakrishna Paramahansa lived.

- DANCE (OF SHIVA) (E)**—This is called Tandava or the cosmic dance of creation, preservation and destruction. Shiva in that poise is called Nataraja—the dancing Lord.
- DARSHAN (s)**—Sight, vision, also any school of philosophy.
- DAXINA (s)**—Fees paid to a priest for his duties.
- DEVA SANGHA (s)**—Association or body of people attempting to live 'life divine'.
- DHARMATMA (s)**—A religious soul.
- DHOTI (H)**—The long cotton piece worn round the waist in India.
- DIVINE GROUND (E)**—That Reality in which, by which and on account of which everything else exists.
- DRISHTA (s)**—Seer, one who sees the Vedic Mantras and gives utterance to them.

E

- ELAN VITAL (French)**—The current or gush of life.
- ENERGY (E)**—That which seems to create and move matter though really it is itself the substance of matter. Energy appears as matter. Energy is called universal Nature which produces the world. The Infinite indeterminate existence reveals itself as Energy which is known by its works. Energy without a being possessing it or a consciousness supporting it looks like a mental construction, an unreality.
- EXISTENCE-CONSCIOUSNESS-BLISS (E)**—This is the equivalent of Sat-Chit-Anand in Sanskrit.

G

- GITA (s)**—India's most important and authoritative sacred book which synthesises the spiritual, philosophical and moral teaching of all earlier scriptures.
- GRAMMAR SCHOOL (E)**—Secondary school.
- GURU (s)**—Spiritual teacher.

H

- HATHA-YOGA (s)**—The system of Yoga in which the vital powers are sought to be brought under control

mainly by Pranayam, Asanas, Mudras, and Kriyas.

HATHA-YOGI (s)—One practised in Hatha Yoga.

HOMA (s)—The ceremony of sacrifice in the sacred fire lit for the purpose.

I

INCONSCIENT (E)—All upon earth is based on the Inconscient, as it is called, though it is not inconscient at all but rather suppressed or involved consciousness, in which there is everything but nothing is formulated or expressed. We see an Inconscience, a total Nescience as the base and beginning of things. Nature is mechanical because of the veil of Inconscience. The Inconscient is self-oblivion, self-opposition, self-limitation by the Infinite; and the Ignorance that we see is the process of surpassing that step by step.

INDIAN MAJLIS (E)—Indian Association (in Cambridge University).

INTROVERT-CONCENTRATION (E)—Introspective concentration on the Self—the Atman.

INVOLUTION (E)—Process of the spirit being involved with a view to creation. Process which is opposite of evolution.

ISHTA-DEVATA (s)—Particular god or goddess who is chosen by a devotee for personal worship and devotion.

J

JAINISM (E)—The cult of the Jainas. This was founded by the Teerthankaras or Prophets, last of whom was Mahavir, a contemporary of Buddha. Ahimsa is to them the highest religion and duty.

JANA-GANA-MANA (s)—The first three words of the Indian National Anthem, which is a composition by Rabindranath Tagore.

JATA-MATA-TATA-PATHA (Bengali)—As many ways (to God) as there are opinions.

JEEVAN-MUKTI (s)—Liberation of the self during life.

JNAN-YOGA (s)—The system of Yoga in which the Reality is sought to be realised through purified intellect.

K

KALA (s)—The Time element.

KARMA (s)—Action, work. It is eternal and gives rise to reaction and binds the doer unless it is without attachment, and without the desire for its fruit.

KARMA-YOGA (s)—The system of Yoga in which all necessary action or duty is done but with detachment for it and its fruit and with a spirit of dedication to God.

KRISHNA (s)—The eighth incarnation of Vishnu, the greatest character in the Mahabharat and the preacher of the Gita.

KRITU (s)—Determination, firm decision.

KRIYAVAN (s)—A doer of things, man of action.

KUDTA (H)—A simple shirt.

KUNDALINI-YOGA (s)—The system of Yoga in which the Serpent Power (the secret power in the spinal column) is sought to be awakened by Pranayam, Asans and concentration.

L

LAYA-YOGA (s)—The system of Yoga in which the individual consciousness is sought to be merged in the universal by meditation.

LILA (also **LEELA**) (s)—Sport, joyful play, the spirit of playfulness.

LIFE (E)—Matter, Life, Mind are the three realised powers of the evolution. Life is not an original reality but is yet a form, a power of it. When Life manifests, it is involved in Matter. Matter is the basis of life, life a form of cosmic energy, a dynamic movement, a play of the Force which builds up forms, energises them by an unceasing process of disintegration and renewal. Life has three realms:—the material, the vegetable, the animal. Movement, breathing and eating are only processes of Life, not life itself.

LOTUS AND DAGGER (E)—A still-born secret society founded in England in about 1891 to fight for Indian independence.

M

MAHABHARAT (s)—The massive Sanskrit epic of about 100,000 verses compiled in the present form at the beginning of the Christian era by Vyasa.

MAHA-SAMADHI (s)—Passing away of some great soul.

MAHIMNA-STOTRA (s)—Songs in praise of God Shiva.

MANTRA (s)—Mystic words or verse used for meditation, words or verses pregnant with power and effect.

MANTRA-YOGA (s)—The system of Yoga in which Mantra is used for gaining full control over the consciousness.

MATTER (E)—A form of the Spirit, a habitation of the Spirit, and here, in matter itself, there can be a realisation of Spirit.

MAYA (s)—Illusion, power to create illusion, power of creation.

MIND (E)—Matter, Life, Mind; these three are the three terms of cosmic evolution. The nature of the mind as we know it is an Ignorance seeking for knowledge; it is a power of fractions and a worker of divisions striving to arrive at a sum, to piece together a whole; it is not possessed of the essence of things or their totality. Mind, when it is first beginning to function, is involved in action, in satisfying vital and physical needs. But when it grows in man, then there is a first hope of understanding, discovery and comprehension.

N

NARA and NARAYAN (s)—Man or son of man and God.

NIGRAHA (s)—Suppression.

NIRGUNA-BRAHMAN (s)—Brahman beyond the three Gunas of Sattwa, Raja, and Tama. The Reality beyond attributes and relativity.

NISHKAMA (KARMA) (s)—Without the desire for result or fruit.

O

OJAS (s)—Spiritual and moral lustre and power in contrast to physical power and brightness.

OM (s)—Same as AUM.

OVERMIND (E)—The plane of consciousness beyond individual mind, beyond even universal mind in ignorance,—it carries in itself a first direct masterful cognition of cosmic truth.

P

PADMASAN (S)—A particular kind of sitting pose called lotus pose in Yoga.

PAGLER SANGE PAGLI (Bengali)—Mad along with a madman.

PAGLI MA (H)—Mad mother.

PARA-DHARMA (S)—Another's religion, duty belonging to another class of people.

PARA-BRAHMAN (S)—Brahman beyond all, the Great Brahman.

PARAMATMAN (S)—The Great Atman.

PARTITION (E)—Splitting of Bengal into two divisions.

PATANJALI (S)—The name of the sage who wrote Yoga aphorisms.

PATANJALA YOGA SUTRAS (S)—The Yoga aphorisms written by Patanjali.

PERENNIAL PHILOSOPHY (E)—Philosophy that holds true at all times.

PRAKRITI (S)—Nature, the creatrix, the active principle in contrast to Purusha who is pure inactive consciousness and is often likened to a mirror.

PRANAYAM (S)—Science of breath-control.

PRARABDHA (S)—That (Karma) which has become operative.

PRARTHANA SAMAJ (S)—Prototype of Brahmo Samaj in Western India. Prarthana is prayer.

PURANA (S)—Mythical or legendary stories in Sanskrit in literary form. There are eighteen Puranas.

PURANIC or PAURANIC (S)—Belonging to Puranas.

PURNA-YOGA (S)—Integral Yoga initiated by Aurobindo.

PURUSHOTTAM (S)—The Divine Person in whom Being as well as Becoming, Spirit as well as Matter find their synthesis.

Q

QUIT INDIA (E)—Slogan by Gandhi started in 1942 asking Britain to quit.

R

RAJA-YOJA (s)—The system of Yoga in which the main attempt is to still the mind by stopping all its modifications so that it may reflect Reality.

RASA (s)—Principle of taste, that which is enjoyable in art and aesthetics.

REALISATION (E)—(In Integral Yoga) Realisation is the establishment of the Supramental truth upon earth.

RELIGIO-MYSTIC (E)—Half religious and half mystic, a combination of both.

RIG-VEDA (s)—The first Veda, the name of that Veda, the earliest religious and poetic composition by man of which there is record.

RIK (s)—A verse in Rig-veda is called a Rik.

RISHI (s)—A seer, a composer of the Vedas.

RITAM (s)—The right in contrast to wrong.

S

SABHA (s)—An assembly, a meeting.

SADHANA (s)—Spiritual discipline, following the path of self-realisation.

SADHANANAM ANEKATA (s)—Variety and manifoldness of Sadhanas.

SADHAK (s)—One who follows Sadhana.

SAD-ATMAN (s)—The ever-existing Atman.

SAHITIS (s)—Litterateurs.

SAHA-DHARMINI (s)—Lady who follows the same path of duty or religion, a wife.

SAHAJA-SAMADHI (s)—Samadhi which is natural, Samadhi which becomes second nature, effortless Samadhi.

SANATANA-DHARMA (s)—The eternal religion, the perennial religion.

SANKHYA (s)—A system of philosophy which says that the universe is the play of 24 things (padarthas) which together constitute Prakriti in the presence of inactive Purusha.

SARASWATI (s)—The goddess of learning, aesthetics, and wisdom.

SAVIKALPA-SAMADHI (s)—Samadhi in which there is cognition of some concept.

- SAVITRI (s)**—Epic of his spiritual life by Aurobindo woven round the Puranic story of Savitri and Satyavan.
- SATTWIC (s)**—Pertaining to Sattwa which is one of the Gunas and which is characterised by purity, light, and balance.
- SELF-CONSCIOUS (E)**—Conscious of self.
- SHAKUNTALA (s)**—The drama of that name by Kalidasa.
- SHAstra (s)**—Science, the scriptures that lay down rules of conduct.
- SIDDHA (s)**—One who has attained spiritual success.
- SIDDHA-YOGI (s)**—A perfect Yogi.
- SIDDHAROODHA (s)**—One who is steady and firm in his Siddhi.
- SIDDHI (s)**—Full attainment, perfection, spiritual realisation.
- SMRITIKAR (s)**—Writer of Smritis which are next in authority to the Shrutis or Vedas.
- SOMA (s)**—Drink of the gods, a kind of health-giving wine.
- SPIRIT (E)**—The antithesis of matter, which is impersonal, eternal and universal. Spirit as Purusha puts on a more personal aspect. Purusha is the Spirit (i.e. the Conscious Being) in its relation to Nature. The Purusha is the Self, originator, witness, support, lord and enjoyer of forms and works of Nature. In each status of the gradation of Nature, Spirit takes the poise proper to that gradation, in mind, in life and in matter.
- STATE, STATES (E)**—Before independence 560 and odd principalities in India which were under the princes.
- SUB-CONSCIENT (E)**—Can be felt anywhere,—felt as something below the movement of the consciousness and, in a way, supporting it from beneath or else drawing the consciousness down towards itself. The sub-conscient is the main support of all habitual movements, especially of the physical and lower vital movements. When something is thrown out of the vital or physical, it very usually goes down into the subconscient and remains there as if in seed and comes up again when it can.
- SUB-LIMINAL (E)**—It is true that the subliminal in man is

the largest part of his nature and has in it the secret of the unseen dynamisms which explain his surface activities.

SUPERMIND (E)—Is the instrumentation of the Satchidanand, the Infinite consciousness higher than the mental being. Its evolution here is an inevitable necessity. It is a Self-awareness of the Infinite and Eternal and a power of Self-determination inherent in the Self-awareness. Supermind keeps always and in every status and condition the Spiritual realisation of the unity of all. It is the consciousness creatrix of the world, a will to light and vision and also a will to power of works. It is the vastness beyond the ordinary firmament of our consciousness, vast all-comprehension, the true, the right, the vast, (Satyam, Ritam, Brihat). Supermind is the Light one with Force, vibration of knowledge and with the rhythm of the will. It is Truth-consciousness.

SUB-CONSCIOUS (E)—That which is next to and below our waking consciousness but of which we are not normally conscious.

SUPRA-CONSCIOUS (E)—Conscious of things above our normal consciousness.

T

TRANSCENDENT (E)—That which is (1) above the cosmos, not included in the universal manifestation, (2) above our cosmos of mind, life and body. In that sense the supramental is part of the Transcendent. The word has a relative, not an absolute significance.

TRUTH CONSCIOUSNESS (E)—The same as Supramental consciousness.

U

UNCONSCIOUS (E)—That part of consciousness which is beyond the self-conscious and the sub-conscious regions, not conscious.

UPANISHAT (also UPANISHAD) (s)—The end portions of

Vedas in which philosophy of life and spirituality is the main subject.

UTTARPARA (s)—A suburb of Calcutta where Aurobindo made his famous speech after a few days of his release is 1909.

UTSAHA (s)—Enthusiasm, the will to go ahead.

V

VARNA (s)—Colour. The four main classes into which originally Hindu society was divided.

VASUDEO (s)—Lord Vishnu in the Krishna incarnation.

VEDA (s)—The most authoritative revealed scripture of the Hindus.

VEDIC (s)—Belonging to Veda.

VEDANTA (s)—Name of Hindu philosophy, so called because it is enunciated in the end portions of the Vedas.

VEDANT-KESARI (s)—The lion of Vedanta.

VIDEHA-MUKTI (s)—Liberation when the soul has left the body.

VIDEHA-MUKTA (s)—One so liberated.

VIJNANA (s)—Supermind, science.

VIKRAMORVASHI (s)—Name of a drama by Kalidasa.

VRITTI (s)—Modifications of the mind-stuff or of the consciousness.

W

WILL (E)—The power of consciousness turned towards effectuation: It is consciousness applying itself to the work and a result. The active nature of consciousness is will.

Y

YAJNA (s)—Sacrifice, conscious renunciation and dedication of the lower for the higher.

YOGA (s)—Spiritual discipline for attaining the highest self-perfection.

YOGA-MAYA (s)—God's power of Yoga by which he creates and destroys universes.

YOGAROODHA (s)—One who has attained success in Yoga.

YOGA SYSTEM (E)—System of spiritual discipline known as Yoga.

YOGA-SUTRA (s)—Yoga aphorisms.

YOGA-VASISHTHA (s)—A book on Vedanta and Yoga by that name.

YOGA VIDHI (s)—The technique of Yoga.

YOGESHWAR (s)—The Lord of Yoga, Krishna is called by that name.

YOGI (s)—One versed in Yoga.

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